

1 Plant macrofossil and biomarker evidence of fen-bog transition and associated  
2 changes in vegetation

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## 13 **1. Introduction**

14 Peatlands can be divided into two main types; fens and bogs, with the main factor controlling  
15 the peatland type and the occurrence of species being the ecohydrology, i.e., the quantity and  
16 quality of water (Wheeler and Proctor, 2000; Økland et al., 2001). Fens are relatively shallow  
17 and they receive water and nutrients from the underlying and surrounding mineral soils,  
18 groundwater and atmosphere (Rydin et al., 2006). **Various** sedge species, forbs,  
19 minerotrophic Sphagna (e.g. *Sphagnum subsecundum* and *S. riparium*) as well as brown  
20 mosses such as *Warnstorfia* species **dominate fen habitats**. In contrast, due to effective peat  
21 formation and the consequential increase in **height** of the peat surface, bogs are nutrient poor  
22 as they receive water and nutrients only through precipitation, maintaining plants, including

23 hummock *Sphagna* (e.g. *Sphagnum fuscum*), dwarf shrubs, lichens and true mosses (e.g.  
24 *Pleurozium schreberi* and *Polytrichum* spp.) (Rydin et al., 2006). **The** different  
25 environmental conditions in terms of the level of acidity, nutrient status and water table level  
26 means **that raised bog peats in boreal region** usually contain less-humified peat, while in  
27 groundwater-fed less acidic fen environments biomass decay is much faster and highly  
28 humified peat layers are formed (Moore et al., 2007).

29 Peatlands play an important role in atmospheric carbon cycling. Northern peatlands alone are  
30 estimated to store 547 (473-621) Pg organic carbon (Yu et al., 2010), yet, simultaneously  
31 peatlands are a natural source of CH<sub>4</sub> to the atmosphere (Matthews, 2000). As different  
32 peatland habitats and their vegetation, even within one peatland complex, have a vital role **in**  
33 the carbon budget of the peatland (e.g. Riutta et al., 2007), and the fact that bryophyte- and  
34 vascular plant- dominated communities differ in their CO<sub>2</sub> and CH<sub>4</sub> dynamics (Laine et al.,  
35 2007; Levy et al., 2012), it is important to be able to separate different habitats when  
36 reconstructing peatland dynamics back in time (Yu et al., 2013). Historical peatland habitats  
37 are preserved in peat layers as decomposed plant remains that form a key proxy when  
38 reconstructing the carbon budget of the peatland or historical climatic conditions (e.g. Barber  
39 et al.; 1998; Mauquoy et al.; 2002; Tuittila et al., 2007; Väiliranta et al., 2007). Due to natural  
40 peatland succession **towards ombrotrophic conditions driven by peat height growth,**  
41 **minerotrophic (Frolking et al. 2010) fen peat layers are likely deposited under most of**  
42 **the** southern boreal raised bogs. Moreover, most of the high latitude peatlands are still the fen  
43 type of peatlands (e.g. Turunen et al., 2002) and in these environments the lack of identifiable  
44 plant remains may hamper palaeoecological and -climatological reconstructions.

45

46 Recently organic geochemistry analyses have shown that the lipid fractions of plants contain  
47 biomarkers for identifying different plant species and plant groups from peat archives.

48 Studies on bog peat environments have shown that plant group-specific chemical compounds  
49 can be applied to identify fossil plants or plant groups from peat (e.g. Avsejs et al., 2002;  
50 Bingham et al., 2010; Jia et al., 2008; McClymont et al., 2008; Xie et al., 2000). The most  
51 widely analyzed compounds have been the *n*-alkanes: for instance, the difference between  
52 concentrations of mid chain length (*n*-C<sub>23</sub> and *n*-C<sub>25</sub>) and long chain length (*n*-C<sub>29</sub> and *n*-C<sub>33</sub>)  
53 *n*-alkanes have been used to separate contributions of *Sphagnum* and vascular plant species in  
54 the peat (e.g. Andersson et al., 2011; López-Días et al., 2010; Nichols et al., 2006; Ortiz et al.,  
55 2011; Pancost et al., 2002; Ronkainen et al. 2013; Vonk and Gustafsson, 2009). Furthermore,  
56 the *n*-C<sub>23</sub>/*n*-C<sub>25</sub> alkane ratio has been successfully used in tracking changes in *Sphagnum*  
57 *fuscum* abundance in a peat section from Finland (Bingham et al., 2010).

58 Thus far, in environmental reconstructions the biomarker analyses have focused on bog peats  
59 and plants typical to bogs. However, a pertinent question remaining is whether such plant-  
60 specific biomarkers could also provide information about the past plant assemblages in fen  
61 environments characterized by highly humified peat, where macrofossil remains are heavily  
62 degraded and thus essential information for environmental reconstruction is lost. Some  
63 previous studies have applied “bog” biomarker analyses throughout the peat profile,  
64 including the fen peat section underlying the bog peat section (e.g. Andersson and Myers  
65 2012; Andersson et al., 2011). However, our recent study of the *n*-alkane concentrations, *n*-  
66 alkane ratios, and sterol distributions of moss and vascular plant species typical to fen  
67 habitats **showed** differences between some of the biomarker distributions between plant  
68 species characteristics to bogs and fens (Ronkainen et al., 2013). **As in** previous studies on  
69 bog plants (Baas et al., 2000; Ficken et al., 1998; Nichols et al., 2006; Pancost et al., 2002)  
70 fen *Sphagnum* species were also dominated by mid-chain *n*-alkanes and the above ground  
71 parts of fen vascular plants by long-chain *n*-alkanes. However, results showed similarity in  
72 the dominating *n*-alkanes of *Sphagnum* species and below-ground parts of sedges in studied

73 fen plants and thus, applying *n*-alkane ratios from bog plants to fen peats could result in  
74 incorrect interpretations about the actual proportions of these plant groups in peat (Ronkainen  
75 et al., 2013). Similar mid-chain *n*-alkane distributions in vascular plant roots were also  
76 reported by Huang et al. (2011). The similarity of *n*-alkane distributions in *Sphagnum* species  
77 and vascular plant below-ground parts suggest that the *n*-alkane ratios that have predicted  
78 different plant groups in bog environments relatively well (e.g. Andersson et al. 2011;  
79 Bingham et al., 2010) may not be directly applicable to interpret past habitats in  
80 environments where sedges dominate and sedge roots form an important peat component.  
81 One potential way to overcome this problem could be to combine the distributions of plant  
82 group-specific *n*-alkanes, *n*-alkane ratios and sterols, if present, when analyzing the  
83 biomarker data (Ronkainen et al., 2013). The degradation of the plant matter and their  
84 chemical compounds could impede detection of especially sterols from the fen-bog transition  
85 and fen environment, where the peat **is usually** highly humified. The level of organic matter  
86 decomposition can be studied by comparing the variations in C/N ratio and the amount of  
87 total organic carbon (TOC) through the peat section (Kuhry and Vitt 1996) In addition, the  
88 ratio between 5 $\alpha$ (H)-stanols and  $\Delta^5$ -sterols can be used to infer the rate of sterol degradation  
89 because 5 $\alpha$ (H)-stanols are known as degradation products of the  $\Delta^5$ -sterols (McClymont et  
90 al., under review). A high 5 $\alpha$ (H)-stanols and  $\Delta^5$ -sterols ratio is related to anoxic conditions,  
91 shallow water table level and high rate of degradation (Bertrand et al., 2012; McClymont et  
92 al., under review). The level of degradation can also be estimated by *n*-alkane CPI value,  
93 where high CPI value is linked to high amount of well-preserved plant material (Andersson  
94 and Meyers 2012; Xie et al., 2004).

95

96 In this study we analyzed fossil plant and biomarker compositions of two peat sections. We  
97 concentrated on the fen-bog transition phase where the plant composition is known to change

98 (e.g. Dudová et al., 2013; Loisel and Yu, 2013; Salojärvi et al. in prep.; Tuittila et al. 2013).  
99 We aimed to investigate (1) if biomarkers can be applied to distinguish fen and bog  
100 environments, and (2) if plant-specific biomarkers can be identified from fen peat. For this  
101 we applied plant macrofossil analysis to examine the past plant compositions from the same  
102 subsamples from which the selected organic geochemical-analyses were **obtained**.

103

## 104 **2. Material and methods**

### 105 *2.1. Sampling*

106 **Two peat sections (SJ5 and SJ6) were collected from two closely located peatlands in**  
107 **Siikajoki (64°45'N, 24°42'E) located near west coast of Gulf of Bothnia, Baltic Sea in the**  
108 **mid-boreal bio-climate zone in Finland (Fig. 1). A chronosequence of terrestrial**  
109 **ecosystems from coast to inland have been created by the postglacial isostatic rising,**  
110 **and along the sequence peatlands alternate with sand dunes and glaciofluvial ridges**  
111 **(Tuittila et al., 2013). We have previously studied vegetation, microbial communities**  
112 **and carbon dynamics along a transect of seven mires (SJ0 to SJ6) (e.g. Leppälä et al.**  
113 **2011a,b, Laine et a. 2011, Tuittila et al. 2013, Larmola et al. *in press*). In this study we**  
114 **concentrated on the two oldest sites of the transect, and in particular on their sediment**  
115 **sections where fen-bog transition occurred, from which historical plant communities**  
116 **had already been studied (Tuittila et al. 2013). Site SJ5 represents a peatland stage**  
117 **where the fen-bog transition is still partly in progress; vegetation is a mosaic of wet fen**  
118 **communities and drier bog communities, the average water table level is at 12 cm below**  
119 **moss layer surface and the basal age of the peatland is 2520 (±20) years BP. The peat**  
120 **core was taken from a drier surface dominated by lawn species (*S. magellanicum*). Site**  
121 **SJ6 is already a true bog with vegetation formed by hummock *Sphagna* and dwarf**  
122 **shrubs, average water table level 32 cm below moss surface and the basal age of 3000**

123 years (both cores basal ages are extrapolated from known land-uplift rate). The top  
124 section of the peat core was dominated by hummock species (*S. fuscum*), More detailed  
125 site descriptions can be found in Leppälä et al. (2011), and Tuittila et al. (2013). The  
126 sampling depth for SJ5 was 6 – 150 cm and for SJ6 0 – 100 cm. Both cores were cut into  
127 2 cm sample slices and analyzed with a varying down-core resolution by focusing on the  
128 fen-bog transition.

129

### 130 *2.2. Plant macrofossil analyses*

131 Plant macrofossil sample volume was 5 cm<sup>3</sup>. Samples were rinsed under running water using  
132 a 140-µm sieve and no chemical treatment was needed. Remains retained on a sieve were  
133 identified and the percentage in volume of constitute within the total composition of the  
134 sample was visually estimated by using a stereomicroscope (magnification of 10x) (e.g.  
135 Speranza et al., 2000; Mauquoy et al., 2002) If the proportion of bryophytes exceeded 10 %  
136 of the total sample volume a high power light microscope was used to identify bryophyte  
137 species and to count proportions for different bryophyte species. Also, the proportion of  
138 unidentified organic matter (UOM) from samples was estimated (cf. Väiliranta et al., 2007  
139 and references therein).

140

### 141 *2.2. Solvent extraction*

142 Peat samples for solvent extraction were freeze dried and ground following the same  
143 procedure in Ronkainen et al. (2013). Lipids were extracted from ca. 0.2 g of samples using  
144 repeated ultrasonication (20 min) with 6 ml CH<sub>2</sub>Cl<sub>2</sub>/MeOH (3:1, v/v). Samples were  
145 saponified with 0.5 M methanolic (95%) NaOH for 2 h at 70 °C and the neutral lipids were  
146 extracted using hexane. The neutral lipids were further separated into apolar and polar  
147 compounds using activated Al<sub>2</sub>O<sub>3</sub> columns, eluting with hexane/CH<sub>2</sub>Cl<sub>2</sub> (9:1, v/v) and

148 CH<sub>2</sub>Cl<sub>2</sub>/MeOH (1:2, v/v), respectively. Prior to analysis using gas chromatography (GC) and  
149 GC-mass spectrometry (GC-MS), the polar fractions were derivatised using  
150 bis(trimethylsilyl)trifluoroacetamide (Sigma Aldrich).

