

1 **Critical Race Theory and Black feminist insights into 'race' and gender equality**

2
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6 7 **ABSTRACT**

8 This paper applies the concept 'blind spots' to describe partial approaches to 'race' and
9 gender equality agendas in sport organisations in the United Kingdom, drawing on semi-
10 structured, in-depth interviews with Equality and Coach Development Leaders. Using the
11 specific context of sport coaching, our qualitative approach is underpinned by Critical Race
12 Theory and the work of Black feminism and intersectionality scholarship. Three key themes
13 are identified: The marginality of 'race' in the equalities agenda; Patterns of (in)visibility;
14 and Whitening Equality. We argue that there is an urgent need for 'race' conscious
15 intersectional critiques of sport coaching. This is to examine the multiplicity and complexities
16 of inclusion and exclusion for coaches and the different levels at which social divisions are
17 constructed and interconnected. The paper provides a theoretical contribution to develop
18 'race' equality research and outlines implications for policy makers and practitioners to help
19 challenge notions of meritocracy.

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23
24 **KEY WORDS:** Equality, Diversity, Race, Gender, Critical Race Theory, Black feminism.

25 26 27 **Introduction**

28
29 The drive for more inclusive and equitable working environments are fundamental
30 objectives within government strategies and policies in the United Kingdom (UK). The
31 contribution of sport to society and the inclusion of different social groups within it is central
32 to this drive. Publicly funded sport organisations and national governing bodies (NGBs) are

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33 lawfully required to have an equality policy in which protected characteristics, including
34 'race' and gender, must be addressed (Equality Act 2010). These equality policies outline an
35 organisational commitment to comply with the law in terms of promoting racial and gender
36 equality (Ahmed 2007b). Despite legislation and institutional statements that promise
37 equality and inclusion, racism and its interconnections with sexism remain well-attested in
38 sport leadership and coaching (Hylton 2018). Whilst recognising the significance of other
39 differences, this research focuses specifically on 'race', gender and their intersections,
40 examining organisational approaches to 'race' *and* gender equality in sport coaching.

41

42 UK statistics on the profile of NGB sport boards and senior leadership teams report
43 that only 26 out of 601 board positions (4%) have Black, Asian and Minoritised Ethnic
44 (BAME)ⁱ members. Only 1 out of 68 sports organisations has a BAME Chief Executive
45 Officer (Sporting Equals 2016). There is a stark under-representation of women in all
46 coaching and leadership positions across British sport (Women in Sport 2015), and an acute
47 absence of BAME women, also reflected across policy agendas and sport sociology
48 scholarship (Ratna and Samie 2018, Rankin-Wright and Norman 2018). The dearth of
49 representation across the coaching workforce is defined as a "significant" and "urgent issue"
50 for UK sport (Sporting Equals 2011, 3).

51

52 The sport context, although often regarded as meritocratic and equal for all,
53 illuminates contemporary racisms and their connection with gender and other oppressions
54 (Carrington 2012). The institutional concerns around 'race' and racialised gendered issues in
55 all organisations are reproduced in sport. In particular, we reflect here upon myopic
56 approaches in sport equalities domains that lead to institutional 'blind spots' that highlight
57 relevant and significant social processes for other social institutions (Mirza 1997, 2009). For
58 instance, it has been argued that in the US, Title IXⁱⁱ, despite its intent and commitments to
59 address gender inequality, has actually reconstructed societal racial inequalities for African
60 American women and women of colour due to issues of racial marginalisation (Carter-
61 Francique 2018). Sociological work on the race-gender-sport nexus is vital to better
62 understand debates around intersectionality to inform 'race' and gender equality initiatives in
63 all sectors of British society.

64

65 To situate the empirical research in this paper, the following sections provide an
66 outline of Mirza's (1997, 2009) concept of 'blind spots' and an overview of the policy

67 context for ‘race’ and gender equality in UK sport coaching. We then outline the Critical
68 Race Theory (CRT) approach that draws on Black feminism and intersectionality scholarship
69 employed as the framework for this study. Following this, the qualitative methodology used
70 to explore how sport organisations approach ‘race’ and gender equality in sport coaching is
71 detailed. The findings are discussed under three interrelated themes: 1) The marginality of
72 ‘race’ in the equalities agenda, 2) Patterns of (in)visibility, and 3) Whitening Equality.
73 Recommendations for research on, and sport organisational approaches for, ‘race’ and gender
74 are outlined in the conclusion. The paper focuses on applying theoretical ideas to contribute
75 towards strengthening ‘race’ and gender equality and diversity agendas within sport
76 organisations.

