Intrapersonal Level

Psychological Factors

- Affect + Emotion
- Attitudes/Beliefs /Perceived Benefits
- Behaviour/Self-Regulation

Body Functions + Structures*

(e.g., pain, fatigue, secondary conditions, limited mobility, mental functioning)

Activities + Participation*

(e.g., employment status, social/communication skills)

Interpersonal Level

Social Support*

- Family Support*
- Friend Support*
- Acquaintances, peers, colleagues, neighbours, community members* + others support

Attitudes*

(e.g., others’ negative attitudes, parental fears)

- Societal Attitudes*

Social Processes

(e.g., role modeling, integration)

Institutional Level

Knowledge of Individuals within Institutions/Organizations

(e.g., general lack of PA knowledge + training)

- Disability-specific knowledge

(e.g., how to exercise, benefits of PA, how to adapt programs)

Rehabilitation Process

(e.g., counselling to do PA, prepare patients for PA)

Building Design + Construction*

(e.g., accessibility, location)

Program Factors

(e.g., availability, individualized instruction, competitive activities, reverse inclusion programs)

Community Level

Products + Technology*

- Land Development*
- PA Information
- Equipment

Climate*

Relationships Among Groups + Organizations

(e.g., support for parents, collaboration among disability organizations)

Policy Level

Health Policies*

(e.g., funding)

Transportation Services, Systems + Policies*

Architecture + Construction Policies*

Association + Organizational Policies*

- Financial costs
- Need for training

Note. Factors related to PA have been categorized into themes (bold text) and sub-themes (unbolded text). Frequently cited examples are presented in parentheses. *Denotes ICF language and labels.