

# 1 Carbon export from mountain forests enhanced by earthquake-triggered 2 landslides over millennia

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15

## 16 **Abstract**

17 Rapid ground accelerations during earthquakes can trigger landslides which disturb mountain  
18 forests and harvest carbon from soils and vegetation. While infrequent over human timescales, these  
19 co-seismic landslides can set the rates of geomorphic processes over centuries to millennia.

20 However, the long-term impacts of earthquakes and landslides on carbon export from the biosphere  
21 remain poorly constrained. Here, we examine the sedimentary fill of Lake Paringa, New Zealand,  
22 which is fed by a river draining steep mountains proximal to the Alpine Fault. Carbon isotopes  
23 reveal enhanced accumulation rates of biospheric carbon after four large earthquakes over the last  
24 ~1100 years, likely reflecting delivery of soil-derived carbon eroded by deep-seated landslides.

25 Cumulatively these pulses of earthquake-mobilized carbon represent  $23 \pm 5\%$  of the record length,

26 but account for  $43 \pm 5\%$  of the biospheric carbon in the core. Landslide simulations suggest that 14  
27  $\pm 5$  Mt C could be eroded in each earthquake. Our findings support a link between active tectonics  
28 and the surface carbon cycle and suggest that large earthquakes can significantly contribute to  
29 carbon export from mountain forests over millennia.

30

### 31 **Main text**

32 Earthquakes cause immediate damage to mountain forests<sup>1,2</sup>, largely through earthquake-triggered  
33 landslides<sup>2,3</sup> which can completely strip hillsides of vegetation and soil<sup>4</sup>. Earthquakes have thus  
34 been viewed as a potential source of carbon dioxide (CO<sub>2</sub>) over the years that follow, due to the  
35 direct forest damage and subsequent degradation of organic matter<sup>1,2,5</sup>. However, in steep mountain  
36 catchments, landslide debris can be transported rapidly to rivers<sup>6</sup> and buried within lake, delta, or  
37 marine deposits<sup>7,8,9</sup>. Active mountain belts are therefore thought to play an important role in setting  
38 the global discharge of biospheric organic carbon derived from vegetation and soil (OC<sub>biosphere</sub>) by  
39 rivers of  $\sim 0.16^{+0.07}_{-0.05}$  PgC yr<sup>-1</sup> (refs. 10-11) and promote efficient OC burial due to high sediment  
40 loads, thereby contributing to sequestration of CO<sub>2</sub> over geological timescales<sup>8,10,12</sup>. It has proved  
41 difficult to quantify the long-term role of earthquakes in OC<sub>biosphere</sub> export because they are  
42 unpredictable, infrequent and sediment export after large earthquakes occurs over decades or  
43 longer<sup>13,14</sup>. If large earthquakes are not accounted for then short-term measurements of OC<sub>biosphere</sub>  
44 export by rivers<sup>10,11</sup> may be underestimated and fail to capture large transient changes in carbon  
45 fluxes over decadal time scales.

46 The immediate impacts of earthquake-triggered landslides have been observed in the  
47 sediment loads of numerous rivers<sup>13-15</sup>. Comparison with longer-term denudation rates show that  
48 earthquake-triggered landslides can account for a significant part of total denudation over  $10^2$ - $10^6$   
49 years<sup>16-18</sup>. In contrast, the only quantitative study of OC<sub>biosphere</sub> fluxes comes from the 2008  
50 Wenchuan earthquake<sup>19</sup>, mainly due to the need for river samples before and after the event. There,

51 OC<sub>biosphere</sub> discharge by the Sanping River doubled in the four years after the earthquake<sup>19</sup>, but the  
52 brevity of the historical record meant that the roles of multiple earthquakes in driving OC<sub>biosphere</sub>  
53 export and CO<sub>2</sub> sequestration over longer time scales could not be determined. We address this  
54 using the sedimentary archive in Lake Paringa (Fig. 1), western Southern Alps, New Zealand<sup>20</sup>. The  
55 tectonic and geomorphic setting<sup>21-23</sup>, climate<sup>24</sup> and extensive vegetation cover<sup>25</sup> make this an ideal  
56 location to quantify the impact of repeated earthquakes on biogeochemical cycles.

57

### 58 **A lake record of earthquake-driven carbon transfers**

59 The Alpine Fault extends almost continuously for > 650 km along the South Island of New Zealand  
60 and marks the transpressional boundary between the Australian and Pacific plates, with a shortening  
61 rate<sup>23</sup> of up to 12 mm yr<sup>-1</sup>. No direct observations of Alpine Fault ruptures exist<sup>26</sup>, but palaeoseismic  
62 reconstructions suggest that the fault ruptures along much of its length every 250-350 years<sup>27-31</sup>,  
63 producing M<sub>w</sub> > 7.6 earthquakes in A.D. 1717, ca. A.D. 1400, ca. A.D. 1150 and ~ca. A.D. 925<sup>20,26</sup>.  
64 Here we use a 6 m sediment core from the Windbag Basin of Lake Paringa which preserves  
65 evidence of these four Alpine Fault seismic cycles (Methods).