77
78

79 **Equality legislation and sport coaching**

80

81 The shift from single issue politics to an overarching Equalities and Human Rights
82 Commission, and a new UK Equality Act (2010) (see Gedalof 2013 for a review of this
83 process) gained some acceptance of the shared issues regarding discrimination, prejudice, and
84 inequalities. Yet, this Act 2010 failed to persuade many that it would adequately maintain a
85 coherent focus on specific single equality issues or effectively operate an intersectional
86 approach (Gedalof 2013, Solanke 2011). Solanke (2011: 336) has argued that although the
87 previous nine statutes have been brought together in one document, “a system of single-
88 dimension ‘silos’” remains. This, Solanke (2011, 340) contends, has created a structural
89 ‘blind spot’ that fails to account for synergetic intersections: “the cooperative effects ...
90 produced by two or more elements”.

91

92 In an attempt to translate this equality legislation into practice in sport organisations
93 to support more equitable ways of working, *The Equality Standard: A Framework for Sport*
94 was launched (2004), and updated in 2012, by UK Sport and the four UK Sport Councilsⁱⁱⁱ
95 (Sport England 2012). To achieve measurable targets linked to the achievement of four levels
96 (see Shaw 2007 for a critique of this audit-based approach to equality), a number of sport
97 organisations and NGBs employed Equality Leads, whose roles involved developing,
98 promoting and implementing equality policies and strategies within their respective
99 organisation. In addition, *The UK Coaching Framework*, published in 2012 by sports coach
100 UK^{iv}, stated that a more diverse, inclusive and equitable coaching workforce were among its

101 central strategic objectives (sports coach UK 2012). This remit was continued in *The*
102 *Coaching Plan for England 2017-2021*, in which a key aspiration is to increase the diversity
103 of the coaching workforce to ensure that participants are coached by those “who are
104 immediately empathetic to their needs and reflective of their social environment” (Sport
105 England 2016, 18).

106
107 Notwithstanding these legislative influences, a racial and gender imbalance remains at
108 the highest and most powerful levels of sport coaching (Hylton 2018, Rankin-Wright, Hylton
109 and Norman 2017, Sporting Equals 2011). Critical race theory scholars have been vociferous
110 in highlighting the anomalies and tensions within sport organisations and governance that
111 have reinforced racial and gender hierarchies, and the liberal incrementalism that stymies
112 social progress (Burdsey 2004b; Fletcher and Hylton 2017; Hylton and Lawrence 2016).
113 CRT’s focus on social justice can help sport organisations develop better antiracist policies
114 (Hylton 2010; Carrington 2013). CRT’s explication in sport and leisure contexts has enabled
115 many critiques of stakeholders that embrace ‘race’ averse tactics or ‘race’ neutral ideologies,
116 by explaining how the significance of ‘race’ and embeddedness of racism, microaggressions
117 and colour blindness operate to maintain racial hierarchies while minimising meaningful
118 change (cf. Bradbury, Sterkenburg and Mignon 2014; Burdsey 2004b; Hylton 2010, 2018).

119
120 Further, critical sociological scholarship that examines intersecting gendered and
121 racialised experiences that facilitate, as well as constrain, coaches’ progression in sport
122 drawing on critical race scholarship is worthy of recognition (see for instance, Birrell 1989,
123 Bruening 2005, Borland and Bruening 2010, Carter-Francique and Olushola 2016, Rankin-
124 Wright and Norman 2018, Rankin-Wright, Hylton, and Norman 2017). With some
125 exceptions, research concerned with the social complexities of sport organisations that have
126 focused almost exclusively on ‘race’ and race equality have tended to highlight the *outcomes*
127 of recruitment, development, and governance processes. Research on gender equality in sport
128 coaching, although focusing greater attention on the *institutional processes*, has largely failed
129 to acknowledge and critically analyse the whiteness of this institutional field and the
130 intersecting and mutually constitutive nature of identities, difference and power that
131 privilege, as well as disadvantage (Carter-Francique and Olushola 2016, Rankin-Wright and
132 Norman 2018). We argue that this presents ‘blind spots’ in itself in relation to academic
133 discourses focused on equality in sport.

134

135

136 **Theorising gender and ‘race’**

137

138 To understand how ‘race’ and gender are approached within the equality sport
139 coaching context, we approach this issue by applying a CRT perspective and draw on Black
140 feminism and intersectionality scholarship. Studies have established CRT as a powerful tool
141 for understanding and addressing issues of ‘race’, racial (in)equalities and whiteness in UK
142 sport policy and practice (for example Burdsey 2011a, Hylton 2018). CRT is an
143 interdisciplinary approach emerging from social activism that places ‘race’ at the centre of
144 critical analyses (Hylton 2018). Whilst acknowledging that oppressions cannot be neatly
145 separated or categorised (Bell 1992), CRT premises the significance of ‘race’ as an
146 organising structure (Stefancic and Delgado 2013) and the endemic, insidious, and enduring
147 everyday practice of racism (Bell 1992) in society. Adopting a historical perspective that
148 links current inequalities to past racial oppression, CRT facilitates broad pragmatic
149 intellectual tools that fundamentally challenge those discriminatory racialised power
150 processes, which marginalise individuals and groups, whilst advantaging others (Crenshaw et
151 al. 1995, Hylton 2012, 2018).