151

### 152 2.3. GC-MS

153 Apolar and polar fractions were analyzed using GC-MS with a gas chromatograph equipped  
154 with flame ionisation detection (GC-FID) and split/splitless injection (280 C). Separation was  
155 achieved with a fused silica column (30 m x 0.25 mm i.d) coated with 0.25µm 5% phenyl  
156 methyl siloxane (HP-5MS), with He as carrier gas, and the following oven temperature  
157 program: 60 – 200 °C at 20 °C/min, then to 320 °C (held 35 min) at 6°C/min. The mass  
158 spectrometer was operated in full scan mode (50-650 amu/s, electron voltage 70eV, source  
159 temperature 230 °C). Compounds were assigned using the NIST mass spectral database and  
160 comparison with published spectra (e.g. Goad and Akihisa, 1997; Killops and Frewin, 1994).  
161 Quantification was achieved through comparison of integrated peak areas in the FID  
162 chromatograms and those of internal standards of known concentration (5-α-cholestane for  
163 apolars and 2-nonadecanone for polars). Biomarker concentrations were normalized to total  
164 organic carbon (TOC) content and are presented here as concentration per g TOC, so that  
165 samples with different extent of degradation become comparable (Meyers 2003; Ortiz et al.,  
166 2010). Total organic C and N<sub>2</sub> were measured by the CHN elemental analysis, where 1-2 mg  
167 dried and ground sample was combusted at 950°C with He as a carrier gas. The reduction of  
168 the combustion gases **was** carried out in a separate furnace, and separated into individual  
169 components on a temperature programmed desorption column and fed into a thermal  
170 conductivity detector. Results were computed as concentrations of C and N<sub>2</sub> from the detector  
171 signal.

172

173           2.4. *Statistical analysis*

174 We applied multivariate analyses to study the variation within the plant macrofossil and  
175 biomarker data (triterpenoids, sterols, stanols, *n*-alcohols (C<sub>20</sub>-C<sub>28</sub>) and *n*-alkanes (C<sub>20</sub>-C<sub>35</sub>)  
176 (µg/g TOC), and *n*-alkane ratios, **see the supplementary data 2**). For the analyses we  
177 combined macrofossil and biomarker data from both cores by depth.

178 We first quantified separately the variation in macrofossil plant species and biomarkers  
179 within the peat profiles by unconstrained (indirect) gradient analysis. **For macrofossils we**  
180 **used detrended correspondence analysis (DCA) where detrending was conducted by**  
181 **segments. All identified macrofossils were included in the analysis, with down-weighting**  
182 **of rare species. Macrofossil data was log transformed. For biomarkers we used**  
183 **principal component analysis (PCA) with centered and standardized data. No exclusion**  
184 **of biomarkers due low concentrations was done.** Secondly, for the biomarker data we  
185 conducted redundancy analysis (RDA), a constrained (direct) gradient analysis, to test if the  
186 variation in biomarkers in the peat profiles correlates with the variation in macrofossil data.  
187 For the analysis we applied the sample scores along the first and second macrofossil DCA  
188 axes as explanatory variables. **Similarly to PCA the biomarker data was centered and**  
189 **standardized. All constrained axes were tested with unrestricted Monte Carlo**  
190 **permutation (number of permutations 499).** Multivariate analyses were conducted by  
191 using Canoco for Windows 4.52 (ter Braak and Smilauer, 2002). **The correlation of the ten**  
192 **most significant biomarkers identified in RDA with** depth and UOM was analysed with  
193 Pearson two-tailed correlation using SPSS PASW statistics 18.

194 **We applied TWINSpan (Two Way Indicator Species ANalysis, Twinspan for Windows**  
195 **2.3) to** define groups of macrofossils and biomarkers that share a similar abundance peak in  
196 the peat profile . For the analysis we rescaled the abundances for each macrofossil and  
197 biomarker from 0 to 1 by setting the highest abundance of each unit to 1 and calculating other



198 values as a percentage of the highest abundance of the unit. In the analysis we used five cut  
199 levels (0.0, 0.2, 0.4, 0.6 and 0.8) of abundance and two division levels, which determines the  
200 maximum level of recursive splitting for samples and for species (Hill and Šmilauer, 2005).  
201 The statistical analyses allow us to assess the relationship of the biomarkers to the  
202 macrofossil record and to determinate if macrofossils and biomarkers can separate different  
203 environmental habitats as individual or rather as combined proxies.

204

### 205 **3. Results**

#### 206 *3.1. Macrofossil analyses*

207 **Sub-fossil** plant assemblages revealed clearly the vegetation succession from fen to bog stage  
208 (Fig. 2). Core SJ5 showed dominance of higher plants (*Menyanthes trifoliata*, *Scheuchzeria*  
209 *palustris*, *Equisetum* sp.) in the earliest stage of the succession (150 – 100cm). In core SJ6  
210 these plants were present but they did not dominate (100 – 80 cm). In both of the studied  
211 cores the transition from fen to bog environment is **both identified and induced** by the  
212 appearance of *Eriophorum* sp. and sedge roots followed by a distinctive occupation of  
213 *Sphagnum* mosses at the depth of 40 – 20 cm in SJ5 and 75 – 55 cm in SJ6.

214 **The** DCA for macrofossil data (cores SJ5 and SJ6 combined) sub-divided the peat samples  
215 into three different groups: fen species (SJ5 150 – 30 cm and SJ6 98 - 62 cm), lawn species  
216 (SJ5 26 – 6 cm), and hummock species (SJ6 60 – 0 cm). The first axis describing the fen-bog  
217 gradient explained **28 %** (eigenvalue **0.5298**) of the variation in the data and the second axis  
218 describing the moisture gradient on bog explained **18 %** (eigenvalue **0.3491**) of the variation  
219 (Fig. 3).

220

#### 221 *3.2. Biomarker analyses*

##### 222 *3.2.1. Apolar fraction*

223 Figures 4a and 4b show the distribution of *n*-alkanes in both peat cores (SJ5 and SJ6). In both  
224 cores, there is up-core variation in both overall *n*-alkane concentration and the chain-length of  
225 the dominant *n*-alkane. *n*-C<sub>27</sub> dominated the bottom layers (150 – 36 cm) of SJ5, excluding  
226 layers 130 – 110 cm which were dominated again by *n*-C<sub>23</sub> and *n*-C<sub>25</sub> alkanes, while the  
227 uppermost layers (32 – 0 cm) were mainly dominated by *n*-C<sub>23</sub> and *n*-C<sub>25</sub> alkanes. In the  
228 deepest layers (100 – 60 cm) in core SJ6, the dominant *n*-alkane alternated between *n*-C<sub>23</sub>, *n*-  
229 C<sub>29</sub> and *n*-C<sub>31</sub>. The middle layers (60 – 40 cm) were dominated by *n*-C<sub>25</sub> whereas the  
230 uppermost layers (30 – 0 cm) of core SJ6 were dominated by the *n*-C<sub>31</sub> alkane. Different *n*-  
231 alkane ratios showed changes along the depth in both cores (Fig. 5). In core SJ5 the ratios *n*-  
232 C<sub>23</sub>/*n*-C<sub>27</sub>, *n*-C<sub>23</sub>/*n*-C<sub>29</sub>, *n*-C<sub>31</sub>/*n*-C<sub>27</sub> and *n*-C<sub>31</sub>/*n*-C<sub>29</sub> showed differences along the core,  
233 separating the top and the bottom layers apart; all ratios being higher than 1 in top 25 cm. For  
234 core SJ6 several ratios were able to separate the top and bottom layers apart e.g. *n*-C<sub>23</sub>/*n*-C<sub>25</sub>  
235 and *n*-C<sub>25</sub>/*n*-C<sub>23</sub> indicated changes happening at 62 cm (Fig 5).

236 The distribution of the detected triterpenoids along the cores was similar for all compounds.  
237 In core SJ5 at depths 42 – 30 cm the maximum concentrations of taraxer-14-ene (ca. 60 – 720  
238 µg/gTOC), and taraxast-20-ene (ca. 50 – 500 µg/gTOC ) were recorded. Squalene was  
239 identified only in upper layers, peaking at 30 cm (30 µg/gTOC). In core SJ6 at depths 80 – 66  
240 cm the maximum concentrations of taraxer-14-ene (260-1050 µg/gTOC) and taraxast-20-ene  
241 (500 – 1800 µg/gTOC) were recorded. Concentration of squalene was highest at 10 cm ca.  
242 140 µg/gTOC, downcore the concentration was ca. 10 µg/gTOC (Fig 6). The highest  
243 concentrations of taraxer-14-ene and taraxast-20-ene coincided with high counts of sedge  
244 roots and UOM in the middle layers of both cores (Figures 2 and 6).

245

246 *3.2.2. Polar fraction*

247 The most abundant sterols found from both cores were: brassicasterol [(22*E*)-ergosta-5,22-  
248 dien-3 $\beta$ -ol], campesterol [campest-5-en-3 $\beta$ -ol], stigmasterol [(24*E*)-stigmasta-5,22-dien-3 $\beta$ -  
249 ol], and  $\beta$ -sitosterol [(3 $\beta$ )-stigmast-5-en-3-ol]. The associated stanols of these sterols were  
250 also detected: campestanol [24-methyl-5 $\alpha$ -cholestan-3 $\beta$ -ol], 22*E*-stigmastanol [(24-ethyl-5 $\alpha$ -  
251 cholest-22-3 $\beta$ -ol)] and 3-stigmastanol [(24-ethyl-5 $\alpha$ -cholestan-3 $\beta$ -ol)]. In core SJ5 the  
252 concentration of brassicasterol was highest (ca. 150  $\mu$ g/gTOC) at 50 – 30 cm; below and  
253 above this depth the concentration was less than 50  $\mu$ g/gTOC, although concentrations  
254 increased in the uppermost 6 cm (80  $\mu$ g/gTOC). The concentration of campesterol was also  
255 high in the uppermost 6 cm of core SJ5, reaching concentrations of ca. 2000  $\mu$ g/gTOC.  
256 Between 50 – 30 cm depth the concentration of campesterol was ca. 500 – 1000  $\mu$ g/gTOC,  
257 and elsewhere in the core the concentration was ca. 100 – 470  $\mu$ g/gTOC. Stigmasterol in core  
258 SJ5 had similar concentrations and pattern as campesterol, and whilst  $\beta$ -sitosterol also  
259 followed this same pattern the concentrations were significantly higher, reaching a maximum  
260 of ca. 12 000  $\mu$ g/gTOC at 30 cm depth (Fig. 6).

261 In core SJ6 the concentration of brassicasterol was higher than in core SJ5, it increased  
262 towards the top of the core with highest concentration at top 30 cm (200 – 500  $\mu$ g/gTOC).  
263 The concentration of campesterol in core SJ6 was the highest at depths 80 – 60 and 0 cm  
264 (ca. 1250 – 1700  $\mu$ g/gTOC). Also stigmasterol peaked at 62-60 cm (1300  $\mu$ g/gTOC) and at 0  
265 cm (1900  $\mu$ g/gTOC). The concentration of  $\beta$ -sitosterol was higher in core SJ6, peaking at 72  
266 cm (20 000  $\mu$ g/gTOC), elsewhere concentration varied between 2500 and 10 000  $\mu$ g/gTOC.

267 Tocopherol- $\alpha$  [(2*R*)-2,5,7,8-Tetramethyl-2-[(4*R*,8*R*)-(4,8,12-trimethyltridecyl)]-6-chromanol]  
268 was found only from the lowermost layers of core SJ6. In both cores all stanols, campestanol,  
269 22*E*-stigmastanol and 3-stigmastanol, were identified from bottom to upwards at all layers  
270 until 10 cm in SJ5 and at 40 cm in SJ6 (Fig. 6).