66 For each earthquake, three distinct sedimentary units have been identified<sup>20</sup>: i) co-seismic  
67 megaturbidites; ii) post-seismic hyperpycnites; and iii) inter-seismic layered silts. The co-seismic  
68 megaturbidites were deposited contemporaneously with fault rupture following sub-aqueous slope  
69 failures. Correlation of megaturbidites across multiple lakes<sup>29,30</sup> and their coincidence with  
70 earthquakes dated by other palaeoseismic methods<sup>26-28</sup> help to confirm them as markers of large  
71 earthquakes. These are overlain by post-seismic hyperpycnite stacks which contain sequences of  
72 graded turbidites<sup>20</sup>. These hyperpycnite stacks are central to this study: they record the landscape  
73 response to earthquake shaking and landslides in catchments draining to the lake. The overlying  
74 layered silts are interpreted as deposits from inter-seismic periods of relative geomorphic  
75 quiescence<sup>20,29</sup>. To quantify the accumulation of OC and assess the OC source<sup>11</sup>, we combine  
76 measurements of total organic carbon (TOC) content ([TOC], wt.%), TOC to nitrogen ratio (C/N),

77 stable organic carbon isotopes ( $\delta^{13}\text{C}$ ), radiocarbon ( $^{14}\text{C}$ ) activity in bulk organic matter reported as  
78 ‘fraction modern’ ( $F_{\text{mod}}$ ), and biomarker abundance (Methods).

79 The upper part of the core (0.30–0.89 m) comprises the most recent sediments (from ~A.D.  
80 1800 to ~ A.D. 1950) which characterize the OC accumulated during the present inter-seismic  
81 phase<sup>20</sup>. These sediments have mean  $\delta^{13}\text{C} = -28.8 \pm 0.2\text{‰}$  ( $n = 19$ ,  $\pm 2\text{SE}$  unless otherwise stated)  
82 and mean  $\text{C/N} = 11.7 \pm 0.5$  ( $n = 19$ ) (Supplementary Table S1). Organic matter from other inter-  
83 seismic silts in the core<sup>20</sup> has similar compositions (Fig. 2). The  $\delta^{13}\text{C}$  and  $\text{C/N}$  values suggest that  
84 the inter-seismic sediments contain OC eroded from lower-elevation surface soils proximal to the  
85 lake (mean  $\delta^{13}\text{C} = -29.9 \pm 0.4\text{‰}$  and  $\text{C/N} = 10.2 \pm 2.0$ ,  $n = 3$ ; Supplementary Table S2), mixed  
86 with a contribution from surface and deep higher elevation soils (Fig. 3A). The role of  
87 autochthonous OC within the lake appears to be minor based on the distribution of  $n$ -alkanes and  $n$ -  
88 alkanolic acids (Supplementary Information, Supplementary Fig. 1). OC is also present in meta-  
89 sedimentary bedrock within the catchment, which tends to dominate the river bed sediment OC<sup>32-34</sup>.  
90 Bedrock samples have a mean  $[\text{TOC}] \sim 0.15\%$  (ref. 32), much lower than  $[\text{TOC}]$  in the inter-  
91 seismic sediments of  $2.4 \pm 0.3\%$ , ( $n = 50$ ). We calculate that rock-derived OC makes up a minor  
92 component ( $\sim 10\%$ ) of the inter-seismic sediments (Methods), similar to estimates from a small  
93 number of suspended sediment samples collected from the modern-day Hokitika and Whataroa  
94 Rivers<sup>32</sup>.

95

## 96 **Geochemical evidence for earthquake-triggered landslides**

97 The post-seismic sediments deposited after each earthquake are  $^{13}\text{C}$ -enriched, with a mean  $\delta^{13}\text{C} = -$   
98  $27.2 \pm 0.1\text{‰}$ , and have higher  $\text{C/N}$  values of  $18.7 \pm 1.4$  ( $n = 97$ ) compared to the inter-seismic  
99 layers (Figs. 2 and 3). The weighted mean post-seismic  $[\text{TOC}] = 2.2 \pm 0.4\%$  ( $n = 97$ ) is similar to  
100 the inter-seismic periods and rock-derived OC contributes a similar component ( $\sim 10\%$ ). A rock-  
101 derived contribution therefore cannot explain the large shift in  $\delta^{13}\text{C}$  and  $\text{C/N}$  values. The  $\delta^{13}\text{C}$  and  
102  $\text{C/N}$  values suggest that immediately following each earthquake, the OC is a mixture of  $^{13}\text{C}$ -

103 enriched deeper soil (from deeper saprolite soil horizons<sup>35</sup> and weathered colluvium<sup>34</sup>) and surface  
104 soil from higher elevations (Fig. 3A).

105 Our inference of post-earthquake mobilisation of OC from deeper soil sources is supported  
106 by changes in <sup>14</sup>C activity of the bulk OC. Following the A.D. 1717 earthquake, the  $F_{\text{mod}}$  values  
107 range from 0.889 to 0.953 (Supplementary Table S1). Based on the SHCal13 calibration curve<sup>36</sup>  
108 constraint on the <sup>14</sup>C activity of atmospheric CO<sub>2</sub> and OC<sub>biosphere</sub> produced during this same period  
109 (i.e. between A.D. 1717 and A.D. 1795, Supplementary Table S2), the  $F_{\text{mod}}$  values of OC<sub>biosphere</sub>  
110 should be between 0.971 and 0.977. We normalise the  $F_{\text{mod}}$  values of organic matter in the lake to  
111 those of the atmosphere at time of deposition (Methods), and normalise the modern soil samples to  
112 the atmosphere at time of sampling<sup>37</sup>, to better compare the measurements (Fig. 3B, Methods). The  
113 approach suggests the input of both surface and deeper soils immediately following the A.D. 1717  
114 earthquake are required to produce the observed <sup>14</sup>C-depletion, supporting the observations from  
115 N/C and  $\delta^{13}\text{C}$  (Fig. 3A).