152

153 This paper applies the concept of ‘blind spots’, as described by Mirza (1997, 2009) in
154 higher education, and Solanke (2011) in law, to examine approaches to equality policy
155 implementation in UK sport coaching. Mirza (1997, 4) revealed how the concept of
156 ideological blind spots applied in the construction of issues related to ‘race’, gender and class
157 could exclude some while using the discourse of inclusion. She stated that,

158

159 The invisibility of black^y women speaks of the separate narrative constructions of
160 race, gender and class: in a racial discourse, where the subject is male; in a gendered
161 discourse where the subject is white; and a class discourse where race has no place.

162

163 This seminal quote retains its significance. Mirza’s (2009) work on education policies and
164 practice, and the marginalisation and exclusion of specific groups in the UK developed in her
165 book ‘Race, gender and educational desire: why Black women succeed and fail’ over a
166 decade later, continues to reiterate the critical attention needed around issues of ‘race’, gender
167 and difference, across contexts. Jean and Feagin (1998) describe this phenomenon as a
168 double-jeopardy, illustrating how black women not only have to experience the pressures of

169 everyday racism and sexism but combinations of them both. This explanation emphasises that
170 black women experience racism and racialised myths and stereotypes, including being
171 described as aggressive, matriarchs or hyper-sexualised, differently to black men while white
172 women do not experience this phenomenon. This double-jeopardy can be missed when
173 practitioners apply what has been described as a single-axis framework (Crenshaw 1989).
174 Though diversity and difference are important elements of equalities discourses, there are
175 moments when these differences operate at varying intersections and in varying contexts.

176

177 Applying the idea of ‘blind spots’ to a UK sport context, this paper critically reflects
178 on elements of sport organisational practices, processes and ideologies, related to sport
179 coaching, that perpetuate racialised and gendered inequalities and disparities within the
180 profession. These ‘blind spots’ refer to issues that are ‘not seen’, or that are ignored, by
181 Equality and Coach Education managers. In doing so, we focus on the multiplicity and
182 complexities of approaches to gender and ‘race’ equality in sport coaching, aligned with the
183 intersectional approach gestured in the streamlining of protected characteristics in the UK
184 Equality Act (2010). Some of the unifying ideas of CRT, enlightened by the work of black
185 feminists, which were centred to illuminate the blind spots in this paper included: colour-
186 blindness, intersections of ‘race’ and gender with multiple oppressions, and whiteness. These
187 are now discussed.

188

189 *Colour-blindness*

190 Colour-blind ideologies that reflect positions of privilege whilst ignoring racialised
191 realities, processes and disparities, are argued to maintain the interests of dominant groups in
192 society. We challenge endorsements of colour-blindness in sport because they pertain to
193 liberal ideals of universal equality regardless of social location and histories (Rodriquez
194 2006). By denying the significance of ‘race’ from social relations in which inequalities and
195 racial discourses are embedded, colour-blindness works as an ideology to reify racialised
196 inequalities by obscuring the institutional arrangements that reproduce them (Rodriquez
197 2006). Burdsey (2011b) highlights the interconnectedness of these themes within the unequal
198 patterns of player recruitment and employment in men’s professional football in England.
199 Burdsey found that British Asian football players were not only perceived by talent scouts to
200 lack the physical and cultural traits required for professional football, they were also ‘blamed’
201 for their exclusion for ‘choosing’ to participate in environments outside of the mainstream
202 football settings. Thus, as exclusion becomes ‘naturalised’ and excluded groups play in other,

203 safer spaces, football continue to claim that they recruit players and coaches from the
204 'available' talent pool. Further, without acknowledging the racial discrimination and
205 inequalities that result in a specific ethnic profile of this talent pool, the impacts and extent of
206 racism are 'minimised' and its effects becomes more evident. Burdsey (2011b, 49) argues
207 that such colour-blind rhetoric "provides a facade of action while actually doing nothing to
208 dismantle the structural factors that restrict participation in the professional sphere".

209

210 ***Intersections of 'race' with gender***

211 CRT and Black feminism are connected as they think *in* and *between* 'race', gender
212 and other identities; the acknowledgement and understanding of the simultaneity of
213 oppressions. Intersectionality is grounded in Black feminism and is both a product and
214 expression of a CRT approach (Collins and Bilge 2016). Rearticulating the scholarship of
215 Black feminists, including Collins, Davies, and Lorde, Crenshaw (1989) coined the term
216 intersectionality to emphasise the intersections and salience of 'race' and gender with related
217 identities and forms of oppression, masked by structural and institutional power. Crenshaw
218 (1989) critiqued feminist theory and anti-racist policy discourses for ignoring the
219 simultaneous intersections of multiple social relations through the use of single axis
220 frameworks that treat 'race' and gender as mutually exclusive categories of analysis and
221 experience. These single axis frameworks have distorted the multidimensionality of Black
222 women's experiences and consequently erase Black women from theory, policy and practice
223 (Crenshaw 1989; Mirza 1997).

