

1 **Tempo and mode of morphological evolution are decoupled from latitude in birds**

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16 **Short title:** No effect of latitude on avian morphological evolution

17 **Author contributions:** JPD & HM designed the study. JC & JPD developed phylogenetic

18 models. JR contributed tools for analyses of historical biogeography. JAT & CS contributed

19 phenotypic datasets. JPD conducted all analyses. JPD & HM wrote the first draft of the

20 manuscript. All authors contributed to revising the manuscript.

21 **Data accessibility statement:** All datasets used will be submitted to a public repository (e.g.,

22 Dryad) upon initial acceptance. All scripts for fitting models are currently available at

23 https://github.com/jonathanpdrury/two_regime_models and will be submitted to the R

24 package RPANDA upon acceptance.

25 **Abstract**

26 The latitudinal diversity gradient is one of the most striking patterns in nature yet its
27 implications for morphological evolution are poorly understood. In particular, it has been
28 proposed that an increased intensity of species interactions in tropical biota may either
29 promote or constrain trait evolution, but which of these outcomes predominates remains
30 uncertain. Here, we develop tools for fitting phylogenetic models of phenotypic evolution in
31 which the impact of species interactions—namely, competition—can vary across lineages.
32 Deploying these models on a global avian trait dataset to explore differences in trait
33 divergence between tropical and temperate lineages, we find that the effect of latitude on the
34 mode and tempo of morphological evolution is weak and clade- or trait-dependent. Our
35 results indicate that species interactions do not disproportionately impact morphological
36 evolution in tropical bird families and question the validity of previously reported patterns of
37 slower trait evolution in the tropics.

38 **Keywords:** *latitudinal diversity gradient, phylogenetic comparative methods, Aves, trait*
39 *evolution, matching competition, diversity-dependence*

40 **Introduction**

41 In many groups of organisms, species richness increases toward lower latitudes—a
42 pattern known as the latitudinal diversity gradient—inspiring generations of biologists to
43 search for the causes and consequences of this gradient [1]. One hypothesis posits that
44 species interactions are stronger in the tropics and therefore play a more important role in
45 many processes (e.g., diversification) in tropical lineages [2–6] (but see [7]). Previous tests of
46 this ‘biotic interactions hypothesis’ have generally focused on latitudinal gradients in the
47 strength of ecological interactions between predator and prey, herbivore and plant, or
48 pathogen and host [8–11]. Latitudinal gradients in the strength of competition between
49 members of the same trophic level have been less explored, although they have been
50 highlighted as one of the most important research directions for testing the biotic interaction
51 hypothesis [5]. Competition among closely related species, such as those from the same
52 taxonomic family, are often assumed to be strong since their ecological and phenotypic
53 similarity increases the likelihood of competition for access to resources or space [12–16].
54 Such interactions can influence selection on traits that mediate access to resources,
55 influencing trait evolution either by promoting divergence between lineages via character
56 displacement [17,18] or, alternatively, by imposing constraints on geographical range overlap
57 and ecological opportunity, reducing trait diversification as niches fill [19–21].

58 Whether competition predominantly drives or constrains divergence, the impacts on
59 trait evolution should leave a detectable phylogenetic signature [22–25]. In addition, this
60 signature should be most prevalent in the tropics, where each lineage interacts with far larger
61 numbers of potential competitors. As such, the biotic interactions hypothesis predicts
62 differences between tropical and temperate taxa in the pace of evolution (the ‘tempo’, in the
63 parlance of comparative studies) and/or the processes that drive trait diversification (the
64 ‘mode’). In comparison with the wealth of studies that have investigated latitudinal gradients

65 in rates of species diversification [26–30], relatively few have tested for latitudinal gradients
66 in the dynamics of phenotypic evolution and have mainly focused on tempo rather than
67 mode. Their results so far suggest a potentially complex relationship between trait
68 diversification and latitude. On the one hand, some studies have found greater divergence
69 between sympatric sister taxa in body mass [31] and in plumage coloration [32] in the
70 tropics, supporting the hypothesis that increased competition at lower latitudes drives
71 character displacement [5]. On the other hand, some studies have found that species attain
72 secondary sympatry after speciation more slowly in tropical regions [33], or that evolutionary
73 rates are lower in the tropics for climatic niches [34], body-size [34,35] or social signalling
74 traits [34,36–39], implying that competition may limit ecological opportunity and therefore
75 constrain trait divergence in tropical regions.

76 Disentangling these opposing effects is challenging because previous
77 macroecological studies have generally been restricted to either relatively few traits or
78 limited samples of species. In addition, previous studies have been impeded by the lack of
79 suitable methods for detecting the impact of species interactions on trait evolution [40–42],
80 although recent progress has been made in developing such methods for use in standard
81 comparative analyses [20,22,24,43,44]. By incorporating species interactions directly into
82 phylogenetic models of trait evolution, these developments overcome some of the issues
83 faced by phylogenetic and trait approaches for studying community assembly that rely on
84 overly simplistic comparisons to randomly assembled communities [43,45,46]. However,
85 these developments have not yet been deployed in the context of latitudinal sampling and
86 thus the key prediction of a latitudinal gradient in trait diversification has yet to be tested.

87 Here, we begin by expanding existing phylogenetic models of phenotypic evolution,
88 including models that incorporate competition between species — namely, diversity-
89 dependent models [19,20] and the matching competition model [22,43] — such that the

90 impact of interactions between co-occurring lineages on trait evolution can be estimated
91 separately in lineages belonging to different, pre-defined competitive regimes (e.g., tropical
92 and temperate). We note that we use ‘competition’ to encompass all processes (both direct
93 and indirect) whereby trait evolution is impacted by co-occurring lineages. The models we
94 develop are designed to account for known intraspecific variability and unknown, nuisance
95 measurement error, both of which can strongly bias model support and parameter estimates
96 [47]. In particular, it has been suggested that intraspecific variability is lower in the tropics
97 [48], which could inflate estimates of evolutionary rates in the temperate biome. Next, we
98 conduct a comprehensive test of the biotic interactions hypothesis using these new
99 phylogenetic tools to model the effect of interspecific competition on the tempo and mode of
100 morphological evolution based on seven morphological characters describing variation in
101 body size, bill size and shape, and locomotory strategies sampled from ~9400 species
102 representing more than 100 avian families worldwide. These morphological characters have
103 been demonstrated to predict diet and foraging behaviour in birds [49], indicating that they
104 are well suited as proxies for analysing the dynamics of ecological divergence.

105

106 **Results**

107 *Latitudinal variation in mode of phenotypic evolution*

108 We tested whether modes of phenotypic evolution varied with latitude using two
109 types of models. First, we tested whether support for various ‘single-regime’ models that
110 estimate a single set of parameters on the entire avian phylogeny [26] varied according to a
111 clade-level index of tropicality. Second, we developed and used ‘two-regime’ models with
112 distinct sets of parameters for tropical and temperate species and tested whether these
113 latitudinal models were better supported than single-regime models.

114 Across single-regime fits, we found no evidence for a latitudinal trend in the overall
115 support for any model of phenotypic evolution (Fig. 1a-f, S4 Table), with one exception:
116 there was an increase in model support for the matching competition model in tropical
117 lineages for the locomotion pPC3 (Fig. 1f, S4 Table). Similarly, there was no evidence that
118 the overall support for models incorporating competition (i.e., matching competition or
119 diversity dependent models) is higher in tropical clades (Fig. 1g, S4 Table). Models with
120 latitude (i.e., two-regime models) were not consistently better supported than models without
121 latitude, for any model or trait (S5 Table). Indeed single-regime models were the best fit
122 models across 86% of individual clade-by-trait fits (S7 Fig.).

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Figure 1. Model support for single-regime models reveal little impact of latitude on the mode of phenotypic evolution in birds (66 clades with ≥ 50 species, with data from 7163 species). There is no relationship between the proportion of taxa in a clade that breed in the tropics and statistical support (measured as the Akaike weight) for (a) Brownian motion, (b) Ornstein-Uhlenbeck, (c) early burst models, (d) exponential diversity-dependent models or (e) linear diversity-dependent models. In matching competition models (f), there is an increase in model support for locomotion pPC3 (solid line). The relative support for a model incorporating competition (i.e., matching competition or diversity dependent models) does not vary latitudinally for any trait (S4 Table). Each point represents the mean Akaike weight across clade-by-trait fits to stochastic maps of biogeography (i.e., each clade contributes a point for each of seven traits, see S2 Data, S3 Data).

