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5 **Assessing the accuracy and efficiency of different order implicit and**

6 **explicit integration schemes**

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29 ABSTRACT

30 A first order accurate fully implicit integration scheme and four different order explicit
31 substepping integration schemes with automatic error control are used in this paper to
32 integrate the constitutive relations of a critical state model for saturated soils. Their
33 respective computational performance in terms of accuracy and efficiency is assessed
34 in order to provide practical guidance for deciding which of the five is most suitable for
35 solving numerical problems in geotechnical engineering involving critical state models.
36 Even though existing literature of integration schemes applied to geotechnical problems
37 has traditionally been focussed on the first order accurate implicit backward Euler and
38 on the second order accurate explicit modified Euler with substepping almost
39 exclusively, the findings of this paper suggest that the little extra work required in the
40 implementation of an explicit third order Runge-Kutta substepping scheme is worth the
41 effort, especially in terms of computational cost.

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48 1. INTRODUCTION

49 In numerical analysis of geotechnical problems, the mechanical response of the soil is
50 governed by the stress-strain relations of a constitutive model (Alonso et al., 1990;
51 Lloret-Cabot et al., 2017a, 2018ab; Roscoe & Burland, 1968). The numerical
52 integration of such constitutive relations is a challenging task because of the highly
53 non-linear behaviour often encountered in geotechnical engineering. Many different
54 strategies have been proposed for an efficient numerical integration of the stress-strain
55 relations of a soil model, and these are commonly grouped as implicit (stresses are
56 updated from the stress state at the end of the strain increment by using a sort of iterative
57 procedure) (Belytschko et al., 2000; Borja and Tamagnini, 1998; Coombs et al., 2010,
58 2011; Jeremic & Sture, 1997; Pérez-Foguet et al., 2001ab; Simo & Taylor, 1986) and
59 explicit (stresses are computed from the stress state at the start of the strain increment)
60 (Farias et al., 2009; Lloret-Cabot et al., 2016; Pérez-Foguet et al., 2001a; Sloan, 1987;
61 Sloan et al., 2001).

62 Accuracy and efficiency of an integration scheme are both central to the overall
63 precision and cost involved in finite element applications (Potts, 2003; Sloan et al.,
64 2001). Hence, comparisons between implicit and explicit integration schemes have
65 been an interesting topic of discussion (e.g. Pedroso & Farias, 2005; Potts & Ganendra,
66 1994). In order to provide practical guidance on their suitability for finite element
67 analysis, the work presented here studies the computational performance of five
68 integration schemes, including the fully implicit first order accurate backward Euler
69 and a family of different order accurate explicit substepping schemes with automatic
70 error control.

71 Since the work of Sloan (1987), substepping integration schemes (sometimes also
72 called embedded or adaptive methods) have been used in geotechnical engineering to
73 integrate constitutive models for soils, involving saturated (e.g. Abbo & Sloan, 1996;
74 Farias et al., 2009; Lloret-Cabot et al., 2016; Pedroso & Farias, 2005; Pérez-Foguet et
75 al., 2001ab; Quevedo et al., 2019; Sheng et al., 2002; Sloan et al., 2001; Zhao et al.
76 2005; Zhao et al., 2017) as well as unsaturated conditions (e.g. Cattaneo et al., 2014;
77 Lloret-Cabot et al., 2021; Pedroso et al., 2008; Sheng et al., 2003ab; Sołowski &
78 Gallipoli, 2010ab; Sołowski et al., 2012; Zhang & Zhou, 2016). In contrast to the
79 conventional single-step explicit or fully implicit schemes (in which the size of the

80 integration step is not directly controlled) the advancement of the solution in an explicit
81 substepping scheme is controlled by estimating the local truncation error. This
82 estimation is possible by *embedding* a lower order single-step accurate scheme in a
83 higher order single-step scheme. The difference in the numerical solutions from these
84 two schemes gives the estimate of the local error that is used by the substepping
85 algorithm to adjust the size of the integration substep, making the overall process of
86 integration more efficient than single-step explicit or implicit approaches (Sloan et al.,
87 2001).

88 Traditionally, the use of implicit and explicit integration schemes in geotechnical
89 engineering has concentrated on the implicit first order backward Euler and on the
90 explicit second order modified Euler with substepping almost exclusively, with little
91 research on the performance of higher order integration substepping schemes (e.g.
92 Sołowski et al., 2012). The goal of this paper is then to answer the following question:
93 are traditional integration schemes as good as they can be for solving geotechnical
94 engineering problems, or is there the possibility for improvement?

95 To answer this question, a thorough investigation of the numerical performance and
96 computational cost involved in the numerical integration of a critical state model for
97 saturated soils is carried out for five integration schemes, including the first order
98 accurate implicit backward Euler (BE1), the second order Runge-Kutta with
99 substepping (RK12), the third order Runge-Kutta with substepping (RK23), the fourth
100 order Runge-Kutta with substepping (RK34) and the fifth order Runge-Kutta with
101 substepping (RK45). The analysis of the results from these five integration schemes
102 shows that, for a given accuracy, a substantial reduction in computational cost can be
103 achieved at the expense of the extra effort required in implementing a higher order
104 method.

105 2. FORMULATION OF THE PROBLEM

106 The numerical integration of a critical state model requires the solution of an ordinary
107 differential system of equations that needs to be solved numerically via an integration
108 scheme (Sloan et al., 2001). Without loss of generality, the next sections investigate the
109 problem for the Modified Cam Clay (MCC) (Roscoe & Burland, 1968) but similar
110 outcomes are expected for more advanced models of the critical state family. According

111 to Sloan et al. (2001) the system of ordinary differential equations to be solved can be
112 written as:

$$113 \quad \begin{cases} d\boldsymbol{\sigma}' = \mathbf{D}d\boldsymbol{\varepsilon} \\ dp'_0 = d\lambda B \\ dv = -v d\varepsilon_v \end{cases} \quad (1)$$

114 where $d\boldsymbol{\sigma}'$ is the effective stress vector (defined as the difference between the total stress
115 and pore water pressure), $d\boldsymbol{\varepsilon}$ is the strain vector, \mathbf{D} is the elastic matrix \mathbf{D}_e (if no plastic
116 yielding occurs) or the elasto-plastic matrix \mathbf{D}_{ep} (when the given strain increment causes
117 plastic yielding, dp'_0 is the mechanical hardening parameter, $d\lambda$ is an unknown positive
118 scalar (referred to as the plastic multiplier), B is a scalar function for the evolution of
119 the yield curve, v is the specific volume and $d\varepsilon_v$ is the volumetric strain (see Sloan et
120 al. (2001) and Lloret-Cabot et al. (2016) for more details).

121 Equation 1 defines an initial value problem (IVP) to be solved via an integration scheme
122 when knowing the variation of strain, the initial effective stresses and the initial
123 hardening parameter.

124 Five different order integration schemes are presented in the next sections to solve
125 Equation 1, including the second order accurate explicit modified Euler with
126 substepping (RK12) together with a third, a fourth and a fifth order accurate explicit
127 Runge-Kutta substepping schemes (RK23, RK34 and RK45, respectively) and the
128 implicit first order backward Euler (BE1).

129 3. EXPLICIT SUBSTEPPING INTEGRATION SCHEMES

130 This section summarises the four explicit substepping strategies with automatic error
131 control used to integrate Equation 1. Full details on explicit substepping algorithms,
132 including elastic-plastic transitions, yield curve intersection and correction of stresses
133 back to the yield surface (see Potts & Gens, 1985) is given elsewhere (e.g. Sloan et al.,
134 2001).

135 To solve Equation 1, it is useful to define a pseudo-time T , with $T = 0$ at the start of the
136 strain increment $\Delta\boldsymbol{\varepsilon}$ and $T = 1$ at the end:

$$137 \quad \left\{ \begin{array}{l} \frac{d\boldsymbol{\sigma}'}{dT} \cong \mathbf{D}_{ep} \Delta \boldsymbol{\varepsilon} = \mathbf{D}_e \Delta \boldsymbol{\varepsilon} - \Delta \lambda \mathbf{D}_e \mathbf{b} \\ \frac{dp'_{0i}}{dT} \cong \Delta \lambda B \\ \frac{dv}{dT} = -v \Delta \varepsilon_v \end{array} \right. \quad (2)$$

138 where

$$139 \quad \Delta \lambda = \frac{\mathbf{a}^T \mathbf{D}_e \Delta \boldsymbol{\varepsilon}}{A - \mathbf{a}^T \mathbf{D}_e \Delta \mathbf{b}} \quad (3)$$

140 where \mathbf{a} and \mathbf{b} are, respectively, the derivative of the yield curve and plastic potential
 141 with respect to effective stress and A is a scalar related to the hardening law (Sloan et
 142 al., 2001) (note that the subscript T means transposed).