224

225 Black feminists have challenged dominant racial and feminist discourses for
226 disregarding the axes of White privilege and gender privilege, ignoring difference and
227 diversity, thus universalising the Black experience and women's experience (Brah 1996;
228 Collins 1986, 2000; hooks 2000b; Mirza 1997, 2009; Ratna and Samie 2018). As such, there
229 has been deliberation over the conceptualisation and utility of the terms 'equality' and
230 'diversity' within Black feminist discourses due to the marginalisation of 'race' and class
231 oppressions (hooks 2000a; Ahmed 2009). Further, the concern with positioning gender equity
232 as a women's issue has ignored the inequalities that many men experience within sport
233 organisations, in particular men who are visible minorities in terms of 'race'.

234

235 ***Whiteness***

236 Whiteness is a configuration of power and privilege; a dynamic and contested process
237 that invariably privileges White people, whose racial identities themselves are socially
238 constructed and lived (Frankenberg 1993). Frankenberg (1993) describes whiteness as a
239 location of structural advantage; a ‘race’ privileged position that affords those labelled as
240 White with invisible privileges that are not given to racialised ‘others’. Whiteness and white
241 privilege in sport, however, are clear and visible to those who are not included...those who
242 live the daily effects of whiteness (Ahmed 2004). There is a growing body of scholarship
243 examining whiteness in sport (see for example Watson and Scraton 2018; Fletcher and
244 Hylton 2017; Hylton and Lawrence 2016; Long, Hylton and Spracklen 2014). Hylton and
245 Fletcher (2017, 94) have argued that “there has been a noticeable development in the
246 application of CRT to sport, physical education and leisure – in particular the study of
247 whiteness and white privilege”. In sociological scholarship and society more broadly, many
248 of the ideas of CRT are having impact, particularly across social media, for instance
249 decolonising campaigns in education and the wave of player activism in US sport
250 underpinned by Black Lives Matter. Despite this, Hylton (2018) reaffirms that where ‘race’
251 and racism have been debated in the sport literature, whiteness and the power privileged by it
252 remain on the margins of mainstream sociology of sport discourses.

253

254 Despite the dominance of whiteness in sport coaching organisations, previous
255 research into ‘race’ and sport coaching has largely left whiteness in sport coaching relatively
256 unaffected and unremarked. These processes remain invisible, unmarked, and White as an
257 ethnicity or identity, has retained a status of ‘race-lessness’ (Ahmed 2004; Frankenberg 1993;
258 Watson and Scraton 2018). Researchers have been encouraged to acknowledge and address
259 whiteness as a process and site of power relations within research (McDonald 2005; Rollock
260 2013; Watson and Scraton 2018; Hylton 2018). Rollock (2013, 494) writes that it is the
261 responsibility for *all* researchers to name, foreground and address aspects of “racial identity,
262 race politics and positioning”. In particular, she stresses the responsibility for White
263 researchers engaging in ‘race’ research to critically reflect upon and disseminate awareness of
264 these issues.

265

266

267 **Methodology**

268

269 The purpose of the current study was to examine approaches to ‘race’ and gender
270 equality in sport coaching organisations in the UK using a qualitative methodology. The
271 epistemological, ontological, and methodological ideas underpinning the qualitative mode of
272 inquiry were embedded in the CRT approach and Black feminism scholarship framing the
273 research. This framework begins from the ontological starting point that an understanding of
274 lived oppression drives researchers to theorise and challenge the dominance of certain
275 epistemologies (See Tyson 2003). Therefore, researchers working within a critical paradigm
276 assume a historical realism ontology in that reality is shaped by “interactions of privilege and
277 oppression” (Lincoln *et al.* 2011, 102; Parker and Lynn 2002). This standpoint and its ‘race’-
278 based and feminist methodologies offer an epistemological shift in how knowledge becomes
279 known, believed and used (Pillow 2003). The methodology aims to expose and challenge
280 hegemonic normative frameworks of research that are colour-gender-blind, as well as giving
281 “voice to differing discourses that seek social change” (Pillow 2003, 187). This perspective
282 enables a clearer understanding of the hegemonic structural and cultural practices involved in
283 the organisation of sport coaching, which produce and maintain racialised and gendered
284 inequalities.