138 *Latitudinal variation in the effect of interactions on phenotypic evolution*

139 We found no evidence for a latitudinal trend in the slope estimated from single-regime diversity-dependent models (Fig. 2c,d, S6 Table). However, the strength of repulsion estimated from single-regime matching competition models increased in more tropical families for locomotion pPC3 (Fig. 2b, S6 Table). Parameter estimates from two-regime models with competition (i.e., matching competition or diversity dependent models) do not support a stronger effect of biotic interactions on phenotypic evolution in the tropics (Fig. 3b-d)—in most traits, there is no consistent difference between estimates of the impact of competition on tropical and temperate lineages, and in one case (bill pPC2), there is evidence that competition impacts temperate lineages to a larger degree than tropical lineages (Fig. 3b-

148 d, S7 Table). In all cases, there was substantial variation in the fits, and the overall magnitude
149 of differences between tropical and temperate regions was rather small (Fig. 3b-d).

150

151 *Impact of assuming continental-scale sympatry*

152 Phylogenetic models of competitively driven trait evolution rely on reconstructions of
153 ancestral ranges to delimit the pool of potential species interaction at each point in the
154 evolutionary history of a clade. Given the scale of our analyses and the computational limits
155 of existing models of ancestral range estimation, we assumed that species occurring on the
156 same continent were able to interact with one another. On average, species in our analyses are
157 sympatric with 50% of clade members at the continental level, although there are differences
158 across continents (mean range 34% - 74%; S5 Fig., S9 Table, S10 Table). Notably, we also
159 found that temperate species are more likely to coexist in sympatry with family members
160 than tropical species (S11 Table). To determine the impact of assuming continental-scale
161 sympatry, we investigated whether we would detect a latitudinal difference in the effect of
162 competition on phenotypic evolution if it existed, even if competition occurs among only
163 truly sympatric species rather than among all species occurring on the same continent.
164 Simulations examining the impact of the continental-scale sympatry assumption on the
165 statistical power of two-regime MC models demonstrate that, even for relatively small clades,
166 large but biologically plausible latitudinal differences in the effect of competition should be
167 detectable, even when sympatry is overestimated (S8 Fig.). Nevertheless, there is evidence
168 that this assumption can impact the power to detect subtle differences between regions, and
169 for smaller trees, the estimated direction of the difference (S8 Fig.). However, restricting our
170 empirical analyses to large clades ($N \geq 100$), we still find no support for a consistently
171 stronger impact of competition on phenotypic evolution in tropical lineages (S8 Table).

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175 **Figure 2.** Parameter estimates from single-regime models reveal varying impacts of latitude.

176 There is no impact of latitude on the effect of competition on trait evolution as measured by

177 the slope of **(a)** exponential diversity-dependent models, or **(b)** linear diversity-dependent

178 models. **(c)** The effect of competition on trait evolution as measured by the repulsion

179 parameter ('S') from the matching competition models increases with the index of tropicity

180 (the proportion of species in the clade with exclusively tropical breeding distributions) for

181 locomotion pPC3 but not for other traits. **(d)** There is no relationship between the proportion

182 of taxa in a clade that breed in the tropics and the estimated rate of trait evolution from

183 Brownian motion models. Solid lines represent statistically significant relationships (S6

184 Table, S13 Table). For (a-c), each point represents the mean across clade-by-trait fits to

185 stochastic maps of biogeography (for all families with at least 50 species), and for (d), each

186 point represents the maximum likelihood estimate for each clade-by-trait fit (see S2 Data, S3

187 Data).

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189

190 **Figure 3.** Parameter estimates from two-regime models reveal varying impacts of latitude.

191 Estimates of slopes from **(a)** exponential diversity-dependent models and **(b)** linear diversity

192 dependent models are not consistently different in tropical regions in any trait. **(c)** Matching

193 competition models estimated a decreased effect of competition in the tropics on bill pPC2.

194 **(d)** Estimates of evolutionary rates from Brownian motion models show accelerated rates of

195 locomotion pPC3, but not other functional traits, in temperate regions. Asterisks indicate

196 statistical significance (S7 Table, S14 Table). For **(a-c)**, each point represents the mean

197 across clade-by-trait fits to stochastic maps of biogeography and of tropical/temperate

198 membership (for all families with at least 50 species), and for **(d)**, each point represents the
199 mean across stochastic maps of tropical/temperate membership maximum (see S4 Data, S5
200 Data).

201

202 *Latitudinal variation in tempo of phenotypic evolution*

203 Evolutionary rates estimated from single-rate models did not vary according to clade-
204 level index of tropicality (Fig. 2, S9 Fig., S13 Table). Similarly, estimates of rates from
205 latitudinal models were neither consistently lower nor higher in tropical regions (Fig. 3d, S10
206 Fig, S14 Table). We did find lower rates of locomotion pPC3 (Fig. 3d, S10 Fig., S14 Table)
207 and bill pPC2 evolution in tropical lineages (S10 Fig., S14 Table), but the difference between
208 regions was small and the overall strength of this relationship was weak. Observational error
209 contributed to these patterns: we found a significant negative correlation between
210 observational error and the clade-level index of tropicality for body mass (S11 Fig., S15
211 Table); we also found that there was a correlation between rates of body mass and
212 locomotion pPC3 evolution in standard single-regime BM models excluding error (S12 Fig.,
213 S16 Table), and that the magnitude of the difference between tropical and temperate rates of
214 trait evolution was higher in analyses of two-regime fits excluding error (S12 Fig., S17
215 Table).

216

217 *Predictors of support for models with an effect of competition on phenotypic evolution*

218 We found no evidence that territoriality or diet specialization are useful predictors of
219 support for models that incorporate the impact of co-occurring species on phenotypic
220 evolution (S18 Table). We did, however, find that the maximum proportion of species co-
221 occurring on a continent (i.e., the maximum number of extant lineages on a single continent
222 divided by the total clade size) had a pronounced impact on model selection—clades with a

223 high proportion of lineages occurring on the same continent were more likely to be best-fit by
224 the matching competition model, whereas clades with a low proportion of co-occurring
225 lineages were more likely to be best-fit by the exponential diversity dependent model (S13-
226 S14 Figs., S18 Table). In addition, we found that the matching competition model was less
227 likely to be favoured in clades with many members living in single-strata habitats (S18
228 Table).

229

230 **Discussion**

231 Contrary to what would be expected if the effect of competition on phenotypic
232 evolution was stronger in the tropics, we did not find a consistent latitudinal gradient in the
233 dynamics of phenotypic evolution across the entire avian radiation. Using novel methods for
234 examining macroevolutionary signatures of the effect of competition on phenotypic
235 evolution, we show that patterns of trait evolution across many clades are consistent with
236 competition between clade members acting as an important driver of trait evolution.
237 Nevertheless, we found no evidence that such competition has impacted the dynamics of trait
238 diversification more in the tropics than in temperate regions. This lack of consistent
239 latitudinal effect applied both to the support for specific models of phenotypic evolution and
240 the parameters of these models. Our results contrast with several previous studies that have
241 found a consistent signature of faster rates in the temperate biome [34,36–39,50].

242 The apparent absence of latitudinal patterns in support of phenotypic models with
243 competition and estimates of competition strength did not arise from overall weak support for
244 competition models, confirming previous findings that competition does leave a detectable
245 signal in comparative, neontological datasets [22–25,51,52]. Indeed, models incorporating
246 species interactions were the best fit models in 25% of clade-by-trait combinations for single-
247 regime fits. In sunbirds (Nectariniidae), for instance, the matching competition model was the

248 best fit model for body mass and two pPC axes describing variation in bill shape, suggesting
249 that competition has driven trait divergence in this diverse clade. In owls (Strigidae), the
250 exponential diversity-dependent model was the best fit model for body mass and several pPC
251 axes describing bill shape and locomotory traits, suggesting that the rate of evolution in owls
252 responds to changing ecological opportunity. The finding that interactions with co-occurring
253 species commonly leave a signature on extant phenotypes in birds is echoed by a recent study
254 showing that traits in a similar proportion of clades are best fit by competition models [51].

255 For both single-regime models and two-regime models, we detected no systematic
256 effect of latitude on the impact of competition on trait diversification. One possible
257 explanation for this is that our approach was highly conservative since we assumed that
258 species occurring on the same continent are likely to interact with one another whereas they
259 may be allopatric (with non-overlapping geographical ranges) or exhibit low levels of
260 syntopy within areas of sympatry [53]. However, previous work [23] and simulations
261 exploring the impacts of assuming competition between potentially allopatric lineages
262 suggest that the MC model is robust to some misspecification of geographic overlap (e.g.,
263 allopatric species scored as sympatric). This robustness is likely explained by both the
264 imprint of competition on ancestral, coexisting lineages and a formulation of competition
265 where divergence occurs relative to mean phenotypic values across interacting species (the
266 mean across all species within each continent may be a relatively good proxy for the mean
267 across sympatric species). Nevertheless, the possibility remains that, if differences between
268 regions in the impact of competition are sufficiently small, the two-regime models may not
269 have detected them. In aggregate, however, our results consistently point to a conspicuous
270 absence of a latitudinal gradient in the effect of competition on trait diversification.

