| 1 | Middle Eocene greenhouse warming facilitated by diminished weathering feedback |
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20 The Middle Eocene Climatic Optimum (MECO) represents a ~500 kyr period of global 21 warming ~ 40 million years ago and is associated with a rise in atmospheric CO₂ 22 concentrations, but the cause of this CO₂ rise remains enigmatic. Here we show, based on osmium isotope ratios (¹⁸⁷Os/¹⁸⁸Os) of marine sediments and published records of the 23 24 carbonate compensation depth (CCD), that the continental silicate weathering response 25 to the inferred CO₂ rise and warming was strongly diminished during the MECO – in 26 contrast to expectations from the silicate weathering thermostat hypothesis. We surmise 27 that global early and middle Eocene warmth gradually diminished the weatherability of 28 continental rocks and hence the strength of the silicate weathering feedback, allowing 29 for the prolonged accumulation of volcanic CO₂ in the oceans and atmosphere during 30 the MECO. These results are supported by carbon cycle modeling simulations, which 31 highlights the fundamental importance of a variable weathering feedback strength in 32 climate and carbon cycle interactions in Earth's history.

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34 The chemical weathering of silicate rocks on the continents represents a negative feedback mechanism that is generally considered to modulate atmospheric CO₂ levels and Earth's 35 climate on geological timescales^{1,2}. This phenomenon has been studied for various carbon 36 37 cycle perturbations and episodes of global warming in the geological past, including 38 Pleistocene deglaciations, the Paleocene-Eocene Thermal Maximum (PETM; ~56 Ma) and 39 the Cretaceous and Jurassic Oceanic Anoxic Events (OAEs), mainly through the application 40 of depositional isotope ratios of marine sediments that are sensitive to shifts in weathering fluxes or compositions on the appropriate timescales³⁻⁵. For many of these phases, it is now 41 42 relatively well established that enhanced continental weathering contributed to CO₂ drawdown and climatic recovery^{4,6,7}. However, the available data spanning the Middle 43 44 Eocene Climatic Optimum (MECO; ~40 Ma) pose questions regarding the functioning of the

weathering feedback⁸. Over a period of \sim 500 kyr, global ocean temperatures rose gradually 45 by up to ~5 °C in association with an increase in atmospheric CO₂ concentrations, sourced 46 from a reservoir with a stable carbon isotopic composition (δ^{13} C) similar to that of the ocean^{9–} 47 ¹³. Importantly, the inferred rise in atmospheric CO_2 and temperature over ~500 kyr during 48 49 the MECO should have led to increased weathering and alkalinity supply to the oceans, but reconstructions show that the oceans acidified^{8,10}. Therefore, reconstructing the global 50 51 weathering response during the MECO is instrumental to improving our fundamental 52 understanding of carbon cycle dynamics on such intermediate timescales of \sim 500 kyr.

53 A promising proxy to reconstruct changes in continental weathering during the MECO is the osmium isotope ratio of marine sediments at the time of deposition $({}^{187}Os/{}^{188}Os_{initial}, or$ 54 O_{s_i} ^{14,15}. The ¹⁸⁷Os/¹⁸⁸Os ratio of the global ocean is governed by the relative input of 55 radiogenic Os (187 Os/ 188 Os = ~1.4) through continental weathering of ancient crustal rocks, 56 and the relative input of unradiogenic Os (187 Os/ 188 Os = 0.13) through hydrothermal activity 57 58 at mid-ocean ridges and weathering of fresh mantle-derived rocks, with additional contributions from extraterrestrial sources¹⁴. Osmium is a quasi-conservative element that is 59 well-mixed in the ocean and has a short oceanic residence time (generally $\sim 10^4$ yr in the open 60 ocean, but values of $\sim 10^3$ yr have been inferred for very restricted settings)^{14,16}. Variations in 61 the ¹⁸⁷Os/¹⁸⁸Os ratio of seawater are thus indicative of changes in continental weathering 62 63 relative to the other sources on timescales shorter than, or similar to, climate and carbon cycle processes such as greenhouse warming, ocean acidification and carbonate compensation^{14,15}. 64 65 Seawater Os is incorporated in the metalliferous and organic phases of marine sediments 66 without isotopic fractionation, and remains a closed isotopic system from the time of deposition^{17–19}. As such, Os_i values are calculated on the basis that radiogenic ¹⁸⁷Os ingrowth 67 is derived solely from post-depositional ¹⁸⁷Re (rhenium) decay. Shifts to higher (radiogenic) 68 69 Os, values, which are attributed to a global increase in continental weathering rates, have been

recorded for carbon cycle perturbations such as the Toarcian OAE and the PETM and Eocene
 Thermal Maximum 2 (ETM2) transient global warming events^{5,15,20}.

72 A second parameter that is often used to constrain changes in continental weathering is 73 the carbonate compensation depth (CCD). The CCD is the depth in the oceans at which 74 carbonate delivery is balanced by carbonate dissolution, and is modulated by the interplay of 75 volcanic CO₂ degassing, the weathering of silicate rocks and organic-rich sediments on land and the burial of marine carbonates and organic carbon²¹. As such, changes in the position of 76 77 the CCD as reflected in sediments play a crucial role in reconstructions of carbon cycle 78 change, both on multi-million year timescales and during transient perturbations such as the $MECO^{22}$. 79

80 In this study, we present Os_i records of marine sediments from three locations in different ocean basins in combination with a compilation of published CCD records⁸ to 81 82 reconstruct global changes in continental weathering during the MECO. Rather than an Os_i 83 increase expected from globally enhanced weathering, we document a modest, global O_{s_i} 84 decrease during the MECO that may represent an episode of enhanced volcanism and 85 associated basalt weathering. In fact, prolonged CCD shoaling precludes an increase in total continental weathering rates in response to CO2 rise and greenhouse warming. We employ a 86 series of simulations with the carbon cycle model LOSCAR²³ together with an independent 87 88 osmium cycle model to demonstrate that this combination of observations can only be 89 successfully reconciled on MECO timescales by invoking enhanced volcanism together with 90 a diminished continental weathering feedback. Finally, we surmise that such a reduced silicate 91 weathering feedback may have resulted from a progressive decrease in the weatherability of 92 the continents during the Eocene. A variable silicate weathering feedback strength may have 93 been of importance for other enigmatic climate and carbon cycle perturbations in Earth's 94 history.

- 96 **Results**
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98 Middle Eocene osmium isotope records

99 We present the Re-Os data and Os_i values for middle Eocene sediments from Ocean Drilling 100 Program (ODP) Site 959 in the equatorial Atlantic along the African continental margin, ODP 101 Site 1263 on the Walvis Ridge in the South Atlantic, and Integrated Ocean Drilling Program 102 (IODP) Site U1333 in the equatorial Pacific (Fig. 1; Supplementary Data 1; Supplementary 103 Fig. 1 - 3). The Re and Os abundances are significantly enriched in the relatively organic-104 rich, siliceous sediments of Site 959 (Re = 10 - 60 ppb, Os = 100 - 300 ppt) relative to the 105 carbonate-rich pelagic sediments of Sites 1263 and U1333 (Re = 0.02 - 0.2 ppb, Os = 10 - 40ppt). The abundances of ¹⁹²Os, the Os isotope best representing the amount of hydrogenous 106 Os chelated by organic matter at the time of deposition²⁴, increase slightly over the study 107 108 interval at Site 959, but are essentially stable at the other two sites (Fig. 1). We calculate Os_i 109 values of 0.46 to 0.60 at all study sites (Fig. 1), which is in good agreement with previously published middle Eocene Os, values from Site 959 sediments^{25,26} and with Os, values from 110 ferromanganese crusts that document a progressive increase in the ¹⁸⁷Os/¹⁸⁸Os composition of 111 seawater during the Cenozoic $^{27-29}$ (Fig. 2). 112

At Site 959, the Os_{*i*} values range between approximately 0.56 - 0.60 for most of the middle Eocene study interval, with the exception of a decrease to 0.51 during the MECO at ~580 mbsf (Fig. 1). Importantly, the lack of an increase in the Os_{*i*} values during the MECO implies that weathering rates of felsic silicate rocks did not increase in response to CO₂ rise and accompanied warming, while such an increase would be expected from theory and the Os_{*i*} records from the abovementioned analogous carbon cycle perturbations^{3,7,15} (Fig. 2b). Furthermore, the relative invariability of both the Os_{*i*} records and the ¹⁹²Os abundances – 120 which scale to organic matter content – implies that the balance of Os fluxes to the oceans and

121 uptake of Os in sedimentary organic matter did not appreciably change during the MECO.