285

286 The findings are drawn from a wider study in which semi-structured interviews,
287 secondary documentary analysis of equality policies, and monitoring data of the coach
288 workforce were triangulated. Data informing this paper was drawn from interviews carried
289 out with 17 staff members working in either an Equality Lead role, a Coach Development
290 role, or an Equality Consultation role from three sport organisations, two sport equality
291 organisations, and six NGBs. The sport organisations were selected based on their authority
292 and influence as key stakeholders with budgetary and political influence on sport policy and
293 practice in NGBs. Two equality organisations were included whose primary roles were to
294 promote ‘race’ and gender equality in sport, respectively, and to advise sports to be inclusive
295 of under-represented groups. The six NGBs included a mixture of team and individual sports,
296 sports associated predominantly with men, sports associated predominantly with women, and
297 mixed-gender sports. All six NGBs were working towards varying levels of *The Equality*
298 *Standard* and had an informed view on how equality and diversity policies should be
299 implemented. Ten of the staff members identified as women (six out of 11 Equality Leads
300 and four out of six Coaching Leads) and seven identified as men. All of the staff members
301 identified as White, except one Equality Lead from a sport equality organisation who

302 identified as a male British Indian. Each organisation and NGB were assigned a pseudonym
303 and participants were assigned the respective pseudonyms of 'Equality Lead' or 'Coaching
304 Lead'. The organisations and participants have remained anonymous to ensure that the
305 analysis and interpretation focuses on the key messages across the sport coaching landscape,
306 rather than on specific sports or individuals. Anonymity was also necessary for the
307 participants to create freedom for honesty and openness about their institutional approaches
308 to, and their personal experiences of, 'race' and gender equality and diversity work.

309

310 The interviews provided insight into the organisation and implementation of equality
311 and diversity policies and practice with a specific focus on 'race' and gender. Prior to each
312 interview, participants were briefed about the research and themes for discussion. Interviews
313 were carried out face-to-face at the participants' place of work with the exception of one
314 telephone interview. Themes addressed in the Equality Lead interviews included: 1)
315 participant background information, 2) equality and diversity policy approach, and 3) putting
316 policies into practice. The themes addressed by the Coach Development Leads also included:
317 4) monitoring coaches and 5) equality in practice. The interviews lasted between 23 minutes
318 to 144 minutes, were digitally recorded and transcribed verbatim following each participant's
319 consent. The method of thematic analysis was used to aid the identification, analysis and
320 reporting of themes across the data set (Braun and Clarke 2006). Text from the interview
321 transcripts were selected and filed under themes and sub-themes using NVivo 10. Themes
322 were refined and re-named as the analysis process progressed, initially by Author A and then
323 shared and triangulated with the authorship team.

324

325 The positionality of researchers carrying out critical work on 'race' and gender should
326 never be ignored in social research (Rollock 2013). Social identities and their lived
327 experiences have a direct effect on researchers, how they see and interpret the world, what
328 research they regard as important and how they do it. As a team, our use of CRT and Black
329 feminism is reflective of ontological positions borne of living 'race' and gender. As two
330 White British women (Authors A and C), and a Black British male of African Caribbean
331 descent (Author B), 'race' and gender, interconnected with multiple other social identities,
332 impacts on each of us in different ways as researchers and academics in the social sciences.
333 Therefore, how we interpret our individual and collective approach to, and reading of, the
334 discursive terrain of the sport coaching landscape has remained central due to our reflexivity
335 on the multiple situated identities we occupy. In particular, we are mindful of our combined

336 positions of privilege and the responsibility to provide a platform to challenge rather than
337 perpetuate power structures. This relates to the critical social research process and
338 recognition of scholarly literature, and the consequent effect of our scholarship on the field of
339 sport sociology, coaching and equity.

340

341 **Findings**

342

343 The findings are discussed under three interrelated themes illustrating the conceptual
344 blind spots in relation to organisational approaches to 'race' and gender equality in sport
345 coaching: i) The marginality of 'race' in the equalities agenda ii) Patterns of (in)visibility and
346 iii) Whitening Equality.

347

348 *The marginality of 'race' in the equalities agenda*

349

350 In the UK, there is recognition of the salience of 'race' as a meaningful socio-political
351 category (Hylton and Long 2015). Despite this, a prominent finding from the interviews was
352 that 'race' and ethnicity concerns were marginal within equalities agendas for sport
353 organisations, as well as in sport coaching policy and practice. The Equality Lead from a
354 national Equality organisation explained that 'race' and racial equality were often side-lined
355 within NGB business plans:

356

357 *There is a louder political voice around disability and gender in comparison*
358 *[to 'race' and ethnicity] because you have a pathway for disability sport ...*
359 *and you've got a women's arm of governing bodies so you've got separate*
360 *structures. (Equality Lead, Equality Organisation 1).*

361

362 The turn to ideas of a hierarchy of oppressions is instructive in relation to the liminal space
363 that 'race' and ethnicity occupy in sport coaching policy and implementation. This point was
364 reiterated by the Equality Lead at a Sport Organisation whose testimony illustrated the
365 relegation of 'race' equality to the promotion of a dominant high performance discourse in
366 UK sport:

367

368 *Because our focus is performance, I think one of the dangers or one of the*
369 *pitfalls we have in terms of equality is that we think of it in terms of disability,*