271 One plausible explanation for discrepancies between our results and other studies that
272 examine gradients in the tempo of morphological trait evolution is that our study accounted

273 for observational error. Indeed, we found that overall observational error for body mass
274 increased with latitude; and when we intentionally ignored observational error, Brownian
275 motion models were more likely to pick up faster rates of trait evolution at high latitudes.
276 This result makes sense in the light of previously reported higher trait variance for temperate
277 taxa [48] and a positive correlation between such variance and rate estimates [54]. Our
278 analyses demonstrate that accounting for observational error when testing for latitudinal
279 trends in evolutionary rates is crucial and also suggest that previous analyses overlooking
280 error may have detected spurious latitudinal gradients in trait evolution.

281 Another potential explanation for the discrepancy between this and previous studies is
282 that many previous studies examined gradients in rapidly evolving plumage and song traits,
283 which may vary latitudinally if sexual or social selection is more pronounced in temperate
284 regions [55]. In contrast, divergence in ecological traits is likely more constrained, as they
285 tend to evolve relatively slowly [56,57].

286 A third explanation for the discrepancy is that many previous studies used sister-taxon
287 approaches to estimate gradients in trait evolution [34,36,37,50]. Yet, avian sister taxa are
288 younger in temperate regions [33,50], and how these age differences influence rate estimates
289 if trait evolution has proceeded in a non-Brownian fashion is not clear. Analyses on sister
290 taxa of different ages can recover different rates even though these rates are not
291 representative of any process unique to any particular region. For example, given that rates of
292 trait evolution have accelerated toward the present [58], we may expect sister taxa to recover
293 a signature of faster rates in temperate regions (where sister taxa are younger), even if there
294 are no clade-wide latitudinal differences in the overall tempo and mode of evolution.

295 Within the competition models, the matching competition model was more likely to
296 be chosen as the best-fit model than diversity-dependent models, which is consistent with the
297 notion that competition promotes divergence (e.g., via character displacement [17,18]) more

298 often than it constrains divergence (e.g., via niche saturation [19]) at relatively shallow
299 taxonomic scales [15,42,59]. Nevertheless, the possibility remains that other processes might
300 generate patterns that are picked up by the matching competition and diversity dependent
301 models. For instance, although the models we fit are designed to estimate the dynamics of
302 trait evolution, competition can also generate patterns of divergence via its impacts on range
303 dynamics (i.e., ecological sorting) when secondary sympatry is delayed by competitive
304 interactions [21,60,61]. Therefore, although recent evidence suggests that the effects of
305 competitive exclusion on community assembly is distinguishable from the action of character
306 displacement in comparative datasets [25], the possibility remains that the matching
307 competition model may detect a signal of ecological sorting of morphologically distinct
308 lineages [21,62]—a process that is also fundamentally governed by competition—in addition
309 to or instead of evolutionary divergence [25]. Further development of phylogenetic models
310 that incorporate biotic interactions and simulation studies may help to clarify the processes
311 that generate trait distributions which matching competition and diversity dependent models
312 fit well.

313 In our analyses, we focused within clades, where we would expect competition to be
314 strongest owing to the phenotypic and ecological similarity of recently diverged taxa [16].
315 Nevertheless, in doing so, we excluded other competitors (e.g., non-family members with
316 similar diets) that impose constraints on niche divergence. Such competitors have been
317 shown to impact rates of trait evolution across clades of birds [54]. Future research could
318 extend our approach by examining the impact of interactions between competitors from a
319 wider diversity of clades.

320 We found evidence that support for the matching competition model was greater in
321 clades with a higher proportion of lineages occurring on the same continent, suggesting that
322 trait divergence may make coexistence possible [15,18]. The exponential diversity-dependent

323 model, on the other hand, was more likely to be the best-fit model in clades with relatively
324 low levels of continental overlap, which may indicate that in these clades, niche saturation
325 negatively impacts coexistence [63,64]. In addition, we found that model fits on clades with a
326 high proportion of species living in single-strata habitats were less likely to favour the
327 matching competition model, suggesting that opportunity for divergence may be limited in
328 such habitats [65]. These relationships between ecological opportunity, trait evolution, and
329 coexistence highlight the need for models that can jointly estimate the effects of
330 diversification, range dynamics, and trait evolution [25,59]. Such models may identify an
331 impact of competition on processes other than trait evolution, such as competitive exclusion,
332 which may themselves vary latitudinally [21,33].

333 By including a suite of traits that capture functional variation in niches [49], we were
334 able to identify patterns that would have been highly biased, or that we would have missed,
335 by focusing on one specific trait, in particular body mass. Model support was distributed
336 evenly across different traits, suggesting that the impact of competition varies both across
337 clades and across different functionalities. For instance, while 31% (42/135) of clades exhibit
338 some signature of competition acting on body size evolution in single-regime fits, 68%
339 (92/135) of them exhibit some signature of competition acting on at least one of the seven
340 functional traits (body-size, bill pPC axes and locomotion pPC axes). These results further
341 strengthen the notion that multiple trait axes are necessary to robustly test hypotheses about
342 ecological variation [49,51,66].

343 We have extended various phylogenetic models of phenotypic evolution, including
344 models with competition, to allow model parameters to vary across lineages (see also [52])
345 and to account for biogeography and sources of observational error. We then applied them to
346 the case of latitudinal gradients, but they could be used to study other types of geographic
347 (e.g. elevation), ecological (e.g. habitat, diet), behavioural (e.g. migratory strategy) or

348 morphological (e.g. body size) gradients. Studies of gradients in evolutionary rates are often
349 performed using sister-taxa analyses, assuming BM or OU processes [67]. These analyses are
350 useful because they enable quantitative estimates of the impact of continuous gradients on
351 rate parameters. However, by limiting analyses to sister taxa datasets (and therefore ignoring
352 interactions with other coexisting lineages), they are unable to reliably detect signatures of
353 species interactions [68] and so cannot be used to study competition. In addition, these
354 approaches are not well-suited to differentiating between different evolutionary modes.
355 Applying process-based models of phenotypic evolution that incorporate interspecific
356 competition and biogeography allow for such tests of evolutionary hypotheses about the
357 mode of trait evolution across entire clades.

358 Focusing on the effect of competition between closely related species on phenotypic
359 evolution, we did not find support for the biotic interactions hypothesis. Biotic interactions
360 are multifarious; individuals face selective pressures arising from competition, but also from
361 other types of interactions such as predator-prey and host-parasite interactions. Perhaps as a
362 result of this complexity, pinning down clear empirical relationships between latitude and
363 biotic interactions has yielded a complex and often inconsistent set of results [7], with
364 empirical evidence ranging from stronger interactions in the tropics [8,10] to stronger
365 interactions in temperate regions [9]. A challenge for future research on the biotic
366 interactions hypothesis is therefore to more precisely identify the mechanisms that lead to
367 latitudinal gradients in interactions and, consequently, better predict the kinds of interactions
368 that may shape latitudinal gradients in diversification.

369

370 **Materials and methods**

371 *Two-regime phylogenetic models of phenotypic evolution*

372 One approach to analyse gradients in phenotypic evolution is to fit phylogenetic
 373 models of phenotypic evolution that allow model parameters (e.g., evolutionary rates) to vary
 374 across the phylogeny; such models are already available for the simplest models of trait
 375 evolution such as Brownian motion (BM) and Ornstein-Uhlenbeck (OU) models [69,70]. To
 376 explore effects of species interactions, we developed further extensions to early burst (EB),
 377 diversity-dependent (DD) and matching competition (MC) models allowing parameters to be
 378 estimated separately in two mutually exclusive groups of lineages in a clade. Generalizing
 379 these new models to estimate parameters on more than two groups, or on non-mutually
 380 exclusive groups, is straightforward.

381 We began by developing a two-regime version of the early burst (EB) model in which
 382 rates of trait evolution decline according to an exponential function of time passed since the
 383 root of the tree [71]. We used this model here to ensure that the diversity-dependent models,
 384 which incorporate changes in the number of reconstructed lineages through time, are not
 385 erroneously favoured because they accommodate an overall pattern of declining rates through
 386 time. To estimate rates of decline separately for mutually exclusive groups, we formulated a
 387 two-regime EB model with four parameters (Table 1): z_0 (the state at the root), σ_0^2 (the
 388 evolutionary rate parameter at the root of the tree), r_A (controlling the time dependence on the
 389 rate of trait evolution in regime “A”), and r_B (time dependence in regime “B”). This model
 390 can be written as:

391

$$392 \quad dX_t^{(j)} = \begin{cases} \sigma_0 e^{\frac{1}{2}r_A t} dW_t & \text{if } j \text{ is in } A \text{ at time } t \\ \sigma_0 e^{\frac{1}{2}r_B t} dW_t & \text{if } j \text{ is in } B \text{ at time } t \end{cases}, \quad (\text{Eq. 1})$$

393

394 where $X_t^{(j)}$ is the trait value of lineage j at time t , and dW_t represents the Brownian motion
 395 process (S1 Fig.). This model is the two-regime equivalent of the EB model where $\sigma^2(t) =$
 396 $\sigma_0^2 e^{rt}$; the (1/2) factor in Eq.1 comes from taking the square root of the rate.