122 Although the magnitude of the negative Os_i shift at Site 959 is small (~0.05), it 123 exceeds the maximum analytical uncertainty ($2\sigma = 0.01$) by a factor of 5. The shift starts at 124 the onset of MECO warming and is also present at Sites 1263 and U1333, where it is similar 125 in magnitude (Fig. 1 and 2). Interestingly, the Os, profile of Site U1333 is characterized by 126 two separate excursions to lower, less radiogenic values rather than the gradual and 127 continuous decrease that is observed at Site 959. The Os_i profile at Site 1263 shows 128 intermediate trends. Nevertheless, the lowest Os_i values in all three records occur towards the end of the MECO, which is coincident with the peak warming phase¹⁰. In addition, the return 129 130 towards pre-MECO values is synchronous with the termination of the MECO at all three sites, 131 implying that the Os_i shift lasted for the entire duration of the event (\sim 500 kyr). The absolute 132 Os_i values differ slightly between sites, likely because of differences in coastal proximity and oceanographic setting^{30,31}. However, the general timing and magnitude of the Os_i shift are 133 reproduced at all sites, indicating that it records a change in the ¹⁸⁷Os/¹⁸⁸Os composition of 134 135 the global ocean. The global character and synchroneity of the Os_i shift at the end of the 136 MECO indicate that osmium isotope stratigraphy is a promising tool to correlate the event 137 between sites in future studies (Fig. 2a).

In principle, the modest negative Os_i shift may be caused by an increase in the unradiogenic Os flux from hydrothermal and/or extraterrestrial sources, a decrease in the radiogenic Os flux from continental weathering, or a decrease in the ¹⁸⁷Os/¹⁸⁸Os composition of the continental weathering flux through a transient change in the exposure of different rock types such as basalts to weathering⁷. There is no evidence for an extraterrestrial impact during the MECO. Furthermore, a reduction in continental silicate weathering rates during an episode of greenhouse warming seems paradoxical and unlikely, even though our Os_i records 145 clearly show no evidence of the expected increase in continental weathering. It is difficult to 146 exclude a warming-induced change in regional climates and precipitation patterns – which 147 could have affected the contributions of rock types with different ¹⁸⁷Os/¹⁸⁸Os compositions to 148 the continental weathering flux^{3,32} – as a cause for the Os_{*i*} shift. However, this would still 149 require a different cause for MECO warming.

150 Finally, the Os_i shift could reflect a short-lived increase in mid-ocean ridge 151 hydrothermal activity or an episode of increased volcanism and associated weathering of mafic silicate rocks^{24,33,34}. Mass balance calculations with a progressive two-component 152 153 mixing model that involves seawater and basalts (see Methods; Supplementary Data 2) show that the Os_i shift across the MECO may correspond to a 10 - 15 % increase in the 154 contribution of the mantle-derived Os flux relative to the continental Os flux. Although there 155 is no indication for the emplacement of a large igneous province during the middle Eocene⁸. 156 157 an episode of volcanic activity at mid-ocean ridges or on land could have increased the Os flux from basalts and consequently resulted in a decrease of the ¹⁸⁷Os/¹⁸⁸Os composition of 158 159 the oceans that is consistent with our Os_i records. Moreover, enhanced volcanism would 160 provide a mechanism for the atmospheric CO_2 rise that has been inferred for the MECO^{8,11}, 161 perhaps similar to the Late Cretaceous episode of greenhouse warming associated with volcanic eruptions from the Deccan Traps^{33,35,36}. Potential events that have been dated at 162 163 approximately the right age in the middle Eocene include (1) a pulse of metamorphic decarbonation associated with Himalayan uplift and metamorphism^{37,38}, (2) increased arc 164 volcanism around the Pacific rim³⁹ and especially in the Caribbean, related to an ignimbrite 165 flare-up in the Sierra Madre Occidental of Mexico⁴⁰⁻⁴², (3) an episode of magmatism in the 166 East African Rift zone⁴³, in particular in Southern Ethiopia and Northern Kenya^{44,45}, and/or 167 168 (4) mid-ocean ridge volcanism in the North Atlantic, due to rifting in East Greenland and activity of the Iceland hotspot⁴⁶⁻⁴⁸. However, the timing and magnitude of these volcanic 169

170 events are at present not sufficiently well resolved to establish a direct causal link with the 171 MECO. Additionally, it is unclear if increased Himalayan uplift and metamorphism would be 172 compatible with the observed negative Os_i shift, as the Himalayas are generally considered to 173 contribute relatively radiogenic Os to the continental weathering flux^{49,50}. Yet, the effects of 174 Himalayan uplift and subsequent weathering on the Cenozoic Os_i record are likely small^{51,52}.

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176 Carbon and osmium cycle modeling

177 Enhanced volcanism and/or hydrothermal activity may represent the most parsimonious 178 scenario to explain the modest negative Os_i shift and atmospheric CO₂ rise during the MECO. 179 However, a strong silicate weathering response to greenhouse warming through focused 180 weathering of fresh basalts is in disagreement with the extensive carbonate dissolution observed in deep ocean basins^{8,10}. Therefore, total continental weathering fluxes must have 181 182 remained approximately constant during the event. Collectively, the available data indicate that CO₂ was added to the ocean-atmosphere system through enhanced volcanism, leading to 183 184 warming, but was not neutralized through the silicate weathering feedback, leading to 185 sustained ocean acidification.

186 To test the plausibility of scenarios involving enhanced volcanism and/or diminished 187 continental weathering during the MECO, we performed a series of carbon cycle simulations with the box model LOSCAR²³ by prescribing fluxes with the transient shift that is inferred 188 189 from our Os_i records (see Methods; Fig. 3; Supplementary Fig. 4 - 9). For consistency, we have also modeled the ¹⁸⁷Os/¹⁸⁸Os composition of the global ocean by applying the same 190 191 LOSCAR carbon cycle fluxes as forcing to a box model of the Os cycle (see Methods; Supplementary Software). In addition to a ~ 0.05 decrease in the ¹⁸⁷Os/¹⁸⁸Os ratio of seawater, 192 193 our target scenario for the MECO involves a rise in atmospheric CO₂ concentrations, a slight increase in the δ^{13} C of dissolved inorganic carbon (DIC) in the deep ocean and a shoaling of 194

the carbonate compensation depth (CCD) over ~500 kyr⁸. Since there are no high-resolution pCO_2 records available for the MECO, the target scenario includes an approximate doubling of atmospheric CO₂ concentrations relative to middle Eocene background values of 500 – 1000 ppmv^{11,53}. Furthermore, the magnitude of CCD change during the event possibly varied between the different ocean basins¹⁰, so we incorporate a conservative estimate of at least 500 m shoaling in the Atlantic and Pacific in our target scenario.