143 Equation 2 is the IVP to be integrated with the substepping scheme over T , when
 144 knowing the initial state of the soil at $T = 0$ and the imposed increment of strain $\Delta \boldsymbol{\varepsilon}$.
 145 Given a pseudo-time substep ΔT_n (with $T \in (0, T_{n-1}]$), the updates for $\boldsymbol{\sigma}'$, p'_{0i} and v can
 146 be written as:

$$147 \quad \left\{ \begin{array}{l} \boldsymbol{\sigma}'_n = \boldsymbol{\sigma}'_{n-1} + \sum_{i=1}^s b_i \Delta \boldsymbol{\sigma}'_i \\ p'_{0n} = p'_{0n-1} + \sum_{i=1}^s b_i \Delta p'_{0i} \\ v_n = v_{n-1} \exp(-\Delta T_n \Delta \varepsilon_v) \end{array} \right. \quad (4)$$

148 where s is the number of stages of the integration scheme, the coefficients b_i take
 149 different values depending on the substepping scheme used (see Tables 1, 2, 3 and 4
 150 for RK12, RK23, RK34 and RK45 respectively) and

$$151 \quad \left. \begin{array}{l} \Delta \boldsymbol{\sigma}'_i = \mathbf{D}_{ep}(\hat{\boldsymbol{\sigma}}'_i, \hat{p}'_{0i}, \hat{v}_i) \Delta \boldsymbol{\varepsilon}_n \\ \Delta p'_{0i} = \Delta \lambda(\hat{\boldsymbol{\sigma}}'_i, \hat{p}'_{0i}, \hat{v}_i, \Delta \boldsymbol{\varepsilon}_n) B(\hat{\boldsymbol{\sigma}}'_i, \hat{p}'_{0i}, \hat{v}_i) \\ \Delta \boldsymbol{\varepsilon}_n = \Delta T_n \Delta \boldsymbol{\varepsilon} \end{array} \right\} \quad \text{for } i = 1, \dots, s \quad (5)$$

152 with

$$\left. \begin{aligned}
153 \quad \hat{\boldsymbol{\sigma}}'_i &= \boldsymbol{\sigma}'_{n-1} + \sum_{k=1}^{i-1} a_{ik} \Delta \boldsymbol{\sigma}'_k \\
\hat{p}'_{0i} &= p'_{0n-1} + \sum_{k=1}^{i-1} a_{ik} \Delta p'_{0k} \\
\hat{v}_i &= v_{n-1} \exp\left(-\sum_{k=1}^{i-1} a_{ik} \Delta T_n \Delta \varepsilon_v\right)
\end{aligned} \right\} \text{ for } i = 1, \dots, s \quad (6)$$

154 and the coefficients a_{ik} take different values depending on the substepping scheme used
155 (see the corresponding Butcher tableau below).

156 In all substepping schemes considered in this paper, the estimate of the local truncation
157 error REL used to adjust the size of the substep $\delta \varepsilon$ is computed as:

$$158 \quad REL = \max \left\{ \frac{\left[(\hat{\boldsymbol{\sigma}}' - \boldsymbol{\sigma}')^T (\hat{\boldsymbol{\sigma}}' - \boldsymbol{\sigma}') \right]^{1/2}}{\left[(\hat{\boldsymbol{\sigma}}')^T (\hat{\boldsymbol{\sigma}}') \right]^{1/2}}, \frac{|\hat{p}'_0 - p_0|}{\hat{p}'_0} \right\} \quad (7)$$

159 where the variables with a hat correspond to the higher order accurate approximations
160 of the substepping scheme.

161 If REL is larger/smaller than a specified substepping tolerance $STOL$, the current size
162 of the integration step/substep is reduced/increased according to:

$$163 \quad (\Delta T)_{i+1} = r (\Delta T)_i \quad (8)$$

164 where r is a scalar.

165 The value of r is bounded between 0.1 and 1.1 to control the change in size during two
166 consecutive substeps (Sloan et al., 2001) and its expression depends on the accuracy of
167 the substepping scheme. For the RK12, RK23, RK34 and RK45 the expression of r is,
168 respectively:

$$169 \quad r \cong 0.9 (STOL/REL)^{1/2} \quad (9)$$

$$170 \quad r \cong 0.9 (STOL/REL)^{1/3} \quad (10)$$

171 $r \cong 0.9(STOL/REL)^{1/4}$ (11)

172 $r \cong 0.9(STOL/REL)^{1/5}$ (12)

173 All the substepping schemes considered in this paper use *local extrapolation*, meaning
 174 that if the step/substep is accepted, the values of the effective stresses, and hardening
 175 parameter (the end of the step/substep) are updated using the higher order
 176 approximation (Shampine, 1973).

177 Table 1 indicates the values of the coefficients b_i and a_{ik} for Equations 4 and 6,
 178 respectively, corresponding to the second order Runge-Kutta scheme with substepping
 179 (RK12). The RK12 embeds the first order accurate single-step forward Euler (RK1) in
 180 the second order accurate single-step modified Euler (RK2). Hence, the RK12 uses the
 181 approximations computed from RK1 to compute second order accurate approximations.
 182 The estimate of the local truncation error REL is then computed from the difference
 183 between the two solutions of different order (see Equation 7). Inspection of Table 1
 184 shows that the number of stages s of the RK12 is two meaning that two evaluations of
 185 the constitutive relations are required in each substep. As discussed later, this aspect is
 186 relevant here because it plays a role in the overall computational cost of the substepping
 187 scheme.

188 Table 1. Coefficients for the 2nd order Runge-Kutta with substepping (RK12) (Sloan et
 189 al., 2001)

s	a_{ik}					\hat{b}_i (2 nd)	b_i (1 st)
1						1/2	1
2	1					1/2	0

190 Tables 2 and 3 summarise the coefficients b_i and a_{ik} for the third (RK23) and fourth
 191 (RK34) order Runge-Kutta substepping schemes, respectively. Full details of the
 192 derivation of these two integration schemes can be found in Fehlberg (1969, 1970). In
 193 contrast with RK12 (Table 1), the number of stages is three for the RK23 and five for
 194 the RK34 (see Table 2 and 3, respectively).

195 Table 2. Coefficients for the 3rd order Runge-Kutta with substepping (RK23) (Fehlberg,
 196 1969)

s	a_{ik}					\hat{b}_i (3 rd)	b_i (2 nd)
1						1/6	1/2
2	1					1/6	1/2
3	1/4	1/4				2/3	0

197 Table 3. Coefficients for the 4th order Runge-Kutta with substepping (RK34) (Fehlberg,
198 1969)

s	a_{ik}					\hat{b}_i (4 th)	b_i (3 rd)
1						43/288	1/6
2	1/4					0	0
3	4/81	32/81				243/416	27/52
4	57/98	-432/343	1053/686			343/1872	49/156
5	1/6	0	27/52	49/156		1/12	0

199 The coefficients of the fifth order Runge-Kutta scheme with substepping (RK45)
200 correspond to the family of higher order Runge-Kutta-Dormand-Prince methods
201 proposed in Dormand & Prince (1980) and are summarised in Table 4. As discussed in
202 Sloan et al. (2001), the RK45 scheme results in very accurate values for σ_n' and p'_{0n} at
203 the end of each step/substep at the expense of additional evaluations of the constitutive
204 relations (i.e. six stages, see Table 4). This method is hence useful for obtaining
205 reference solutions to study the accuracy of a numerical scheme, but its implementation
206 is considerably more tedious than the lower order schemes RK12 and RK23.

207 Table 4. Coefficients for the 5th order Runge-Kutta with substepping (RK45) (Dormand
208 & Prince, 1980)

s	a_{ik}					\hat{b}_i (5 th)	b_i (4 th)
1						19/216	31/540
2	1/5					0	0
3	3/40	9/40				1000/2079	190/297
4	3/10	-9/10	6/5			-125/216	-145/108
5	226/729	-25/27	880/729	55/729		81/88	351/220
6	-181/270	5/2	-266/297	-91/27	189/55	5/56	1/20

209 4. IMPLICIT INTEGRATION SCHEMES

210 This section summarises the first order fully implicit backward Euler (BE1) integration
211 scheme used to solve Equation 1. Further details on implicit algorithms can be found
212 elsewhere (e.g. Simo & Taylor (1986), Jeremic & Sture (1997)).