397

398 **Table 1. Parameters of models used in analyses.** The subscripts ‘trop’ and ‘temp’ in the
 399 two-regime versions of each model refer to parameters estimated separately for lineages with
 400 exclusively tropical breeding ranges and lineages with breeding ranges that include the
 401 temperate region. k indicates the number of free parameters estimated in each model, σ^2
 402 indicates the rate parameter describing the tempo of trait evolution, z_0 indicates the trait value
 403 at the root of the clade, and α describes the strength of the pull toward a stable optimum in
 404 the Ornstein-Uhlenbeck model. For descriptions of other parameters, see the main text.

405

model	k	σ^2	z_0	other
BM_single	2	σ^2	z_0	—
BM_two	3	$\sigma^2_{\text{trop}}; \sigma^2_{\text{temp}}$	z_0	—
OU_single	3	σ^2	z_0	α
OU_two	4	σ^2	$z_{0\text{trop}}; z_{0\text{temp}}$	α
EB_single	3	σ^2	z_0	r (slope)
EB_two	4	σ^2	z_0	$r_{\text{trop}}; r_{\text{temp}}$
DDexp_single	3	σ^2	z_0	r (slope)
DDexp_two	4	σ^2	z_0	$r_{\text{trop}}; r_{\text{temp}}$
DDlin_single	3	σ^2	z_0	b (slope)
DDlin_two	4	σ^2	z_0	$b_{\text{trop}}; b_{\text{temp}}$
MC_single	3	σ^2	z_0	S

406

407 Diversity-dependent (DD) models represent a process where rates of trait evolution
 408 respond to changes in ecological opportunity that result from the emergence of related
 409 lineages [19,20]. When the slope of these models is negative, this is interpreted as a niche-
 410 filling process where rates of trait evolution slow down with the accumulation of lineages.
 411 We considered two versions of DD models, with either exponential (DD_{exp}) or linear (DD_{lin})
 412 dependencies of rates to the number of extant lineages. The two-regime model has four free
 413 parameters (Table 1): z_0 (the state at the root), σ^2 (the evolutionary rate parameter), r_A (the
 414 dependence of the rate of trait evolution on lineage diversity in regime ‘‘A’’), and r_B (diversity
 415 dependence in regime ‘‘B’’). For the exponential case, this model can be written as:

416

$$417 \quad dX_t^{(j)} = \begin{cases} \sigma_0 e^{\frac{1}{2}r_A n_t^{(A)}} dW_t & \text{if } j \text{ is in } A \text{ at time } t \\ \sigma_0 e^{\frac{1}{2}r_B n_t^{(B)}} dW_t & \text{if } j \text{ is in } B \text{ at time } t \end{cases}, \quad (\text{Eq. 2})$$

418

419 for the exponential case, where $n_t^{(A)}$ and $n_t^{(B)}$ are the number of lineages in regime A and B at
 420 time t . This model is the two-regime equivalent of the DD_{exp} model where $\sigma^2(t) = \sigma_0^2 e^{r m(t)}$; the
 421 (1/2) factor in Eq.2 comes from taking the square root of the rate. For the linear case, this can
 422 be written as:

423

$$424 \quad dX_t^{(j)} = \begin{cases} \sqrt{\sigma_0^2 + b_A n_t^{(A)}} dW_t & \text{if } j \text{ is in } A \text{ at time } t \\ \sqrt{\sigma_0^2 + b_B n_t^{(B)}} dW_t & \text{if } j \text{ is in } B \text{ at time } t \end{cases}, \quad (\text{Eq. 3})$$

425

426 This model is the two-regime equivalent of the DD_{lin} model where $\sigma^2(t) = \sigma_0^2 + bn_t$ and b
427 denotes the slope in the linear model. Standard DD models ignore whether lineages coexist,
428 yet only those lineages likely to encounter one another in sympatry are able to compete with
429 one another. Thus, we extended our model to incorporate ancestral biogeographic
430 reconstructions to identify which species interactions are possible at any given point in time
431 (i.e., which species co-occur [23]). With biogeography, these become:

432

$$433 \quad dX_t^{(j)} = \begin{cases} \sigma_0 e^{\frac{1}{2}r_A \sum_{l=1}^{n_t^{(A)}} \mathbf{A}_{j,l}} dW_t & \text{if } j \text{ is in } A \text{ at time } t \\ \sigma_0 e^{\frac{1}{2}r_A \sum_{l=1}^{n_t^{(B)}} \mathbf{A}_{j,l}} dW_t & \text{if } j \text{ is in } B \text{ at time } t \end{cases}, \quad (\text{Eq. 4})$$

434

435 for the exponential case, and:

436

$$437 \quad dX_t^{(j)} = \begin{cases} \sqrt{\sigma_0^2 + b_A \sum_{l=1}^{n_t^{(A)}} \mathbf{A}_{j,l}} dW_t & \text{if } j \text{ is in } A \text{ at time } t \\ \sqrt{\sigma_0^2 + b_B \sum_{l=1}^{n_t^{(B)}} \mathbf{A}_{j,l}} dW_t & \text{if } j \text{ is in } B \text{ at time } t \end{cases}, \quad (\text{Eq. 5})$$

438

439 for the linear case, where \mathbf{A} is a matrix denoting biogeographical overlap, such that $\mathbf{A}_{j,l} = 1$ if
440 lineages j and l coexist in sympatry at time t , and 0 otherwise (S1 Fig.).

441 The matching competition (MC) model is a model of competitive divergence [22,43],
442 wherein sympatric lineages are repelled away from one another in trait space. We formulated
443 the two-regime matching competition model, which has four parameters (Table 1): z_0 (the
444 state at the root), σ^2 (the evolutionary rate parameter), S_A (the strength of repulsion in regime
445 “A”), and S_B (the strength of repulsion in regime “B”). This model can be written:

446

$$dX_t^{(j)} = \begin{cases} S_A \left(\frac{\sum_{l=1}^{n_t^{(A)}} X_t^{(l)}}{n_t^{(A)}} - X_t^{(j)} \right) + \sigma dW_t & \text{if } j \text{ is in } A \text{ at time } t \\ S_B \left(\frac{\sum_{l=1}^{n_t^{(B)}} X_t^{(l)}}{n_t^{(B)}} - X_t^{(j)} \right) + \sigma dW_t & \text{if } j \text{ is in } B \text{ at time } t \end{cases}, \quad (\text{Eq. 6})$$

448

449 Incorporating biogeography, this becomes:

450

$$dX_t^{(j)} = \begin{cases} S_A \left(\frac{\sum_{l=1}^{n_t^{(A)}} \mathbf{A}_{j,l} X_t^{(l)}}{\sum_{l=1}^{n_t^{(A)}} \mathbf{A}_{j,l}} - X_t^{(j)} \right) + \sigma dW_t & \text{if } j \text{ is in } A \text{ at time } t \\ S_B \left(\frac{\sum_{l=1}^{n_t^{(B)}} \mathbf{A}_{j,l} X_t^{(l)}}{\sum_{l=1}^{n_t^{(B)}} \mathbf{A}_{j,l}} - X_t^{(j)} \right) + \sigma dW_t & \text{if } j \text{ is in } B \text{ at time } t \end{cases}, \quad (\text{Eq. 7})$$

452

453 We developed inference tools for fitting the two-regime MC and DD models to
 454 comparative trait data, following the numerical integration approach used previously [44,57].
 455 For the EB model, we developed a branch transformation approach similar to the one used in
 456 mvMORPH [72]. In all model fits, we incorporated the possibility to account for deviations
 457 between measured and modelled mean trait values for each species [73–75] (see S1 Appendix
 458 for details). These deviations are of two types: the ‘known’ deviation associated with
 459 estimating species means from a finite sample, and the ‘unknown’ deviation linked to
 460 intraspecific variability unrelated to the trait model (e.g. instrument errors and phenotypic
 461 plasticity). We follow the common practice of lumping these two sources of deviations (often
 462 called ‘measurement error’) and referring to them as ‘observational error’. A simulation study
 463 demonstrated the reliability of estimates using these tools (S1 Appendix, S7 Data). Functions
 464 to simulate and fit these phenotypic models are available in the R package RPANDA
 465 (Morlon *et al.* 2016).