All model simulations result in a decrease in the ¹⁸⁷Os/¹⁸⁸Os ratio of seawater (Fig. 3; 201 Supplementary Fig. 4 – 9). Although a gradual, linear increase in volcanism of 10 - 20 % 202 203 over ~500 kyr is sufficient to cause CO₂ accumulation in the ocean-atmosphere system and 204 hence global warming on MECO timescales, this scenario results in a deepening of the CCD instead of the observed shoaling (Fig. 3; Supplementary Fig. 4)^{8,10}. A similar behavior of the 205 CCD is observed in previous LOSCAR simulations of the MECO⁸ and the Late Cretaceous 206 warming $episode^{36}$. Crucially, the model is only able to reproduce CO_2 rise in conjunction 207 208 with shoaling of the CCD on these timescales if we invoke enhanced volcanism together with 209 a diminished weathering feedback by maintaining the silicate and carbonate weathering fluxes 210 constant (Fig. 3; Supplementary Fig. 5). Although the magnitude of this modeled CCD response is smaller than the shoaling inferred from deep-sea carbonate records^{8,10}, we note 211 212 that the model may underestimate CCD changes because it does not account for the additional effects of biological carbonate compensation⁵⁴. Such a reduction in net carbonate production 213 214 resulting from ocean acidification might amplify the CCD response for a given CO₂ rise. In 215 all scenarios, the model reproduces the modest increase in deep-sea benthic foraminifer stable carbon isotope ratios (δ^{13} C) during the event^{9,10}, because of a resulting decrease in carbonate 216 217 versus constant organic carbon burial. Finally, the relatively rapid termination of the MECO 218 is forced by a recovery of silicate weathering. We note that this does not need to represent a 219 pronounced tectonic event, as the absolute magnitude of the flux imbalances is relatively

small, but regionally enhanced weathering in the aftermath of the MECO would be consistent
with observations from the Tethys region⁵⁵.

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223 Discussion

224 To reconcile our O_{s_i} records and model results with global warming and atmospheric O_2 rise on MECO timescales⁸⁻¹¹, we hypothesize that a long-term reduction in the strength of the 225 negative silicate weathering feedback occurred in the Eocene^{56,57}, due to a progressive 226 reduction in the weatherability of the continents – the sum of all factors affecting chemical 227 weathering other than climate^{58,59}. For millions of years prior to the MECO, the Earth was 228 generally characterized by high atmospheric CO₂ levels⁵³ and very warm climates⁶⁰ 229 230 (Supplementary Fig. 10), as well as flat continental relief. Thick, cation-depleted soils developed and transport-limited weathering regimes prevailed^{61,62}, and consequently the 231 232 weatherability of Earth's surface may have gradually decreased over the course of the Eocene. Indeed, such a progressive reduction in weathering feedback strength during the Eocene has 233 234 been inferred from inverse modeling simulations of weathering fluxes based on Cenozoic pCO_2 and $\delta^{13}C$ records⁵⁷ (Fig. 2c). With the strength of the weathering feedback strongly 235 diminished, a small increase in volcanism or hydrothermal activity would lead to the 236 237 accumulation of large amounts of CO_2 in the ocean-atmosphere system, resulting in 238 prolonged warming and ocean acidification during the MECO.

239 Changes in weatherability have also been suggested to explain other episodes of 240 apparent decoupling between silicate weathering and climate⁵⁹, for example during major 241 glaciations in the Paleozoic and Neoproterozoic^{63–65}. Our interpretations of a limited 242 weathering response during the MECO suggest that a variable silicate weathering feedback 243 strength⁵⁷ can indeed act as a driver for sustained global warming on geological timescales, 244 with potential importance to other enigmatic phases of carbon cycle change in Earth's history.

Moreover, a variable feedback strength governed by the interplay between tectonics, climate and the weatherability of the continents fundamentally challenges the parameterization of the silicate weathering feedback in carbon cycle models, especially those used to model transient perturbations such as the OAEs and the PETM. We therefore argue that future studies of these events should focus on exploring changes in temperature, atmospheric CO_2 and the CCD in conjunction with the strength of the weathering feedback. 252 Methods

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254 <u>Sampling</u>

255 The samples used in this study were derived from middle Eocene sedimentary units from 256 three different sites: organic-rich sediments from ODP Site 959 in the equatorial Atlantic 257 along the African continental margin, carbonate-rich pelagic sediments from ODP Site 1263 258 on the Walvis Ridge in the south Atlantic and carbonate-rich pelagic sediments from IODP 259 Site U1333 in the equatorial Pacific (Supplementary Fig. 1). The total organic carbon (TOC) 260 abundances of these middle Eocene sediments range between 0.1 and 2 %, with the highest TOC abundances occurring at Site 959^{66} . Rock samples of 20 - 40 g were selected across the 261 middle Eocene interval between approximately 42 and 38 Ma, with the highest sampling 262 263 resolution across the MECO.

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265 <u>Analyses</u>

266 Bulk samples were freeze-dried or oven-dried at 50 °C and subsequently powdered using a 267 ceramic pestle and mortar, in order to homogenize the Re and Os within the samples. Contact 268 with metal surfaces was avoided so as not to contaminate the sample set. All Re and Os 269 isotope analyses were performed at the Laboratory for Source Rock and Sulfide 270 Geochronology and Geochemistry, and the Arthur Holmes Laboratory at the Durham 271 Geochemistry Centre, Durham University (UK). Samples were digested in a CrO₃-H₂SO₄ 272 solution (0.25 g/g CrO₃ in 8 mL of 4N H₂SO₄) following the well-established methods of Selby & Creaser (2003)⁶⁷, which have been shown to significantly limit the contribution of 273 274 detrital Re and Os to the hydrogenous fraction bound to organic matter.

275 Powdered samples of approximately 0.3 - 1 g were loaded into Carius tubes with a 276 known amount of ¹⁸⁵Re + ¹⁹⁰Os tracer solution (spike) and dissolved in 8 mL of CrO₃-H₂SO₄ solution. The Carius tubes were then sealed and heated in an oven at 220 °C for 48 hours. Osmium was isolated from the CrO_3 -H₂SO₄ sample solution by using solvent extraction with chloroform (CHCl₃) and then back extracted by hydrobromic acid (HBr). The Os was further purified through micro distillation. Rhenium was isolated by evaporating 1 mL of the CrO₃-H₂SO₄ sample solution to dryness, followed by solvent extraction involving sodium hydroxide (NaOH) and acetone (C₃H₆O)^{68,69}. The Re was further purified by anion chromatography.

Following purification, the Re and Os fractions were loaded onto Ni and Pt filaments,
respectively, together with 0.5 μL BaNO₃ and BaOH activator solutions, respectively⁶⁷.
Rhenium and osmium isotope ratios were determined by negative thermal ionization mass
spectrometry (N-TIMS), using Faraday cups for Re and a Secondary Electron Multiplier
(SEM) for Os in peak-hopping mode.

Re and Os isotope ratios were corrected for instrumental mass fractionation, as well as spike and blank contributions. Procedural blanks for Re and Os in this study were $12 \pm 3 \text{ pg/g}$ and $0.07 \pm 0.05 \text{ fg/g}$, respectively, with an ¹⁸⁷Os/¹⁸⁸Os value of 0.25 ± 0.15 (n = 3). The ¹⁸⁷Re/¹⁸⁸Os and ¹⁸⁷Os/¹⁸⁸Os uncertainties (2 σ) include full propagation of uncertainties in weighing, mass spectrometer measurements, spike calibrations, blank corrections and reproducibility of standards.

295 The ¹⁸⁷Os/¹⁸⁸Os_{initial} ratios (Os_{*i*}) were calculated by correcting for post-depositional 296 ¹⁸⁷Re decay over time with the following equation:

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298
$${}^{187}Os/{}^{188}Os_{\text{initial}}(Os_{\text{i}}) = {}^{187}Os/{}^{188}Os_{\text{measured}} - {}^{187}Re/{}^{188}Os_{\text{measured}} * (e^{\lambda t} - 1)$$
 (1)
299

300 where λ is the ¹⁸⁷Re decay constant $(1.666 * 10^{-11} \text{ yr}^{-1})^{70}$ and *t* is the age of the rock. Given the 301 high Re abundances in the organic-rich sediments from Site 959, we have used best estimates 302 for the depositional ages of each of these samples. An age of 40 Ma was used for all samples 303 from Sites 1263 and U1333, because improved age estimates would result in variations in O_{s_i} 304 values of 0.1 % or less on average. All results are listed in Supplementary Data 1. The Re-Os 305 isotopic system is expected to have remained closed for the sample set, given that the cores 306 were all fresh, unweathered, and showed no evidence of post-depositional events (e.g., 307 veining, etc.). Further, where the Re-Os data has sufficient spread in isochron plot space to 308 yield statistically robust isochrons, a geologically reasonable Re-Os isochron age is obtained 309 (e.g., Site 959; see below for details).