271 In core SJ5 the concentration of phytol [(3,7,11,15-tetramethylhexadec-2-en-1-ol)] was  
272 highest at 50 cm depth (ca. 2500 µg/gTOC), and the overall concentration decreased towards  
273 the top layers. In core SJ6 the concentration of phytol was highest in top layers, 60 – 0 cm,  
274 ca. 400 – 1200 µg/gTOC. Before 66 cm, phytol concentration was less than 400 µg/gTOC.  
275 The *n*-alcohol distribution in both studied cores did not vary substantially. In core SJ5 *n*-C<sub>22</sub>-  
276 ol dominated depths 150, 120 and 100 – 6 cm, *n*-C<sub>24</sub>-ol dominated depths 140, 130 and 110  
277 cm, and *n*-C<sub>28</sub>-ol dominated depth 70 cm. In core SJ6 *n*-C<sub>22</sub>-ol dominated depths 100 – 50  
278 cm, whereas *n*-C<sub>24</sub>-ol dominated the uppermost 40 cm.

279

### 280 3.2.3. Statistical analyses of biomarkers

281 The PCA for biomarkers **produced** groups, **similar to the** DCA for macrofossils. However,  
282 when the biomarker RDA was performed (Fig.7), where sample scores from macrofossil  
283 DCA were used as explanatory variables, the biomarker distribution of the two peat profiles  
284 correlated significantly with their macrofossil compositions (pseudo F = 9.2, *p*-value =  
285 0.002). RDA resulted in three groups similar to macrofossil DCA: fens (SJ5 150 – 30 cm and  
286 SJ6 98 – 62 cm), lawn (SJ5 26 – 6 cm), and hummock (SJ6 60 – 0 cm; Fig. 3). Biomarkers  
287 whose concentrations decreased in association with the shift from fen to bog habitat were the  
288 *n*-alkanes *n*-C<sub>20</sub>, *n*-C<sub>22</sub>, *n*-C<sub>24</sub>, *n*-C<sub>26</sub>, *n*-C<sub>27</sub>, *n*-C<sub>28</sub> and stanols. Markers for the top layers of  
289 core SJ5 (lawn) were e.g. the *n*-alkane ratios *n*-C<sub>23</sub>/*n*-C<sub>27</sub> and *n*-C<sub>31</sub>/*n*-C<sub>29</sub>, and for the top core  
290 of SJ6 (hummock) were e.g. *n*-C<sub>25</sub>, *n*-C<sub>29</sub>, and *n*-C<sub>28</sub>-alcohol. The ten best-fitted biomarkers  
291 from **the** RDA are shown in figure 8. In core SJ5 *n*-alkanes *n*-C<sub>22</sub>, *n*-C<sub>24</sub>, *n*-C<sub>25</sub>, *n*-C<sub>26</sub>, *n*-C<sub>27</sub>  
292 correlated positively and 22E-stigmastanol negatively with depth, and only *n*-C<sub>25</sub>, *n*-C<sub>27</sub>, *n*-  
293 C<sub>29</sub> correlated with UOM. In core SJ6 most of the *n*-alkanes correlated positively with UOM  
294 and depth, with *n*-alkane concentrations decreasing towards top layers (Fig 8).

295 The first division of the TWINSPAN separated macrofossils from the top part of core SJ5,  
296 i.e. lawn species with urs- 12-ene from the rest of the samples (Table 1). The second division  
297 divided the rest of the data hummock species and biomarkers: (1) *S. fuscum* and shrub leaves  
298 with C<sub>27</sub> *n*-alcohol, C<sub>34</sub> *n*-alkane, and squalene, and (2) fen species and biomarkers: brown-  
299 mosses, sedge-roots, *Equisetum* sp., *Sch. palustris* and *M. trifoliata* together with biomarkers:  
300 22E-stigmastanol, *n*-C<sub>35</sub> and urs- 12-ene.

301

#### 302 3.2.4. Degradation measures

303 In both cores a high amount of UOM corresponded to the fen-bog transition zone (SJ5: 30 –  
304 20 cm and SJ6: 75 – 55 cm). In these layers 20-55 % of the plant macrofossil material was  
305 unidentified. In contrast, total organic carbon (TOC) showed little variation and stayed  
306 around 50 % throughout both of the cores (Fig 9). There was a clear up-core increase in the  
307 C/N ratio in both cores at the fen-bog transition. The most notable increase of the carbon  
308 preference index (CPI; e.g. Andersson et al. 2012) of *n*-alkanes also occurred during the  
309 transition. The ratio of 5 $\alpha$ (H)-stanols/  $\Delta^5$ -sterols (Bertrand et al. 2012) decreased towards the  
310 top layers in both cores and was last detected in SJ5 at 10 cm and in SJ6 at 40 cm depth.

311

### 312 3. Discussion

313 Our results suggest that, statistically, individual biomarkers predict the fossil plant species  
314 composition rather poorly, in support of observations from previous studies (e.g. Andersson  
315 2012; Ficken et al., 1998; Pancost et al., 2002) that recommended that biomarkers should be  
316 used as a complementary proxy. When we applied the combined data i.e. biomarkers together  
317 with macrofossils as explanatory variables a clear correlation between biomarkers and fossil  
318 plants was detected and the biomarkers succeeded in describing three different environments:  
319 bog hummocks and lawns, and fens (Fig. 7).

320 Previous studies have identified the high concentrations of  $n\text{-C}_{23}$  and  $n\text{-C}_{25}$  and high ratios of  
321  $n\text{-C}_{23}$  to  $n\text{-C}_{25}$ ,  $n\text{-C}_{29}$  and  $n\text{-C}_{31}$ , to be characteristic to hummock *Sphagnum*-species, whereas  
322 taraxer-14-ene, taraxas-20-ene,  $n\text{-C}_{31}$ , and the ratio of  $n\text{-C}_{31}/n\text{-C}_{33}$  to *Ericaceae*-species (e.g.  
323 Bingham et al., 2010; McClymont et al., 2008; Nichols et al., 2006; Nott et al. 2000; Pancost  
324 et al., 2002). In contrast, the study here shows that the statistically significant biomarkers for  
325 bog hummock species, *S. fuscum*, *S. angustifolium* and *Ericaceae* roots and leafs were  $n\text{-C}_{24}$ -  
326 ol,  $n\text{-C}_{26}$ -ol,  $n\text{-C}_{28}$ -ol,  $n\text{-C}_{25}$  and  $n\text{-C}_{29}$  (Fig 7). These compounds were particularly effective  
327 in identifying the difference between bog and fen zones (Figures 7 and 8). However, the  
328 visual comparison between the biomarker concentrations and palaeobotanical assemblages  
329 supports the previous works that **has** linked certain plant groups with certain biomarker  
330 distributions; for example in core SJ6 the uppermost layers were dominated by  $n\text{-C}_{31}$ , which  
331 is an indicator of *Ericaceae*-species whose macrofossils were also present. However, the  
332 triterpenoids and sterols associated with *Ericaceae*-species (e.g. Pancost, 2002) were not  
333 detected. Although *S. fuscum* dominated the whole hummock bog peat section (SJ6) the  
334 concentration of  $n\text{-C}_{25}$  was **exceeded** by  $n\text{-C}_{31}$  when descending from 0 cm to 40 cm, but the  
335 low ratio of  $n\text{-C}_{23}/n\text{-C}_{25}$  ( $< 1$ ) indicates a dry *Sphagnum*- dominated environment, as  
336 suggested by Bingham et al. (2010). In core SJ5, similar low  $n\text{-C}_{23}/n\text{-C}_{25}$  ratios were detected  
337 in layers dominated by sedge roots, which agrees with Ronkainen et al. (2013), whose data  
338 showed this ratio to correspond both with sedge below-ground parts and *Sphagnum* mosses.  
339 However, in core SJ6 the depths that were dominated by sedge roots (100 – 66 cm) have a  
340 higher  $n\text{-C}_{23}/n\text{-C}_{25}$  ratio than comparable layers in core SJ5 (100 – 40 cm) (Fig.5). These  
341 results support the conclusion of Ronkainen et al. (2013) who suggested that the application  
342 of bog biomarkers to fen environments may be complicated by the similar signatures of  
343 *Sphagnum* mosses and sedge roots.

344 A recent study showed that in general the most reliable proxy for *Sphagnum* mosses in peats  
345 are the *n*-alkane ratios  $n\text{-C}_{23}/n\text{-C}_{27}$  or  $n\text{-C}_{23}/n\text{-C}_{29}$  (Bush and McInerney, 2013). When studied  
346 visually rather than through the statistical analysis our results showed that SJ6 top peat layers  
347 (60 – 0 cm) dominated by *S. fuscum* were separated from the rest of the layers by low *n*-  
348  $\text{C}_{23}/n\text{-C}_{29}$  ratio ( $< 0.5$ ). The statistically significant ratio  $n\text{-C}_{23}/n\text{-C}_{27}$  ( $< 1.5$ ) described core  
349 SJ5 top layers (36 – 0 cm) that were dominated by *S. magellanicum* and *S. papillosum*. Other  
350 statistically significant biomarkers describing the uppermost layers of the core SJ5 with lawn  
351 habitat were  $n\text{-C}_{31}/n\text{-C}_{27}$  and  $n\text{-C}_{31}/n\text{-C}_{29}$  (Fig.7 and 8). The *n*-alkanes that dominated the  
352 lawn layer with *S. magellanicum* and *S. papillosum* were  $n\text{-C}_{23}$ ,  $n\text{-C}_{25}$  and  $n\text{-C}_{31}$ , which agree  
353 with Bingham et al. (2010). Consistent with the fact that lawns are relatively wet  
354 microhabitats when compared **with** hummocks, the previously suggested  $n\text{-C}_{23}/n\text{-C}_{25}$  and *n*-  
355  $\text{C}_{23}/n\text{-C}_{31}$  ratios that should describe dry bog environment (Bingham et al. 2010) did not  
356 describe the wetter lawn environment.

357 In both cores the fen layers beneath bog peat consisted mainly of vascular plant remains, e.g.  
358 *M. trifoliata*, *Sch. palustris*, *Equisetum* spp. and sedges. These plants are usually dominated  
359 by odd-over-even long-chain *n*-alkanes (Fig. 2) and this was at least partly shown by RDA  
360 that grouped the mid- and long-chain *n*-alkanes  $\text{C}_{20}$ ,  $\text{C}_{21}$ ,  $\text{C}_{22}$ ,  $\text{C}_{24}$ ,  $\text{C}_{26}$ ,  $\text{C}_{27}$  and  $\text{C}_{28}$  as well as  
361 three stanols as fen peat biomarkers (Fig.7). Bush and McInerney (2013) stated that  $n\text{-C}_{29}$  and  
362  $n\text{-C}_{31}$  should not be used as general proxies for grasses and woody plants, as these two  
363 compounds are highly variable and are overlapping between these groups, but that by  
364 differences in mid-chain and long-chain *n*-alkanes *Sphagnum* mosses could be separated from  
365 them. Our results partly agree with this. In both of the studied cores the macrofossil records  
366 indicated the transition zone from fen to bog stage (SJ5; 30 – 20 cm, SJ6; 75 – 55 cm)  
367 distinctively. In core SJ5, the biomarker record indicates that the fen-bog transition is

368 characterized by a shift from long-chain *n*-alkanes (C<sub>27</sub>) to mid-chain *n*-alkanes (C<sub>23</sub>) at depth  
369 36 cm. Yet, in core SJ6 such a clear change is not visible.