466

467 *Phylogeny and trait data*

468 We obtained phylogenies of all available species from birdtree.org [26] and created a
469 maximum clade credibility tree in TreeAnnotator [76] based on 1000 samples from the
470 posterior distribution (S13 Data, S14 Data). Since the MC and DD models require highly
471 sampled clades [43], we used the complete phylogeny including species placed based on
472 taxonomic data [26] and the backbone provided by Hackett et al. [77]. We then extracted
473 trees for each terrestrial (i.e., non-pelagic) family with at least 10 members ($n = 108$). As
474 island species are generally not sympatric with many other members of their families (median
475 latitudinal range of insular taxa = 1.28° , non-insular taxa = 15.27°), we further restricted our
476 analyses to continental taxa, excluding island endemics and species with ranges that are
477 remote from continental land masses. We gathered data on the contemporary ranges of each
478 species from shapefiles [78].

479 Mass data were compiled from EltonTraits [79] ($n = 9442$). In addition, we used a
480 global dataset based on measurements of live birds and museum specimens [49] to compile
481 six linear morphological measurements: bill length (culmen length), width, and depth ($n =$
482 9388 , mean = 4.5 individuals per species), as well as wing, tarsus, and tail length ($n = 9393$,
483 mean = 5.0 individuals per species). These linear measurements were transformed into
484 phylogenetic principal component (pPC) axes describing functionally relevant variation in
485 bill shape and locomotory strategies (S1 Appendix, S2 Table, S3 Table, S1 Data)

486

487 *Biogeographic data and reconstruction*

488

489 Phylogenetic models that account for species interactions require identifying lineages
490 that are likely to encounter one another [43]. To discretize the contemporary ranges of each
491 species, we classified them as being present or absent in 11 different global regions [80]:

492 Western Palearctic, Eastern Palearctic, Western Nearctic, Eastern Nearctic, Africa,
493 Madagascar, South America, Central America, India, Southeast Asia, and Papua New
494 Guinea/Australia/New Zealand. To assign each species to the global region(s) they occupied,
495 we used several approaches. As a first pass, we used the maximum and minimum longitude
496 and latitude for species' (non-breeding) ranges. When the rectangle formed by these values
497 fell entirely within the limits of a given global region, we assigned that region as the range
498 for the focal species. Next, for species that did not fall entirely into one region, we compiled
499 observation data from eBird.org [81] to identify all of the regions that a species occupies
500 using country-level observations. Finally, for species whose ranges could not be resolved
501 automatically using these techniques, we manually inspected the ranges.

502 We incorporated estimates of the presence/absence of each lineage in each range through
503 time using ancestral range estimation under the DEC model of range evolution [82]. We fit
504 DEC models to range data and phylogenies for each family with the R package
505 BioGeoBEARS [82,83]. Since the continents have changed position over the course of the
506 time period of family appearance (clade age range = 12.84 - 71.88 Mya), we ran a stratified
507 analysis with adjacency and dispersal matrices defined for every 10 My time slice [80]. Using
508 the ML parameter estimates for the DEC model, we then created stochastic maps for each
509 family in BioGeoBEARS, each representing a single hypothesis for which ranges each
510 lineage occupied from the root to the tip of the tree.

511

512 *Tropical and temperate breeding habitats and reconstruction*

513

514 To investigate the impact of latitude on trait evolution in two-regime models, we assigned
515 each species to either the 'tropical' or 'temperate' regime, based on its breeding range (i.e., a
516 species that breeds exclusively in the temperate zones but migrates to the tropics when not

517 breeding is assigned to the temperate zone). We focused on the breeding ranges of all species
518 as they are likely to be the arena of strongest competition over territorial space and food. To
519 do this, we first assigned each species to either ‘tropical’, ‘temperate’, or ‘both’ based on
520 breeding range limits extracted from range data in shapefiles and defining the tropics as the
521 region between -23.437° to 23.437° latitude. We then fit a continuous-time reversible Markov
522 model where transitions between all categories were allowed to occur at different rates, using
523 `make.simmap` in `phytools` [84] on the MCC tree. We then used the maximum likelihood
524 transition matrix to create a bank of stochastic maps under this model, each indicating a
525 possible historical reconstruction of tropical vs. temperate habitats through time from the root
526 to tips (S1 Fig.). In each stochastic map, we collapsed the ‘both’ category & the ‘temperate’
527 category to compare lineages with exclusively tropical ranges to lineages with breeding
528 ranges that include temperate regions. Therefore, our ‘tropical’ category indicates that a
529 species breeds exclusively in the tropics, and our ‘temperate’ category contains all species
530 with breeding ranges that include the temperate zone (S4 Fig.).

531 We note that this is a relatively simplistic way of categorizing tropical and temperate
532 membership, and we hope that future methods will enable more sophisticated inferences of
533 historical biogeography alongside paleolatitude and/or paleoclimate. However, given the
534 scope of our analyses, and the emerging evidence that many tropical species ranges have
535 shifted over the timescale of this study [85,86], we opted to keep the results of the historical
536 biogeographical inference and the latitudinal-regime reconstruction independent. Future
537 extensions may accommodate the development of more sophisticated paleolatitude models,
538 as well as interactions between various abiotic (e.g., global climate fluctuation [58]) and
539 biotic factors.

540

541 *Accounting for uncertainty in historical biogeography and latitude*

542

543 We accounted for uncertainty in ancestral reconstructions by fitting phenotypic models on at
544 least 20 stochastic maps of ancestral tropical/temperate range membership (for all two-regime
545 models) and/or biogeography (for all models incorporating competition, in both single- and
546 two-regime versions). For the single-regime model fits that included competition (i.e. DD and
547 MC models), we computed model support and parameter estimates as means across fits
548 conducted on stochastic maps of ancestral biogeography. For the two-regime model fits, we
549 computed model support and parameter estimates as means across fits conducted on
550 stochastic maps of ancestral tropical/temperate range membership. For the two-regime model
551 fits with competition, these means also account for variation in estimates of ancestral
552 biogeography (S1 Fig.).

553 Given the scope of these analyses, we chose to account for uncertainty in the
554 biogeographic reconstructions and in the ancestral reconstruction of tropical/temperate living
555 while keeping the topology fixed under the MCC tree. A previous study with a similar model
556 fitting approach found that results on MCC trees were highly concordant with results fit to
557 trees sampled from the posterior distribution [57]. Moreover, there is no reason, to our
558 knowledge, why basing inferences on the MCC tree would bias conclusions about latitude in
559 any systematic way.

560

561 *Latitudinal variation in mode of phenotypic evolution*

562 We tested whether modes of phenotypic evolution varied with latitude in several
563 ways. First, we used ‘single-regime’ models (Table 1), that is, models that estimate a single
564 set of parameters on the entire phylogeny regardless of whether lineages are tropical or
565 temperate. We tested whether support for each of these single-regime models varied
566 according to a clade-level index of tropicality (i.e., the proportion of species in each clade

567 with exclusively tropical breeding ranges). Second, we used our newly developed ‘two-
568 regime’ models (Table 1) with distinct sets of parameters for tropical and temperate species
569 and tested whether these latitudinal models were better supported than models without
570 latitude.

571 We used maximum likelihood optimization to fit several ‘single-regime’ models of
572 trait evolution to the seven morphological trait values described above. For all families, we
573 fitted a set of six previously described models [43] that include three models (BM, OU, and
574 EB) of independent evolution across lineages, implemented in the R-package mvMORPH
575 [72], and three further models (DD_{exp}, DD_{lin}, and MC) that incorporate competition and
576 biogeography, implemented in the R-package RPANDA [87]. For details of reconstruction of
577 ancestral biogeography, see Appendix S1. In the diversity-dependent models, the slope
578 parameters can be either positive or negative, meaning that species diversity could itself
579 accelerate trait evolution (positive diversity-dependence), with increasing species richness
580 driving an ever-changing adaptive landscape [4,68]; or, alternatively, increasing species
581 diversity could drive a concomitant decrease in evolutionary rates (negative diversity-
582 dependence), as might be expected if increases in species richness correspond to a decrease in
583 ecological opportunity [88].

584 In cases where families were too large to fit because of computational limits for the
585 matching competition model (>200 spp., $n = 13$), we identified subclades to which we could
586 fit the full set of models using a slicing algorithm to isolate smaller subtrees within large
587 families. To generate subtrees, we slid from the root of the tree toward the tips, cutting at
588 each small interval (0.1 Myr) until all resulting clades had fewer than 200 tips. We then
589 collected all resulting subclades and fitted the models separately for each subclade with 10 or
590 more species separately, resulting in an additional 28 clades ($n = 136$ total).

