Bio-prospecting endemic Mascarene Aloes for potential neuroprotectants

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Abstract

The Mascarene Aloes are used in the traditional pharmacopoeia against various ailments including cutaneous diseases and as antispasmodics. Scientific evidence to support these claims is non-existent and mainly based on the scientific repute of *A. vera*. The antioxidant profile of methanolic leaf extracts of *A. purpurea* Lam., *A. tormentorii* (Marais) L. E. Newton & G. D. Rowley, *A. lomatophylloides* Balf.f., *A. macra* Haw. and *A. vera* (L.) Burm.f. was studied using the Total Antioxidant Capacity, Copper Equivalent and Superoxide Dismutase assays. In vitro cytotoxicity was evaluated on CAD (Cath. - differentiated) neuronal cells by the MTT (methyl tetrazolium) assay and the neuroprotective profile was assessed using hydrogen peroxide-induced neurotoxicity with the CAD cells. The aloin and vitexin content were determined by High-performance liquid chromatography with diode-array detection . *A. purpurea* had the highest aloin content (546.6 nmol/g), while *A. tormentorii* had the highest vitexin content (67.3 nmol/g). *A. macra* (concentration < 0.1 mg/ml) elicited a 10% cytotoxicity effect on CAD cells while other Mascarene *Aloes* were not cytotoxic. This study validates the antioxidant and neuroprotective potential of Mascarene *Aloes* focusing on their aloin and vitexin content which are also present in other reputed medicinal *Aloes*.

Keywords: Mascarene Aloes, antioxidant, neuroprotection, aloin, vitexin.

Introduction

The Mascarene *Aloes* are comprised of *A. tormentorii* (Marais) L.E Newton & G.D Rowley and *A. purpurea* Lam. which are endemic to Mauritius (Marais *et al.*, 1978; Gurib-Fakim, 2003), as well as *A. macra* Haw. endemic to Réunion Island and *A. lomatophylloides* Balf.f native to Rodrigues (Bosser *et al.*, 1976; Marais *et al.*, 1978; Pailler *et al.*, 2000). *A. purpurea* from Reunion has been reported as being a putative hybrid of *A. macra* and *A. tormentorii* (Ranghoo-Sanmukhiya *et al.*, 2010). The indigenous Mascarene *Aloes* are extensively used in the Mauritian pharmacopoeia to treat cutaneous bacterial infections and boils, and as antispasmodic medications to relieve stomach pains (Gurib-Fakim, 2003). Various extracts of *Aloe* species are traditionally and commercially used for both cosmetic and medicinal purposes with very little scientific evidence to support these claims, since they are mostly based on research performed on *A. vera* (L.) Burm. f.

Mauritius is experiencing a high prevalence of chronic diseases of the circulatory system and non-communicable diseases among its population. Biochemical, physiological and pharmacological data have revealed that oxidative stress is implicated in the pathology of many diseases, for example cardiovascular tissue injury (Neergheen *et al.*, 2010), diabetes and dementia (Williams *et al.*, 2011; Howes and Simmonds, 2014). There has been an increased interest and engagement of researchers in evaluating local herbs and medicinal plants in the quest for novel sources of antioxidants and neuroprotectants.

The anthraquinone profiles of Mascarene *Aloes* have been previously described (Ranghoo-Sanmukhiya *et al.*, 2010. In addition several authors have described the anti-oxidant capacity of *A. vera* (Hu *et al.*, 2003; Saada *et al.*, 2003; Saritha *et al.*, 2010; Lee *et al.*, 2012; Padmanabhan and Jangle, 2012).

Several plants already have a proven track record for central nervous system activities, including lemon balm (*Melissa officinalis* L.), lavender (*Lavandula angustifolia* Mill.), ginseng (*Panax ginseng* C.A.Mey.), saffron (*Crocus sativus* L.) and valerian (*Valeriana officinalis* L.) (Abuhamdah and Chazot, 2008; Perry and Howes, 2010) and it is possible that there are further such neuroactives still to be found from nature. A survey carried out by (Grace *et al.*, 2008) referred to the traditional use of an *Aloe* species against a nervous system disorder namely the use of a leaf decoction of *Aloe asperifolia* A. Berger as an ailment for epilepsy. *A. vera* has also been reported to be a therapeutic against Alzheimer's disease and depression, glaucoma,