116 Landslides are an effective mechanism of eroding and mixing deep and surface soils<sup>4,32,38</sup>  
117 and the geochemical data demonstrate these inputs are enhanced following the last four Alpine  
118 Fault earthquakes (Fig. 3). This is consistent with measurements made after the 2008 Wenchuan  
119 earthquake, which showed dilution of detrital <sup>10</sup>Be concentrations of quartz in river sediments due  
120 to an increase in the overall depth of erosion by landsliding<sup>39</sup>. Because the soil litters have a much  
121 higher organic carbon content (mean [TOC] =  $12 \pm 6$  %,  $n = 7$ ) compared to the deeper soils (mean  
122 [TOC] =  $1.3 \pm 0.8$  %,  $n = 6$ ), the composition of the lake sediments requires a large mass  
123 contribution from deeper soils to shift the composition (Fig. 3). With more measurements of the  
124 stock and composition of soil OC with depth, it may be possible to use organic matter to quantify  
125 the overall depth of landslide erosion<sup>38</sup> and how it evolves following a large earthquake<sup>39</sup>. At this  
126 stage, however, it is not possible to go beyond a qualitative analysis.

127 The large post-seismic increase in mountain-derived OC<sub>biosphere</sub> suggests that the river is not  
128 at transport capacity during the inter-seismic phases and can carry more OC<sub>biosphere</sub> than is supplied

129 during those periods. This is consistent with the supply-limited nature of OC<sub>biosphere</sub> in other  
130 mountain rivers<sup>11</sup>. The post-seismic turbidite sequences suggest repeated hyperpycnal inputs to the  
131 lake in turbid river plumes<sup>15,20</sup> which effectively transport and preserve OC<sub>biosphere</sub>, likely driven by  
132 high runoff intensities during storms<sup>7,8,11</sup>. Following the immediate response, each earthquake cycle  
133 shows a remarkably consistent evolution of  $\delta^{13}\text{C}$  and C/N values (Fig. 2). The OC<sub>biosphere</sub>  
134 composition evolves away from that of deeper and higher elevation mountain soils and toward that  
135 of surface soils at lower elevations (Fig. 3A). <sup>14</sup>C-depleted organic matter appears to persist  
136 throughout the post-seismic phase (Fig. 3B). Landslide-derived material appears to be gradually  
137 removed from the catchment until the river reverts back to its inter-seismic state, perhaps due to a  
138 time lag associated with more poorly connected landslide deposits<sup>7,14</sup>. The time scale of this  
139 evacuation has been estimated from sediment core chronologies<sup>20,29</sup> to be  $58 \pm 15$  years.  
140 Stabilisation of landslide scars by new vegetation growth may also play a role<sup>40</sup> and takes  $\sim 50\text{--}100$   
141 years in the Southern Alps<sup>41</sup>.

142

### 143 **Erosion and accumulation of organic carbon**

144 To estimate the role of earthquakes in the accumulation of OC<sub>biosphere</sub> in the lake, we combined the  
145 measured [TOC] and the fraction of rock-derived OC in the core, with previously-determined  
146 clastic sedimentation rates<sup>20</sup> (Methods). This is a conservative measure because we do not account  
147 for OC<sub>biosphere</sub> stored in the co-seismic megaturbidites, which are likely to store some earthquake-  
148 derived landslide material<sup>20</sup>. The OC<sub>biosphere</sub> accumulation rate during the four post-seismic periods,  
149 as an uncertainty weighted-average over the core cross sectional area (Methods), was  $11.8 \pm 2.5$  mg  
150 C cm<sup>-2</sup> yr<sup>-1</sup>, ranging from  $9.8 \pm 3.6$  mg C cm<sup>-2</sup> yr<sup>-1</sup> to  $15.6 \pm 8.6$  mg C cm<sup>-2</sup> yr<sup>-1</sup> (Table 1). This is  $3.0$   
151  $\pm 0.7$  times greater than the average OC<sub>biosphere</sub> accumulation rate for the inter-seismic periods of  $3.9$   
152  $\pm 0.4$  mg C cm<sup>-2</sup> yr<sup>-1</sup>. We find that four large earthquakes have driven the accumulation of  $43 \pm 5\%$   
153 of the OC<sub>biosphere</sub> deposited in the core from Lake Paringa since A.D. 965–887. Given an average

154 post-seismic sedimentation phase duration of  $58 \pm 15$  years<sup>20,29</sup>, this period of deposition accounts  
155 for  $23 \pm 5\%$  of the total record length (Supplementary Table S3).

156 The important role of earthquakes in the export of  $OC_{\text{biosphere}}$  to Lake Paringa is consistent  
157 with wider estimates from the western Southern Alps. Based on inventories of landslides from large  
158 earthquakes<sup>16-18,42,43</sup>, a  $M_w \sim 8$  earthquake on the Alpine Fault would trigger extensive landslides in  
159 the temperate rainforest along the fault rupture. To estimate how much  $OC_{\text{biosphere}}$  may be  
160 mobilized, we use an approach which describes landslide probability with distance from the  
161 epicenter accounting for seismic wave attenuation<sup>42</sup>. Based on a feasible range of peak landslide  
162 density after an Alpine Fault earthquake of 6-10 % of the land surface<sup>13,17,18,42,43</sup>, and information  
163 on soil and vegetation carbon stocks<sup>4,32</sup>, we estimate the total  $OC_{\text{biosphere}}$  mass removed by an Alpine  
164 Fault earthquake as between  $8 \pm 4$  Mt C and  $14 \pm 5$  Mt C (Methods, Supplementary Fig. S2).  
165 Considering the recurrence interval of large earthquakes<sup>30</sup>, the corresponding rate of  $OC_{\text{biosphere}}$   
166 erosion is between  $5 \pm 2$  to  $9 \pm 4$  t C km<sup>-2</sup> yr<sup>-1</sup>. These values are 70-100% of modern-day estimates  
167 of landslide-driven  $OC_{\text{biosphere}}$  erosion<sup>4</sup> ( $\sim 8$  t C km<sup>-2</sup> yr<sup>-1</sup>) and 10-20% of modern-day estimates of  
168 total  $OC_{\text{biosphere}}$  discharge by rivers ( $\sim 39$  t C km<sup>-2</sup> yr<sup>-1</sup>) in the western Southern Alps<sup>32</sup>. For context,  
169 the total mass which may be mobilized by an Alpine fault earthquake is potentially equivalent to  
170 New Zealand’s annual CO<sub>2</sub> emissions of 9.439 Mt C in 2013 (ref. 44).