370 In our study of modern fen species, we found that sterols such as lupeol [5 $\alpha$ -lup-20(29)-en-  
371 3 $\beta$ -ol], obtusifoliol [4 $\alpha$ ,14 $\alpha$ -dimethyl-5 $\alpha$ -ergosta-8,24(24<sup>1</sup>)-dien-3 $\beta$ -ol] and gramisterol [4 $\alpha$ -  
372 methyl-5 $\alpha$ -ergosta-7,24(24<sup>1</sup>)-dien-3 $\beta$ -ol] showed potential to yield information about the  
373 abundance of sedge roots and mosses (Ronkainen et al., 2013). Even though sedge root  
374 remains and mosses were present in the studied peat, the above mentioned group-specific  
375 sterols were not detected and only brassicasterol, campesterol, stigmasterol,  $\beta$ -sitosterol that  
376 are common to most plant species were found from fossil peat material. We attribute this  
377 absence of the plant-specific sterols is due to degradation of these compounds (Lehtonen and  
378 Ketola 1993) given that their concentrations in fen plants was rather low (Ronkainen et al.,  
379 2013), and we conclude that appearance of stanols (Fig 6) indicates degradation of organic  
380 matter since deposition (cf. McClymont et al., under review). In both cores the fen-bog  
381 transition and the layers below the transition were characterized by the presence of stanols  
382 and it seems that especially the 5 $\alpha$ (H)-stanols/ $\Delta^5$ -sterol ratio, which is related to anoxic  
383 conditions and decay of plant material (Bertrand et al., 2012; McClymont et al. under review)  
384 is a strong marker for degradation, and changes in the ratio were consistent with degradation  
385 measures presented here (Fig 9). Similarly to Andersson and Meyers (2012), the CPI value  
386 increases up-core in both of the studied cores, indicating better preservation of organic matter  
387 at the top layers and a progressive degradation down core. In both cores CPI reaches its  
388 minimum right below the transition layer, almost simultaneously where the C/N ratio  
389 decreases to its minimum. In both cores the amount of UOM is clearly higher at and below  
390 the fen-bog transition than in the bog peat layers. Changes in the degradation measures might  
391 indicate that drier periods with lower water table level triggered the fen-bog transition  
392 (**Hughes and Barber, 2003; Hughes, 2000**), resulting in accelerated plant litter decay. This



393 interpretation would correspond to McClymont et al. (under review) results where high  
394  $5\alpha(\text{H})$ -stanols/ $\Delta^5$ -sterol ratio occurred simultaneously with low water table level. Also,  
395 around the fen-bog transition layer the concentrations of sterols and triterpenoids were high  
396 in the peat, while the dominating macrofossils were sedge roots and other parts of sedges.  
397 Previous studies have stated that sterol and triterpenoid concentrations are higher in vascular  
398 plants than mosses (e.g. Pancost et al., 2002; Ronkainen et al., 2013). The results presented  
399 here support this interpretation, and suggest that these compounds originate from vascular  
400 plants. This result is potentially important because high proportions of highly decomposed  
401 organic matter hampers reliable environmental reconstructions (cf. Ficken et al., 1998),  
402 including identifying the timing of fen-bog transitions in peat cores.

403

#### 404 **Conclusions**

405 In this study we investigated whether biomarkers can be applied to distinguish fen and bog  
406 environments, and if plant-specific biomarkers can be identified from fen peat. Not  
407 surprisingly, the palaeobotanical analyses were able to clearly separate dry bog hummocks,  
408 moist lawns and wet fen habitats apart. With the biomarkers more robust conclusions could  
409 be drawn only when the biomarkers were combined with the macrofossil data, after which a  
410 similar kind of sub-division of peatland habitats was achieved as yielded by palaeobotanical  
411 analyses. In agreement with our previous study of fen plants, we confirm that using  
412 biomarker data from highly humified fen peat layers to achieve species level information of  
413 past plant assemblages is very challenging. Although we previously showed that certain  
414 sterols could be used as indicators for some plant groups (e.g. *Sphagnum* mosses or sedge  
415 roots), these signals were not translated into the highly humified peat. However, we were able  
416 to separate bog and fen habitats apart by the changes in *n*-alkane concentrations and the *n*-  
417 alkane ratios along the cores. Moreover, the transition zone between fen and bog habitats was

418 characterized by high concentrations of sterols and triterpenoids originating from vascular  
419 plants. This proxy result seems to be applicable when reconstructing dominating plant groups  
420 during the highly humified peat phases, and may potentially also be used as a degradation  
421 measure as related to past changes in the water table level, and the following increase in level  
422 of decay as indicated here by the  $5\alpha(\text{H})$ -stanols/ $\Delta^5$ -sterol ratio, CPI-value, C/N ratio and high  
423 UOM.

424

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430

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610 **Table caption:**

611 Table 1. Macrofossil and biomarker communities in peat cores SJ5 and SJ6 derived from  
612 TWINSPAN (n=72, macrofossils and biomarkers in the data). Five cut levels and two  
613 divisions were used.

614 **Supplementary data table 1. File includes published distributions of biomarkers in**  
615 **plants mentioned in the study.**

616 **Supplementary data table 2. File includes all the biomarker data used in the analysis.**



Fig.1. Location of the study site. Samples were collected from two closely situated peatlands from the Siikajoki commune ((64°45 'N, 24°42 'E), Finland, Northern-Europe. 86x93mm (600 x 600 DPI)

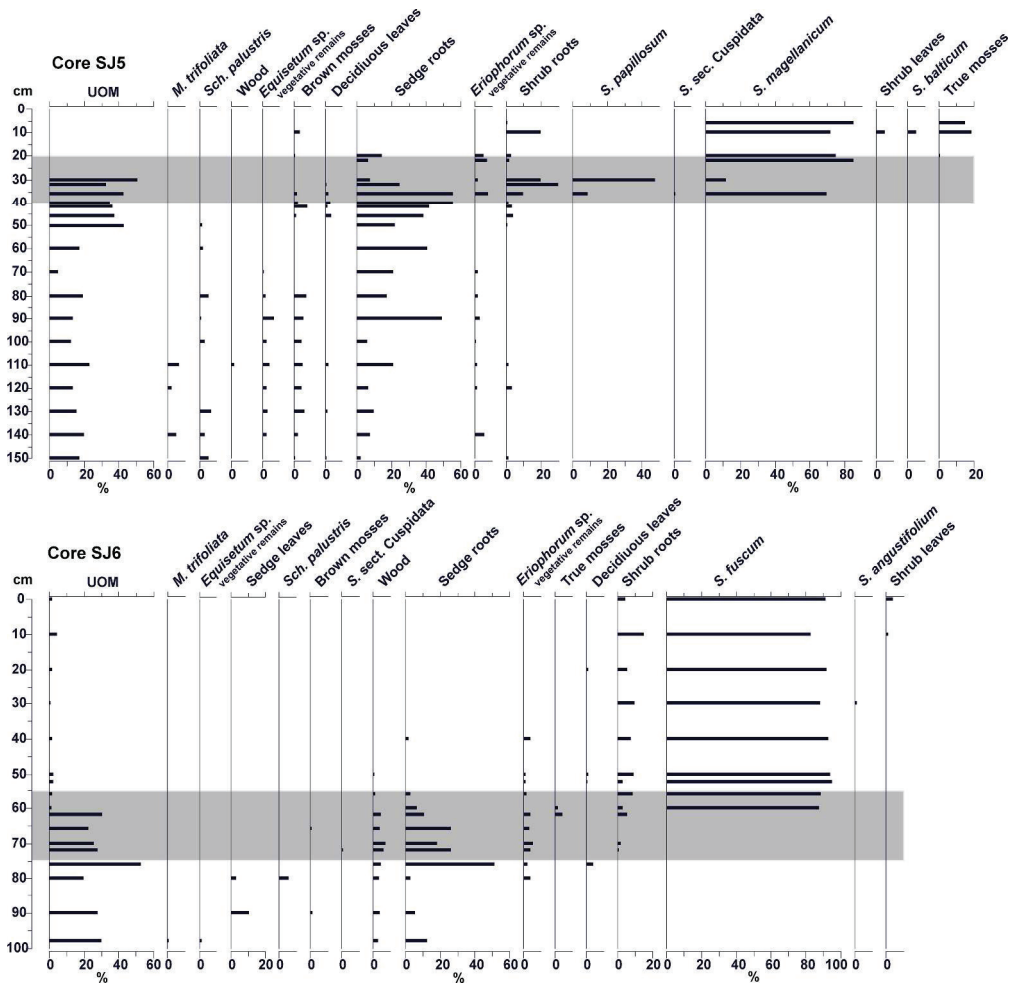


Fig. 2. Plant macrofossil records of cores SJ5 and SJ6. Macrofossil abundances are expressed as proportions (%). The fen-bog transition zone is marked with gray bar.  
200x195mm (600 x 600 DPI)

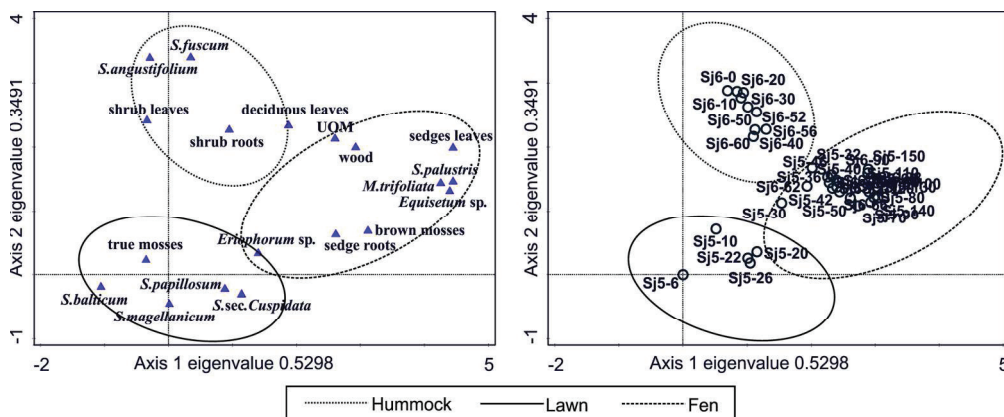


Fig. 3. DCA results of the macrofossil data of cores SJ5 and SJ6. The first axis explains 28 % (eigenvalue 0.5298) and the second axis 18 % (eigenvalue 0.3491) of the variation in the macrofossil data. Species representing hummock, lawn and fen habitats are circled.  
81x33mm (600 x 600 DPI)

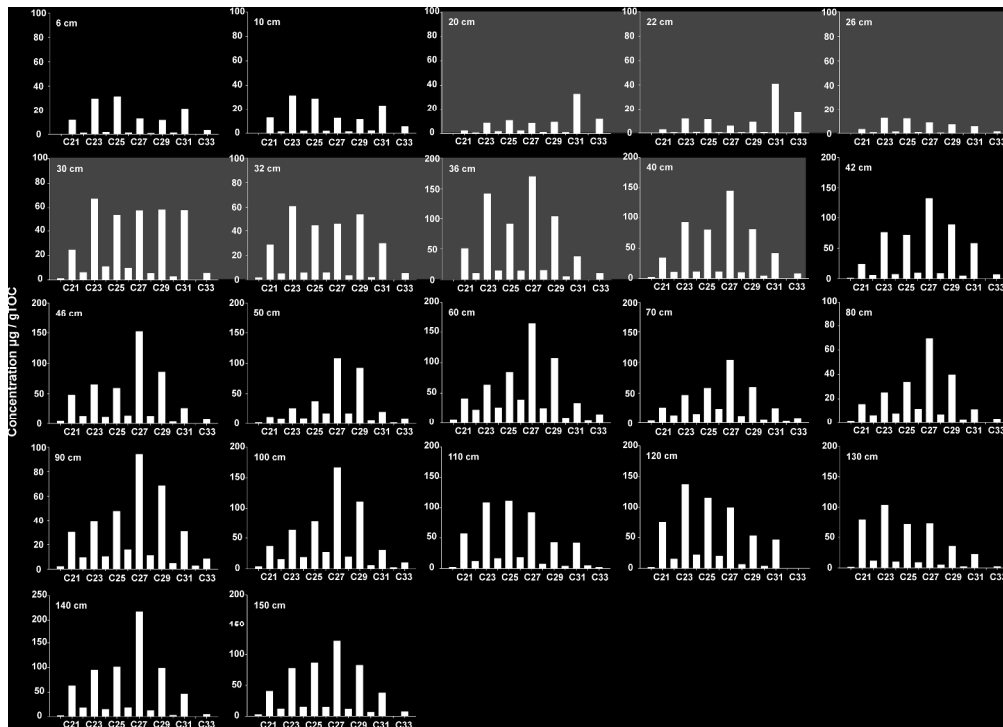


Fig. 4a. *n*-alkane concentrations ( $\mu\text{g/gTOC}$ ) of core SJ6 by depth. The fen-bog transition zone is marked with gray.