among others (Foster *et al.*, 2011). Such traditional uses indicate prospective antioxidant and neuroprotective properties in the *Aloe* family of plants. However, to date, the neuroprotective attributes of Mascarene *Aloes* have not yet been reported. There are many challenges with the use of plants for medicinal applications and a major issue is the correct authentication of species medicinally, whilst ensuring that the correct plant part is also used. Furthermore, it is important to chemically characterise the plant preparations used pharmacologically and clinically, since considerable variation can occur in phytochemical profiles. Whilst these issues have been addressed for many herbal medicine preparations (Howes and Simmonds, 2015), there remain many issues with the identity and composition of plant preparations used as medicines. An additional concern is the use or overexploitation of species that are endangered. This is a particular issue for the genus *Aloe*, and species are included in the Appendices for the Convention on International Trade in Endangered Species of Wild Fauna and Flora (CITES, 2015) and the International Union for Conservation of Nature (IUCN, 2015) Red List of Threatened Species.

This study aims to evaluate the antioxidant activity, cytotoxicity and neuroprotective properties of Mascarene *Aloes* in an attempt to validate, for the first time, their potential as a source therapeutics for neuropharmacological applications (as well as epilepsy), setting the scene for their future sustainable cultivation and use.

Material and Methods

Plant material

Leaves from five-year old plants of *A. purpurea*, *A. tormentorii*, *A. lomatophylloides*, *A. macra* and *A. vera* were obtained from the National Parks and Conservation Service (Mauritius) and Mauritius Herbarium garden, MSIRI. A voucher specimen of each Mascarene *Aloe* species: *A. purpurea* (Mauritius)-MAU 0014447; *A. tormentorii*- MAU 0014094; *A. lomatophylloides*-MAU 0014095; *A. macra*- WV 99110; *A. purpurea* (originating from Réunion Island)- WS 99067, was deposited at the herbarium of the Mauritius Sugar Industry Research Institute (Réduit, Mauritius). The leaves were lyophilised and stored in air-tight bottles. Genetic data (not shown) and chemical profiles were determined to support the botanical identification of the respective *Aloe* species (Govinden-Soulange et *al.*, 2017).

Methods

Metabolite extraction

Lyophilised leaf samples (100 mg) of each Mascarene *Aloe* species were suspended in 10 mL of cold 70% (v/v) methanol, heated under reflux at 60 °C for 1 hr, sonicated for 15 min and centrifuged for 10 min at 5000 resolutions per min (rpm). The supernatant was filtered (0.45 mm filter) and analysed. For bioassays, the extracts were concentrated by leaving to air dry and the residues were resuspended in 10% (v/v) ethanol and stored at -20°C in aliquots. For all the experiments, dilutions of extracts were performed fresh using a starting concentration of 1mg/ml on the day of the bioassay.

High Performance-Liquid Chromatography (HPLC) Analysis

The HPLC analyses were performed using a Waters Acquity H-Class UPLC system. The HPLC operating conditions were as follows: The column was a Waters Acquity BEH C18 (1.7 µm, 100 mm x 2.1mm) and the solvent system constituted of (A) 10 mM ammonium phosphate (pH 3.0) with methanesulfonic acid and (B) acetonitrile at a flow rate of 0.4 mL/min; the column temperature was 40°C. Initial mobile phase conditions were 5% B, increased to 15% B over 3 min, with a linear increase to 45% B after 12 min. The column was washed with 100% B for 1 min and allowed to re-equilibrate to the starting conditions, giving a run time of 20 min. Detection was achieved by diode array detector and data were extracted at 260 and 340 nm. Data analysis was performed using Empower 3 software (Waters). The HPLC profiles of A. purpurea (Mauritius and Réunion), A. tormentorii, A. lomatophylloides and A. macra were compared with that of A. vera. Compounds were assigned by comparison with the reference compounds vitexin (AApin Chemicals Limited, UK) and aloin (AApin Chemicals Limited, UK), and by comparison with published UV spectra (Da Graça Campos and Markham, 2007). Calibration curves were constructed at a concentration ranging from 0.1mg to 10mg/ml following HPLC analysis (as described above) of the reference compounds (aloin and vitexin) to determine the quantities of these compounds in each of the Aloe samples, based on peak area.