171

## 172 **Implications for the geochemical carbon cycle**

173 Seismogenic faults at convergent plate boundaries can impact carbon export from the terrestrial  
174 biosphere. Firstly, over million year timescales orogenesis and denudation processes interact to build  
175 steep mountains<sup>21,23</sup>. These topographic barriers can intercept moisture<sup>24</sup> and fuel forest growth<sup>25</sup>.  
176 Such vegetated, steep landscapes promote  $OC_{\text{biosphere}}$  erosion by runoff-driven processes and mass  
177 wasting<sup>11</sup> and mountain rivers can have very high  $OC_{\text{biosphere}}$  yields<sup>10</sup>. As a result, it is estimated that  
178  $\sim 40\%$  of the global  $OC_{\text{biosphere}}$  export by rivers may come from topography steeper than  $\sim 10^\circ$  (3-arc-  
179 second)<sup>11</sup>, which makes up  $\sim 16\%$  of Earth’s continental surface<sup>45</sup>. A second impact to the carbon

180 cycle occurs over decadal timescales, as demonstrated here, when the ground shaking during  $M_w >$   
181 7 earthquakes triggers widespread landsliding<sup>16-18,42</sup>. These landslides can deliver  $OC_{\text{biosphere}}$  to  
182 rivers<sup>19</sup> which have the capacity to transport it (Fig. 3) and therefore result in pulsed increases in the  
183 organic carbon export from a mountain range (Fig. 2, Table 1). In the western Southern Alps, large  
184 earthquakes appear to have driven  $43 \pm 5\%$  of the  $OC_{\text{biosphere}}$  export over the last thousand years. A  
185 single Alpine Fault earthquake could mobilize up to  $14 \pm 5$  Mt C,  $\sim 10\%$  of the estimated global  
186 annual  $OC_{\text{biosphere}}$  discharge by rivers<sup>10</sup>.

187 The links between tectonics and the carbon cycle are further pronounced when the fate of  
188 the eroded  $OC_{\text{biosphere}}$  is also considered. Earthquake-triggered landslides act to greatly enhance  
189 clastic sediment yields in rivers in the years which follow the event<sup>13-15</sup>. This increases their  
190 turbidity and should act to increase sediment accumulation in depositional settings and increase the  
191 burial efficiency of  $OC_{\text{biosphere}}$  and thus long-term  $CO_2$  sequestration<sup>8,10,12</sup>. However, the role of  
192 terrestrial OC in the tectonic forcing of the carbon cycle is often neglected (in comparison to marine  
193 organic carbon burial<sup>46</sup>) partly because the global flux of  $OC_{\text{biosphere}}$  erosion by earthquake-triggered  
194 landslides remains to be quantified. The widespread intersection of mountain forests and  
195 seismogenic faults, particularly in Oceania<sup>47</sup>, could mean that active tectonics acts to moderate the  
196 drawdown of atmospheric  $CO_2$  by  $OC_{\text{biosphere}}$  burial and thus influence the long-term evolution of  
197 Earth’s climate.

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## 326 **Author contributions**

327 R.G.H., J.D.H. and A.L.D. conceived and designed the project. J.D.H. and S.J.F. collected the core

328 and N.V.F. undertook the sampling and geochemical analysis under the supervision of R.G.H.,

329 J.D.H. and D.G. J.W. undertook the biomarker analysis and interpretation under direction from

330 E.L.M. and R.G.H. J.D. ran the radiocarbon analyses. N.V.F. analysed and interpreted the bulk data

331 under the supervision of R.G.H., A.L.D. and J.D.H. T.C. computed the Alpine Fault landslide

332 scenarios with R.G.H. and J.D.H. R.G.H., N.V.F., and J.D.H. wrote the paper with input from all

333 authors.

334

## 335 **Competing Financial Interests statement**

336 The authors declare they have no competing financial interests.

337

### 338 **Additional information**

339 Supplementary information is available for this paper

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344

### 345 **Figure Captions**

346

347 **Figure 1: Tectonic setting of the Southern Alps and the topography of the Lake Paringa**

348 **catchment. A.** Regional tectonic setting. **B.** The source catchment of Lake Paringa (outlined in  
349 yellow) and the location of sediment core PA6m1. Dots show location of other cores<sup>20</sup>. **C.**

350 Comparison of the topography of the Windbag Basin catchment (yellow) and the adjacent Paringa  
351 River (blue), a major trunk valley on the western flank of the Southern Alps derived from an 8 m  
352 Digital Elevation Model. **D.** Hillslope angle probability density functions showing that the  
353 Windbag Basin (yellow) is comparable to neighboring Paringa catchment (blue).