191x137mm (600 x 600 DPI)

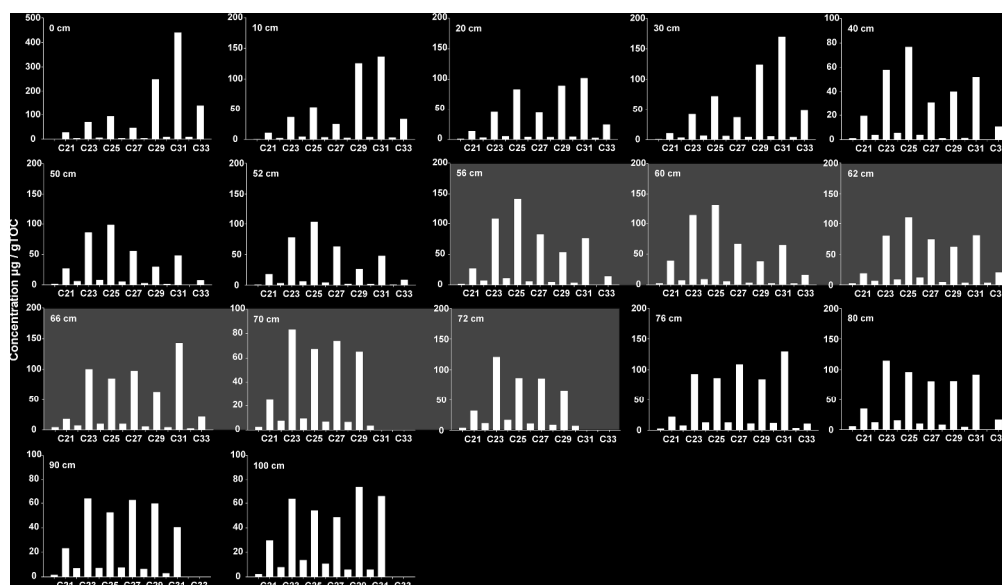


Fig. 4b. *n*-alkane concentrations ( $\mu\text{g/gTOC}$ ) of core SJ6 by depth. The fen-bog transition zone is marked with gray.  
168x96mm (600 x 600 DPI)



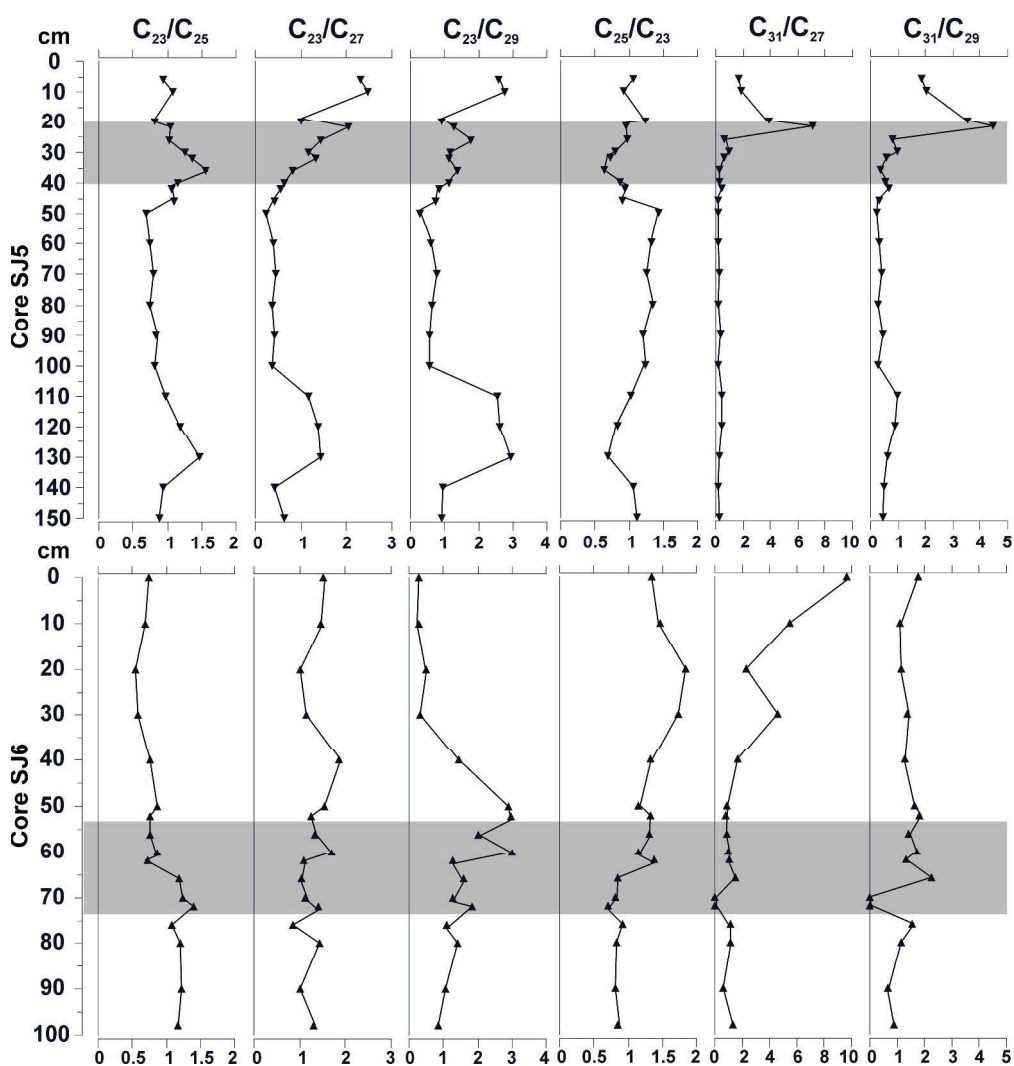


Fig. 5. *n*-alkane ratios of cores SJ5 and SJ6. The fen-bog transition zone is marked with gray bar.  
188x196mm (600 x 600 DPI)

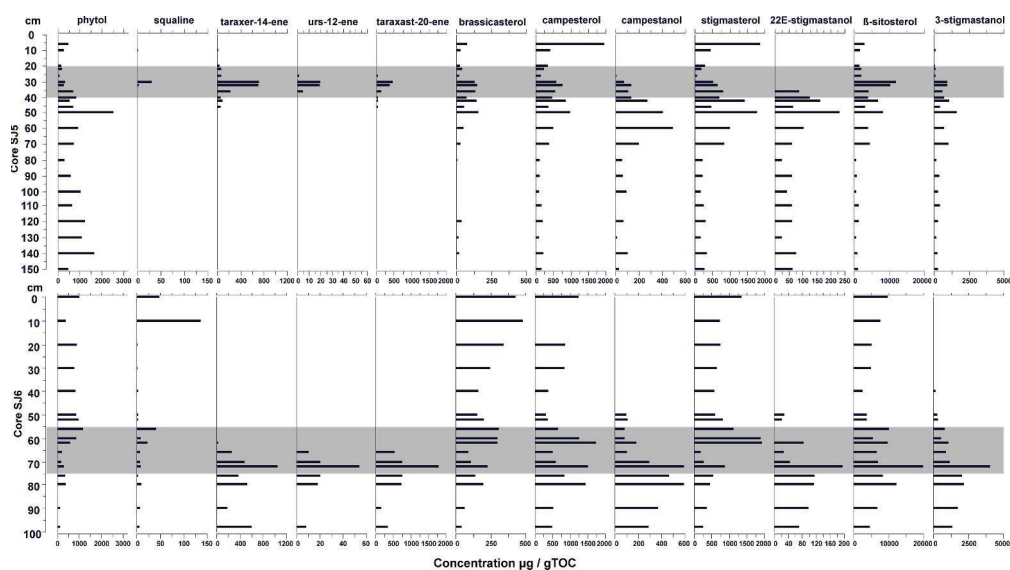


Fig. 6. Concentrations ( $\mu\text{g/gTOC}$ ) of triterpenoids,  $\Delta^5$ -sterols and  $5\alpha(\text{H})$ -stanols in cores SJ5 and SJ6. The fen-bog transition zone is marked with gray bar.  
161x89mm (600 x 600 DPI)

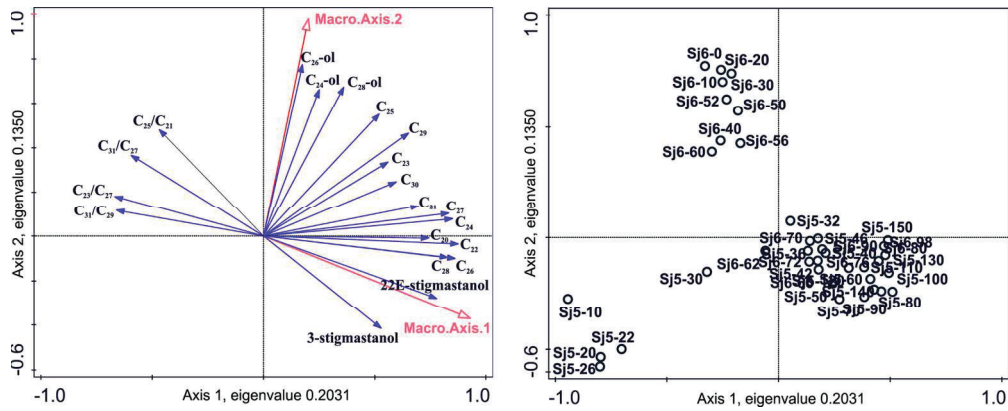


Fig. 7. RDA of biomarker data of cores SJ5 and SJ6, case scores Macro.axis.1 and Macro.axis.2 from macrofossil DCA as explanatory variables. The first axis explains 20 % (eigenvalue 0.2031) and the second axis 13 % (eigenvalue 0.1350) of the variation in the biomarker data (pseudo  $F = 9.2$  and  $p$ -value = 0.002). In the figure 20 (out of 54) best fitted biomarkers are presented.  
76x30mm (600 x 600 DPI)

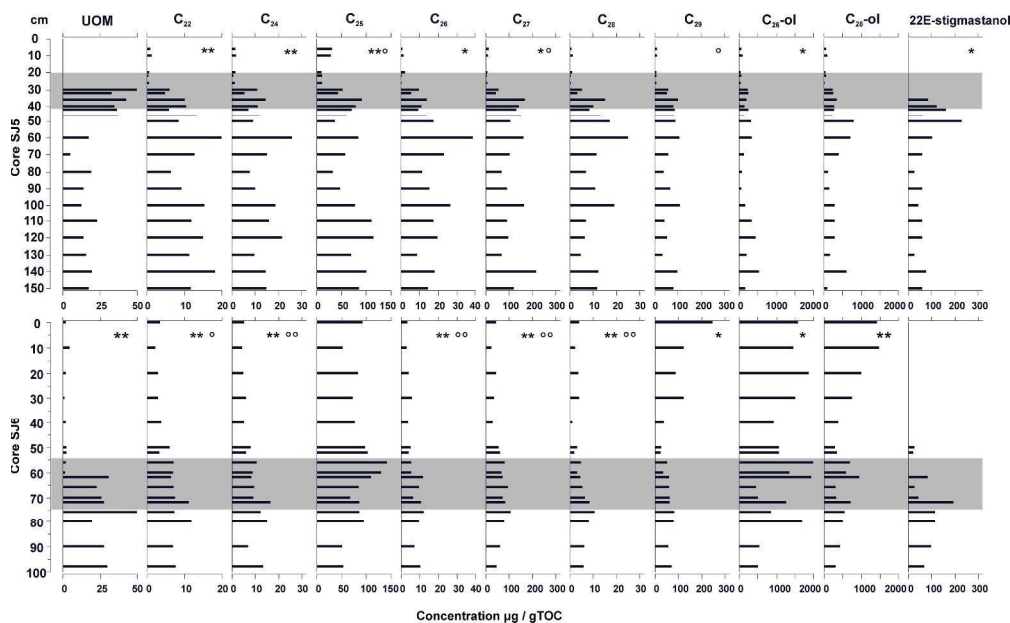


Fig. 8. Concentrations ( $\mu\text{g/gTOC}$ ) of 10 best fitted biomarkers from biomarker RDA in cores SJ5 and SJ6. Compounds correlating with depth (sig. 0.05=\*, sig. 0.01=\*\*) and UOM (sig. 0.05=°, sig 0.01=°°) are marked. The fen-bog transition zone in both cores is marked with gray.