Total Antioxidant Capacity (TAC) Assay

The OxiSelect[™] Total Antioxidant Capacity (TAC) Assay Kit (Cell Biolabs, USA) measures the total antioxidant capacity of biomolecules from a variety of samples via a SET mechanism. In the presence of anti-oxidants, copper (II) is reduced to copper(I). In turn, the copper(I) ions react with a chromogen to produce a colour with maximum absorbance at 490nm. Various concentrations of *Aloe* crude extracts (0.1, 0.01, 0.001 and 0.0001 mg/ml) were evaluated for the total anti-oxidant capacity. The anti-oxidant capacity is determined by comparison with uric acid standards and expressed in millimoles.

Total anti-oxidant capacity (Trolox) assay

This assay measures both reactive oxygen and nitrogen species. The Cayman's (Cayman Chemical Company, USA) anti-oxidant assay relies on the ability of anti-oxidant to inhibit oxidation of ABTS and is quantified as millimolar TROLOX equivalents. The amount of ABTS+ is monitored by absorbance at 405nm. The tested concentrations of the *Aloe* extracts are 0.1, 0.01, 0.001 and 0.0001 mg/ml, respectively.

CAD cell culture

CAD (Cath.-a-differentiated) cultures were grown at 37° C and in 5% CO₂ on 75 cm² tissue culture flasks (Sarstedt, Newton, NC) in Dulbecco's modified eagles' medium DMEM/F-12 Media - GlutaMAXTM-I (GIBCO, Grand Island, NY), supplemented with 10% foetal bovine serum (FBS; Sigma, St. Louis, MO, USA). Cells were passaged every 6–7 days at a 1:4 dilution (Abuhamdah *et al.*, 2015).

Superoxide Dimutase Assay on CAD cells

Undifferentiated and 6 days differentiated CAD cells seeded in 6-well plates were treated with 0.1 mg/ml extract for 24 h and incubated at 37°C and 5% CO2. After centrifugation at 200 × g for 5 min at 4 °C, the pellet was re-suspended in 100 μ l of 20 mM 4-(2-hydroxyethyl)-1-piperazineethanesulfonic acid (HEPES) buffer, pH 7.2 containing 1mM ethylene glycol tetraacetic acid (EGTA), 210 mM Mannitol and 70 mM sucrose and frozen until further use. The supernatant was evaluated for SOD1 activity using a SOD activity assay kit (Cayman Chemicals Inc., Ann Arbor, Michigan) according to the manufacturer's protocol. Nitro blue tetrazolium (NBT) salt was used to quantify superoxide radicals generated by xanthine oxidase and hypoxanthine. All treatments were performed in triplicates.

Treatment of cell cultures with hydrogen peroxide and Aloe extracts

Hydrogen peroxide (H₂O₂)-induced insult with a series of increasing concentrations was performed to determine the dose-dependent effects on CAD cell survival as described by (Abuhamdah *et al.*, 2015). A series of concentrations of H₂O₂ were prepared from a fresh stock (2500 μ m) into Dulbecco's modified eagles' medium DMEM/F-12 Media - GlutaMAXTM-I

supplemented with 10% FBS to achieve final concentrations of 250 μ M, 200 μ M, 150 μ M, 100 μ M and 50 μ M. Subconfluent cultures (70–80%) were dislodged by gentle pipetting; transferred and centrifuged at 200 × g for 5 min at 4 °C. The pellet was then re-suspended in DMEM/F-12 Media GlutaMAX-I supplemented with 10% FBS and immediately plated in 24-well plates and incubated at 37°C and 5% CO₂. After 24 h, the media were replaced with media containing the different H₂O₂ concentrations prepared earlier and grown in culture for further 24 h after which an 3-[4,5- dimethylthiazol-2-yl]-2,5-diphenyl tetrazolium bromide (MTT) assay was performed. The effect of *Aloe* extracts concentrations was initially investigated by applying different concentrations (0.0001, 0.001, 0.01, 0.1mg/ml) for 24h to CAD cell cultures. The cell viability was assayed using a standard MTT assay (Freshney, 2001; Abuhamdah *et al.*, 2015) .

Preconditioning and Neuroprotection study

Survival of CAD cells was assessed after 24 h pretreatment with *Aloe* extracts (0.01 and 0.1 mg/ml (w/v) followed by 24 h post-treatment with 250 μ m H₂O₂ (i.e. *Aloe* extracts containing media removed before addition of H₂O₂ - preconditioning protocol). A second set of experiments were performed when the *Aloe* extracts containing media was not removed prior to exposure to the H₂O₂ – neuroprotection method). All the treatments were performed in triplicates.