354

355 **Figure 2: Organic matter in Lake Paringa core PA6m1.** Left to right, core images, graphic log,  
356 dry mass of clastic sediment (Mcs, g) and magnetic susceptibility (X) for **A.** core PA1 (ref. 20) and  
357 **B.** PA6m1 (this study), which correlate at the centimeter scale (black – 5 cm running average; grey–  
358 0.5 cm resolution data). For PA6m1, the stable isotope composition of organic carbon ( $\delta^{13}\text{C}$ , ‰  
359 analytical uncertainty smaller than the symbol size) and the organic carbon to nitrogen ratio (C/N,

360 colours). Four large Alpine Fault earthquakes are recorded by megaturbidites (grey bars)<sup>20</sup> and post-  
361 seismic periods are highlighted by pink bars.

362

363 **Figure 3: Sources of organic matter in Lake Paringa during earthquake cycles.** Symbols

364 denote post-seismic sediments after each major earthquake identified in the core<sup>20</sup> and are coloured

365 by sample distance (in cm) above the megaturbidite marking the previous earthquake (yellow are

366 immediately post-seismic). Stars and hexagons show soil and weathered colluvium samples

367 (Supplementary Table S2). Analytical uncertainties are smaller or similar to the symbol size. **A.** The

368 nitrogen to organic carbon ratio versus the stable C isotope composition. **B.** The radiocarbon

369 disequilibria of samples,  $F^{14}R_{x-atm}$ , relative to the atmosphere<sup>37</sup> (Methods), allowing comparison

370 between lake sediment samples deposited post-A.D. 1717 and modern-day soils.

371

## 372 **Methods**

### 373 **Study site and Core collection**

374 The western Southern Alps are an ideal location to track  $OC_{\text{biosphere}}$  erosion due to the repeated large

375 earthquakes<sup>20</sup>, rapid erosion<sup>21,22</sup>, and extensive vegetation cover<sup>25</sup>. The maritime climate results in

376 high rates of orographic precipitation of up to 10-12 m yr<sup>-1</sup> (ref. 24). The tectonic and climatic

377 setting drive physical erosion rates of 6-9 mm yr<sup>-1</sup> adjacent to the Alpine fault, where modal slope

378 angles of ~35° promote bedrock landslides which supply sediment to rivers during the current inter-

379 seismic period<sup>4,21,22</sup>. Temperate rainforest is found at elevations  $\leq 800$  m<sup>25,48</sup>. At altitudes below 400

380 m, evergreen angiosperms, conifers, *Dacrydium cupressinum*, and *Dacrycarpus dacrydioides*

381 preside, while shrubs, herbs and grassland persist above the regional snowline at ~1,250 m. The

382 carbon stocks of above-ground biomass and soil in the western Southern Alps are estimated to be

383  $17,500 \pm 5,500$  tC km<sup>-2</sup> and  $\sim 18,000 \pm 9,000$  tC km<sup>-2</sup>, respectively<sup>4</sup>. In the current inter-seismic

384 phase, steep slopes and high precipitation result in high particulate  $OC_{\text{biosphere}}$  fluxes by rivers<sup>32,49</sup>,

385 with the mean of  $\sim 39$  tC km<sup>-2</sup> yr<sup>-1</sup> being amongst the highest in the world<sup>10,11</sup>.

386           The catchment above Lake Paringa drains approximately 60 km<sup>2</sup> of the frontal Southern  
387 Alps with elevations from 16-1420 m (Fig. 1A). Median hillslope gradients of ~31-32° are  
388 sufficient to support high rates of landsliding<sup>21,22</sup> and are similar to those in other larger catchments  
389 in the western Southern Alps (Fig. 1D). Four soil samples were recovered from a 0.99 m deep soil  
390 pit at 75 m elevation close to Lake Paringa (Supplementary Table S2). Together these represent the  
391 O- (surface), A- (0.01-0.09 m), E- (0.09-0.79) and B- (>0.79 m) soil horizons. Three proximal  
392 surface soil samples were collected from low elevation (15 m) on the Lake Paringa fan. Catchment  
393 soils<sup>34</sup> (litters and weathered colluvium samples) come from a published<sup>34</sup> elevation transect (420 –  
394 750 m) collected from Alex Knob in another watershed ~70 km northeast of the study area along  
395 strike of the Alpine Fault (Supplementary Table S2). This site is analogous to the Lake Paringa  
396 headwaters because the vegetation cover is similar<sup>48</sup>, both are located at the mountain front within a  
397 few km of the Alpine Fault, and have the same range in elevation (400-800 m), mean annual  
398 precipitation<sup>50</sup>, slope angles (30-50 degrees), and bedrock geology<sup>51</sup>.

399           The 6 m sediment core was collected from the center of the Windbag Basin, Lake Paringa,  
400 using a Mackereth corer (PA6m1) (Fig. 1B). The core was correlated to master core PA1 (Fig. 2)  
401 which has a well-established chronology<sup>20</sup> based on accelerator mass spectrometry measurements of  
402 the radiocarbon (<sup>14</sup>C) content of 22 terrestrial macrofossils. Howarth et al. (2012) (ref. 20) derived a  
403 calibrated calendar age for each macrofossil in OxCal 4.1 using the P<sub>-</sub>sequence depositional model.  
404 Stratigraphic horizons of the master core were visually correlated to coincident horizons on the  
405 recovered core (Fig. 2A&B). Where visual correlation was not possible, the extracted core was  
406 correlated to the master core using a linear regression model. As the downcore correlation  
407 resolution of ≥ 0.1 cm is greater than the sediment sampling resolution of ≥ 0.5 cm, minor  
408 correlation errors are assumed to be negligible.