591 In addition to this set of models, we fitted a second version of each of these models
592 where the parameters were estimated separately for lineages with exclusively tropical
593 distributions and lineages with ranges that include the temperate region (i.e., ‘two-regime’
594 models, S1 Appendix, S2 Fig.), limiting our analyses to clades with trait data for more than
595 10 lineages in each of temperate and tropical regions (S1 Fig., for details of ancestral
596 reconstruction of tropical and temperate habitats, see S1 Appendix & S4 Fig.). The BM and
597 OU versions of these latitudinal models were fit using the functions mvBM and mvOU in the
598 R package mvMORPH [72], and the latitudinal EB, MC, and DD models were fitted with the
599 newly-developed functions available in RPANDA [87].

600 We examined model support in two ways. First, we calculated the Akaike weights of
601 individual models [89], as well as the overall support for any model incorporating species
602 interactions and overall support for any two-regime model. Second, we identified the best-fit
603 model as the model with the lowest small-sample corrected AIC (AICc) value, unless a
604 model with fewer parameters had a ΔAICc value < 2 [89], in which case we considered the
605 simpler model with the next-lowest AICc value to be the best-fitting model.

606

607 *Latitudinal variation in strength of interactions and tempo of phenotypic evolution*

608 We tested for latitudinal variation in the effect of species interactions on trait
609 evolution using both our single- and two-regime model fits. With the first class of model, we
610 tested whether parameters that estimate the impact of competition on trait evolution (i.e., the
611 slope parameters of the DD models and the S parameter from the MC model) estimated from
612 our single-regime models varied according to the proportion of lineages in each clade that
613 breed exclusively in the tropics. With the second class of models, we tested whether two-
614 regime models estimated a larger impact of competition on trait evolution in tropical than in
615 temperate lineages.

616 Similarly, we tested whether lineages breeding at low latitudes experience lower or
617 higher rates of morphological evolution compared to temperate lineages using our two types
618 of models. First, we tested whether rates of morphological evolution varied according to the
619 proportion of lineages in each clade that breed exclusively in the tropics. We estimated this
620 rate directly as the σ^2 parameter from the single-regime BM model. For the single-regime EB
621 and DD models, we calculated estimates of evolutionary rates at the present from estimates of
622 the rate at the root and the slope parameters. Second, we compared rates estimated separately
623 for tropical and temperate lineages from the two-regime implementations of the BM, EB, and
624 DD models. We also examined the impact of observational error on rate estimates by fitting
625 single-regime and two-regime BM models without accounting for observational error.

626

627 *Examining the potential impact of assuming continental-scale sympatry*

628 Our biogeographical reconstructions add important realism into models of species
629 interactions. Nevertheless, species that occur on the same continent do not necessarily
630 interact with one another. We conducted a simulation analysis to determine how our ability to
631 detect the impact of competition on trait evolution may be impacted by the fact that only a
632 subset of the species occurring in a given continent are actually sympatric.

633 First, we determined the proportion of species that are sympatric within each
634 continent. We calculated range-wide overlap for all family members that ever coexist on the
635 same continent from BirdLife range maps [78] (S6 Data). We defined sympatry as 20% range
636 overlap according to the Szymkiewicz-Simpson coefficient (i.e., overlap area/min(sp1 area,
637 sp2 area)). We also determined if overall levels of sympatry vary latitudinally; to do so we
638 subset pairs of taxa whose latitudinal means are separated by less than 25° latitude [36] and
639 calculated the midpoint latitude for each pair.

640 Next, we conducted a simulation study to determine whether competition unfolding
641 between ‘truly’ sympatric species only (i.e., at a level finer than the course continental scale
642 we employed) would systematically impact the fit (i.e., model selection) or performance (i.e.,
643 parameter estimation) of the two-regime competition (MC) models for which we used
644 continental-level sympatry (as in the empirical analyses). To do this, we selected three clades
645 spanning the range of tree sizes, each with some traits best-fit by single-regime MC model,
646 but none best-fit by two-regime MC model (Cracidae.0 [N = 50, N_{tropical} = 38, N_{temperate} = 12],
647 Nectariniidae.0 [N=122, N_{tropical} = 89, N_{temperate} = 33], Picidae.1 [N=190, N_{tropical} = 86, N_{temperate}
648 = 104]). For each of these clades, we simulated two biogeographic scenarios reflecting
649 empirical levels of sympatry (see above). In the first, we downsampled the continental
650 biogeography such that 50% of tropical and 50% of temperate taxa that were estimated to
651 occur in the same continent were sympatric (see S1 Appendix for more details). In the second
652 scenario, to reflect the observed latitudinal variation in sympatry, we downsampled the
653 continental biogeography such that 33% of tropical and 50% of temperate taxa that were
654 estimated to occur in the same continent were sympatric (see S1 Appendix for more details).

655 With these downsampled biogeographic histories, representing hypothetical range
656 overlap that is more realistic than our continental-level assumption of sympatry, we simulated
657 trait evolution under the two-regime matching competition model. For each clade, we used
658 the mean σ^2 value estimated under the single-regime MC model in empirical fits of a trait that
659 was best-fit by the single-regime MC model. We then varied the ratio of the S_{tropical}:S_{temperate}
660 within the range of values in other trait-by-clade combinations where the two-regime MC
661 model was the best-fit model (S12 Table). For each clade, parameter combination, and
662 downsampled biogeographic scenario, we simulated 100 datasets, for a total of 3000
663 simulated datasets. Finally, we fit the same twelve models that were used in empirical
664 analyses. We conducted model selection to identify the best-fit model for each simulated

665 dataset and assessed whether the estimated $\ln(|S_{\text{tropical}}|/|S_{\text{temperate}}|)$ had the sign expected given
666 the simulated ratio of $S_{\text{tropical}}:S_{\text{temperate}}$ (S9 Data).

667

668 *Predictors of support for models with competition*

669 To identify factors other than latitude which influence whether models with
670 competition were favoured by model selection, we examined the impact of habitat (the
671 proportion of species in single-strata habitats), territoriality (the proportion of species with
672 strong territoriality), diet specialization (calculated as the Shannon diversity of diets among
673 species in a clade), clade age, clade richness, and the maximum proportion of species co-
674 occurring on a continent.

675

676 *Statistical approach*

677 We tested for an impact of the proportion of species in a clade that breed exclusively
678 in the tropics on model support and parameter estimates in single-regime models by
679 conducting phylogenetic generalised least squares using the `pqls` function in the R package
680 `caper` [90], estimating phylogenetic signal (λ) using maximum likelihood optimization,
681 constraining values to $0 \leq \lambda \leq 1$. We tested support for the two-regime versions of each
682 model type (BM, OU, EB, DD and MC) across families for a given trait by fitting intercept-
683 only PGLS models with support for latitudinal models as the response variable. We
684 conducted similar analyses to test overall support for latitudinal models across families for
685 each trait and for differences in parameter estimates for tropical and temperate taxa. We
686 found that statistical support for models incorporating competition was relatively rare in
687 small clades (Fig. S6). As this pattern could be related to lower statistical power in smaller
688 datasets [43], we focused all analyses of evolutionary mode (i.e., model support and

689 parameter estimates from models incorporating competition) on clades with at least 50
690 species ($n = 66$ for single-regime fits, and $n = 59$ for two-regime fits).

691 For analyses of predictors of support for models with competition, we used the R
692 package MCMCglmm [91] to fit phylogenetic generalised linear mixed models with
693 categorical response variables indicating whether MC or DD_{exp} models were chosen as the
694 best-fit model (S12 Data).

695

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702

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941

942

943 **Supporting Information Captions**

944

945 **S1 Appendix.** Supplementary Methods

946

947 **S1 Table.** Parameters used for simulations generating datasets used to test two-regime
948 models.

949

950 **S2 Table.** Description of morphological variables.

951

952 **S3 Table.** Loadings for pPC axes of bill and locomotion measurements.

953

954 **S4 Table.** Phylogenetic generalised least-squares (PGLS) models of statistical support as a
955 function of the latitudinal distribution (measured as the proportion of lineages with
956 individuals that breed in tropical regions). Statistical support was measured as the mean
957 Akaike weights of single-regime models (i.e., calculated from pool of single regime models
958 only), and relative support for a model with competition, (defined as the maximum Akaike
959 weight for a model with competition divided by the sum of this value and the maximum
960 Akaike weight for a model without competition [$\max(\text{MC}_{wi}, \text{DD}_{\text{lin}_{wi}},$
961 $\text{DD}_{\text{exp}_{wi}})/((\max(\text{BM}_{wi}, \text{OU}_{wi}, \text{EB}_{wi}) + \max(\text{MC}_{wi}, \text{DD}_{\text{lin}_{wi}}, \text{DD}_{\text{exp}_{wi}}))$]), limiting analyses to
962 clades with ≥ 50 tips ($n = 66$). Values indicated in bold are those that are significant after
963 controlling for multiple testing ($\alpha = 0.05/7$). λ indicates the maximum likelihood estimate of
964 the phylogenetic signal.