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311 Evaluation of Re and Os data

Although the studied samples were collected for evaluating changes in Os_i rather than establishing isochrons, the Re-Os data of the sediments from Site 959 show a positive correlation between ¹⁸⁷Re/¹⁸⁷Os and ¹⁸⁷Os/¹⁸⁸Os, which results in an isochron age that is in good agreement with the age of the MECO between 40.5 and 40.0 Ma (Supplementary Fig. 2 and 3). In contrast, the ¹⁸⁷Re/¹⁸⁷Os and ¹⁸⁷Os/¹⁸⁸Os data for Sites 1263 and U1333 do not have sufficient spread in isochron plot space, and hence cannot yield statistically geologically meaningful age estimates.

319

320 Age models

We adopt the age model of Cramwinckel et al. (in press)¹³ for Site 959 (Supplementary Fig. 11). This is based on initial⁷¹ and recently improved¹³ calcareous nannofossil biostratigraphy. The model also uses the long-term ¹⁸⁷Os/¹⁸⁸Os minimum at 34.65 Ma recorded at this site²⁶, and TEX₈₆ data that mark the MECO warming¹³. Moreover, we use the highest TEX₈₆ value during the MECO peak warming and the lowest TEX₈₆ value at the onset of the MECO as reported by Cramwinckel et al. (in press)¹³ to tentatively correlate to minima and maxima in the δ^{18} O records of Bohaty et al. (2009)¹⁰, which were assigned ages of 40.06 and 40.52 Ma, respectively. Better age models are available for the other two sites. For Site 1263, we use a published age model¹⁰ based on magnetostratigraphy and bulk carbonate δ^{18} O and δ^{13} C chemostratigraphy. For Site U1333, an astronomically calibrated magnetostratigraphic age model⁷² was used in combination with calcareous nannofossil events⁷³. All ages were adjusted to the framework of the GTS 2012⁷⁴ and tie points for the age models are listed in Supplementary Tables 1, 2 and 3.

334

335 Calculating changes in Os fluxes across the MECO

The ¹⁸⁷Os/¹⁸⁸Os composition of seawater is controlled by the balance between input fluxes 336 337 from continental, mantle-derived and extraterrestrial sources. However, the flux of extraterrestrial Os is generally assumed to be negligible and constant^{75,76}, so our Os, records 338 339 can be used to directly infer changes in relative contributions of the continental and mantle-340 derived Os sources across the MECO. To evaluate an increase in the mantle-derived Os flux, 341 we developed a progressive, two-component mixing model for the release of Os from mantlederived basalts that incorporates both the Os abundance and ¹⁸⁷Os/¹⁸⁸Os composition of 342 343 seawater and basalts. This model is an adaptation of the two-component mixing model for strontium (Sr) isotopes of Faure (1986, Equations (9.2) and (9.10))⁷⁷, with modifications to 344 345 consider the larger range of Os isotope variations in comparison to Sr isotope variations.

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From the relative molar concentrations of natural Os isotopes, we know:

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348
$$\frac{[Os] - [^{187}Os]}{[^{188}Os]} = 7.4 \quad (2)$$

 188 Os + 189 Os + 190 Os + 192 Os), and [187 Os] and [188 Os] represent the molar concentrations (in 351 mol / kg) of ¹⁸⁷Os and ¹⁸⁸Os, respectively⁷⁸. 352 353 Equation (2) can be rewritten as: 354 $[^{187}Os] = \frac{R}{7.4+R}[Os] \quad (3)$ 355 356 $[^{188}Os] = \frac{1}{7.4+R}[Os] \quad (4)$ 357 358 where $R = [^{187}Os]/[^{188}Os]$. 359 360 Two-component mixing between seawater and basalts can then be expressed for both ¹⁸⁷Os and ¹⁸⁸Os as: 361 362

where [Os] represents the molar concentration (in mol / kg) of total Os (i.e., ¹⁸⁶Os + ¹⁸⁷Os +

363
$$[^{187}Os]_{\text{mix}} = \frac{[^{187}Os]_{\text{sw}} * M_{\text{sw}} + [^{187}Os]_{\text{bas}} * M_{\text{bas}}}{M_{\text{sw}} + M_{\text{bas}}}$$
(5)

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350

365
$$[^{188}Os]_{\rm mix} = \frac{[^{188}Os]_{\rm sw}*M_{\rm sw} + [^{188}Os]_{\rm bas}*M_{\rm bas}}{M_{\rm sw} + M_{\rm bas}}$$
(6)

366

367 where *M* represents the mass of a component (in kg) and the subscripts *sw*, *bas* and *mix* 368 represent seawater, basalts and the eventual mix between the two, respectively.

369 We now define:

370

371
$$\Delta M_{\rm bas} = \frac{M_{\rm bas}}{M_{\rm sw,initial}} \quad (7)$$

373
$$f = \frac{\Delta M_{\text{bas}}}{M_{\text{sw,progressive}} + \Delta M_{\text{bas}}} = \frac{\Delta M_{\text{bas}}}{M_{\text{mix}}} \quad (8)$$

375 where ΔM_{bas} is an infinitesimal representing the mass of basalts added during a mixing step 376 relative to the mass of seawater initially present, and *f* represents the amount of basalts added 377 during a mixing step relative to the total amount of seawater and basalts present during 378 progressive mixing (M_{mix}).

379 Equations (3) - (8) can then be combined as follows:

$$[^{187}Os]_{\text{mix}} = f * [^{187}Os]_{\text{bas}} + (1 - f) * [^{187}Os]_{\text{sw}}$$
$$= f * \frac{R_{\text{bas}}}{2} [Oc] = 1 (1 - f) * \frac{R_{\text{sw}}}{2} [Oc] = 0 (1 - f) + \frac{R_{\text{sw}}}{2} [Oc] = 0 (1 - f) +$$

381
$$= f * \frac{R_{\text{bas}}}{7.4 + R_{\text{bas}}} [Os]_{\text{bas}} + (1 - f) * \frac{R_{\text{sw}}}{7.4 + R_{\text{sw}}} [Os]_{\text{sw}}$$
(9)

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$$[{}^{188}Os]_{\rm mix} = f * [{}^{188}Os]_{\rm bas} + (1 - f) * [{}^{188}Os]_{\rm sw}$$

383
$$= f * \frac{1}{7.4 + R_{\text{bas}}} [Os]_{\text{bas}} + (1 - f) * \frac{1}{7.4 + R_{\text{sw}}} [Os]_{\text{sw}}$$
(10)

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385 Finally, dividing equation (9) by equation (10) yields:

386

387
$$R_{\text{mix}} = \frac{\begin{bmatrix} 187 O S \end{bmatrix}_{\text{mix}}}{\begin{bmatrix} 188 O S \end{bmatrix}_{\text{mix}}} = \frac{f * \frac{R_{\text{bas}}}{7.4 + R_{\text{bas}}} [OS]_{\text{bas}} + (1-f) * \frac{R_{\text{sw}}}{7.4 + R_{\text{sw}}} [OS]_{\text{sw}}}{f * \frac{1}{7.4 + R_{\text{bas}}} [OS]_{\text{bas}} + (1-f) * \frac{1}{7.4 + R_{\text{sw}}} [OS]_{\text{sw}}}$$
(11)

388

389 where *R* is the ¹⁸⁷Os/¹⁸⁸Os composition of the corresponding components (i.e., seawater, 390 basalts and the eventual mix between the two).