409

## 410 **Geochemical Analyses**



411 A total of 189 samples were collected from core PA6m1 at variable intervals of 0.2–5.8 cm (Table  
412 S1). For each of these samples, along with the soil samples, 0.4–0.6 g was reacted with 20 ml of  
413 0.25 M hydrochloric acid for four hours at approximately 70°C to remove any inorganic carbonate  
414 present in the sample material. Reaction conditions were determined following tests on material  
415 collected from the nearby Poerua and Whataroa catchments to maximize the preservation of organic  
416 material while effectively removing detrital carbonates derived from the catchment<sup>52</sup>. Total organic  
417 carbon content ([TOC], wt. %) and stable organic carbon isotopes ( $\delta^{13}\text{C}$ , ‰) were measured by  
418 combustion of sediment at 1020°C in a Costech Elemental Analyser coupled via a CONFLO III to a  
419 MAT 253 stable isotope mass spectrometer. [TOC] measurements were corrected for mass loss  
420 during reaction.  $\delta^{13}\text{C}$  measurements were normalised based on a range of internal and international  
421 standards and corrected for instrumental blanks. Total nitrogen content ([TN], %) was measured by  
422 combustion of untreated samples in a Costech Elemental Analyser with a CARBOSORB trap to  
423 inhibit large CO<sub>2</sub> peaks from affecting measurements. Sample replicates ( $n = 20$ ) were used to  
424 determine precisions ( $\pm 2\text{SE}$ ) of [TOC] =  $\pm 0.12\%$ ,  $\delta^{13}\text{C}$  =  $\pm 0.11\%$  and [TN] =  $\pm 0.01\%$ . These are  
425 assumed to account for heterogeneity within the dataset.

426 A subset of samples were selected from two of the seismic cycles in the lake sediments  
427 (cycles 4 and 5, Table 1) across inter-seismic ( $n = 4$ ), post seismic ( $n = 8$ ) and co-seismic ( $n = 3$ )  
428 sediments for the analysis of biomarker abundance following published methods<sup>53,54</sup>  
429 (Supplementary Table S4). We focused on the extraction of *n*-alkanes and *n*-alkanoic acids from  
430 aliquots of lake sediment (~2g) to which internal standards were added prior to extraction in a  
431 microwave accelerated reaction system (MARS, CEM Corporation) in 12 mL of dichloromethane  
432 (DCM) and methanol (3:1). Total lipid extracts were saponified at 70 °C for 1 h using 8% KOH in  
433 methanol/water (99:1). The ‘base’ fractions were liquid–liquid extracted in 2.5 mL of pure hexane  
434 three times. The ‘acid’ fractions were extracted at pH 2 with 2.5 mL hexane and DCM (4:1) three  
435 times. Alkanoic acids in the acid fraction were methylated in 3 ml mixture of HCl and methanol  
436 (5:95) at 70 °C for 12 h. MilliQ water (4 mL) was then added, and fatty acid methyl esters (FAMES)

437 were liquid–liquid extracted into hexane and DCM (4:1) three times. The base fractions were  
438 separated into three sub-fractions by silica column chromatography, eluting with: 4 mL hexane  
439 (F1); 4ml DCM (F2) and 4ml MeOH (F3). The *n*-alkanes in the first fraction of the base fraction  
440 and the FAMES were quantified using a gas chromatograph (GC) fitted with a flame ionization  
441 detector (FID; Thermo Scientific Trace 1310). Hydrogen was used as a carrier gas. The temperature  
442 increased from 70°C (initial hold time 2 min) to 170°C at a rate of 12°C min<sup>-1</sup> then to 310 °C at 6°C  
443 min<sup>-1</sup> and held for 35 min. Quantification was achieved by comparison with internal standard  
444 Hexatriacontane and Heptadecanoic acid (Sigma-Aldrich). All measurements were made at the  
445 Department of Geography, Durham University.

446 Samples (n = 23) from the A.D. 1717 seismic event sequence were selected and analysed for  
447 the radiocarbon activity (<sup>14</sup>C, reported as ‘fraction modern’, F<sub>mod</sub>) of bulk organic matter by  
448 accelerator mass spectrometry after graphitization at the Rafter Radiocarbon Laboratory, New  
449 Zealand (Supplementary Table 1). IAEA-C5, an international standard, was subjected to the same  
450 inorganic carbonate removal process and measured for F<sub>mod</sub>. This returned F<sub>mod</sub> within 0.0125 of  
451 expected values. Published measurements of F<sub>mod</sub> from soils<sup>34</sup> are compiled here (Supplementary  
452 Table 2).

453 To compare the <sup>14</sup>C activity of lake core sediment samples from after the A.D. 1717  
454 earthquake to those of modern soils (Fig. 3B), we calculated the <sup>14</sup>C disequilibria relative to the  
455 atmosphere<sup>37</sup>,  $F^{14}R_{x-atm}$ :

456

$$457 \quad F^{14}R_{x-atm} = \frac{F_{mod-x}}{F_{mod-atm}} \quad (\text{equation 1})$$

458

459 where F<sub>mod-x</sub> is the fraction modern of the sample, and F<sub>mod-atm</sub> is that of the atmosphere at the time  
460 of sampling (for modern samples) or deposition (for sediment samples).  $F^{14}R_{x-atm}$  contains  
461 information on the residence time of carbon in a reservoir, although this is not a linear function with

462 sample age<sup>37</sup>. Here it provides a useful way to compare the <sup>14</sup>C activity of organic matter in the lake  
463 core to the modern day soil samples.