370 *because we've got Olympics and Paralympics, and also in terms of gender*
371 *because again it's easy, you know, you have separate events for women [and*
372 *men] so I think the natural position is to think of equality in those two areas.*
373 *(Equality Lead, Sport Organisation 1).*

374

375 The Coaching Lead for NGB2, one of the larger NGBs with the preliminary level of *The*
376 *Equality Standard*, explained that whilst disability and gender (which referred to only
377 women), were “*high up on the agenda*”, everything else, including considerations of ‘race’
378 and the racial dynamics affecting access to high performance coach education, were relegated
379 to “*sit beneath it*”. The Coaching Lead at Sport Organisation 2 emphasised this point when
380 stating: “*I think even the NGBs that are concentrating on disability and women don't think*
381 *about ethnicity at all*”. Thus ‘race’ equality was effectively at the bottom of a hierarchy of
382 disadvantage and any direct and meaningful discussion and action around ‘race’ and racial
383 equality was absent (Burke 2012, Carrington and McDonald 2003).

384

385 The organisational discourses that set the terms for ‘race’ and gender equality can
386 ignore discussions of ‘race’, possibly for fear of finding evidence of negative racial processes
387 that require attention. This was evidenced during the interviews in which a number of
388 participants omitted to mention ‘race’ and ethnicity when discussing the equality
389 characteristics and under-represented groups within their organisation. Some also expressed a
390 degree of anxiety when discussing ‘race’ and ethnicity issues redolent of actors unfamiliar
391 with such conversations. The following quotes exemplify this:

392

393 *I just can't think how to say this and be politically correct [Emphasis added]*
394 *(Coaching Lead, NGB2).*

395

396 *That's completely uncontroversial so I feel OK saying that*
397 *(Equality Lead, NGB5).*

398

399 *I don't want to use the wrong terminology, it's not an area that I'm ... I wouldn't*
400 *really be able to comment*
401 *(Coaching Lead, NGB3).*

402

403 In contrast to these blunt, unfinished sentences, participants talked openly about gender and
404 disability when asked about the organisational profile of staff, athletes and coaches. Bonilla-
405 Silva (2002, 62) argues that conversations that result in an increased degree of anxiety and
406 rhetorical incoherence in discussions of ‘race’ and race equality is common in institutions
407 where they are marginal or ignored. Similar arguments have been rehearsed in an education
408 context in which “race and racism become a ‘no-go’ area, leaving fundamental issues around
409 the recruitment, progression and experiences of Black and minority ethnic staff unaddressed”
410 (Rollock 2013, 493; Ahmed 2009). This appears to be the case here where the lack of
411 engagement with ‘race’ at a policy or strategy level has led to a reluctance and lack of
412 knowledge about how to articulate such issues at an individual level.

413

414

415 *Patterns of (in)visibility: the intersections of ‘race’ and gender*

416

417 Baseline data that provide an accurate representation of coaches is important in order
418 to highlight, and benchmark issues in service provision. When asked about the number of
419 coaches from different social groups, the participants were unable to provide accurate
420 information due to a lack of rigour or absence of ethnic monitoring. The Equality Lead at a
421 NGB that managed a mixed-gender sport exemplified this when responding to a question
422 about the numbers of women coaches from different ethnic groups: “*It [monitoring data]*
423 *would just come through as gender and then ‘race’*” (Equality Lead, NGB5). An Equality
424 Lead, who acted in a consultancy role to advise NGBs on equality and diversity issues related
425 to gender, reinforced the limitations of statistical data sets and the inability to provide cross-
426 sectional statistics of sport coaches.

427

428 *We could tell you a gender break[down], we could tell you a BME [sic]*
429 *break[down] but whether we could give you a gender / BME break[down] in*
430 *terms of the numbers of BME women...I’m not sure (Equality Lead, Equality*
431 *Organisation 2).*

432

433 As a result, there was no gender breakdown of the White coaches for example, or ethnic
434 breakdown of the women coaches. Thus, ‘race’ and gender, in the context of sport coaching,
435 were addressed as separate stand-alone categories (Rankin-Wright and Norman 2018).
436 Roberts (2013, 1) has discussed the “limitations of bounded categories” in relation to lived

437 experiences and research, and stated: “such categories locate particular constituencies in what
438 Wright (2004) refers to as a space of contradiction. In such spaces one can be visible and
439 invisible, erased and present”. These single category approaches should continue to be
440 criticised for failing to account for intersecting forms of advantage, disadvantage and lived
441 experiences (Crenshaw, 1989).