173x105mm (600 x 600 DPI)

Review

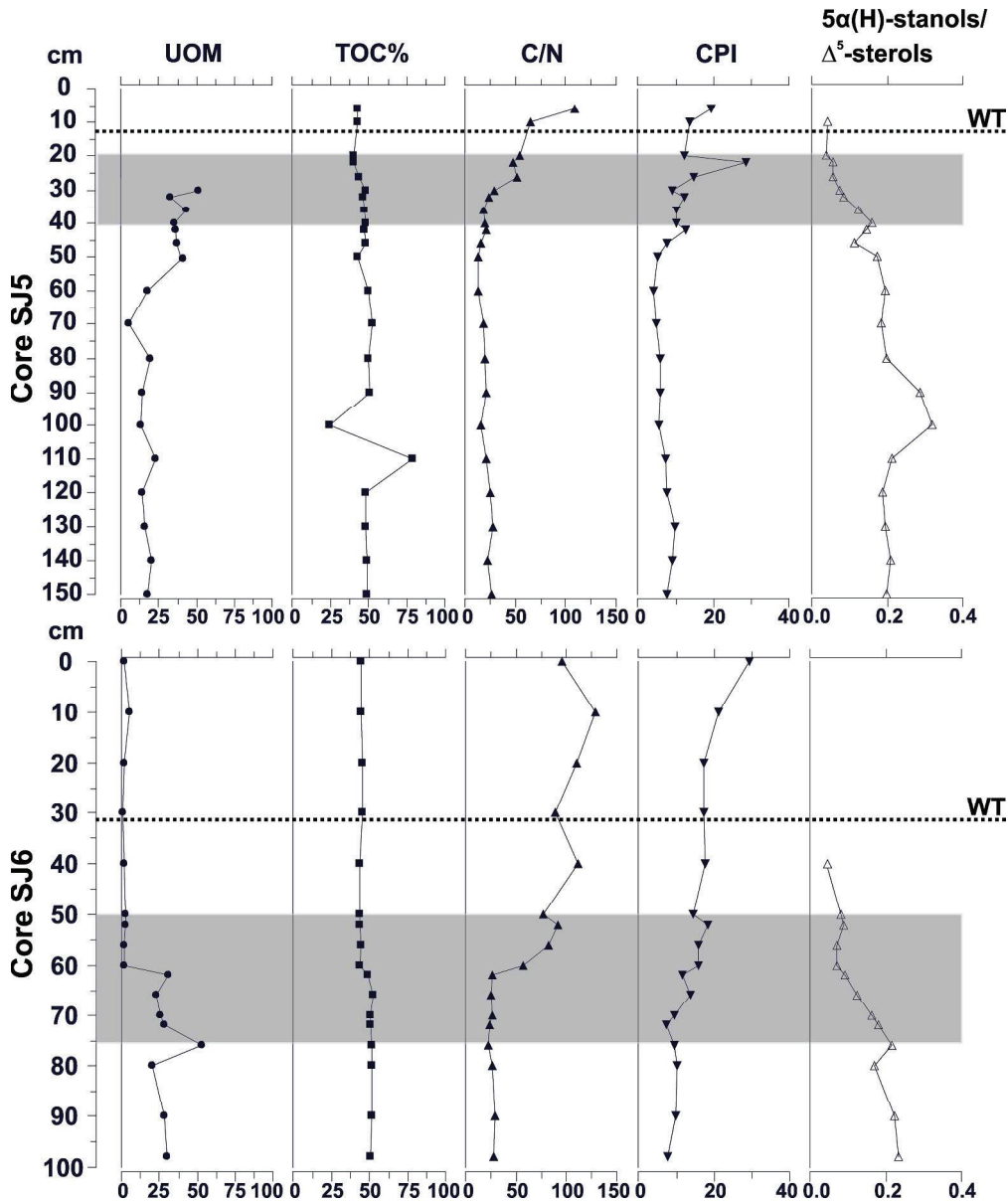


Fig. 9. Degradation measures in cores SJ5 and SJ6. UOM and TOC are presented as %, C/N ratio, CPI-value ( $= CPI_{alk} = ((C_{21}-C_{31}) + (C_{23}-C_{33})_{odd} / 2 * (C_{22}-C_{32})_{even})$ ) according to Andersson and Mayers, 2012) and the  $5\alpha(H)$ -stanols/ $\Delta^5$ -sterol ratio ( $= (\text{campestanol} + 22E\text{-stigmastanol} + 3\text{-stigmastanol}) / (\text{campesterol} + \text{campestanol} + \text{stigmasterol} + 22E\text{-stigmastanol} + \beta\text{-sitosterol} + 3\text{-stigmastanol})$ ) according to McClymony et al., 2013) The fen-bog transition zone is marked with gray bar and water table level (WT) with dashed line.  
169x201mm (600 x 600 DPI)

First division	Second division
<b>Hummock-fen <math>n = 33</math></b>	<b>Hummock <math>n = 9</math></b>
<i>S. fuscum</i> , <i>Equisetum</i> sp.,	<i>S. fuscum</i> , shrub leaves
<i>Sch. palustris</i> , wood,	C <sub>27</sub> -ol, C <sub>34</sub> , squaline
deciduous leaves, UOM	
campestanol, C <sub>20</sub> -ol	<b>Fen <math>n = 24</math></b>
22E-stigmastanol	brown mosses, sedge roots
C <sub>27</sub> , C <sub>20</sub> , C <sub>32</sub>	<i>Equisetum</i> sp., <i>Sch. palustris</i>
	<i>M. trifoliata</i> , campestanol,
	22E-stigmastanol, urs-20-ene
<b>Lawn <math>n = 6</math></b>	
<i>S. magellanicum</i> , <i>S. papillosum</i>	
<i>S. balticum</i> , <i>S.</i> sect. <i>Cuspidata</i>	
true-mosses, urs-20-ene	

Table 1

Plant	Major homologue associated to plant	Studied plant species
<i>S. fuscum</i>	<i>n-C</i> <sub>25</sub> <sup>e, b, i, k, m</sup>	
<i>S. angustifolium</i>	<i>n-C</i> <sub>23</sub> <sup>l</sup>	
<i>S. magellanicum</i>	<i>n-C</i> <sub>25</sub> <sup>l</sup>	
<i>S. papillosum</i>	<i>n-C</i> <sub>23</sub> <sup>l</sup> , <i>n-C</i> <sub>25</sub> <sup>l</sup>	
<i>S. balticum</i>	<i>n-C</i> <sub>23</sub> <sup>l, m</sup>	
<i>S. sec. Cuspidata</i>	<i>n-C</i> <sub>23</sub> <sup>m, o</sup>	<i>S. balticum</i> <sup>m</sup> , <i>S. lindbergii</i> <sup>m</sup> , <i>S. angustifolium</i> <sup>l</sup> , <i>S. cuspidatum</i> <sup>l</sup> , <i>S. majus</i> <sup>l</sup> , <i>S. tenellum</i> <sup>l</sup> , <i>S. riparium</i> <sup>o</sup>
True mosses	<i>n-C</i> <sub>27</sub> <sup>h</sup> , <i>n-C</i> <sub>31</sub> <sup>e, m</sup>	<i>Polytrichum</i> sp. <sup>e, h</sup> , <i>Dicranum elongatum</i> <sup>m</sup>
Brown mosses	<i>n-C</i> <sub>25</sub> <sup>o</sup> , <i>n-C</i> <sub>27</sub> <sup>o</sup>	<i>Warnstorfia exannulata</i> <sup>o</sup>
<i>M. trifoliata</i> leaves	<i>n-C</i> <sub>29</sub> <sup>o</sup>	
<i>M. trifoliata</i> roots	<i>n-C</i> <sub>21</sub> <sup>o</sup> , <i>n-C</i> <sub>23</sub> <sup>o</sup>	
<i>Equisetum</i> sp.	no reference	
<i>S. palustris</i>	no reference	
<i>Eriophorum</i> sp. leaves	<i>n-C</i> <sub>27</sub> <sup>o, q</sup> , <i>n-C</i> <sub>29</sub> <sup>m</sup>	
<i>Eriophorum</i> sp roots	<i>n-C</i> <sub>27</sub> <sup>o, m</sup>	
Sedge leaves	<i>n-C</i> <sub>27</sub> <sup>b, m</sup> , <i>n-C</i> <sub>29</sub> <sup>f, o</sup> or <i>n-C</i> <sub>31</sub> <sup>f, o</sup>	<i>Carex</i> sp. <sup>b, f, m, o</sup>
Sedge roots	<i>n-C</i> <sub>21</sub> <sup>o</sup> , <i>n-C</i> <sub>23</sub> <sup>m, o</sup> , <i>n-C</i> <sub>27</sub> <sup>o</sup>	
Shrub leafs	<i>n-C</i> <sub>27</sub> <sup>d, i, q</sup> , <i>n-C</i> <sub>29</sub> <sup>b, q</sup> , <i>n-C</i> <sub>31</sub> <sup>a, q</sup>	<i>Ledum</i> sp. <sup>a, m</sup> , <i>V. vitis-idaea</i> <sup>b</sup> , <i>B. nana</i> <sup>d, j, m</sup> , <i>E. nigrum</i> <sup>m</sup> , <i>V. uliginosum</i> <sup>m</sup> , several species <sup>q</sup>
Shrub root	<i>n-C</i> <sub>27</sub> <sup>m</sup> , <i>n-C</i> <sub>29</sub> <sup>m</sup> , <i>n-C</i> <sub>31</sub> <sup>n</sup>	<i>Eriaceaceae</i> <sup>n</sup> , <i>Betula nana</i> <sup>n, m</sup> , <i>L. palustris</i> <sup>m</sup> , <i>E. nigrum</i> <sup>m</sup> , <i>V. uliginosum</i> <sup>m</sup>
Wood	<i>n-C</i> <sub>27</sub> <sup>m</sup>	<i>Betula</i> (tree) <sup>m</sup>
Deciduous leaves	<i>n-C</i> <sub>27</sub> <sup>m, q</sup> , <i>n-C</i> <sub>29</sub> <sup>m, q</sup>	<i>Betula</i> (tree) <sup>m</sup> , several species <sup>q</sup>
Conifer needles	<i>n-C</i> <sub>27</sub> <sup>q</sup> , <i>n-C</i> <sub>29</sub> <sup>q</sup> , <i>n-C</i> <sub>31</sub> <sup>q</sup>	several species <sup>q</sup>