391 Equations (7) – (11) can then be used to estimate the extent of mixing between 392 seawater and basalts during the MECO by progressively calculating R_{mix} until our observed 393 Os_{*i*} shift is reproduced (see Supplementary Data 2). We assumed the pre-MECO ¹⁸⁷Os/¹⁸⁸Os ratio of seawater to be ~0.55 based on an average of pre-MECO Os_i values recorded for the three sites and the Os concentration of seawater to be 10 ppq (~53 fmol / kg, similar to present-day values)¹⁴. Furthermore, we used an ¹⁸⁷Os/¹⁸⁸Os ratio of 0.13 for the mantle and mantle-derived basalts^{79,80}, as well as an Os abundance of 1 ppt (~5.3 pmol / kg) for basalts⁸⁰. Finally, we assumed that the maximum amount of basalt that can theoretically be added to seawater represents ~1 % of the total mass of the ocean, as estimated for OAE2^{31,81}, and used increments of 0.01 % for the value of ΔM_{bas} .

401 Based on an Os_i shift of 0.05 from the pre-MECO value of ~ 0.55 to a peak MECO 402 value of ~ 0.50 , we calculated a relative increase in the mantle-derived Os flux of ~ 13 % 403 across the event, which would equal the addition of Os from basalts with a mass of ~0.13 % 404 relative to the total mass of the ocean (Supplementary Data 2). Similar results are obtained if we estimate the relative increase in the ¹⁸⁸Os flux, rather than the total Os flux. It is important 405 406 to note that mantle-derived Os could also have been released to seawater through direct 407 addition from magmatic degassing or hydrothermal inputs instead of basalt dissolution, but 408 regardless of the mechanism, a ~ 13 % increase in the mantle-derived Os flux during the 409 MECO would be sufficient to reproduce our observed Os_i shift and would correspond to the cumulative release of $\sim 9.4 \cdot 10^6$ mol of mantle-derived Os. We also performed our 410 411 calculations with the Os, values of each individual site: for Site 959, an Os, shift from 0.560 to 412 0.505 would yield a relative increase in the mantle-derived Os flux of ~14 %; for Site 1263, an Os_i shift from 0.530 to 0.485 would yield an increase of ~12 %; for Site U1333, an Os_i 413 414 shift from 0.515 to 0.460 would yield an increase of ~ 16 %. These differences are most likely 415 to be attributed to the resolution of our records. To accommodate for this range of flux 416 estimates, we adopted a best estimate of 10 - 15 % for the increase in the mantle-derived Os 417 flux during the MECO, but also explored the effects of an increase of up to 20 % because we

418 are unlikely to have sampled the lowest Os_i values in any of our records due to the relatively
419 low resolution of our dataset.

420

421 LOSCAR and Os cycle modeling

422 Carbon cycle simulations were performed using the Long-term Ocean-atmosphere-Sediment CArbon cycle Reservoir (LOSCAR) model²³. In this box model, modified from Walker and 423 Kasting (1992)⁸², carbon and several other biogeochemical tracers (e.g. alkalinity, phosphate, 424 425 oxygen) are cycled through atmospheric and oceanic reservoirs. The model ocean is coupled 426 to a sediment module and consists of surface-, intermediate- and deep-water boxes of the four 427 main Paleogene ocean basins (Atlantic, Indian, Pacific and Tethys). The model is designed to 428 simulate the Paleocene-Eocene Thermal Maximum (PETM) at 56 Ma, but the minor changes 429 in paleogeography compared to the middle Eocene at 40 Ma are not of relevance to the simple 430 LOSCAR model. In these simulations, we use default parameter settings for the Paleogene 431 setup. Equilibrium pCO_2 is set at 750 ppm, consistent with pCO_2 estimates based on planktic for a minifer boron isotope ratios $(\delta^{11}B)^{53}$, and by default, silicate and carbonate weathering are 432 implemented in the model as a feedback response to atmospheric CO₂ concentrations. The 433 434 CCD definition follows the default LOSCAR setup and is taken as the sediment depth level at 435 which sedimentary CaCO₃ contents fall below 10 wt %.

We explored the effects of changes in volcanism and/or continental weathering with the constraints from our Os_i records to assess which scenario is able to reproduce a more realistic MECO target. We first simulated several scenarios with a gradual, linear increase in the volcanic CO_2 flux (+10%, +15% and +20%) over ~500 kyr, either while allowing the silicate and carbonate weathering fluxes to vary in response to CO_2 forcing (Supplementary Fig. 4) or while maintaining these weathering fluxes at constant values (Supplementary Fig. 5). Subsequently, we performed several simulations invoking silicate weathering as a forcing

443 rather than a feedback, by prescribing a gradual, linear decrease in the silicate weathering flux 444 (-10%, -15% and -20%) over ~500 kyr, while keeping the volcanic CO_2 flux and the 445 carbonate weathering flux at constant values (Supplementary Fig. 6). Finally, we tested the 446 effect of an increase in volcanism (+5%) combined with a decrease in silicate weathering (-447 5%) (Supplementary Fig. 7); the effect of a combined decrease in silicate and carbonate 448 weathering (both -10%) (Supplementary Fig. 8); and the effect of a decrease in silicate 449 weathering (-10%) while maintaining a carbonate weathering feedback (Supplementary Fig. 450 9). For an overview of all model scenarios, see Supplementary Table 4.

In order to demonstrate that our LOSCAR model simulations are consistent with the Os_i records, the scenarios outlined above were also applied to a separate box model of the Os cycle. This Os cycle model is inspired by the work of Richter & Turekian $(1993)^{83}$ and many subsequent studies, including Peucker-Ehrenbrink & Ravizza $(2000)^{14}$. We fully derive the equations used to model the Os cycle in the ocean below.

456 We first define *N* as the total molar inventory of Os (including all Os isotopes) in 457 seawater, and ${}^{187}N$ and ${}^{188}N$ as the molar inventories of 187 Os and 188 Os in seawater, 458 respectively. The 187 Os/ 188 Os composition of seawater (R_{sw}) is thus expressed as:

459

460
$$R_{\rm sw} = \frac{{}^{187}N}{{}^{188}N} \quad (12)$$

461

462 Subsequently, changes in
$$R_{sw}$$
 over time can be written as:

463

464
$$\frac{dR_{sw}}{dt} = \frac{d}{dt} \left(\frac{^{187}N}{^{188}N}\right) = \frac{\frac{^{188}N \frac{d^{187}N}{dt} - ^{187}N \frac{d^{188}N}{dt}}{(^{188}N)^2} = \frac{1}{^{188}N} \left[\frac{d^{187}N}{dt} - R_{sw} \frac{d^{188}N}{dt}\right] (13)$$

466 Multiplying equation (13) by
$$^{188}N$$
 gives:

468
$${}^{188}N\frac{dR_{\rm sw}}{dt} = \frac{d^{187}N}{dt} - R_{\rm sw}\frac{d^{188}N}{dt} \quad (14)$$

470 Changes in
$$N$$
, ¹⁸⁷ N and ¹⁸⁸ N over time can then be written as follows:

472
$$\frac{dN}{dt} = F_{\rm riv} + F_{\rm hyd} + F_{\rm ext} - F_{\rm sed} \quad (15)$$

474
$$\frac{d^{187}N}{dt} = F_{\rm riv} \left(\frac{[187Os]}{[Os]}\right)_{\rm riv} + F_{\rm hyd} \left(\frac{[187Os]}{[Os]}\right)_{\rm hyd} + F_{\rm ext} \left(\frac{[187Os]}{[Os]}\right)_{\rm ext} - F_{\rm sed} \left(\frac{[187Os]}{[Os]}\right)_{\rm sed}$$
(16)

476
$$\frac{d^{188}N}{dt} = F_{\rm riv} \left(\frac{[188Os]}{[Os]}\right)_{\rm riv} + F_{\rm hyd} \left(\frac{[188Os]}{[Os]}\right)_{\rm hyd} + F_{\rm ext} \left(\frac{[188Os]}{[Os]}\right)_{\rm ext} - F_{\rm sed} \left(\frac{[188Os]}{[Os]}\right)_{\rm sed}$$
(17)

478 where *F* represents the fluxes of Os (in mol / yr) from and to various reservoirs and the 479 subscripts *sw*, *riv*, *hyd*, *ext* and *sed* represent seawater, riverine, hydrothermal, extraterrestrial 480 and sediment reservoirs, respectively^{14,83}.