442

443 The Equality Lead in this consultancy role further alluded to a reductionist approach
444 when discussing women’s engagement in sport as participants as well as coaches. She stated:

445

446 *We’ve tried to move ourselves a little bit away from the ‘quoting diversity’*
447 *box insofar as if you look at women they are not hard to reach, they are over*
448 *half of the population, we are everywhere, actually women’s participation in*
449 *sport shouldn’t necessarily be an equality issue in the traditional sense and*
450 *women shouldn’t necessarily be treated as a hard to reach group (Equality*
451 *Lead, Equality Organisation 2).*

452

453 This focus on patriarchy as the primary structure of women’s oppression in sport coaching
454 illustrates Black women’s liminality and *double-burden* of gender and ‘race’ (Jean and
455 Feagin 1998). This was criticised by the Equality Lead at Sport Organisation 2, who argued
456 that homogenising women failed to account for the ways in which ‘race’, and gender as well
457 as other social relations, differentiated the experience and situation of sport coaches (Holvino
458 2010). She explained:

459

460 *I think that’s a massive issue because if you give information to a governing*
461 *body about coaching women, female participants in sport, they could read*
462 *that information and go “Right, this is what we need to do, we need to do*
463 *point one, we need to...” ... and they have to recognise that there are*
464 *differences ... we are all individuals. (Equality Lead, Sport Organisation 2).*

465

466 This Equality Lead recognised that the intersections of these multiple and dynamic relations
467 are simultaneously lived by coaches and participants; they are part of the social structure
468 within their sporting contexts, and impact how they are treated with regards to recruitment,
469 retention and progression. This is particularly the case for Black women coaches who
470 negotiate intersectional gendered and racialised structural and relational oppressions (Borland

471 and Bruening 2010; Carter-Francique and Olushola 2016; Rankin-Wright and Norman 2018).
472 The general failure in these national sport organisations and NGBs to develop an integrated
473 analysis and practice that accounts for coaches having complex but under-theorised identities
474 reinforces an essentialist view based on the privileging of single dimensions of womanhood
475 (Brah and Phoenix 2004). A ‘blind spot’ in these equality agendas and monitoring procedures
476 occurs due to the inability of policy makers to see women as anything but White. The
477 representation of Black women within sport coaching is thus characterised by what Mirza
478 (2009, 78) describes as “patterns of invisibility”, in which they are imperceptible in separate
479 monitoring and legislative provision and practice for ‘race’ and sex.

480

481 ***Whitening Equality***

482

483 In a racially structured arena, such as sport coaching, whiteness is often left
484 unremarked for those racially privileged. The participants all identified as White, with the
485 exception of the Equality Lead for Equality Organisation 2 who self-reported his ethnicity as
486 British Indian. This sample in itself is indicative of the lack of racial diversity in the
487 governance of sport. The racial hierarchies and White privilege within sport coaching was
488 largely unnoticed by participants. The following testimony exemplifies this, in which one
489 Equality Lead illustrated the positive gender mix in her NGB by reviewing the number of
490 (White) women in senior positions:

491

492 *In terms of gender we’re doing reasonably well. We’ve got a non-exec*
493 *Director who’s a woman, ... and at the highest level we’ve got [a woman]*
494 *who is head of finances, director of finances and she’s also the secretary so*
495 *she’s got a very high role. ... The head of the legal department is a woman,*
496 *the head of operations is a woman ... [Question from Author A regarding*
497 *ethnicity] ... They are all White women. That’s what I meant, in terms of*
498 *gender we are doing ok, but in terms of BME [sic] at the higher level we are*
499 *not, not at all. (Equality Lead, NGB1).*

500

501 The Coaching Lead for Sport Organisation 2 made similar claims about the positive gender
502 mix within her organisation whilst marginalising racial inequalities between and within
503 groups of men and women:

504

505 *We have a very good mix of men and women in the organisation, whereas I*
506 *think a lot of governing bodies tend to be quite male heavy. Our Chief*
507 *Operating Officer is a woman, Chief Operating Officer for our partner*
508 *organisation, is a woman, the Chief Exec's a man but other than that in terms*
509 *of the heads, well it's one woman to three men, but within the organisation*
510 *itself we are a 50/50 split, which is great. ... [Question from Author A*
511 *regarding ethnicity] ... The BME [sic] representation is not good. (Coaching*
512 *Lead, Sport Organisation 2).*

513

514 The accounts from these (White) women, interacting with a White woman researcher,
515 highlight the centrality of whiteness in informing our understanding of equality in sport
516 coaching. Their accounts further illustrate the limited insight into racialised processes within
517 sport coaching of those who arguably occupy central/privileged rather than liminal spaces
518 (hooks 2000b; Ladson-Billings and Donnor 2008; Rollock 2012, 2013). As White women,
519 they have a degree of freedom to enter and progress within sport coaching on the grounds of
520 their whiteness. They share a social history and habitus with White men, which may aid them
521 in becoming insiders (Ratna 2018). 'Race' is recognised as a barrier for racialised others, but
522 their own raced White identity when rendered visible is not viewed as a privilege for
523 themselves. The focus on White women in senior positions, who are racially privileged
524 serves to sustain the social power and status within this sport coaching organisation and
525 marginalise those who are multiply-burdened (Crenshaw 1989).