213 Similar to the explicit schemes discussed earlier, it is useful to express Equation 1 in
 214 terms of a pseudo-time T so that the integration of the strain increment goes from $T = 0$
 215 to $T = 1$ (or, more generally, from T_{n-1} to T_n). The IVP defined by Equation 2 can be
 216 also integrated implicitly over T when knowing the initial state of the soil at $n-1$ (i.e.
 217 quantities $\boldsymbol{\sigma}'_{n-1}$ and p'_{0n-1}) and the imposed increment of strain $\Delta\boldsymbol{\varepsilon}$. The problem to be
 218 solved can be written as:

$$219 \quad \begin{cases} \boldsymbol{\sigma}'_n + \Delta\lambda \mathbf{D}_e \mathbf{b} = \boldsymbol{\sigma}'_{n-1} + \mathbf{D}_e \Delta\boldsymbol{\varepsilon} \\ p'_{0n} - \Delta\lambda B = p'_{0n-1} \\ F(\boldsymbol{\sigma}'_n, p'_{0n}) = 0 \end{cases} \quad (13)$$

220 where F is the yield curve of the MCC evaluated at n .

221 The unknowns \mathbf{x} in Equation 13 are:

$$222 \quad \mathbf{x} = \begin{pmatrix} \boldsymbol{\sigma}'_n \\ p'_{0n} \\ \Delta\lambda \end{pmatrix} \quad (14)$$

223 and the residuals \mathbf{r} :

$$224 \quad \mathbf{r} = \begin{pmatrix} \boldsymbol{\sigma}'_n + \Delta\lambda \mathbf{D}_e \mathbf{b} - \mathbf{D}_e \Delta\boldsymbol{\varepsilon} - \boldsymbol{\sigma}'_{n-1} \\ p'_{0n} - \Delta\lambda B - p'_{0n-1} \\ F(\boldsymbol{\sigma}'_n, p'_{0n}) \end{pmatrix} \quad (15)$$

225 In order to solve this nonlinear problem, the residuals in Equation 15 are minimised
 226 with an iterative method. The most common one is the Newton-Raphson method (NR)
 227 for which the jacobian matrix of the residuals is needed. The jacobian of this problem
 228 \mathbf{J} can be easily formed by finding the derivatives of the residuals with respect to the
 229 unknowns:

$$230 \quad \mathbf{J} = \begin{pmatrix} \mathbf{I}_{\sigma'} - \Delta\lambda \mathbf{D}_e \frac{\partial \mathbf{b}}{\partial \sigma'} & \Delta\lambda \mathbf{D}_e \frac{\partial \mathbf{b}}{\partial p'_0} & \mathbf{D}_e \mathbf{b} \\ -\Delta\lambda \frac{\partial B}{\partial \sigma'} & 1 - \Delta\lambda \frac{\partial B}{\partial p'_0} & -B \\ \mathbf{a}^T & \frac{\partial F}{\partial p'_0} & 0 \end{pmatrix} \quad (16)$$

231 where \mathbf{a} is the derivative of the yield curve with respect to effective stress, A and B are
 232 the two scalar functions introduced earlier and \mathbf{I}_x is the identity matrix of order x (see
 233 Pérez-Foguet et al. (2001ab) for more details).

234 The iterative increment of the unknowns is given by:

$$235 \quad \delta \mathbf{x} = -\mathbf{J}^{-1} \mathbf{r} \quad (17)$$

236 With starting conditions corresponding to the elastic trial state (i.e. $\sigma'_0 = \sigma'_{n-1} + \mathbf{D}_e \Delta \varepsilon$,
 237 $(p'_0)_0 = p'_{0n-1}$ and $\Delta \lambda_0 = 0$).

238 The iterations of the NR progress until the residuals converge within a given tolerance.
 239 Throughout the iteration process all derivatives are evaluated at the current state.
 240 Equation 13 is expressed in terms of effective stresses to ease the comparison with the
 241 explicit integration schemes presented previously. However, it can be also expressed in
 242 terms of strains (e.g. Coombs et al., 2010, 2011; Pedroso & Farias, 2005).

243 5. VERIFICATION AND COMPUTATIONAL ASPECTS

244 Although it is possible to formulate a substepping scheme in terms of *absolute* error
 245 (Lloret-Cabot et al., 2017b), the work presented here concentrates on the *relative* error.
 246 It is useful to distinguish two types of relative error in this section: the *local* relative
 247 error and the *cumulative* relative error. The local relative error is the error incurred by
 248 the numerical scheme in the integration of a single substep and will be indicated as e .
 249 In contrast, the accumulation of local relative error over a number of substeps is the
 250 cumulative relative error (sometimes also referred to as *global* relative error) and will
 251 be indicated as E .

252 A key aspect to check after the implementation of a substepping integration scheme is
 253 that the relative error incurred in the integrated variables of the model behaves as
 254 expected, firstly in a single substep (i.e. local relative error e) and subsequently over
 255 many substeps (i.e. cumulative relative error E). Hence, this section studies first the
 256 behaviour of e (i.e. $STOL = 1$). Different values of $STOL$ are imposed subsequently to
 257 investigate the behaviour of E .

258 Two numerical tests are considered to study the behaviour of e and E . Both tests assume
 259 axisymmetric conditions and consider an initial stress state on the yield curve (at zero
 260 deviatoric stress) so that any increase in effective stress produces plastic yielding.
 261 Similar outcomes are expected for more general situations involving elasto-plastic
 262 transitions provided that the elastic incremental relations of the constitutive model are
 263 also integrated using the same substepping strategy used for plastic yielding and
 264 provided also that the solution of the intersection problem corresponds to that obtained
 265 from the higher order scheme.

266 The first of the numerical tests considered (Test A) studies the variation of the error for
 267 given finite equal variations of axial strain and radial strain $\Delta\epsilon_a = \Delta\epsilon_r \approx \Delta\epsilon_v/3$. The
 268 second test considered (Test B) studies the error response for an axial strain increment
 269 $\Delta\epsilon_a$ (with no radial strains, $\Delta\epsilon_r$). The MCC constants and initial state considered in both
 270 tests are indicated in Table 5. The tolerance associated with the yield surface $FTOL$ is
 271 10^{-12} (and is the same value of tolerance used in the iterative NR method of the implicit
 272 backward Euler integration scheme).

273 Table 5. Values of soil constants and initial state for the MCC simulations for Tests A
 274 and B

$\lambda = 0.12$	$\kappa = 0.05$	$N = 2.00$	$p' = 50 \text{ kPa}$
$\nu = 0.33$ ^(*)	$M = 1.20$	$q = 0 \text{ kPa}$	$p_0' = 50 \text{ kPa}$

275 ^(*) Poisson's ratio.

276 Test A is useful because it is trivial to find an analytical solution and hence the
 277 computation of the relative local error is exact. Test B, in contrast, uses a reference
 278 solution to compute the error which corresponds to the solution from the RK45 with
 279 $FTOL = 10^{-13}$ and $STOL = 10^{-13}$. In both tests, the size of the increment of strain is

280 varied to study its influence in the solution. For Test A, $\Delta\varepsilon_v = 10^{-06}$ to 0.1 and for Test
 281 B, $\Delta\varepsilon_a = 10^{-06}$ to 0.1 (keeping $\Delta\varepsilon_r = 0$).

282 5.1. Single-step analysis: the relative local error e

283 The integrated variables in the integration schemes presented earlier are the effective
 284 stress $\boldsymbol{\sigma}'$ and mechanical hardening parameter p_0' . The local relative error in these
 285 variables (for a given strain increment) can be computed by comparing the numerical
 286 solution obtained from a particular integration scheme against a reference (or when
 287 possible analytical) solution, according to:

$$288 \quad e_{\boldsymbol{\sigma}'} = \frac{\left\{ \left(\boldsymbol{\sigma}'_{ref} - \boldsymbol{\sigma}' \right)^T \left(\boldsymbol{\sigma}'_{ref} - \boldsymbol{\sigma}' \right) \right\}^{1/2}}{\left\{ \left(\boldsymbol{\sigma}'_{ref} \right)^T \left(\boldsymbol{\sigma}'_{ref} \right) \right\}^{1/2}} \quad (18)$$

$$289 \quad e_{p_0'} = \frac{|p'_{0ref} - p'_0|}{p'_{0ref}} \quad (19)$$

290 where the subscript *ref* indicates a reference (or analytical) solution.

291 Local accuracy in each numerical method is assessed by plotting the local error in $\boldsymbol{\sigma}'$
 292 and p_0' against the size of the increment of strain. All plots use logarithmic scales in
 293 both axes to verify that the gradient obtained for the best-fitted straight line through a
 294 particular set of error results corresponds to the theoretical order of accuracy of the
 295 integration scheme used.