481 Substituting equations (3) and (4) into equations (16) and (17), respectively, yields:

483
$$\frac{d^{187}N}{dt} = F_{\rm riv} \frac{R_{\rm riv}}{7.4 + R_{\rm riv}} + F_{\rm hyd} \frac{R_{\rm hyd}}{7.4 + R_{\rm hyd}} + F_{\rm ext} \frac{R_{\rm ext}}{7.4 + R_{\rm ext}} - F_{\rm sed} \frac{R_{\rm sed}}{7.4 + R_{\rm sed}}$$
(18)

485
$$\frac{d^{188}N}{dt} = F_{\rm riv} \frac{1}{7.4 + R_{\rm riv}} + F_{\rm hyd} \frac{1}{7.4 + R_{\rm hyd}} + F_{\rm ext} \frac{1}{7.4 + R_{\rm ext}} - F_{\rm sed} \frac{1}{7.4 + R_{\rm sed}}$$
(19)

Finally, substituting equations (18) and (19) into equation (14) and combining with equation (4) results in:

490
$$\frac{N}{7.4 + R_{\rm sw}} \frac{dR_{\rm sw}}{dt} = F_{\rm riv} \frac{R_{\rm riv} - R_{\rm sw}}{7.4 + R_{\rm riv}} + F_{\rm hyd} \frac{R_{\rm hyd} - R_{\rm sw}}{7.4 + R_{\rm hyd}} + F_{\rm ext} \frac{R_{\rm ext} - R_{\rm sw}}{7.4 + R_{\rm ext}} - F_{\rm sed} \frac{R_{\rm sed} - R_{\rm sw}}{7.4 + R_{\rm sed}}$$
(20)

492 which relates changes in R_{sw} over time to the fluxes of total Os (*F*), the ¹⁸⁷Os/¹⁸⁸Os 493 compositions of these fluxes (*R*) and the amount of total Os in the ocean (*N*). Because there is 494 no isotopic fractionation associated with Os burial (i.e., $R_{sed} = R_{sw}$), the net effect of the 495 sedimentary Os flux (F_{sed}) in equation (20) is zero.

496 Together, equations (15) and (20) can be used to simulate any transient perturbation of 497 the Os cycle. We first constructed a steady state model based on flux estimates and ¹⁸⁷Os/¹⁸⁸Os values for the present-day Os cycle with a ¹⁸⁷Os/¹⁸⁸Os ratio of seawater of 1.06 498 499 (see Supplementary Table 5). For the middle Eocene Os cycle, we assumed that the total Os 500 inventory and the total input and output fluxes of Os are similar to present-day values, and 501 recalculated the steady state riverine and hydrothermal Os fluxes for the pre-MECO ¹⁸⁷Os/¹⁸⁸Os ratio of seawater of 0.55 by assuming that the ¹⁸⁷Os/¹⁸⁸Os composition of these 502 503 fluxes has remained unchanged. Subsequently, we used scaled silicate weathering and 504 volcanic degassing fluxes from the LOSCAR model simulations to force our model of the Os cycle. The modeled changes in the ¹⁸⁷Os/¹⁸⁸Os ratio of seawater are included in the respective 505 506 figures of all model scenarios (Fig. 3 of the main text and Supplementary Fig. 4 - 9). The full 507 code used to perform the Os cycle model simulations is included as an R script in the 508 Supplementary Software.

509

510 Data availability

511 The authors declare that all data supporting the results of this study are available in the

512 Supplementary Information files associated with this manuscript.

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740 Author contributions

- 741 R.v.d.P., S.M.B., J.J.M. and A.S. designed the study. R.v.d.P. and D.S. generated the osmium
- isotope records, M.J.C. performed the carbon cycle simulations, R.v.d.P. and Y. L. conducted
- the osmium cycle modeling and all authors contributed to data interpretation. R.v.d.P. wrote
- the manuscript with input from all authors.

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746 Additional information

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749 **Competing financial interests**

750 The authors declare no competing financial interests.

- 752 Figures
- 753

Figure 1: Os_i values (in blue) and ¹⁹²Os content (in red) for the analyzed middle Eocene sediments from the three different sites. a, ODP Site 959; b, ODP Site 1263; c, IODP Site U1333. The MECO extent is defined based on TEX₈₆ values for Site 959 (in black; Cramwinckel et al., in press)¹³ and bulk carbonate stable oxygen isotope ratios (δ^{18} O) for Site 1263 (in black; Bohaty et al., 2009)¹⁰. The MECO is characterized by low carbonate content at Site U1333 (in grey; Westerhold et al., 2014)⁸⁴. The error bars indicate fully propagated analytical uncertainties (2 σ).

| 762 | Figure 2: Comparison of Os _i records from the MECO with Os _i records from the PETM |
|-----|---|
| 763 | and ETM2, shown against the overall Os _i evolution of the Cenozoic and the relative |
| 764 | weathering feedback strength of the Cenozoic. a, MECO data from Site 959 (in red), Site |
| 765 | 1263 (in blue) and Site U1333 (in green) plotted against age (GTS2012) ⁷⁴ . See Methods for |
| 766 | discussion of the age models for the study sites. b, MECO data from Sites 959, 1263 and |
| 767 | U1333 (this study); PETM and ETM2 data from DSDP Site 549 (in purple) as published in |
| 768 | Peucker-Ehrenbrink & Ravizza (2012) ¹⁵ ; Cenozoic data from ferromanganese crusts D11 and |
| 769 | CD29 (in black) as published in Klemm et al. (2005) ²⁷ and Burton (2006) ²⁸ , respectively, |
| 770 | based on the updated age model of Nielsen et al. $(2009)^{29}$. c , Model estimates of the relative |
| 771 | continental weathering feedback strength of the Cenozoic as published in Caves et al. |
| 772 | $(2016)^{57}$, based on their CO ₂ scenario 1 and a logarithmic expression for the weathering |
| 773 | feedback. |

775 Figure 3: LOSCAR and Os cycle model simulations of the most likely MECO scenario. 776 **a**, Forcing for two scenarios involving a gradual, transient 20 % increase in the volcanic CO₂ 777 flux over ~500 kyr. The solid lines represent a scenario in which the silicate and carbonate weathering fluxes are allowed to vary in response to CO₂ forcing (normal weathering 778 779 feedback), while the dashed lines represent a scenario in which these weathering fluxes are 780 kept constant (diminished weathering feedback). Only the latter scenario corresponds to all observations. **b**, Model response in the ¹⁸⁷Os/¹⁸⁸Os composition of the global ocean, shown 781 782 against smoothed fits to the MECO Os_i records from the study sites. c, Model CCD response 783 of different ocean basins, shown against carbonate content (wt %) records for different depths in the Atlantic, Indian and Pacific oceans as compiled by Sluijs et al. (2013)⁸. d, Model 784 785 atmospheric pCO_2 response and pH response for the surface Atlantic and Pacific oceans. e, Model δ^{13} C response for the DIC of the deep Atlantic and Pacific oceans. For a full 786 description of the LOSCAR model, see Zeebe $(2012)^{23}$. 787









Middle Eocene greenhouse warming facilitated by diminished weathering feedback Van der Ploeg et al.

Supplementary Information

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Supplementary Figure 1: Paleogeographic reconstruction of 40 Ma showing the estimated locations of the study sites. Shown are ODP Site 959 in the equatorial Atlantic along the African continent, ODP Site 1263 on the Walvis Ridge in the south Atlantic and IODP Site U1333 in the equatorial Pacific. The map was made with GPlates, based on the tectonic reconstructions of Seton et al. $(2012)^1$ and the paleomagnetic reference frame of Torsvik et al. $(2012)^2$.