526

527 **Conclusion**

528

529 This paper has described 'blind spots' with regards to approaches to 'race' and gender
530 equality in sport coaching organisations in the UK. These included: The marginality of 'race'
531 in the equalities agenda; Patterns of (in)visibility; and Whitening Equality. The implications
532 for policy makers and practitioners emerge in the use of the intersectional framework
533 underpinned by CRT and Black feminism that helps to forefront 'race' and racism at the
534 intersections with gender - issues that have not been a prominent part of discussions in
535 practice. Multi issue/axis as well as single issue/axis discourses need to be engaged in sport
536 coaching research, policy and practice to disrupt the specific complexities that make up
537 subordinating and exclusionary processes (Collins 2000). It is incumbent on key stakeholders
538 such as UK Coaching, Sports Councils, NGBs and their related equality partners to operate

539 with deeper critical insight and awareness of how they can better deploy ‘race’, gender and
540 their intersections to include and empower. This framework challenges obfuscatory notions
541 of meritocracy and centres whiteness, ‘race’ and gender using the narrative of conceptual
542 blind spots. For instance, the findings evidence that current approaches in sport coaching
543 equality agendas that consider a gender category *or* a ‘race’ category privilege certain voices
544 over others. Policy makers and practitioners must challenge these single-issue approaches and
545 work towards equality agendas that consider gender *and* ‘race’ as complex and connected.

546

547 The findings also demonstrate that ‘race’ and race equality occupy minor positions on
548 sporting equality agendas. The study highlights the ineffectual impact of legislation and
549 initiatives that rely on providing more opportunities based on a single social axis. Racial
550 processes are inherently intertwined with gender and the salience of each shifting in different
551 sport contexts. Equality policies and practices that fail to fully articulate and address the
552 nature of discrimination through either marginalising issues or focusing on one categorical
553 oppression at the exclusion of others further create blind spots in the sport coaching equality
554 agenda (Crenshaw 1991). The findings indicate that equality initiatives in sport coaching that
555 are governed from positions of privilege too often neglect the complexity of oppressions. In
556 particular, the significance of whiteness as gendered is often neglected (Scraton 2001). The
557 White practitioners interviewed for this research and Author A who carried out the
558 interviews, as a White researcher, sit within this wider system of ‘race’ inequality that
559 Rollock (2013, 500) explains is “characterised by performances of privilege, power and
560 entitlement”. It is these racially privileged voices that continue to dominate gender equality
561 discourse in sport coaching, both within organisations and research. This is of concern if
562 these voices fail to account for and evidence racial inequalities in policy implementation and
563 equality initiatives. The contributions of Black feminist thought and intersectionality are
564 invaluable for understanding the multiplicity of inequality and oppressions facing sport
565 coaches, and particularly Black women coaches.

566

567 There is a desperate need for a concerted ‘race’ conscious intersectional analysis in
568 sport coaching to further examine the complexities of inclusion and exclusion for coaches
569 and the different levels in which social divisions are constructed and interconnected. The
570 colour-blindness within organisations that suggest all coaches are equal are likely to heighten
571 patterns of discrimination that are (re)produced between and within different groups of
572 coaches. We need to understand sport coaching from the social locations of Black and Asian

573 minoritised ethnic men and women coaches, those who are often on the margins of decision-
574 making regarding policy and practice. An approach that engages a politics of intersectionality
575 encourages different ways of thinking and theorising, and provides a greater understanding of
576 the multiplicity, complexities and dynamic nature of power relations and oppressions (Brah
577 and Phoenix 2004). An intersectional approach to 'race' and gender equality work, that
578 includes the continuous questioning of whiteness, is also advocated for sport and coaching
579 policy makers, practitioners, and researchers (Massao and Fasting 2014). Ultimately, 'race'
580 and gender, as well as social class, age, disability, sexual orientation, and religion (common
581 demographic information required on monitoring forms), must be understood as interlocking
582 systems of domination and power (Collins 2000; Crenshaw 1989). 'Race' and its
583 intersections matter; 'race' is significant in society, and cannot be a 'blind spot' anymore in
584 sport policy and practice.

585

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745

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751

ⁱ We have used the 'BAME' here, as this term was used in the research report referenced. 'BAME', often used interchangeably with 'BME'(Black and Minoritised Ethnic) in UK policy documents, is a popular acronym used in policy circles in the UK, used to denote the diverse positions and identities of all those individuals classed as 'in the minority'. BAME makes South Asian identities more explicit.

ⁱⁱ Title IX is a federal civil rights law in the United States of America that was passed as part of the Education Amendments of 1972.

ⁱⁱⁱ Sport England, Sport Scotland, the Sports Council for Wales, and the Sports Council for Northern Ireland

^{iv} UK Coaching, formally Sports Coach UK, are the national agency for coaching, working principally with national governing bodies in the recruitment and development of sports coaches.

^v Whilst acknowledging that 'black' remained a contested concept for recognising personal identity, and the multiplicity of experiences within and across different groups of people, Mirza used the term to denote a collective identity and space.