<sup>a</sup> (Salasoo, 1987); <sup>b</sup> (Ficken et al., 1998); <sup>c</sup> (Corrigan et al., 1973); <sup>d</sup> (Sachse et al., 2006); <sup>e</sup> (Nott et al., 2000); <sup>f</sup> (Ficken et al., 2000); <sup>g</sup> (Baas et al., 2000); <sup>h</sup> (Nissinen and Sewón, 1994); <sup>i</sup> (Vonk and Gustafsson, 2009); <sup>j</sup> (Zech et al., 2010); <sup>k</sup> (Dembitsky, 1993); <sup>l</sup> (Bingham et al., 2010); <sup>m</sup> (Ronkainen et al. submitted); <sup>n</sup> (Andersson et al., 2011); <sup>o</sup> (Ronkainen et al., 2013); <sup>q</sup> (Tarasov et al., 2013)

n-alkanes

Sample	C20	C21	C22	C23	C24	C25	C26	C27	C28	C29	C30	C31	C32	C33	C34	C35
SI5: 6	-	11.5	1.1	29.6	1.7	31.5	1.2	12.8	0.8	11.4	1.2	21.4	-	3.3	-	-
SI5: 10	-	12.9	1.4	31.5	1.9	29.0	1.9	12.7	1.5	11.4	2.2	23.1	-	5.5	-	-
SI5: 20	-	2.3	0.7	8.7	1.7	10.7	2.3	8.6	1.0	9.3	0.8	33.0	-	11.9	-	-
SI5: 22	-	3.0	0.5	11.8	0.9	11.3	0.5	5.8	0.5	9.2	0.7	41.0	-	17.1	-	-
SI5: 26	-	3.2	0.8	12.6	1.3	12.2	0.8	8.8	0.6	7.1	-	5.8	-	1.5	-	-
SI5: 30	1.2	24.7	6.2	67.2	11.0	53.2	9.8	57.6	5.4	58.2	2.8	57.8	-	5.7	-	-
SI5: 32	1.7	28.6	4.9	60.8	5.6	44.3	5.7	45.5	3.4	53.2	1.8	29.6	-	5.2	-	-
SI5: 36	-	50.8	10.3	142.0	14.7	91.0	14.2	170.2	15.2	103.3	5.0	37.7	-	10.3	-	-
SI5: 40	2.3	33.9	10.6	92.2	11.3	80.0	11.3	145.2	10.1	80.8	4.5	41.4	-	8.1	-	0.7
SI5: 42	1.2	24.1	6.0	76.0	7.4	71.7	9.5	133.1	8.6	88.7	4.9	58.0	-	7.1	-	-
SI5: 46	4.2	48.0	13.3	64.9	12.0	59.1	13.8	152.1	13.3	85.7	3.3	26.4	-	6.7	-	-
SI5: 50	1.5	11.6	8.6	26.1	9.3	37.4	17.6	108.0	17.3	92.0	4.8	20.0	1.5	9.1	-	1.4
SI5: 60	4.9	41.0	22.3	63.5	26.1	84.4	39.0	164.1	25.2	107.1	9.2	33.4	3.9	14.9	-	1.3
SI5: 70	3.2	25.7	12.9	46.2	15.2	57.9	23.4	103.9	11.6	59.1	4.5	24.8	2.7	8.4	-	-
SI5: 80	1.2	15.6	6.5	25.1	7.9	33.8	11.7	69.5	7.1	39.8	2.1	11.3	-	3.2	-	-
SI5: 90	2.2	30.0	9.3	39.4	10.2	47.7	15.7	94.3	11.0	68.6	4.6	30.5	2.8	8.3	1.0	1.6
SI5: 100	3.7	37.0	15.5	63.2	19.0	78.4	27.1	166.7	19.4	110.8	5.6	30.5	2.3	10.3	-	1.9
SI5: 110	2.1	56.6	11.9	108.6	16.3	111.4	17.9	92.5	7.1	42.4	3.9	41.7	4.8	1.9	-	-
SI5: 120	1.6	74.7	15.0	137.2	21.9	115.1	20.0	99.5	6.5	52.7	3.6	46.2	-	-	-	-
SI5: 130	1.5	79.8	11.4	103.5	10.0	70.6	8.9	72.0	4.9	35.3	1.9	22.1	-	2.4	-	-
SI5: 140	2.0	62.5	18.2	94.6	14.8	101.0	18.5	217.3	12.4	98.6	2.9	46.2	-	4.4	-	-
SI5: 150	2.6	40.6	11.8	77.6	15.0	86.9	14.7	122.1	11.8	82.8	6.6	37.7	-	7.4	-	-

Sample	C20	C21	C22	C23	C24	C25	C26	C27	C28	C29	C30	C31	C32	C33	C34	C35
SI6: 0	0.6	27.8	3.5	69.4	5.3	93.4	3.7	45.8	4.1	248.6	8.5	439.9	8.8	140.2	0.8	-
SI6: 10	0.3	10.8	2.3	36.4	4.5	53.3	3.3	24.9	2.4	125.5	3.6	136.2	3.0	33.1	-	-
SI6: 20	1.0	13.5	2.9	45.0	5.2	83.0	4.1	44.1	3.6	89.3	4.4	101.8	2.4	24.4	0.6	-
SI6: 30	0.5	10.3	2.9	41.7	6.2	72.4	5.8	36.5	4.0	124.0	5.3	169.7	3.9	48.0	-	-
SI6: 40	1.1	19.5	3.9	57.9	5.5	76.7	3.9	31.1	1.1	40.1	1.4	51.9	-	10.6	-	-
SI6: 50	1.8	26.8	6.1	85.7	8.1	98.2	5.3	55.4	3.0	29.6	1.6	48.2	-	7.4	-	-
SI6: 52	0.7	17.8	3.3	77.6	6.2	103.0	4.2	62.7	2.1	26.1	1.6	47.6	0.9	8.6	-	-
SI6: 56	1.8	26.8	7.1	108.0	10.7	141.5	5.7	82.1	4.7	53.2	3.2	75.7	-	13.7	-	-
SI6: 60	2.4	39.1	7.0	113.9	9.0	130.4	5.5	66.7	3.0	38.0	2.4	64.8	1.9	15.9	-	-
SI6: 62	2.4	18.8	6.4	79.8	8.5	109.8	11.9	74.0	4.5	61.9	3.2	80.8	3.3	20.1	-	-
SI6: 66	4.2	17.8	7.2	100.1	9.6	84.9	9.7	97.2	5.4	63.1	4.1	142.5	2.1	21.3	-	-
SI6: 70	2.5	25.1	7.6	83.2	9.4	67.2	6.8	73.9	6.6	65.0	3.5	-	-	-	-	-
SI6: 72	3.6	31.9	11.2	120.5	16.6	85.8	10.9	85.3	8.6	65.5	6.9	-	-	-	-	-
SI6: 76	2.4	21.6	7.4	92.5	12.4	85.8	12.4	108.5	10.7	83.9	11.3	129.4	3.2	10.4	-	-
SI6: 80	5.2	34.6	11.9	114.3	15.2	95.4	9.8	80.3	8.1	80.8	4.4	91.4	-	16.5	-	-
SI6: 90	1.5	23.2	7.0	63.7	7.2	52.4	7.5	62.4	6.3	59.7	2.9	40.3	-	-	-	-
SI6: 98	2.1	29.6	7.8	63.5	13.7	54.0	10.6	48.5	5.8	73.9	5.8	65.7	-	-	-	-

Concentrations are presented as µg gTOC



*n*-alkane ratios

Sample	C23/C25	C23/C27	C23/C29	C23/C31	C25/C29	C31/C27	C31/C29	C33/C31	C23/(C23+C29)
SI5: 6	0.9	2.3	2.6	1.4	2.8	1.7	1.9	0.2	0.7
SI5: 10	1.1	2.5	2.8	1.4	2.5	1.8	2.0	0.2	0.7
SI5: 20	0.8	1.0	0.9	0.3	1.2	3.9	3.6	0.4	0.5
SI5: 22	1.0	2.0	1.3	0.3	1.2	7.0	4.5	0.4	0.6
SI5: 26	1.0	1.4	1.8	2.2	1.7	0.7	0.8	0.3	0.6
SI5: 30	1.3	1.2	1.2	1.2	0.9	1.0	1.0	0.1	0.5
SI5: 32	1.4	1.3	1.1	2.1	0.8	0.7	0.6	0.2	0.5
SI5: 36	1.6	0.8	1.4	3.8	0.9	0.2	0.4	0.3	0.6
SI5: 40	1.2	0.6	1.1	2.2	1.0	0.3	0.5	0.2	0.5
SI5: 42	1.1	0.6	0.9	1.3	0.8	0.4	0.7	0.1	0.5
SI5: 46	1.1	0.4	0.8	2.5	0.7	0.2	0.3	0.3	0.4
SI5: 50	0.7	0.2	0.3	1.3	0.4	0.2	0.2	0.5	0.2
SI5: 60	0.8	0.4	0.6	1.9	0.8	0.2	0.3	0.4	0.4
SI5: 70	0.8	0.4	0.8	1.9	1.0	0.2	0.4	0.3	0.4
SI5: 80	0.7	0.4	0.6	2.2	0.8	0.2	0.3	0.3	0.4
SI5: 90	0.8	0.4	0.6	1.3	0.7	0.3	0.4	0.3	0.4
SI5: 100	0.8	0.4	0.6	2.1	0.7	0.2	0.3	0.3	0.4
SI5: 110	1.0	1.2	2.6	2.6	2.6	0.5	1.0	0.0	0.7
SI5: 120	1.2	1.4	2.6	3.0	2.2	0.5	0.9	0.0	0.7
SI5: 130	1.5	1.4	2.9	4.7	2.0	0.3	0.6	0.1	0.7
SI5: 140	0.9	0.4	1.0	2.0	1.0	0.2	0.5	0.1	0.5
SI5: 150	0.9	0.6	0.9	2.1	1.0	0.3	0.5	0.2	0.5

Sample	C23/C25	C23/C27	C23/C29	C23/C31	C25/C29	C31/C27	C31/C29	C33/C31	C23/(C23+C29)
SI6: 0	0.7	1.5	0.3	0.2	0.4	9.6	1.8	0.3	0.2
SI6: 10	0.7	1.5	0.3	0.3	0.4	5.5	1.1	0.2	0.2
SI6: 20	0.5	1.0	0.5	0.4	0.9	2.3	1.1	0.2	0.3
SI6: 30	0.6	1.1	0.3	0.2	0.6	4.6	1.4	0.3	0.3
SI6: 40	0.8	1.9	1.4	1.1	1.9	1.7	1.3	0.2	0.6
SI6: 50	0.9	1.5	2.9	1.8	3.3	0.9	1.6	0.2	0.7
SI6: 52	0.8	1.2	3.0	1.6	3.9	0.8	1.8	0.2	0.7
SI6: 56	0.8	1.3	2.0	1.4	2.7	0.9	1.4	0.2	0.7
SI6: 60	0.9	1.7	3.0	1.8	3.4	1.0	1.7	0.2	0.7
SI6: 62	0.7	1.1	1.3	1.0	1.8	1.1	1.3	0.2	0.6
SI6: 66	1.2	1.0	1.6	0.7	1.3	1.5	2.3	0.1	0.6
SI6: 70	1.2	1.1	1.3	-	1.0	0.0	0.0	-	0.6
SI6: 72	1.4	1.4	1.8	-	1.3	0.0	0.0	-	0.6
SI6: 76	1.1	0.9	1.1	0.7	1.0	1.2	1.5	0.1	0.5
SI6: 80	1.2	1.4	1.4	1.3	1.2	1.1	1.1	0.2	0.6
SI6: 90	1.2	1.0	1.1	1.6	0.9	0.6	0.7	0.0	0.5
SI6: 98	1.2	1.3	0.9	1.0	0.7	1.4	0.9	0.0	0.5