Supplementary Figure 2: Re-Os isochron plot of all Site 959 samples. The significant scatter (MSWD = 90) is best explained by the sample set possessing slightly variable initial ¹⁸⁷Os/¹⁸⁸Os compositions and being deposited over a prolonged interval of time (i.e., several Myr).



Supplementary Figure 3: Re-Os isochron plot of Site 959 samples in the MECO interval between 600.35 and 581.51 mbsf. These samples were selected because they were deposited in a short time interval (i.e., \sim 500 kyr), and yield virtually identical initial ¹⁸⁷Os/¹⁸⁸Os compositions. The obtained isochron age of 40.1 Ma is in excellent agreement with the estimated ages of these samples – between 40.4 and 40.1 Ma – based on our age model for Site 959.



Supplementary Figure 4: LOSCAR and Os cycle model simulations of the MECO. a, Forcing for three scenarios involving a transient increase in the volcanic CO₂ flux of 10% (dashed lines), 15% (thin solid lines) and 20% (thick solid lines) over ~500 kyr, while allowing the silicate and carbonate weathering fluxes to vary as a feedback response. b, Model response in the ¹⁸⁷Os/¹⁸⁸Os composition of the global ocean, shown against smoothed fits to the MECO Os_i records from the study sites. c, Model CCD response of different ocean basins, shown against carbonate content (wt %) records for different depths in the Atlantic, Indian and Pacific oceans as compiled by Sluijs et al. (2013)³. d, Model atmospheric *p*CO₂ response and pH response for the surface Atlantic and Pacific oceans. e, Model δ^{13} C response for the DIC of the deep Atlantic and Pacific oceans.



Supplementary Figure 5: LOSCAR and Os cycle model simulations of the MECO. a, Forcing for three scenarios involving a transient increase in the volcanic CO₂ flux of 10% (dashed lines), 15% (thin solid lines) and 20% (thick solid lines) over ~500 kyr, while maintaining the silicate and carbonate weathering fluxes at constant value. **b**, Model response in the ¹⁸⁷Os/¹⁸⁸Os composition of the global ocean, shown against smoothed fits to the MECO Os_i records from the study sites. **c**, Model CCD response of different ocean basins, shown against carbonate content (wt %) records for different depths in the Atlantic, Indian and Pacific oceans as compiled by Sluijs et al. (2013)³. **d**, Model atmospheric *p*CO₂ response and pH response for the surface Atlantic and Pacific oceans. **e**, Model δ^{13} C response for the DIC of the deep Atlantic and Pacific oceans.

Supplementary Figure 6: LOSCAR and Os cycle model simulations of the MECO. a, Forcing for three scenarios involving a transient decrease in the silicate weathering flux of 10% (dashed lines), 15% (thin solid lines) and 20% (thick solid lines) over ~500 kyr, while keeping the volcanic CO₂ flux and the carbonate weathering flux at constant value. **b**, Model response in the ¹⁸⁷Os/¹⁸⁸Os composition of the global ocean, shown against smoothed fits to the MECO Os_i records from the study sites. **c**, Model CCD response of different ocean basins, shown against carbonate content (wt %) records for different depths in the Atlantic, Indian and Pacific oceans as compiled by Sluijs et al. (2013)³. **d**, Model atmospheric pCO₂ response and pH response for the surface Atlantic and Pacific oceans. **e**, Model δ^{13} C response for the DIC of the deep Atlantic and Pacific oceans.

Supplementary Figure 7: LOSCAR and Os cycle model simulations of the MECO. a, Forcing for a scenario involving a transient 5% increase in the volcanic CO₂ flux combined with a 5% decrease in the silicate weathering flux over ~500 kyr, while keeping the carbonate weathering flux at constant value. **b**, Model response in the ¹⁸⁷Os/¹⁸⁸Os composition of the global ocean, shown against smoothed fits to the MECO Os_i records from the study sites. **c**, Model CCD response of different ocean basins, shown against carbonate content (wt %) records for different depths in the Atlantic, Indian and Pacific oceans as compiled by Sluijs et al. (2013)³. **d**, Model atmospheric *p*CO₂ response and pH response for the surface Atlantic and Pacific oceans. **e**, Model δ^{13} C response for the DIC of the deep Atlantic and Pacific oceans.

Supplementary Figure 8: LOSCAR and Os cycle model simulations of the MECO. a, Forcing for a scenario involving a transient, combined 10% decrease in the silicate and carbonate weathering fluxes over ~500 kyr, while keeping the volcanic CO₂ flux at constant value. **b**, Model response in the ¹⁸⁷Os/¹⁸⁸Os composition of the global ocean, shown against smoothed fits to the MECO Os_i records from the study sites. **c**, Model CCD response of different ocean basins, shown against carbonate content (wt %) records for different depths in the Atlantic, Indian and Pacific oceans as compiled by Sluijs et al. (2013)³. **d**, Model atmospheric pCO₂ response and pH response for the surface Atlantic and Pacific oceans. **e**, Model δ^{13} C response for the DIC of the deep Atlantic and Pacific oceans.

Supplementary Figure 9: LOSCAR and Os cycle model simulations of the MECO. a, Forcing for a scenario involving a transient 10% decrease in the silicate weathering flux over ~500 kyr, while keeping the volcanic CO₂ flux at constant value and allowing the carbonate weathering flux to vary as a feedback response. **b**, Model response in the ¹⁸⁷Os/¹⁸⁸Os composition of the global ocean, shown against smoothed fits to the MECO Os_i records from the study sites. **c**, Model CCD response of different ocean basins, shown against carbonate content (wt %) records for different depths in the Atlantic, Indian and Pacific oceans as compiled by Sluijs et al. (2013)³. **d**, Model atmospheric *p*CO₂ response and pH response for the surface Atlantic and Pacific oceans. **e**, Model δ^{13} C response for the DIC of the deep Atlantic and Pacific oceans.

Supplementary Figure 10: Eocene trends in benthic foraminiferal δ^{18} O and δ^{13} C, and atmospheric pCO₂. a, Benthic δ^{18} O compilation as published in Cramer et al. (2009)⁴, adjusted to the framework of the GTS2012⁵ and plotted as individual data points and as a 10-point running average (solid line). b, Benthic δ^{13} C compilation as published in Cramer et al. (2009)⁴, adjusted to the framework of the GTS2012⁵ and plotted as individual data points and as a 10-point running average (solid line). c, Atmospheric pCO₂ compilation as published in Foster et al. (2017)⁶, with the δ^{11} B-based pCO₂ estimates of Anagnostou et al. (2016)⁷ highlighted in red.

Supplementary Figure 11: Age model for Site 959 Hole D as presented in Cramwinckel et al. (2018)⁸. Diamonds with error bars show calcareous nannofossil and chemostratigraphic tiepoints, adjusted to the framework of the GTS 2012⁵. The Os isotope minimum at ~40 Ma is derived from the MECO Os_{*i*} records presented in this study.