296 Typical results of the behaviour of the local error in effective stresses and hardening
 297 parameter during the numerical integration of Test B are summarised in Tables 6 and
 298 7, respectively, all using $STOL = 1$ (similar error responses are obtained for the simpler
 299 Test A, see Appendix). Inspection of these tables show that the overall behaviour is as
 300 expected, with errors in $\boldsymbol{\sigma}'$ and p_0' decreasing with the decrease of the axial strain size.
 301 Such decrease in error is greater in the integration schemes with higher order of
 302 accuracy. As illustrated later in Figure 1, the error results for the explicit single-step 1st
 303 order forward Euler (RK1) and for the implicit single-step 1st order backward Euler
 304 (BE1) are similar for all strain increment sizes considered. However, the values of e in

305 the BE1 are always smaller (when compared against the corresponding values from
 306 RK1) but these are of several order of magnitude greater than the typical accuracy
 307 achieved by the other higher order explicit schemes (see Tables 6 and 7).

308 Table 6. Local relative error values in effective stress σ' for a single elasto-plastic axial
 309 straining step considering $STOL = 1$ and keeping $\Delta\varepsilon_r = 0$ (Test B).

$\Delta\varepsilon_a$	Explicit					Implicit
	1 st order (RK1)	2 nd order (RK2)	3 rd order (RK3)	4 th order (RK4)	5 th order (RK5)	1 st order (BE1)
$1 \cdot 10^{-06}$	$1.75 \cdot 10^{-10}$	$3.25 \cdot 10^{-15}$	$< 1.0 \cdot 10^{-15}$	$< 1.0 \cdot 10^{-15}$	$< 1.0 \cdot 10^{-15}$	$7.32 \cdot 10^{-11}$
$1 \cdot 10^{-05}$	$1.75 \cdot 10^{-08}$	$2.98 \cdot 10^{-12}$	$1.15 \cdot 10^{-15}$	$1.15 \cdot 10^{-15}$	$< 1.0 \cdot 10^{-15}$	$7.32 \cdot 10^{-09}$
$1 \cdot 10^{-04}$	$1.74 \cdot 10^{-06}$	$2.99 \cdot 10^{-09}$	$9.40 \cdot 10^{-12}$	$1.15 \cdot 10^{-15}$	$< 1.0 \cdot 10^{-15}$	$7.31 \cdot 10^{-07}$
$1 \cdot 10^{-03}$	$1.68 \cdot 10^{-04}$	$3.01 \cdot 10^{-06}$	$9.07 \cdot 10^{-08}$	$1.43 \cdot 10^{-10}$	$1.72 \cdot 10^{-12}$	$7.17 \cdot 10^{-05}$
$1 \cdot 10^{-02}$	$1.19 \cdot 10^{-02}$	$2.78 \cdot 10^{-03}$	$6.01 \cdot 10^{-04}$	$6.85 \cdot 10^{-06}$	$1.06 \cdot 10^{-06}$	$5.56 \cdot 10^{-03}$
$1 \cdot 10^{-01}$	$2.81 \cdot 10^{-01}$	$1.36 \cdot 10^{-01}$	$1.83 \cdot 10^{-01}$	$2.83 \cdot 10^{-02}$	$3.86 \cdot 10^{-02}$	$2.11 \cdot 10^{-01}$

310 Table 7. Local relative error values in the mechanical hardening parameter p_0' for a
 311 single elasto-plastic axial straining considering $STOL = 1$ and keeping $\Delta\varepsilon_r = 0$ (Test B).

$\Delta\varepsilon_a$	Explicit					Implicit
	1 st order (RK1)	2 nd order (RK2)	3 rd order (RK3)	4 th order (RK4)	5 th order (RK5)	1 st order (BE1)
$1 \cdot 10^{-06}$	$2.34 \cdot 10^{-10}$	$3.98 \cdot 10^{-15}$	$< 1.0 \cdot 10^{-15}$	$< 1.0 \cdot 10^{-15}$	$< 1.0 \cdot 10^{-15}$	$1.91 \cdot 10^{-11}$
$1 \cdot 10^{-05}$	$2.34 \cdot 10^{-08}$	$2.38 \cdot 10^{-12}$	$< 1.0 \cdot 10^{-15}$	$< 1.0 \cdot 10^{-15}$	$< 1.0 \cdot 10^{-15}$	$1.91 \cdot 10^{-09}$
$1 \cdot 10^{-04}$	$2.34 \cdot 10^{-06}$	$2.39 \cdot 10^{-09}$	$7.41 \cdot 10^{-12}$	$< 1.0 \cdot 10^{-15}$	$< 1.0 \cdot 10^{-15}$	$1.89 \cdot 10^{-07}$
$1 \cdot 10^{-03}$	$2.27 \cdot 10^{-04}$	$2.46 \cdot 10^{-06}$	$7.07 \cdot 10^{-08}$	$5.44 \cdot 10^{-11}$	$1.04 \cdot 10^{-12}$	$1.72 \cdot 10^{-05}$
$1 \cdot 10^{-02}$	$1.71 \cdot 10^{-02}$	$2.52 \cdot 10^{-03}$	$4.19 \cdot 10^{-04}$	$1.91 \cdot 10^{-06}$	$1.91 \cdot 10^{-06}$	$8.70 \cdot 10^{-04}$
$1 \cdot 10^{-01}$	$2.88 \cdot 10^{-01}$	$1.36 \cdot 10^{-01}$	$1.27 \cdot 10^{-01}$	$3.16 \cdot 10^{-03}$	$2.95 \cdot 10^{-02}$	$2.22 \cdot 10^{-01}$

312 Figure 1 illustrates the local relative error for Test B in terms of effective stress (Figure
 313 1a) and mechanical hardening parameter (Figure 1b). Symbols indicate the computed
 314 relative error and each dashed line indicates the best-fitted straight line through the
 315 computed local relative error from results a particular numerical method. These dashed
 316 lines are referred to hereafter as *local error lines*.

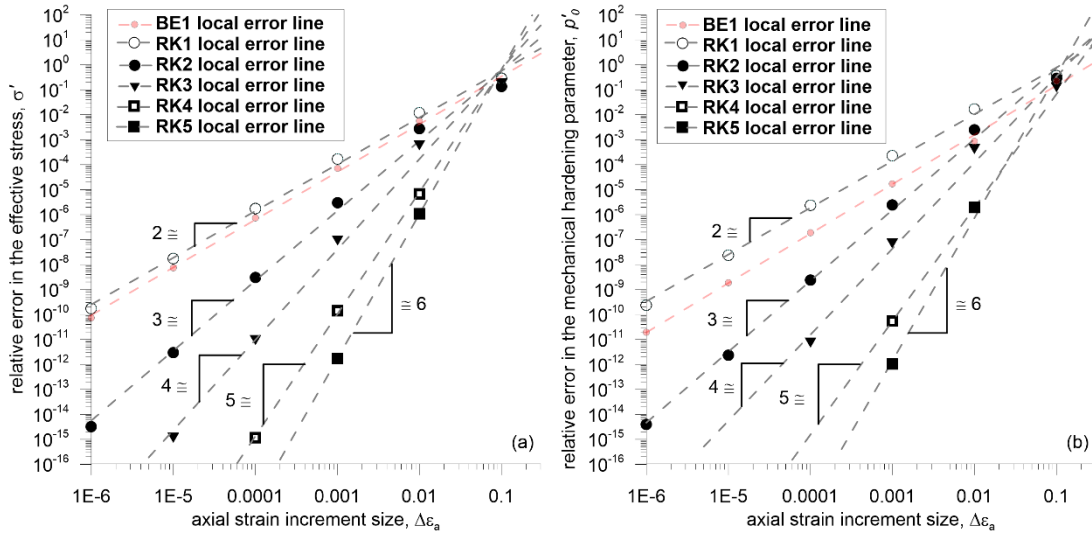
317 Assuming no cancellation, the expression of a local error line in terms of the substep
 318 size h can be written as:

$$319 \quad e \approx ch^{p+1} \quad (20)$$

320 where p is the order of the integration scheme and c is a constant.

321 Equation 20 indicates that the local error line of a substepping scheme of order p will
 322 have a gradient of $p + 1$ when plotting the local relative error e against the step size h .
 323 This information is included in Figure 1 to demonstrate that the six single-step
 324 integrations involved are performing correctly. Although not plotted, similar numerical
 325 outcomes are obtained for the simpler numerical Test A (see Appendix).

326 Inspection of Figure 1 confirms the previous discussion on the similar accuracy
 327 achieved by RK1 and BE1, and the larger differences in accuracy observed in the local
 328 error values from the higher order schemes. Interestingly, for the largest increment size
 329 (i.e. $\Delta\epsilon_a = 10^{-01}$), all methods reach a similar value of local relative error indicating that
 330 this strain increment size is too large to show differences in accuracy between methods
 331 and, hence, suggesting that smaller increment sizes should be used for this problem.