MTT Cell Proliferation Assay

The tetrazolium dye MTT (Sigma, UK) was used to assess cell viability as described by Abuhamdah *et al.*, (2015). 50 microliters Phosphate buffered saline (PBS) (PBS) (136.9 mm 2.68 mm KCl, 4.3 mm Na₂HPO₄, 1.4 mm KH₂PO₄, pH 7.4) containing a final concentration of 5 mg/ml MTT was added to the cultures and incubated at 37°C and in 5% CO₂ for 2.5 h. The MTT containing medium was then removed and the surface of the wells was rinsed gently with 300 μ l PBS before the application of 250 μ L isopropanol. The optical density of 100 μ L samples was spectrophotometrically read at 595 nm (Thermo Labsystems Multiskan Ascent, V1.3).

Statistical Analysis

All the experiments were performed in replicates (n=3-4) and statistical analysis was carried out using one-way ANOVA as the data was normal. Tukey's test was performed using SPSS 16.0. The values of p < 0.05 were considered to be statistically significant.

Results

HPLC analysis

Evaluation of the aloin content showed that *A. purpurea* originating from Réunion Island was approximately three-fold higher in aloin content (546.6 nmol/g) compared to the other *Aloe* species, except for *A. lomatophylloides*, in which the aloin content was almost ten-fold lower and *A. macra*, in which aloin was not detected. Vitexin was detected in all the *Aloe* species under study, with the highest concentration in *A. tormentorii* (67.3 nmol/g) and the lowest (12.6 nmol/g) in *A. vera* (Table 1).

Antioxidant capacity of the Aloe extracts

The antioxidant activities of the methanolic *Aloe* extracts based on Trolox and TAC (copper reducing equivalent) are shown in Table 2. The scavenging potential of the *Aloe* extracts assayed by the TEAC method varied between 0.35mM and 0.55mM compared to Trolox equivalents, with *A. vera* exhibiting the highest activity (0.55 mM), followed by *A. lomatophylloides*. *A. purpurea* (Réunion Island) and *A. macra* were characterised with high copper-reducing activity with a value of 0.643 ± 0.025 mM and 0.456 ± 0.033 mM respectively, compared to *A. tormentorii*, *A. purpurea* (Mauritius), *A. lomatophylloides* and *A. vera*, which showed lower reducing potencies, ranging from 0.311 to 0.117 mM.

Superoxide dimutase assay

One unit (U) of activity of SOD is defined as the amount of enzyme needed to exhibit 50% dismutation of the superoxide radical. Treatment with 0.1 mg/ml of the *Aloes* extracts increased the SOD activities in the CAD cells (Figure 2). *Aloe purpurea* and *A. tormentorii* moderately increased the SOD activity by 26.6% and 15.4 % in 1 day-treated differentiated cells and 22.5% and 34.3 % in 6 days-treated differentiated cells. For *A. vera*, a higher increase (31.6 %) was observed in 1 day treated differentiated cells as compared to 6 days-treated differentiated cells. A low increase in SOD activity, varying from 5.3% to 6.3 % was observed in undifferentiated cells cells for all the *Aloe* extracts.

Neuroprotective activity of Aloe extracts v/s H2O2- induced neurotoxicity in CAD cells

Using the preconditioning protocol, no significant protection against H_2O_2 -induced cytotoxicity was achieved with the *Aloe* extracts tested (not shown), but using the neuroprotection protocol, where the *Aloe* extracts were present throughout the exposure to H_2O_2 , dose-dependent neuroprotection was observed. Interestingly, the *A. macra* extract elicited a significant delayed cytotoxicity (not observed at 24h, Figure 3b) over the extended 48 h period, which is comparable to the level of cytotoxicity elicited by 24h H_2O_2 alone (Figure 3), and neuroprotection was not observed (0.01 and 0.1 mg/ml). In contrast, the other *Aloe* extracts elicited differential significant levels of neuroprotection (Figure 4), ranging from 30-97%.