*n*-alkane ratios

Sample	C25/(C25+C29)	C23/(C27+C31)	Paq	ACL C17-C35	Pwax	C23/C21	C21/C23	C25/C21	C25/C23
SI5: 6	1.0	0.9	0.7	26.0	0.4	2.6	0.4	2.7	1.1
SI5: 10	0.9	0.9	0.6	26.1	0.4	2.4	0.4	2.3	0.9
SI5: 20	0.8	0.2	0.3	28.8	0.7	3.8	0.3	4.6	1.2
SI5: 22	1.0	0.3	0.3	29.0	0.7	4.0	0.3	3.8	1.0
SI5: 26	0.9	0.9	0.7	26.1	0.5	3.9	0.3	3.8	1.0
SI5: 30	0.8	0.6	0.5	26.5	0.6	2.7	0.4	2.2	0.8
SI5: 32	0.9	0.8	0.6	26.0	0.5	2.1	0.5	1.5	0.7
SI5: 36	0.9	0.7	0.6	25.9	0.6	2.8	0.4	1.8	0.6
SI5: 40	0.9	0.5	0.6	26.2	0.6	2.7	0.4	2.4	0.9
SI5: 42	0.9	0.4	0.5	26.7	0.7	3.2	0.3	3.0	0.9
SI5: 46	0.8	0.4	0.5	26.1	0.7	1.4	0.7	1.2	0.9
SI5: 50	0.7	0.2	0.4	27.2	0.8	2.3	0.4	3.2	1.4
SI5: 60	0.7	0.3	0.5	26.5	0.7	1.5	0.6	2.1	1.3
SI5: 70	0.7	0.4	0.6	26.3	0.6	1.8	0.6	2.2	1.3
SI5: 80	0.7	0.3	0.5	26.3	0.7	1.6	0.6	2.2	1.3
SI5: 90	0.8	0.3	0.5	26.5	0.7	1.3	0.8	1.6	1.2
SI5: 100	0.7	0.3	0.5	26.5	0.7	1.7	0.6	2.1	1.2
SI5: 110	0.9	0.8	0.7	25.4	0.4	1.9	0.5	2.0	1.0
SI5: 120	0.9	0.9	0.7	25.2	0.4	1.8	0.5	1.5	0.8
SI5: 130	0.9	1.1	0.8	24.7	0.4	1.3	0.8	0.9	0.7
SI5: 140	0.8	0.4	0.6	26.1	0.6	1.5	0.7	1.6	1.1
SI5: 150	0.9	0.5	0.6	26.1	0.6	1.9	0.5	2.1	1.1

Sample	C25/(C25+C29)	C23/(C27+C31)	Paq	ACL C17-C35	Pwax	C23/C21	C21/C23	C25/C21	C25/C23
SI6: 0	0.3	0.1	0.2	29.3	1.1	2.5	0.4	3.4	1.3
SI6: 10	0.3	0.2	0.2	28.6	1.1	3.4	0.3	4.9	1.5
SI6: 20	0.5	0.3	0.4	27.8	0.9	3.3	0.3	6.1	1.8
SI6: 30	0.4	0.2	0.3	28.7	1.0	4.1	0.2	7.1	1.7
SI6: 40	0.7	0.7	0.5	26.4	0.6	3.0	0.3	3.9	1.3
SI6: 50	0.8	0.8	0.6	25.8	0.5	3.2	0.3	3.7	1.1
SI6: 52	0.8	0.7	0.6	26.0	0.5	4.4	0.2	5.8	1.3
SI6: 56	0.7	0.7	0.5	26.2	0.5	4.0	0.2	5.3	1.3
SI6: 60	0.8	0.9	0.6	25.8	0.5	2.9	0.3	3.3	1.1
SI6: 62	0.6	0.5	0.5	26.7	0.6	4.3	0.2	5.8	1.4
SI6: 66	0.6	0.4	0.4	27.2	0.7	5.6	0.2	4.8	0.8
SI6: 70	0.5	1.1	0.5	25.3	0.6	3.3	0.3	2.7	0.8
SI6: 72	0.6	1.4	0.6	25.1	0.5	3.8	0.3	2.7	0.7
SI6: 76	0.5	0.4	0.4	27.1	0.8	4.3	0.2	4.0	0.9
SI6: 80	0.5	0.7	0.5	26.4	0.7	3.3	0.3	2.8	0.8
SI6: 90	0.5	0.6	0.4	26.1	0.7	2.7	0.4	2.3	0.8
SI6: 98	0.4	0.6	0.4	26.4	0.8	2.1	0.5	1.8	0.8

## Triterpenoids

Sample	squaline	taraxer-14-ene	urs-12-ene	taraxast-20-ene
SI5: 6	-	1	-	-
SI5: 10	2.7	18.6	-	3.3
SI5: 20	-	37.4	-	2.1
SI5: 22	-	78.4	-	6.7
SI5: 26	-	69.0	2.118735599	57.6
SI5: 30	31.6	723.1	20.2	475.0
SI5: 32	3.4	713.9	19.8	386.8
SI5: 36	-	229.4	5.4	145.8
SI5: 40	-	59.2	-	50.6
SI5: 42	-	100.4	-	47.0
SI5: 46	-	66.9	-	46.2
SI5: 50	-	8.9	-	-
SI5: 60	-	5.3	-	-
SI5: 70	-	3.6	-	1.1
SI5: 80	-	3.8	-	-
SI5: 90	-	4.4	-	0.9
SI5: 100	-	7.3	-	3.3
SI5: 110	-	-	-	-
SI5: 120	-	-	-	-
SI5: 130	-	-	-	-
SI5: 140	-	-	-	-
SI5: 150	-	-	-	-

Sample	squaline	taraxer-14-ene	urs-12-ene	taraxast-20-ene
SI6: 0	48.2	-	-	1.8
SI6: 10	137.3	3.1	-	-
SI6: 20	2.5	4.1	-	-
SI6: 30	2.4	-	-	-
SI6: 40	3.3	-	-	-
SI6: 50	3.6	10.3	-	9.6
SI6: 52	3.6	8.4	-	4.7
SI6: 56	41.5	-	-	-
SI6: 60	9.3	2.9	-	2.6
SI6: 62	23.1	27.1	-	24.8
SI6: 66	7.9	263.4	10.4	546.5
SI6: 70	8.0	484.1	20.8	767.6
SI6: 72	8.7	1053.5	54.1	1805.1
SI6: 76	3.8	383.7	20.6	755.0
SI6: 80	10.0	526.6	18.7	745.1
SI6: 90	7.9	190.5	-	166.3
SI6: 98	6.6	602.3	20.3	57.9

Concentrations are presented as µg TOC

Sterols		Stanol									
Sample	phytol	$\alpha$ -tocopherol	brassicasterol	campesterol	stigmaesterol	$\beta$ -sitosterol	campestanol	22E-stigmasterol-22-en-3 $\beta$ -ol	3-stigmastanol		
SJ5: 6	488.1	-	80.6	1959.4	1873.2	3065.0	-	-	-	-	-
SJ5: 10	287.9	-	31.5	427.1	465.2	1770.2	-	-	-	-	115.5
SJ5: 20	176.9	-	26.1	362.3	304.3	1609.8	-	-	-	-	92.4
SJ5: 22	185.6	-	42.3	243.7	189.9	2050.1	-	-	-	-	146.4
SJ5: 26	94.8	-	21.4	150.9	75.2	2035.8	11.8	-	-	-	126.2
SJ5: 30	336.3	-	134.9	596.3	539.7	12073.3	73.4	-	-	-	991.1
SJ5: 32	274.3	-	149.0	773.1	652.0	10419.6	136.6	-	-	-	959.5
SJ5: 36	718.9	-	138.1	562.1	820.9	4251.1	111.6	88.6	125.3	125.3	743.1
SJ5: 40	858.0	-	77.0	473.7	700.4	4134.5	136.3	125.3	164.1	164.1	1105.6
SJ5: 42	537.6	-	146.2	874.8	1438.0	6869.6	275.3	164.1	-	-	-
SJ5: 46	713.8	-	57.1	374.2	472.9	3245.9	-	65.3	65.3	65.3	462.7
SJ5: 50	2537.7	-	158.8	984.2	1779.8	8246.0	408.1	233.1	233.1	233.1	1651.2
SJ5: 60	946.6	-	54.9	507.6	1003.9	3984.2	491.2	103.4	103.4	103.4	746.4
SJ5: 70	730.6	-	30.3	382.9	840.9	4538.4	203.5	61.7	61.7	61.7	1046.4
SJ5: 80	322.6	-	7.2	124.1	229.8	751.9	56.7	27.6	27.6	27.6	187.2
SJ5: 90	606.1	-	-	130.7	226.3	948.7	66.2	61.5	61.5	61.5	394.1
SJ5: 100	1039.8	-	4.6	112.2	182.2	705.8	96.6	45.0	45.0	45.0	329.8
SJ5: 110	651.9	-	-	178.0	263.0	1407.7	-	62.7	62.7	62.7	431.8
SJ5: 120	1241.6	-	38.3	214.2	314.1	1445.4	70.1	62.7	62.7	62.7	324.7
SJ5: 130	1094.2	-	17.9	107.2	173.3	620.1	14.9	27.3	27.3	27.3	175.5
SJ5: 140	1675.5	-	23.9	222.7	352.9	1134.8	104.4	77.9	77.9	77.9	271.0
SJ5: 150	485.5	-	-	179.5	290.1	1153.2	31.1	63.5	63.5	63.5	307.1

Sterols		Stanol									
Sample	phytol	$\alpha$ -tocopherol	brassicasterol	campesterol	stigmaesterol	$\beta$ -sitosterol	campestanol	22E-stigmasterol-22-en-3 $\beta$ -ol	3-stigmastanol		
SJ6: 0	1031.1	-	428.7	1257.5	1363.7	9863.4	-	-	-	-	-
SJ6: 10	397.0	-	481.0	-	738.9	7705.1	-	-	-	-	-
SJ6: 20	906.8	-	343.6	862.7	753.4	5262.0	-	-	-	-	-
SJ6: 30	783.1	-	246.6	840.9	660.4	5171.0	-	-	-	-	-
SJ6: 40	839.0	-	164.4	394.8	580.2	2604.4	-	-	-	-	165.8
SJ6: 50	864.6	-	153.6	318.1	610.1	3965.4	99.0	29.5	29.5	29.5	295.2
SJ6: 52	997.1	-	204.4	375.8	838.5	3930.9	109.3	23.6	23.6	23.6	368.8
SJ6: 56	1183.2	-	309.6	675.8	1132.2	10309.6	86.3	-	-	-	851.2
SJ6: 60	881.5	-	299.2	1282.8	1911.0	5639.8	86.2	-	-	-	584.3
SJ6: 62	591.6	-	299.2	1744.0	1943.0	9975.1	186.9	85.5	85.5	85.5	1108.8
SJ6: 66	213.8	-	92.6	515.4	201.8	6789.6	107.8	28.9	28.9	28.9	914.4
SJ6: 70	208.0	-	108.9	605.6	277.9	7136.2	295.7	46.4	46.4	46.4	1198.2
SJ6: 72	299.3	-	232.2	1527.3	891.0	19970.0	596.3	196.3	196.3	196.3	4082.6
SJ6: 76	360.8	-	140.7	842.6	554.8	8407.8	466.7	116.7	116.7	116.7	2100.5
SJ6: 80	391.4	146.2	200.2	1448.1	457.6	12314.4	593.6	115.5	115.5	115.5	2204.7
SJ6: 90	146.2	205.9	67.7	529.2	375.9	6840.8	371.4	99.2	99.2	99.2	1759.6
SJ6: 98	141.9	55.7	45.0	497.6	267.0	4859.4	291.9	72.0	72.0	72.0	1360.2

Concentrations are presented as  $\mu$ g/g TOC