965

966 **S5 Table.** Intercept-only PGLS models fit to indices of support for two regimes models for
967 each trait (for cases where $N \geq 50$; $n = 59$). The index of relative support for any two-regime

968 model was calculated using $\max(\text{two regime Akaike weight})/(\max(\text{two regime Akaike}$
969 $\text{weight})+\max(\text{single regime Akaike weight}))$; other, model specific indices were calculated
970 using $\max(\text{two regime Akaike weight for specified model})/(\max(\text{two regime Akaike weight}$
971 $\text{for specified model}) + \max(\text{single regime Akaike weight for specified model}))$. For each
972 model, this index was transformed by subtracting 0.5 such that negative estimates indicate
973 support for a single-regime model and positive values equal support for a two-regime model.
974 Values indicated in bold are those that are significant after controlling for multiple testing (α
975 $= 0.05/7$). For all significant cases, the single-regime version of the model was supported
976 over the two-regime version. λ indicates the maximum likelihood estimate of the
977 phylogenetic signal.

978

979 **S6 Table.** PGLS models comparing the observed latitudinal distribution (measured as the
980 proportion of lineages with individuals that breed in tropical regions) of clade-by-trait level
981 fits with the mean maximum likelihood estimates (across fits conducted on a bank of
982 stochastic maps of ancestral biogeography) of the strength of species interactions in single-
983 regime models incorporating competition. All comparisons were conducted on clades with \geq
984 50 species ($n = 66$). Note: one outlier was removed from the exponential diversity
985 dependence analysis of bill pPC2. Values indicated in bold are those that are significant after
986 controlling for multiple testing ($\alpha = 0.05/7$). λ indicates the maximum likelihood estimate of
987 the phylogenetic signal.

988

989 **S7 Table.** Intercept-only PGLS models linear regressions fit to tropical/temperate
990 comparisons of maximum likelihood parameter estimates of the strength of species
991 interactions in two-regime models (for cases where $N \geq 50$) ($n = 59$) for each trait. For each
992 evolutionary model (a: MC, b: DD_{exp} , c: DD_{lin}), the mean (across fits conducted on a bank of

993 stochastic maps of ancestral biogeography and stochastic maps of breeding range) of the log-
994 transformed ratio of the absolute value of parameter estimates for tropical taxa to that of
995 temperate taxa ($\ln(|\text{par_tropical}|/|\text{par_temperate}|)$) was the response variable in the intercept-
996 only PGLS model. Negative estimates, therefore, indicate that the impact of competition is
997 estimated to be higher in temperate regions, whereas positive estimates indicate that
998 competition is higher in the tropics. Values indicated in bold are those that are significant
999 after controlling for multiple testing ($\alpha = 0.05/7$). λ indicates the maximum likelihood
1000 estimate of the phylogenetic signal.

1001

1002 **S8 Table.** Intercept-only PGLS models linear regressions fit to tropical/temperate
1003 comparisons of maximum likelihood parameter estimates of the strength of species
1004 interactions in two-regime models (for cases where $N \geq 100$) ($n = 34$) for each trait. For each
1005 evolutionary model (a: MC, b: DD_{exp}, c: DD_{lin}), the mean (across fits conducted on a bank of
1006 stochastic maps of ancestral biogeography and stochastic maps of breeding range) of the log-
1007 transformed ratio of the absolute value of parameter estimates for tropical taxa to that of
1008 temperate taxa ($\ln(|\text{par_tropical}|/|\text{par_temperate}|)$) was the response variable in the intercept-
1009 only PGLS model. Negative estimates, therefore, indicate that the impact of competition is
1010 estimated to be higher in temperate regions, whereas positive estimates indicate that
1011 competition is higher in the tropics. Values indicated in bold are those that are significant
1012 after controlling for multiple testing ($\alpha = 0.05/7$). λ indicates the maximum likelihood
1013 estimate of the phylogenetic signal.

1014

1015 **S9 Table.** Zero-intercept mixed-effect linear model with a random effect for clade identity fit
1016 to the proportion of lineages pairs in each clade that are sympatric in each continent.

1017

1018 **S10 Table.** Intercept-only mixed-effect linear model with a random effect for clade identity
1019 fit to the proportion of lineages pairs that are sympatric in each clade.

1020

1021 **S11 Table.** Linear model fit to the proportion of lineages pairs that are sympatric as a
1022 function of the absolute value of midpoint latitude for species pairs.

1023

1024 **S12 Table.** Simulation parameters used in simulation study to explore the statistical power of
1025 two-regime MC models under realistic levels of sympatry. Values were chosen based on
1026 maximum likelihood estimates (MLEs) from single-regime MC models.

1027

1028 **S13 Table.** PGLS analyses of maximum likelihood estimates of evolutionary rates in single-
1029 regime model fits ($n = 135$) as a function of the latitudinal distribution (measured as the
1030 proportion of lineages with individuals that breed in tropical regions). For diversity-
1031 dependent models, parameter estimates are the mean estimates across fits conducted on a
1032 bank of stochastic maps of ancestral biogeography. λ indicates the maximum likelihood
1033 estimate of the phylogenetic signal.

1034

1035 **S14 Table.** Intercept-only PGLS models fit to the difference between tropical and temperate
1036 maximum likelihood parameter estimates of evolutionary rates in two-regime models, fit
1037 separately for each trait ($n = 71$ for ln.mass and $n = 70$ for other traits). For DD models, the
1038 rate parameter was calculated as the mean comparisons between parameter estimates across
1039 fits conducted on a bank of stochastic maps of ancestral biogeography and stochastic maps of
1040 breeding range. Note: one outlier was removed from the linear diversity dependence analysis
1041 of locomotion pPC2 as it was > 2 orders of magnitude larger than the next largest value.

1042 Values indicated in bold are those that are significant after controlling for multiple testing (α
1043 = 0.05/7). λ indicates the maximum likelihood estimate of the phylogenetic signal.

1044

1045 **S15 Table.** PGLS models comparing the observed latitudinal distribution (measured as the
1046 proportion of lineages with individuals that breed in tropical regions) of clade-by-trait level
1047 fits ($n = 135$) with the log-transformed error (calculated as the sum of the maximum
1048 likelihood estimated error parameter and the clade-level mean squared standard error) in
1049 single-regime Brownian motion models. Values indicated in bold are those that are
1050 significant after controlling for multiple testing ($\alpha = 0.05/7$). λ indicates the maximum
1051 likelihood estimate of the phylogenetic signal.

1052

1053 **S16 Table.** PGLS models comparing the observed latitudinal distribution (measured as the
1054 proportion of lineages with individuals that breed in tropical regions) of clade-by-trait level
1055 fits ($n = 135$) with the maximum likelihood parameter estimates of evolutionary rates in
1056 single-regime Brownian motion models that do not account for observational error. Values
1057 indicated in bold are those that are significant after controlling for multiple testing ($\alpha =$
1058 0.05/7). λ indicates the maximum likelihood estimate of the phylogenetic signal.

1059

1060 **S17 Table.** Intercept only PGLS models fit to the mean difference (across stochastic maps of
1061 tropical and temperate living) in MLE estimates of tropical and temperate rates (from two-
1062 rate BM models that do not account for observational error) ($n = 71$ for log-transformed body
1063 mass, 70 for other traits). Values indicated in bold are those that are significant after
1064 controlling for multiple testing ($\alpha = 0.05/7$). λ indicates the maximum likelihood estimate of
1065 the phylogenetic signal.

1066

1067 **S18 Table.** The factors predicting which clades support models with competition, as revealed
1068 by Phylogenetic Generalised Linear Mixed Models (PGLMMs) fit to single-regime clade-by-
1069 trait fits ($n = 924$) with a categorical variable indicating (a) that the matching competition was
1070 the modal best fit model (i.e., the most common best fit model across fits conducted on a
1071 bank of stochastic maps of ancestral biogeography) ($n = 166$) or (b) that the exponential
1072 diversity dependent model was the model best fit model ($n = 66$) (S12 Data). The influence of
1073 the phylogeny was estimated from the random effect component of the PGLMM—the
1074 phylogenetic intraclass correlation coefficient is analogous to the λ parameter (often referred
1075 to as ‘phylogenetic signal’) estimated from phylogenetic generalized least squares models
1076 [92]. To facilitate parameter exploration, we rescaled all predictor variables using z -
1077 transformations. We used an uninformative, inverse Wishart distribution as a prior for the
1078 random effects, a flat prior for the fixed effects, and fixed the residual variance at 1 [93]. To
1079 fit the models, we ran an MCMC chain for at least 5×10^5 generations, recording model
1080 results every 100 generations and ignoring the first 5×10^3 generations as burn-in. We fit
1081 each model four times and merged the four chains after verifying convergence both visually
1082 and using Gelman-Rubin diagnostics in the R-package coda [94,95]. Estimates and credibility
1083 intervals are therefore calculated from the pooled posterior distributions. The pMCMC (an
1084 MCMC derived p -value calculated as two times the proportion of estimates in either the
1085 positive or negative portion (whichever is smaller) of the posterior distribution) is presented
1086 from one chain.