Discussion

Ever since Mauritius has been colonized, many exotic plants have been used for their various medicinal properties. Surveys have revealed that indigenous and endemic species have gradually started to become incorporated in the Mauritian Pharmacopeia for various uses. Mascarene Islands harbour a rich angiosperm flora with Mauritius leading with 273 out of 691 being single island endemics and 150 being Mascarene endemics (Baider et al., 2016). Several studies have been carried out to evaluate the antioxidant potential of Aloe species. A. ferox, a species indigenous to southern Africa has been reported to have an EC_{50} of 10 µg/ml (Fawole et al., 2010) and 86 µg/ml (Wintola, et al., 2011) for methanol extracts in the DPPH assay. In a study carried out by Yoo et al., (2008), A. saponaria (Aiton) Haw. (a synonym for A. maculata subsp. maculata) exhibited a potential radical scavenging activity with an IC₅₀ value of 85 µg/ml. The leaf gel of A. greatheadii var. davyana, native to South Africa has also been shown to exhibit antioxidant activities (Loots et al., 2007). Furthermore, Asamenew et al., (2011) reported the antioxidant activity of the latex from A. harlana Reynolds and its two constituents; an anthrone (aloin) and a chromone (7-O- methylaloeresin A). According to a report by Tian and Hua, (2005), aloin and aloe-emodin which are major components in some Aloe species exhibited antioxidant or pro-oxidant effects on plasmid DNA.

In this study, three different antioxidant assays, which included evaluation for neuroprotection, were used in order to provide a comprehensive prediction of the antioxidant efficacy of the tested *Aloe* extracts, primarily because the mechanism of action of naturally occurring antioxidants can be diverse. The results revealed that all the *Aloe* species investigated displayed

significant free radical scavenging and reducing activities with a similar range of potencies (Table 2). As aloin has been previously reported for its antioxidant activity (Tian and Hua, 2005), the high aloin content in A. purpurea (Réunion) may account for the high antioxidant potency observed and possible synergistic effect with other phytochemicals is not to be excluded. SOD being an effective defence against ROS- mediated oxidative damage, catalyses the dismutation of the superoxide anion (O_2) into hydrogen peroxide (H_2O_2) that can be degraded into H₂O and O₂ by catalase. We evaluated the influence of the selected Aloes extracts on the level of serum SOD activity in CAD cells. All samples (0.1 mg/ml) increase the SOD activity in the CAD with highest rises in 1 day treated differentiated cells for A. purpurea and A. tormentorii and in 6 days treated differentiated cells for A. vera. The differences of activity among the different Mauritian Aloes are probably due to their different antioxidative mechanisms. A study carried by El-Shemy et al., (2009) has revealed a significant increase in serum SOD activity of EAC tumor-transplanted experimental animals, in response to the A. vera isolated compounds barbaloin, aloe-emodin and aloesin. Yu et al., (2009) reported that A. vera polysaccharides are effective at enhancing SOD activity in the plasma and polysaccharides present in A. vera have been associated with many of phytotherapeutic properties (Grace et al., 2013; Reynolds and Dweck, 1999; Ni and Tizard, 2004) Henceforth, it can be hypothesised that along with aloin, there are probably other constituents such as polysaccharides and flavonoids acting synergistically to exhibit the elevated SOD activity in the neuronal cells. Our results further support the view that the medicinal Aloes are promising sources of potential antioxidants.

Interestingly, despite this similarity in antioxidant potency, the *Aloe* species displayed a marked variation in their neuroprotective properties with *A. vera* and *A. lomatophylloides* being the most and least effective, respectively, which correlated with having the highest and lowest aloin: vitexin ratio (Table 1). *A. vera*, in which the lowest vitexin concentration was observed compared to the other species investigated, displayed the most potent neuroprotective effect in this study. It is, therefore, postulated that the neuroprotection observed could be due to the presence of other chemical constituents. A range of phytochemicals from various other plant species have been associated with antioxidant properties and are suggested to modulate factors associated with neurodegeneration. These have been investigated for their effects on cognitive functions and mechanisms associated with dementia pathology. Such phytochemicals are chemically diverse and evidence to support their therapeutic relevance for CNS disorders is variable, although emerging data are promising (Williams *et al.*, 2011). It is in this context that

we report and compare the antioxidant and neuroprotective potency of the selected Mascarene *Aloes*.