332 Figure 1. Local relative error against axial strain increment size for a single elastoplastic axial strain increment at constant radial strain (Test B): (a) effective stress σ' ;
 333 (b) mechanical hardening parameter p_0' . BE1, 1st order single-step backward Euler; RK1, 1st order single-step Runge-Kutta; RK2, 2nd order single-step Runge-Kutta; RK3,
 335 3rd order single-step Runge-Kutta; RK4, 4th order single-step Runge-Kutta; RK5, 5th
 336 order single-step Runge-Kutta.
 337

338 5.2. Substepping analysis: the cumulative relative error E

339 After checking that integration at a single-step performs correctly, the verification of
 340 the numerical performance of the explicit substepping schemes over several substeps

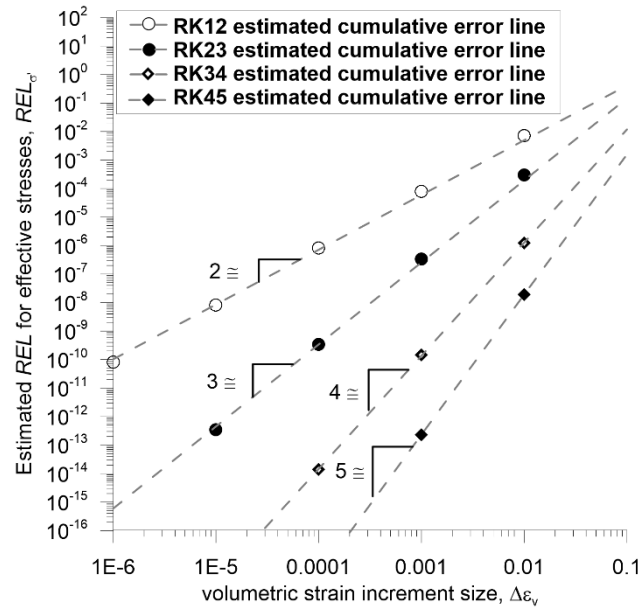
341 must be then checked. As suggested in Lloret-Cabot et al. (2016), this can be studied
342 by looking at the behaviour of the cumulative relative error E when the substepping is
343 active.

344 Assuming n equal-sized substeps of size h , the cumulative relative error can be
345 expressed as:

$$346 \quad E \approx nch^{p+1} = Hch^p \quad (21)$$

347 where H is the size of the total increment integrated i.e. $H=hn$.

348 Equation 21 indicates that the final cumulative relative error (incurred during the
349 integration of a given total increment H) approximately lies on a straight line when
350 plotted against the substep size h in a log-log scale, having gradient 2 for the RK12, 3
351 for RK23, 4 for the RK34 and 5 for RK45 (note that the BE1 is a single-step method so
352 the terms local and cumulative error are equivalent). Hence, similarly to the local error
353 lines plotted in Figure 1 for a single-step/substep, Equation 21 defines another error line
354 of gradient p that will be referred to hereafter as *cumulative error line*. An interesting
355 well-known implication from this is that the error in a substepping integration scheme
356 is controlled by the error in the approximations of the lower order scheme (Sloan et al.,
357 2001). Indeed, according to Equation 7, the substepping schemes considered here
358 estimate the local truncation error (REL) as the difference between the numerical
359 approximations of σ' and p_0' obtained from the lower order scheme and those obtained
360 from the higher order scheme (and dividing this difference by the corresponding higher
361 order approximation). Given that the approximations from the lower order scheme are
362 the largest source of error, the order of accuracy of this difference is controlled by the
363 lower order scheme. For example, in the RK12, this difference has order $p = 1$ which,
364 as illustrated in Figure 2, corresponds to a straight line of gradient $p + 1 = 2$ when
365 plotting the computed values of REL in terms of the increment size of strain in the log-
366 log scale. Similar results are observed for RK23, RK34 and RK45 (Figure 2).



367

368 Figure 2. Estimate of the local truncation error REL for effective stresses against
 369 volumetric strain increment size for a single elasto-plastic volumetric strain increment
 370 (Test A). RK12, 2nd order Runge-Kutta with substepping; RK23, 3rd order Runge-Kutta
 371 with substepping; RK34, 4th order Runge-Kutta with substepping; RK45, 5th order
 372 Runge-Kutta with substepping.

373 Once the local truncation error is estimated, the substepping scheme decides the size of
 374 the substep at which the integration will proceed. Such decision is done by comparing
 375 the imposed value of $STOL$ against the maximum value of REL computed using
 376 Equation 7. If $REL > STOL$, the substep fails and the algorithm reduces the size of the
 377 substep according to Equation 9, 10, 11 or 12 (depending on the substepping scheme
 378 used). The same check is then carried out with the new value of REL computed with
 379 the adjusted substep size. If $STOL \leq REL$, the substepping algorithm advances in the
 380 solution with the current substep size.

381 This process is illustrated in Figure 3 for the RK12 (Figure 3a), RK23 (Figure 3b),
 382 RK34 (Figure 3c) and RK45 (Figure 3d) when solving the numerical Test A with an
 383 initial increment of volumetric strain $\Delta\varepsilon_v = 0.1$ and $STOL = 10^{-8}$. The error line
 384 corresponding to the single-step implicit backward Euler has also been included in these
 385 plots for comparison.

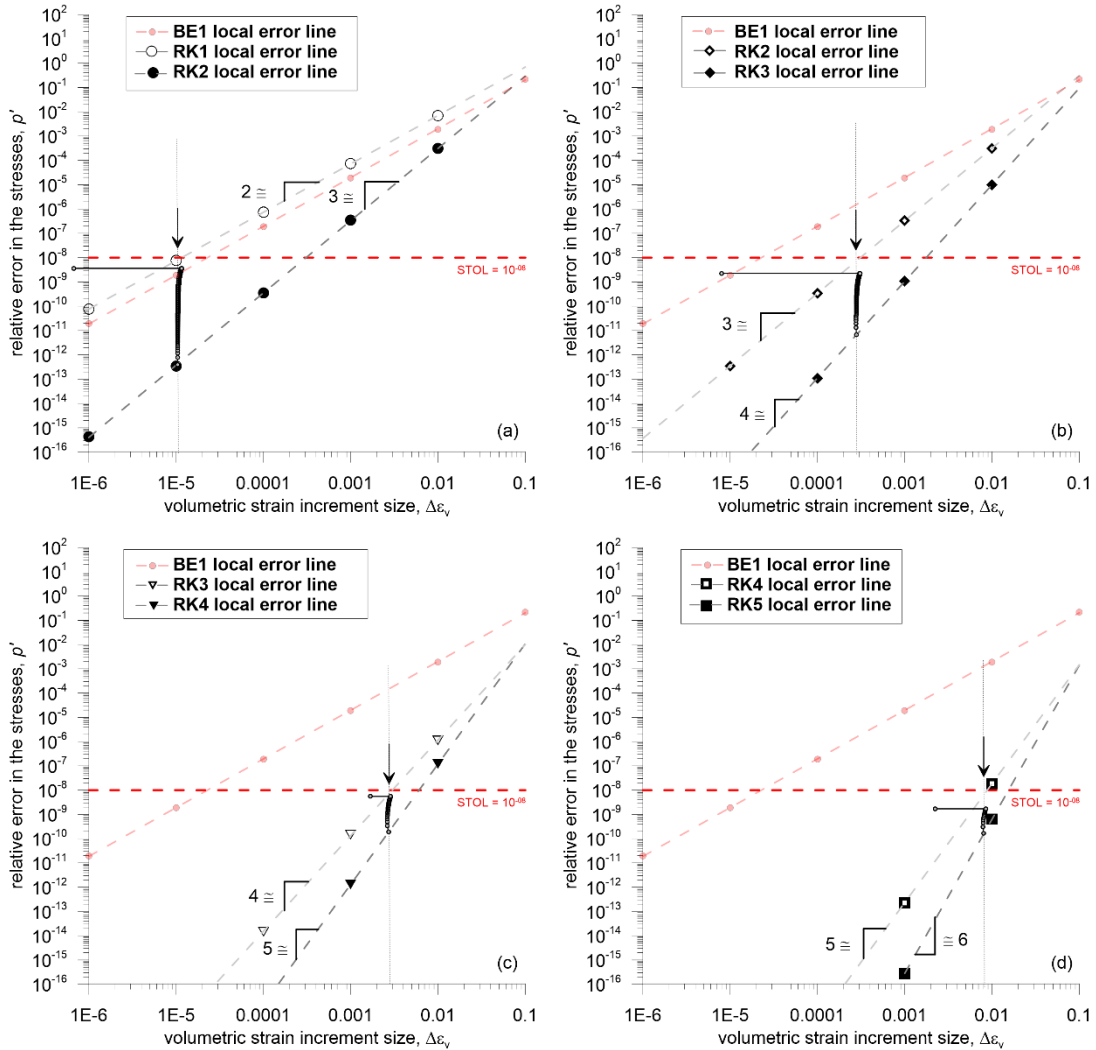
386 In all four plots, the intersection of the horizontal thicker dashed line (indicating the
 387 value of the imposed $STOL$) with the local error line of the lower order method (for a

388 particular substepping scheme) gives the approximate optimal substep size at which the
389 algorithm advances the integration. For example, in Figure 3a, this intersection occurs
390 at a substep size of $\delta\varepsilon_v \approx 10^{-5}$ (as indicated by the arrow). This means that in the RK12,
391 the initial volumetric strain size has to be reduced by almost 10,000 times to satisfy the
392 requirement imposed by $STOL = 10^{-8}$. In contrast, a reduction of about 400 times is
393 required in the RK23, 40 in the RK34 and 10 in the the RK45. These quantities are
394 relevant here because the smaller the substep size, the larger will be the number of
395 substeps required to integrate the full increment $\Delta\varepsilon_v = 0.1$ (which, in turn, will increase
396 the computational cost). Note that, as further investigated later, the overall
397 computational cost needs to account also for the number of evaluations of the
398 constitutive relations which differs between substepping schemes (see Tables 1 to 4).