Supplementary Table 1: Age model for Site 959.

| Stratigraphic datum | Depth (mbsf) | Age (Ma) [GTS 2004] ⁹ | Age (Ma) [GTS 2012]⁵ | Source |
|--|--------------|---|-----------------------------------|--|
| ¹⁸⁷ Os/ ¹⁸⁸ Os minimum | 466.6 | 34.5 | 34.65 | Ravizza & Paquay (2008) ¹⁰ |
| TEX_{86} highest value at MECO peak | 578.25 | - | 40.06 | This study, based on Cramwinckel et al. (2018) ⁸ , Bohaty et al. (2009) ¹¹ |
| $TEX_{\texttt{86}}$ lowest value at MECO onset | 608.84 | - | 40.52 | This study, based on Cramwinckel et al. (2018) ⁸ , Bohaty et al. (2009) ¹¹ |
| FCO Reticulofenestra umbilicus | 654.545 | - | 42.84 | Shafik et al. (1998) ¹² , Cramwinckel et al. (2018) ⁸ |

| Supplementary rable 2. Age model for Site 1205. | Supplementa | ry Table 2: | Age model | for S | Site 1263. |
|---|-------------|-------------|-----------|-------|------------|
|---|-------------|-------------|-----------|-------|------------|

| Stratigraphic datum | Depth (mbsf) | Depth (adj rmcd) | Age (Ma) | Age (Ma) | Source |
|--|--------------|---------------------|---------------------|--------------------|------------------------------------|
| | | [Westerhold et al., | [Pälike et al., | [GTS | |
| | | 2015] ¹³ | 2006] ¹⁴ | 2012] ^₅ | |
| δ^{13} C highest value | 113.7 | 135.27 | 39.2 | 39.3 | Bohaty et al. (2009) ¹¹ |
| $\delta^{\rm 18}{\rm O}$ final lowest value at MECO peak | 119.6 | 141.29 | 39.99 | 40.06 | Bohaty et al. (2009) ¹¹ |
| $\delta^{\rm 18}{\rm O}$ final highest value at MECO onset | 122.6 | 145.83 | 40.552 | 40.52 | Bohaty et al. (2009)11 |
| δ^{13} C lowest value | 124.9 | 148.13 | 40.925 | 40.81 | Bohaty et al. (2009) ¹¹ |
| C18r - C19n boundary | 127.85 | 151.08 | 41.358 | 41.154 | Pälike et al. (2006) ¹⁴ |
| C19n - C19r boundary | 129.25 | 152.48 | 41.51 | 41.39 | Pälike et al. (2006) ¹⁴ |
| $\delta^{13}C$ lowest value | 131.6 | 154.8 | 41.796 | 41.64 | Bohaty et al. (2009) ¹¹ |

| Stratigraphic datum | Depth (adj rmcd) | Age (Ma) | Age (Ma) | Source |
|----------------------------|---|-------------------------------------|-------------------------|--------------------------------------|
| | [Westerhold et al., 2012] ¹⁵ | [Pälike et al., 2006] ¹⁴ | [GTS 2012] ⁵ | |
| C17r - C18n.1n boundary | 157.3 | 38.449 | 38.615 | Pälike et al. (2006) ¹⁴ |
| T S. obtusus | 158.15 | 38.562 | 38.71 | Toffanin et al. (2013) ¹⁶ |
| T C. grandis | 158.55 | 38.612 | 38.76 | Toffanin et al. (2013) ¹⁶ |
| T C. solitus | 159.95 | 38.788 | 38.92 | Toffanin et al. (2013) ¹⁶ |
| B S. obtusus | 164.15 | 39.314 | 39.4 | Toffanin et al. (2013) ¹⁶ |
| C18n.1n - C18n.1r boundary | 166.075 | 39.554 | 39.627 | Pälike et al. (2006) ¹⁴ |
| C18n.1r - C18n.2n boundary | 166.875 | 39.602 | 39.698 | Pälike et al. (2006) ¹⁴ |
| C18n.2n - C18r boundary | 169.57 | 40.084 | 40.145 | Pälike et al. (2006) ¹⁴ |
| Bc D. hesslandii | 172.69 | 40.421 | 40.41 | Toffanin et al. (2013) ¹⁶ |
| Bc D. bisectus | 172.69 | 40.421 | 40.41 | Toffanin et al. (2013) ¹⁶ |
| T Furcatolithoides | 174.5 | 40.614 | 40.56 | Toffanin et al. (2013) ¹⁶ |
| C18r - C19n boundary | 181.5 | 41.358 | 41.154 | Pälike et al. (2006) ¹⁴ |
| C19n - C19r boundary | 183.225 | 41.51 | 41.39 | Pälike et al. (2006) ¹⁴ |

Supplementary Table 3: Age model for Site U1333.

Supplementary Table 4: Overview of all LOSCAR model scenarios. All forcings represent a gradual, linear increase/decrease to maximum values from t = 50 kyr to t = 550 kyr and are followed by a sudden drop to initial values. Initial *p*CO₂ concentrations were set at 750 ppmv in all simulations.

| Scenario and Supplementary Figure | Silicate weathering flux | Volcanic CO ₂ flux | Carbonate weathering flux |
|-----------------------------------|--------------------------|-------------------------------|---------------------------|
| 1 (5) | Feedback | +10% | Feedback |
| 2 (5) | Feedback | +15% | Feedback |
| 3 (5) | Feedback | +20% | Feedback |
| 4 (6) | Constant | +10% | Constant |
| 5 (6) | Constant | +15% | Constant |
| 6 (6) | Constant | +20% | Constant |
| 7 (7) | -10% | Constant | Constant |
| 8 (7) | -15% | Constant | Constant |
| 9 (7) | -20% | Constant | Constant |
| 10 (8) | -5% | +5% | Constant |
| 11 (9) | -10% | Constant | -10% |
| 12 (10) | -10% | Constant | Feedback |

Supplementary Table 5: Overview of all default Os cycle parameters. Present-day values are taken from the literature or fitted to match the present-day steady state observations. Pre-MECO values are either assumed to be similar to the present-day values or fitted to match the pre-MECO steady state observations.

| Parameter | Parameter description | Value | Reference and Comments |
|--------------------|---|---------------------------|---|
| Present-day values | | | |
| Ν | Os inventory in oceans | 7.2 x 10 ⁷ mol | Peucker-Ehrenbrink & Ravizza (2000) ¹⁷ |
| Friv | Riverine Os flux to oceans | 1800 mol/yr | Peucker-Ehrenbrink & Ravizza (2000) ¹⁷ |
| F _{hyd} | Hydrothermal Os flux to oceans | 483 mol/yr | Calculated for steady state at R_{sw} = 1.06 |
| F _{ext} | Extraterrestrial Os flux to oceans | 80 mol/yr | Peucker-Ehrenbrink & Ravizza (2000) ¹⁷ |
| F _{sed} | Sedimentary Os flux from oceans | 2363 mol/yr | Calculated for steady state |
| R _{riv} | ¹⁸⁷ Os/ ¹⁸⁸ Os composition of rivers | 1.4 | Peucker-Ehrenbrink & Ravizza (2000) ¹⁷ |
| R _{hyd} | ¹⁸⁷ Os/ ¹⁸⁸ Os composition of hydrothermal fluids | 0.13 | Meisel et al. (2001) ¹⁸ |
| R _{ext} | ¹⁸⁷ Os/ ¹⁸⁸ Os composition of extraterrestrial dust | 0.13 | Peucker-Ehrenbrink & Ravizza (2000) ¹⁷ |
| R _{sw} | ¹⁸⁷ Os/ ¹⁸⁸ Os composition of seawater | 1.06 | Peucker-Ehrenbrink & Ravizza (2000) ¹⁷ |
| | | | |
| Pre-MECO values | | | |
| Ν | Os inventory in oceans | 7.2 x 10 ⁷ mol | Assumed similar to present-day value |
| Friv | Riverine Os flux to oceans | 865 mol/yr | Calculated for steady state at $R_{sw} = 0.55$ |
| F _{hyd} | Hydrothermal Os flux to oceans | 1418 mol/yr | Calculated for steady state at $R_{sw} = 0.55$ |
| F _{ext} | Extraterrestrial Os flux to oceans | 80 mol/yr | Assumed similar to present-day value |
| F _{sed} | Sedimentary Os flux from oceans | 2363 mol/yr | Assumed similar to present-day value |
| Rriv | ¹⁸⁷ Os/ ¹⁸⁸ Os composition of rivers | 1.4 | Assumed similar to present-day value |
| R _{hyd} | ¹⁸⁷ Os/ ¹⁸⁸ Os composition of hydrothermal fluids | 0.13 | Assumed similar to present-day value |
| R _{ext} | ¹⁸⁷ Os/ ¹⁸⁸ Os composition of extraterrestrial dust | 0.13 | Assumed similar to present-day value |
| R _{sw} | ¹⁸⁷ Os/ ¹⁸⁸ Os composition of seawater | 0.55 | This study |

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