Earlier literature described some of the effects of A. vera on neuronal activity. Wang et al., (2010) reported that A. vera at a concentration of 10mg/L had protective effects on mitochondria integrity of PC12 neuronal cells and rat brain. Parihar et al., (2004) stated that A. vera improves antioxidant activity within the hippocampus and cerebral cortex leading to improvement of motor and memory behavioural tasks in diabetic mice. Moreover, a recent study reported that A. vera leaf (extract) powder possessed significant antioxidant activity antiepileptic (Rathor, 2014), consistent with a traditional Aloe use. Since vitexin has previously been reported as neuroprotective (Chandrashekara and Shakarad, 2011; Abbasi et al., 2012; Yang et al., 2014), the low concentration detected in A. vera (compared to the other Aloe species) suggests that other constituents of A. vera may also be important to mediate the neuroprotective effects. Furthermore, with the exception of A. vera, there are limited published data on the chemical constituents of the studied Aloe species; thus this study reports novel chemical data for these species, which may be correlated with their pharmacological profiles. It should also be noted that from a conservation perspective, the discovery that A. vera showed the highest potency for neuroprotection is of particular relevance to investigate further for its pharmacological potential for neurodegenerative diseases, since this species is not regulated by CITES (2015).

In this study, *A. tormentorii* and *A. purpurea* (Mauritius) Réunion also showed neuroprotective characteristics, ranging from approximately 59.6 % to 74%, representing a promising source of compounds with potential relevance for use in a range of neurological diseases (Table A.1). Interestingly, *A. macra* displayed the most notable differences in the observed pharmacological properties, including delayed cytotoxic effects and no detectable neuroprotection across the range of concentrations tested (0.001, 0.01, 0.01 and 0.1 mg/ml). *A. macra and A. vera* are often misidentified in the field and, subsequently, may be traded or used interchangeably by some cosmetic companies in their products. These present results highlight the importance of correct identification of medicinal plants as these species clearly display very different neuropharmacological effects, with *A. macra* being potentially hazardous.

Ranghoo-Sanmukhiya *et al.*, (2010) reported that *A. tormentorii* and *A. purpurea* from Mauritius were richer in anthraquinones than *A. macra* and that *A. vera* was almost four-fold

richer in anthraquinones than other Mascarene *Aloe* species. Vitexin was not detected in any of the Mascarene *Aloe* species in the latter study. Differences in chemical components between the previous report and this study may be due to many factors such as the site of plant collection, environmental factors during cultivation, age of the plants and the extraction protocols. *A. tormentorii* and *A. purpurea* (Mauritius and Réunion) elicited differential significant levels of neuroprotection with a percentage of 74.0, 58.3 and 59.6 respectively. The evaluation of the aloin content revealed that *A. purpurea* from Réunion Island is three-fold richer in aloin compared to the other *Aloes* studied.

Conclusion

This study demonstrated that the endemic Mascarene *Aloes (Aloe lomatophylloides, A. macra, A. purpurea and A. tormentorii)* possess antioxidant and significant neuroprotective activities, all of which may be of relevance for the development of new neurodegenerative disease therapeutics. HPLC results from the above study confirmed the presence of aloin and which is a major compound reported in many Aloes. However as Aloes are well known for harbouring other important phytochemicals, it can be postulated that along with aloin and vitexin, there could be other constituents acting synergistically to exhibit the potent bioactivity of these Mascarene Aloes. Future research will endeavour at elucidating these phytochemicals. However, a sustainable source of these threatened endemics is critical for further pharmacological studies. The use of plants for medicinal applications must therefore be underpinned by scientific evidence for their use without undermining the conservation of biodiversity.

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 Table 1: Aloin and Vitexin content of Aloe species from the Mascarene Islands

species mon (mong) vican (mong)	Species	Aloin (nmol/g)	Vitexin (nmol/g)	
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182.2	27.6
	27.0
195.9	67.3
60.0	38.6
nd	61.7
546.6	54.0
170.2	12.6
	182.2 195.9 60.0 nd 546.6 170.2

nd: not detected

Table 2: Antioxidant capacity of *Aloe* extracts measured Trolox and copper scavenging equivalents

Samples	Trolox equivalent (mM)	Copper-reducing equivalents(µM)
Standard	(Trolox)	(Vitamin A)
A. purpurea (Mauritius)	0.430 ± 0.049	0.295 ± 0.044
A. tormentorii	0.380 ± 0.030	0.311 ± 0.017
A. lomatophylloides	0.440 ± 0.027	0.255 ± 0.013
A. macra	0.360 ± 0.044	0.456 ± 0.033
A. purpurea (Réunion)	0.350 ± 0.033	0.643 ± 0.025
A. vera	0.550 ± 0.097	0.177 ± 0.021