399 As demonstrated previously, the local error for the first integrated substep of size $\delta\varepsilon_v$
400 (if integrated correctly) should lie on the local error line of the substepping scheme
401 corresponding to the higher order integration (because local extrapolation is used). For
402 example, the local error line for the RK12 is $e \approx ch^3$ and the local error for the first
403 substep size $\delta\varepsilon_v \approx 1.1 \cdot 10^{-5}$ is of about $e \approx 4 \cdot 10^{-13}$ which, in fact, lies on an error line of
404 gradient 3 (Figure 3a). Equivalent results are found for the other integration schemes
405 plotted in Figure 3.

406 The local error incurred in the integration of subsequent substeps is accumulated as the
407 solution advances and, when the substeps integrated are of similar size, such
408 accumulation of error results in an approximately vertical line when plotted in the
409 $\ln e : \ln h$ plane (see Figure 3) confirming the assumption made in deriving Equation 21.
410 Closer inspection of Figure 3a shows that the cumulative error in integrating the
411 complete $\Delta\varepsilon_v = 0.1$ with $STOL=10^{-08}$ when using the RK12 is about $E \approx 3.6 \cdot 10^{-09}$ and
412 is bounded by the local error line corresponding to the embedded 1st order Euler scheme
413 (which, as expected, is parallel to the BE1 error line, see Figure 3a). It is important to
414 realise here that the cumulative error incurred by BE1 in integrating the complete $\Delta\varepsilon_v$
415 $= 0.1$ is instead several orders of magnitude greater $e = E \approx 2.16 \cdot 10^{-01}$ (because no
416 substepping is involved). This difference in accuracy is even more noticeable when
417 comparing BE1 results against higher order accurate substepping schemes, in
418 agreement with the findings of Pedroso & Farias (2005) and Potts & Ganendra (1994).
419 However, the observed improvement in accuracy of the explicit substepping schemes

420 is at the expense of a larger computational cost: while only few NR iterations are needed
 421 in the BE1 to integrate $\Delta\varepsilon_v = 0.1$, about 10,000 substeps are required in the RK12.



422 Figure 3. Relative error in mean effective stress p' against volumetric strain increment
 423 size for a single elasto-plastic isotropic strain increment (Test A): (a) 2nd order Runge-
 424 Kutta with substepping (RK12); (b) 3rd order Runge-Kutta with substepping (RK23);
 425 (c) 4th order Runge-Kutta with substepping (RK34); (d) 5th order Runge-Kutta with
 426 substepping (RK45).

427 An expanded version of Figure 3 including different $STOLs$ is presented in Figures 4,
 428 5, 6 and 7 for the RK12, RK23, RK34 and RK45 respectively. In all figures, the values
 429 of $STOL$ vary from 1 to 10^{-08} and the strain increment assumed is $\Delta\varepsilon_v = 0.1$ (Test A).
 430 The corresponding cumulative error results are presented in Table 8 which includes the
 431 cumulative error in BE1 approximations, for completeness. The total number of

432 substeps (TS) and the total number of failed substeps (TF) required in all four explicit
 433 substepping integration schemes considered is presented in Table 9 (no drift correction
 434 iterations were necessary). For completeness, the number of NR iterations for the BE1
 435 is also included in Table 9.

436 Table 8. Typical cumulative relative error values E in effective stress σ' for an elasto-
 437 plastic isotropic strain increment of $\Delta\varepsilon_v = 0.1$ (Test A) considering different values of
 438 $STOL$.

Implicit E in 1 st order (BE1)	Explicit				
	$STOL$	E in 2 nd order (RK12)	E in 3 rd order (RK23)	E in 4 th order (RK34)	E in 5 th order (RK45)
$2.16 \cdot 10^{-01}$	1	$1.23 \cdot 10^{-01}$	$3.51 \cdot 10^{-02}$	$4.69 \cdot 10^{-03}$	$3.92 \cdot 10^{-04}$
	$1 \cdot 10^{-02}$	$3.52 \cdot 10^{-03}$	$2.40 \cdot 10^{-03}$	$4.69 \cdot 10^{-03}$	$3.92 \cdot 10^{-04}$
	$1 \cdot 10^{-04}$	$3.58 \cdot 10^{-05}$	$2.17 \cdot 10^{-05}$	$7.84 \cdot 10^{-05}$	$4.46 \cdot 10^{-05}$
	$1 \cdot 10^{-06}$	$3.58 \cdot 10^{-07}$	$2.22 \cdot 10^{-07}$	$5.78 \cdot 10^{-07}$	$1.99 \cdot 10^{-07}$
	$1 \cdot 10^{-08}$	$3.58 \cdot 10^{-09}$	$2.23 \cdot 10^{-09}$	$5.56 \cdot 10^{-09}$	$1.71 \cdot 10^{-09}$

439 Table 9. Total number of Newton-Raphson (NR) iterations required by the BE1
 440 together with the total number of substeps (TS) and total number of failed substeps (TF)
 441 required by the explicit integration schemes to integrate an elasto-plastic isotropic strain
 442 increment of $\Delta\varepsilon_v = 0.1$ (Test A) considering different values of $STOL$.

Implicit 1 st order (BE1)	Explicit								
	$STOL$	2 nd order (RK12)		3 rd order (RK23)		4 th order (RK34)		5 th order (RK45)	
NR iterations		TS	TF	TS	TF	TS	TF	TS	TF
12	1	1	0	1	0	1	0	1	0
	$1 \cdot 10^{-02}$	9	2	4	2	1	0	1	0
	$1 \cdot 10^{-04}$	91	2	16	2	4	2	2	2
	$1 \cdot 10^{-06}$	910	3	74	2	12	2	5	2
	$1 \cdot 10^{-08}$	9105	4	344	3	37	2	13	2

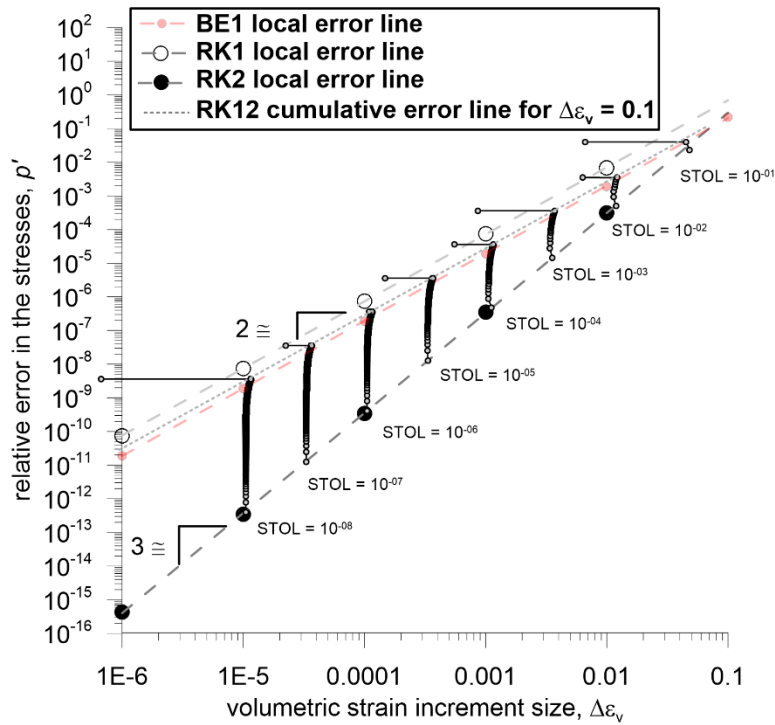
443 Inspection of Tables 8 and 9 show how the cumulative error behaves during the elasto-
 444 plastic integration of the entire $\Delta\varepsilon_v$. For single substep integration ($STOL = 1$) the error
 445 values are quite large and are similar in the lower order schemes (i.e. BE1, RK12 and
 446 RK23), which seems to confirm that $\Delta\varepsilon_v = 0.1$ is too large to be integrated in one step
 447 with these schemes. When the substepping is active, lower values of cumulative error
 448 are observed if reducing values of $STOL$ (Table 8), but these involve a larger number
 449 of substeps (Table 9). Closer inspection of Table 8 shows that for a given value of $STOL$
 450 the values of cumulative error are of the same order of magnitude in all four substepping

451 schemes, with slightly lower values of E being typically observed for higher order
452 schemes (except for RK34 where the values of E are slightly greater than those of
453 RK23). The important difference to note in Tables 8 and 9 is that the optimal substep
454 size employed in each integration scheme for a given $STOL$ is different and, hence, the
455 number of substeps needed to integrate the full increment is also different. In general,
456 larger substep sizes can be used with higher order methods without compromising the
457 accuracy. As a consequence, a lower number of substeps is required in the higher order
458 methods (Table 9).