1087

1088 **S1 Figure.** Illustration of our model-fitting approach for clade-level model fits with different
1089 strengths of competition in tropical and temperate regions. We combine a matrix of the
1090 presence or absence of each lineage in tropical/temperate regions (‘regime matrix’) with a
1091 matrix of biogeography (denoted ‘**A**’) to identify the competitive regime of each lineage and

1092 the identity of other lineages with which the focal lineage is able to interact with. Blue and
1093 red colours in the lower panel denote correspondence between the formula and the
1094 biogeography matrix (**A**) and the regime matrix, respectively.

1095

1096 **S2 Figure.** Results of the simulation study demonstrate the maximum likelihood optimisation
1097 returns reliable parameter estimates in two-regime models. **a-d.** exponential time-dependent
1098 model **e-h.** exponential diversity-dependent model, **i-l.** linear diversity-dependent model, and
1099 **m-p.** matching competition model. In all plots, the red lines denote the parameters used to
1100 generate the simulated data (S7 Data).

1101

1102 **S3 Figure.** Results of model selection depicting best fitting models for data simulated under
1103 (a) two-regime Brownian motion, (b) two-regime Ornstein-Uhlenbeck, and (c) two-regime
1104 Early Burst models across a range of parameter values (S8 Data).

1105

1106 **S4 Figure.** Clade-level distributions of tropical, temperate, and widespread breeding (a)
1107 sorted by clade name, (b) sorted by proportion of exclusively tropical breeding species, and
1108 (c-d) presented as separate histograms. The number following the family name indicates the
1109 subclade within that family (see Methods, S4 Data, S5 Data).

1110

1111 **S5 Figure.** Continental variation in the proportion of species that cooccur in sympatry
1112 (defined as 20% range overlap) (S6 Data).

1113

1114 **S6 Figure.** Clade size impacts the probability that a model incorporating competition is the
1115 modal best-fit single-regime model (i.e., the most common best fit model across fits

1116 conducted on a bank of stochastic maps of ancestral biogeography and stochastic maps of
1117 breeding range) (S2 Data, S3 Data).

1118

1119 **S7 Figure.** Best-fit models for each clade-by-trait combination shows that single-regime
1120 models generally outperform two-regime models, though some clades (e.g., Meliphagidae,
1121 Phasianidae) do tend to support models with latitude across several traits. Shown is the modal
1122 best-fit model (i.e., the most common best fit model across fits conducted on a bank of
1123 stochastic maps of ancestral biogeography across fits conducted on a bank of stochastic maps
1124 of ancestral biogeography and stochastic maps of breeding range). The number following the
1125 family name indicates the subclade within that family (see Methods, S4 Data, S5 Data).

1126

1127 **S8 Figure.** Results from simulation analyses exploring the impact of assuming continental
1128 level sympatry for three clades. (a-c) Best-fit models for data generated under downsampled
1129 biogeographic scenario #1 (i.e., 50% of both tropical and temperate lineages set to allopatric
1130 at a continental scale). (d-f) Best-fit models for data generated under downsampled
1131 biogeographic scenario #2 (i.e., 50% of temperate lineages and 66.6% of tropical lineages set
1132 to allopatric at a continental scale). (g-i) The proportion of simulations for which maximum
1133 likelihood estimates of the ratio of competition from the two-regime MC model (i.e.,
1134 $\ln(|S_{\text{tropical}}|/|S_{\text{temperate}}|)$) correctly identify the direction of the difference in the strength of
1135 competition (S9 Data).

1136

1137 **S9 Figure.** Evolutionary rates in other single-regime models (a: EB, b: DDexp, c: DDlin) do
1138 not vary as a function of the proportion of lineages that breed in the tropics. For diversity-
1139 dependent models, parameter estimates are the mean estimates across fits conducted on a
1140 bank of stochastic maps of ancestral biogeography (S2 Data, S3 Data).

1141

1142 **S10 Figure.** Differences between rates estimated separately on tropical and temperate taxa in
1143 two-regime models (a: EB, b:DDexp, c: DDlin). Shown are the mean comparisons between
1144 parameter estimates across fits conducted on a bank of stochastic maps of ancestral
1145 biogeography and stochastic maps of breeding range (i.e., tropical or temperate). Asterisks
1146 indicate statistical significance (S4 Data, S5 Data).

1147

1148 **S11 Figure.** The relationship between the total error (calculated as the log-transformed sum
1149 of the maximum likelihood estimated nuisance error parameter from single-regime Brownian
1150 motion models and the clade-level mean squared standard error) and the proportion of
1151 tropical breeding lineages in a clade is negative for body mass, but not for other traits. Solid
1152 lines represent statistically significant relationships (S15 Table, S10 Data).

1153

1154 **S12 Figure.** Brownian motion models of trait evolution fit at a clade level when not
1155 accounting for observational error reveal a more pronounced relationship between rate and
1156 latitude for several traits **a.** There is a negative relationship between the proportion of taxa in
1157 a clade that breed in the tropics and the estimated rate of trait evolution from single-rate
1158 Brownian motion models for body mass and locomotion pPC3, but not other traits. Colour of
1159 points indicate trait (as in panel b). **b.** Differences between rates estimated separately on
1160 tropical and temperate taxa in two-rate Brownian motion models are biased toward faster
1161 rates in temperate regions for body mass and locomotion pPC3, but not other traits. Shown
1162 are the mean comparisons between parameter estimates across fits conducted on a bank of
1163 stochastic maps of ancestral biogeography and stochastic maps of breeding range (i.e.,
1164 tropical or temperate) (S11 Data).

1165

1166 **S13 Figure.** Best-fit ‘single-regime’ models for each clade-by-trait combination show that,
1167 while Brownian motion is most often the best model, several clades show evidence of
1168 matching competition (e.g., Cotingidae, Formicariidae, Malaconotidae, and Paridae) or
1169 diversity dependence (e.g., Strigidae, Fringillidae, Columbidae subclade 2) acting on several
1170 traits. Shown is the modal best-fit model across fits conducted on a bank of stochastic maps
1171 of ancestral biogeography. The number following the family name indicates the subclade
1172 within that family (see Methods, S2 Data, S3 Data).

1173

1174 **S14 Figure.** Best-fit single-regime models (modal best fit across fits conducted on a bank of
1175 stochastic maps of ancestral biogeography), plotted as a function of total clade size and the
1176 number of species in each clade that occur on the same continent. A) All models, B)
1177 Matching competition and exponential diversity-dependent models. Each point represents a
1178 clade-by-trait combination (i.e., each clade contributes a point for each of seven traits). In
1179 both panels, points are jittered slightly to aid visualization (S2 Data, S3 Data).

1180

1181 **S1 Data.** Species-level trait data used in analyses.

1182

1183 **S2 Data.** Results of all individual single-regime fits.

1184

1185 **S3 Data.** Results of individual single-regime fits, summarised for each clade-by-trait
1186 combination.

1187

1188 **S4 Data.** Results of all individual two-regime fits.

1189

1190 **S5 Data.** Results of individual two-regime fits, summarised for each clade-by-trait
1191 combination.
1192

1193 **S6 Data.** Species range-wide overlap data calculated from BirdLife shapefiles.
1194

1195 **S7 Data.** Results from simulation exercise exploring the parameter estimability in newly
1196 developed two-regime models.
1197

1198 **S8 Data.** Results from simulation exercise exploring model selection performance of two-
1199 regime BM, OU, and EB models.
1200

1201 **S9 Data.** Results from simulation exercise exploring the impact of assuming continent-scale
1202 sympatry on the performance of two-regime matching competition models.
1203

1204 **S10 Data.** Total error (sum of the maximum likelihood estimated nuisance error parameter
1205 from single-regime Brownian motion models and the clade-level mean squared standard
1206 error) for each clade-by-trait combination.
1207

1208 **S11 Data.** Results of single-regime and two-regime fits of Brownian motion models
1209 excluding observational error.
1210

1211 **S12 Data.** Data used for PLMM analyses of predictors for support for either matching
1212 competition or exponential diversity dependent models in single-regime fits.
1213

1214 **S13 Data.** Species-level maximum clade credibility tree used during model fitting.

1215

1216 **S14 Data.** Clade-level maximum clade credibility tree used for PGLS and PLMM analyses.