464 For the soil samples<sup>34</sup>, we used  $F_{\text{mod-atm}} = 1.0354$  based on atmospheric CO<sub>2</sub> measurements  
465 at Wellington, New Zealand<sup>55</sup> and the sampling date of October 2014. The two soil litter samples  
466 (NZ14-57 and NZ14-60, Supplementary Table S2) contain bomb-derived <sup>14</sup>C, and so are not fully  
467 analogous to the composition of soil present in the pre-anthropogenically disturbed environment of  
468 New Zealand. For the lake sediment samples, the chronology is well constrained<sup>20</sup>, but the details of  
469 post-seismic sedimentation rates are not known. For that reason, we normalized all lake sediment  
470  $F_{\text{mod}}$  values to a single  $F_{\text{mod-atm}}$  value of between 0.9712 and 0.9809 (i.e., the mid-value and range of  
471  $F_{\text{mod-atm}} = 0.9760 \pm 0.0049$ ), which represents values for A.D. 1715 to A.D. 1795 (the approximate  
472 duration of the post-seismic phase) from ShCal13<sup>36</sup>.

473

#### 474 **Organic carbon source and OC accumulation rates**

475 The total mass deposited during each seismic phase was determined for PA6m1, following the  
476 correlation to the master core PA1<sup>20</sup>. Uncertainties on total mass accumulation were quantified by a  
477 Monte Carlo simulation, taking into account the uncertainties on the correlation and the  
478 uncertainties on the age model and duration of each interval (Supplementary Table S3). To quantify  
479 the OC accumulation rate, the average [TOC] value for each of the post-seismic and inter-seismic  
480 phases were combined with the total mass accumulation rate. Whilst this is not a volumetric  
481 estimate, it does quantify millennial-scale changes in the relative rates of OC supply. We omitted  
482 the post-seismic phase following the ca. A.D. 1570 seismic event<sup>20</sup> (referred to as ‘Seismic phase 2’  
483 in previous work), because the Alpine Fault did not rupture as far south as Lake Paringa, if at  
484 all<sup>20,26,29,30</sup>, thus it is not comparable with the other events. In addition, this method does not account  
485 for OC deposited in co-seismic megaturbidites. These are predominantly composed of re-worked  
486 sub-aqueous material, but may contain sediment from slope failures immediately adjacent to the  
487 margins of Lake Paringa, and so the role of earthquakes may be underestimated.

488 To report  $OC_{\text{biosphere}}$  accumulation, rock-derived OC inputs to Lake Paringa are accounted  
489 for. The fraction of rock-derived, ‘petrogenic’, organic carbon,  $F_{\text{petro}}$ , can be quantified<sup>10,11</sup> using  
490 measured [TOC] and a previously-defined bedrock end-member for the region<sup>32-34</sup>, an average  
491 [TOC]  $\sim 0.15\%$ , and assuming a binary mixture of rock OC and biospheric OC<sup>10,32</sup>. This returns  
492 mean  $F_{\text{petro}}$  values for each depositional phase which are  $< 0.1$  and does not systematically vary  
493 between inter-seismic and post-seismic phases (Supplementary Table S3). The  $OC_{\text{biosphere}}$   
494 accumulation rates were then calculated by combining OC accumulation rate and the fraction of  
495 carbon from biospheric sources (i.e.  $1 - F_{\text{petro}}$ ). Uncertainties derive from the proportion of  
496 uncertainties on total mass accumulation rate (described above) and the 2 x standard error of the  
497 mean [TOC] and  $F_{\text{petro}}$  values for each depositional phase (Supplemental Table S3).

498 To compare the rates of  $OC_{\text{biosphere}}$  accumulation ( $\text{mgC cm}^{-2} \text{ yr}^{-1}$ ) between inter-seismic and  
499 post-seismic phases, we calculate the uncertainty-weighted average of all events (Table 1). This  
500 views each post-seismic (and inter-seismic) phase as measurements of the same quantity and  
501 accounts for the associated uncertainty (i.e. the fact that some of the measurements are more precise  
502 than others). Based on these values, the  $OC_{\text{biosphere}}$  accumulation rates are  $3.0 \pm 0.7$  times faster than  
503 inter-seismic rates. The arithmetic mean is more appropriate if each post-seismic (and inter-seismic)  
504 phase are viewed as discrete entities (i.e. they are not replicate measurements of the same  
505 phenomenon) and gives a corresponding value of  $2.4 \pm 1.9$ . The comparison of uncertainty-  
506 weighted mean values (Table 1) is reported in the text based on the observed similarity of the  
507 geochemical responses to each large earthquake (Figs. 2, 3) and regularity of Alpine Fault rupture  
508 frequency and length based on palaeoseismic evidence<sup>28,30,31</sup>.

509 To determine the relative importance of large earthquakes in the total mass of  $OC_{\text{biosphere}}$   
510 accumulation, we sum all inter-seismic and post-seismic masses ( $\text{mgC}$ ) and report the proportion of  
511 the total ( $7.95 \times 10^4 + 5.94 \times 10^4 = 13.9 \times 10^4 \text{ mgC}$ ) represented by  $OC_{\text{biosphere}}$  during the post-  
512 seismic phases ( $5.94 \times 10^4 \text{ mgC}$ ), which is  $42.7 \pm 5.4 \%$ . The uncertainty is derived from the  
513 propagation of errors during addition of each seismic cycle.