459 Similar comments are valid for Figures 4 to 7. In all cases, the final values of cumulative
460 relative error (once the entire $\Delta\varepsilon_v$ has been integrated) lie on a cumulative error line
461 with a gradient corresponding to the lower order embedded scheme. For example, for
462 the RK12, all final values of E lie on a straight line of gradient 2 (see short dashed
463 dotted line in Figure 4) which is parallel to the first order single-step methods. Note that
464 other parallel cumulative error lines exist for smaller increments of strains but are not
465 included here for clarity.

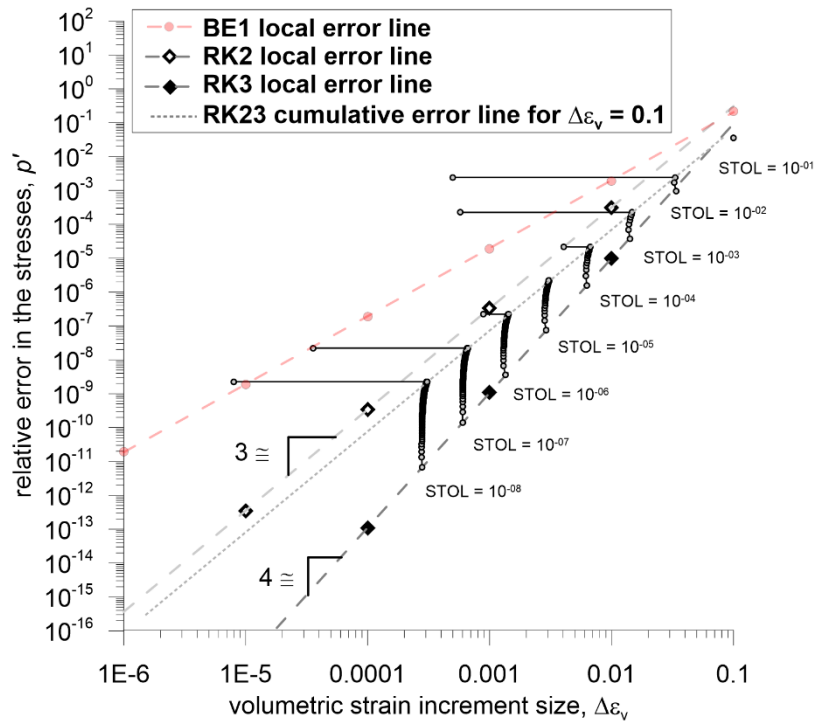
466 Lloret-Cabot et al. (2016) show that the number of substeps required to integrate the
467 entire $\Delta\varepsilon_v$ for a given substep size h can also be checked because $e/E \approx h/H \approx 1/n$ where
468 n is the number of substeps required to integrate the full increment H . This aspect can
469 be easily verified here by ensuring that the total number of substeps indicated in Table
470 9 for a particular substepping scheme corresponds to the expected value. For example,
471 the substep size required in the RK12 to integrate the entire increment $\Delta\varepsilon_v = 0.1$ with
472 $STOL = 10^{-08}$ is about $\delta\varepsilon_v \approx 1.1 \cdot 10^{-5}$ (see Figure 4) which means that the total number
473 of substeps required to integrate the full increment is approximately $n \approx \Delta\varepsilon_v/\delta\varepsilon_v = 9,090$
474 which is very close to the actual number of substeps used 9,105 (see Table 9).

475 The BE1 error line is also included in the figures for comparison. Interestingly, this line
476 is almost coincident with the cumulative error line for the RK12. The important thing
477 to remind here is that the BE1 is a single-step scheme and, hence, the total size
478 integrated corresponds to the value displayed in the horizontal axis. In contrast, the total
479 size integrated for the RK12 is, in all cases, $\Delta\varepsilon_v = 0.1$ which requires using multiple
480 substeps of size $\delta\varepsilon_v$ (and such substep size reduces when reducing $STOL$).



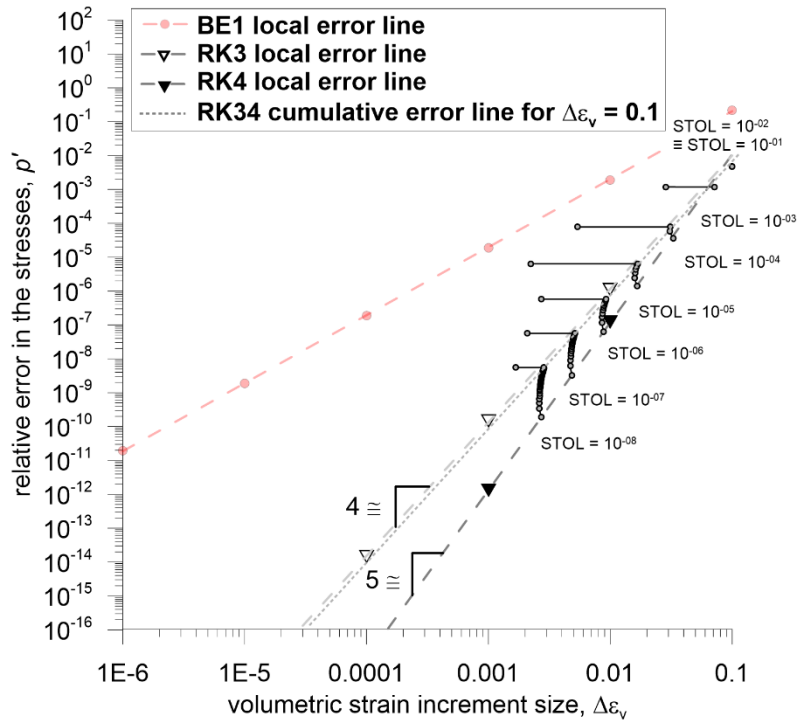
481

482 Figure 4. Cumulative relative error behaviour in effective stresses for the 2nd order
 483 Runge-Kutta with substepping (RK12) against strain increment size for an elasto-
 484 plastic isotropic strain increment (Test A). BE1, 1st order single-step backward Euler;
 485 RK1, 1st order-single step Runge-Kutta; RK2, 2nd order single-step Runge-Kutta.



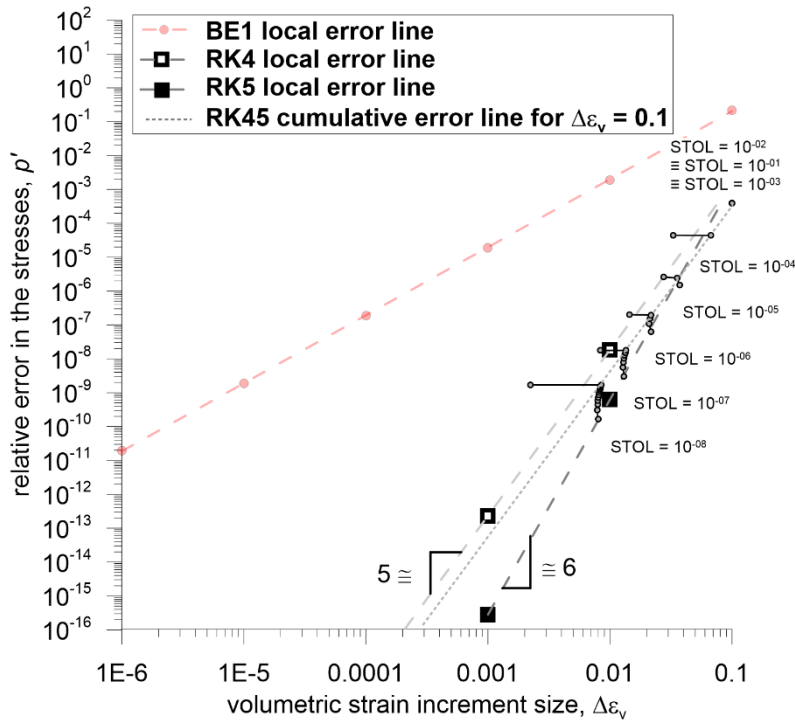
486

487 Figure 5. Cumulative relative error behaviour in effective stresses for the 3rd order
 488 Runge-Kutta with substepping (RK23) against strain increment size for an elasto-
 489 plastic isotropic strain increment (Test A). BE1, 1st order single-step backward Euler;
 490 RK2, 2nd order-single step Runge-Kutta; RK3, 3rd order single-step Runge-Kutta.