514

515 **Landslide-mobilized OC<sub>biosphere</sub> by an Alpine Fault earthquake**

516 To estimate the likely magnitude of OC<sub>biosphere</sub> erosion by an Alpine Fault earthquake over the entire  
517 length of the fault rupture, and to enable a comparison of this to the values derived from the detailed  
518 Lake Paringa record, we used published literature and a theoretical framework to provide a bound  
519 on the main variables. The rupture length of the A.D. 1717 earthquake is estimated to be >380  
520 km<sup>31</sup>, and previous Alpine Fault earthquakes are thought to have ruptured between 250 km and 350  
521 km based on palaeoseismic reconstructions<sup>26,30</sup>. We used a rupture length of 300 km as a  
522 conservative estimate. We examined the slope angles as a function of distance to the fault using 30  
523 m resolution digital topographic data from SRTM<sup>56</sup> for a typical elevation profile from the nearby  
524 Whataroa catchment, and found that steep slopes capable of sustaining earthquake-triggered  
525 landslides (> 20°)<sup>18,43</sup> are present up to and beyond ~25 km of the Alpine Fault (Supplementary Fig.  
526 S2A). To constrain the area of landslides in mountain forest following a M<sub>w</sub>~8 Alpine Fault  
527 earthquake, we used a model accounting for seismic wave attenuation which has been tested on  
528 empirical data<sup>42</sup>:

529

530 
$$P_{ls}(R) = \frac{aR_0 \exp\left(\frac{R_0}{\chi}\right)}{R} \exp\left(-\frac{R}{\chi}\right) \quad (\text{equation 2})$$

531

532 where  $P_{ls}(R)$  is the percentage of surface area impacted by co-seismic landslides as a function of  
533 distance to the earthquake epicentre ( $R$ ),  $a$  is a constant reflecting an seismogenic source term and  
534 the geomorphic sensitivity to ground motion,  $\chi$  is a damping factor here set to 4 km, and  $R_0$  is the  
535 focal depth<sup>42</sup>, here set to 10 km (Supplementary Fig. S2B). The total landslide area is computed as:

536

537 
$$A_{ls,tot} = L \int_{R_{min}}^{R_{max}} P_{ls}(R) dR \quad (\text{equation 3})$$

538

539 where  $L$  is the rupture length, here fixed at 300 km,  $R_{min}$  is the intersection of the Alpine Fault with  
540 the surface and  $R_{max}$  is the maximum distance from the fault where landsliding is more than  $\sim 0.2\%$ .  
541 Here this equates to  $R_{max} = 20$  km. Using the estimates of  $OC_{biosphere}$  stocks in vegetation ( $OC_{veg} =$   
542  $17500 \pm 5500$  tC km<sup>-2</sup>) and soils ( $OC_{soil} = 18000 \pm 9000$  tC km<sup>-2</sup>) (ref. 4), the total mass of organic  
543 carbon,  $m_{OC}$  tC km<sup>-2</sup>, mobilized by a  $M_w = 8$  earthquake is given by:

544

$$545 \quad m_{OC} = (OC_{veg} + OC_{soil})A_{ls,tot} \quad (\text{equation 4})$$

546

547 The mobilization rate, tC km<sup>-2</sup> yr<sup>-1</sup>, is calculated assuming a  $M_w \sim 8$  recurrence time of  $263 \pm 68$   
548 years<sup>30</sup>. The maximum value of  $P_{ls}$  is not known for an Alpine Fault earthquake, but it is reasonable  
549 to assume it may vary somewhere between 2.5% ( $M_w 7.6$  Chi Chi earthquake Taiwan<sup>13,42</sup>) to 12 %  
550 ( $M_w 7.9$  Wenchuan earthquake, China<sup>17,57</sup>). A range of scenarios between these values are  
551 considered (Supplementary Fig S2C). While these calculations remain untested for an Alpine Fault  
552 earthquake, they represent reasonable impacts based on our current understanding of earthquake-  
553 triggered landslides and available empirical data on landslide distributions. These estimates account  
554 for both vegetation and soil, with a wide range of grain sizes, meaning their subsequent  
555 mobilization and transport through river networks might be out of phase over annual to decadal  
556 timescales<sup>7,11</sup>.

557

## 558 **Data and Code Availability**

559 The authors declare that the data supporting the findings of this study are available within the article  
560 and its Supplementary Information files and Supplementary Tables (S1-S4). We have opted not to  
561 make the computer code associated with the landslide modelling presented in this paper available  
562 because the governing equations are provided (Equations 2-4).

563

564 **References only in Methods**

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592 **Table 1: Organic carbon accumulation rates in Lake Paringa core PA6m1.**

Seismic cycle*	Date of Alpine Fault Rupture* (yrs A.D.)	95% age range for megaturbidite deposition* (yrs A.D.)	Post-seismic OC <sub>biosphere</sub> accumulation rate (mg C cm <sup>-2</sup> yr <sup>-1</sup> )**	Inter-seismic OC <sub>biosphere</sub> accumulation rate (mg C cm <sup>-2</sup> yr <sup>-1</sup> )**
1	1717	1745-1690	14.4 ± 5.2	9.6 ± 6.5
3	ca. 1400	1405-1374	15.6 ± 8.6	4.4 ± 0.6
4	ca. 1150	1120-1064	9.8 ± 3.6	3.5 ± 0.6
5	ca. 925	965-887	11.7 ± 5.3	3.7 ± 1.0
<i>All events</i> ***			11.8 ± 2.5	3.9 ± 0.4

593 \*from ref. 20

594 \*\*see Supplementary Table S3

595 \*\*\*Uncertainty-weighted average