491

492 Figure 6. Cumulative relative error behaviour in effective stresses for the 4th order
 493 Runge-Kutta with substepping (RK34) against strain increment size for an elasto-
 494 plastic isotropic strain increment (Test A). BE1, 1st order single-step backward Euler;
 495 RK3, 3rd order-single step Runge-Kutta; RK4, 4th order single-step Runge-Kutta.



496

497 Figure 7. Cumulative relative error behaviour in effective stresses for the 5th order
 498 Runge-Kutta with substepping (RK45) against strain increment size for an elasto-
 499 plastic isotropic strain increment (Test A). BE1, 1st order single-step backward Euler;
 500 RK4, 4th order-single step Runge-Kutta; RK5, 5th order single-step Runge-Kutta.

501 5.3 Performance maps

502 Lloret-Cabot et al. (2016) propose a form of plotting the computational outcomes from
 503 a substepping integration scheme that is useful for a further comparison between the
 504 four explicit substepping schemes investigated. This graphical form of presenting the
 505 substepping results is referred to as the *performance maps* and includes two types of
 506 plots. The first one represents the cumulative error against the number of substeps for
 507 different increment sizes. The second represents the cumulative error against the value
 508 of *STOL* for different increment sizes. For comparison, the results corresponding to the
 509 fully implicit first order backward Euler for $\Delta\epsilon_a = 10^{-06}, 10^{-05}, 10^{-04}, 10^{-03}, 10^{-02}$ and 10^{-01}
 510 have been also included. Without loss of generality, the performance maps are only
 511 presented here for Test B (similar results are obtained for the simpler Test A, see
 512 Appendix).

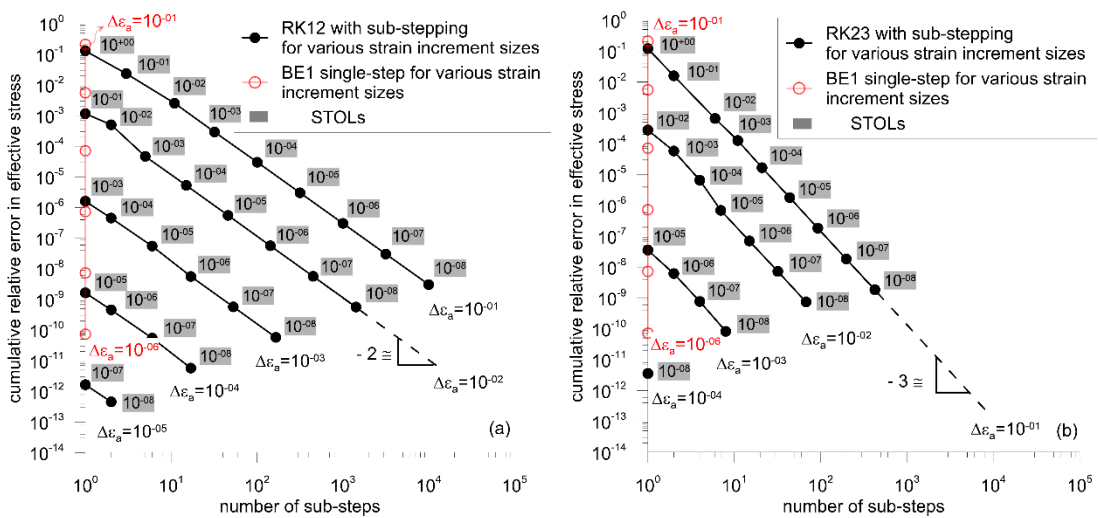
513 Figure 8 illustrates how the number of substeps influences the cumulative relative error
514 in the effective stress when integrating an axial strain increment $\Delta\varepsilon_a$ of a given size
515 (equivalent results are obtained for the hardening parameter but not included for
516 clarity). Inspection of Figure 8 shows that, as expected, when the number of substeps
517 required to integrate a given increment size of axial strain increases (due to a more
518 restrictive *STOL*) the value of cumulative error tends to decrease. The rate of such
519 reduction is imposed by Equation 9, 10, 11 or 12, and it can be easily verified by plotting
520 the error results of the corresponding integration scheme in the $\ln E:\ln n$ plane (Figure
521 8). Note that the number of substeps for the BE1 is always one, but the cumulative error
522 also increases with increasing $\Delta\varepsilon_a$ (see the vertical segment corresponding to error
523 results from one single substep with each dot indicating a strain increment size). Given
524 that BE1 is the scheme with the lowest order of accuracy, the value of E for a given
525 size of $\Delta\varepsilon_a$ is always greater than the corresponding value of E obtained from any of
526 the other schemes, and this is also true for *STOL*=1 (single-step integration).

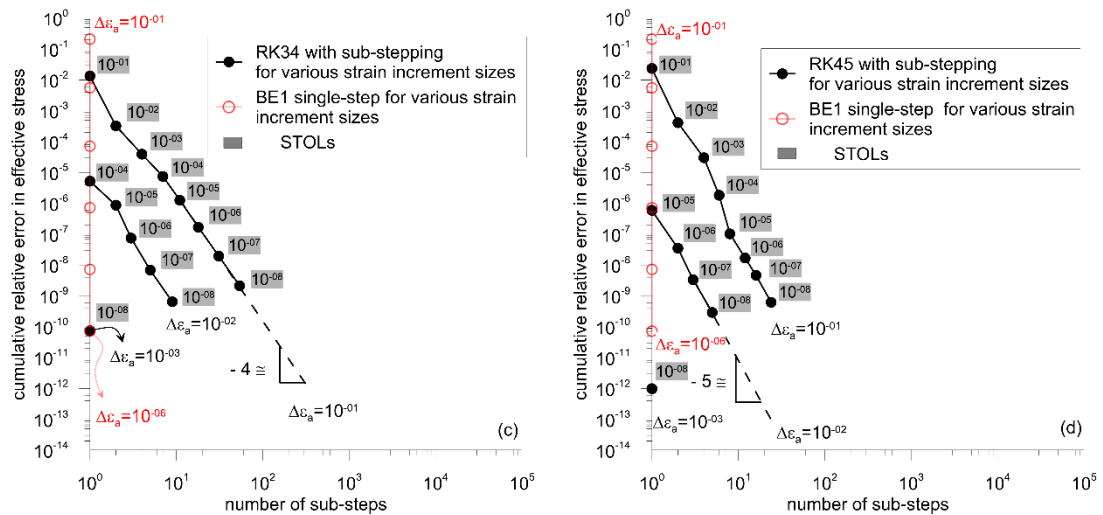
527 Figure 9 illustrates the effect of varying *STOL* in the cumulative relative error in
528 effective stresses when integrating a given axial strain increment $\Delta\varepsilon_a$. Obviously, this
529 effect is only studied for the substepping schemes because the BE1 is a single-step
530 integration scheme (equivalent to *STOL* = 1 in the substepping schemes).

531 As discussed earlier, reducing the value of *STOL* typically implies a reduction in the
532 substep size $\delta\varepsilon_a$ which leads to a smaller value of the local relative error incurred in
533 each individual substep of this size. A reduction in the cumulative error is hence also
534 expected for lower *STOLs* once the full increment has been integrated (Figure 8).
535 However, this reduction in the cumulative error with decreasing *STOL* is not always
536 apparent in Figure 9 because, for the smaller sizes of axial strain, the substepping
537 strategy is not always activated. The non-activation of the substepping strategy can be
538 easily identified in Figure 9 by the constant (horizontal) variation of the cumulative
539 error with *STOL* which indicates that the current substep size fulfils the restriction
540 imposed by *STOL*. In contrast to these horizontal segments of the plot, a 1:1 gradient
541 variation of the cumulative error with *STOL* is also observed in other parts of the plot
542 indicating that substepping is active. This transition from no substepping to substepping
543 is identified by a sharp change in the error behaviour (which, for the particular case of

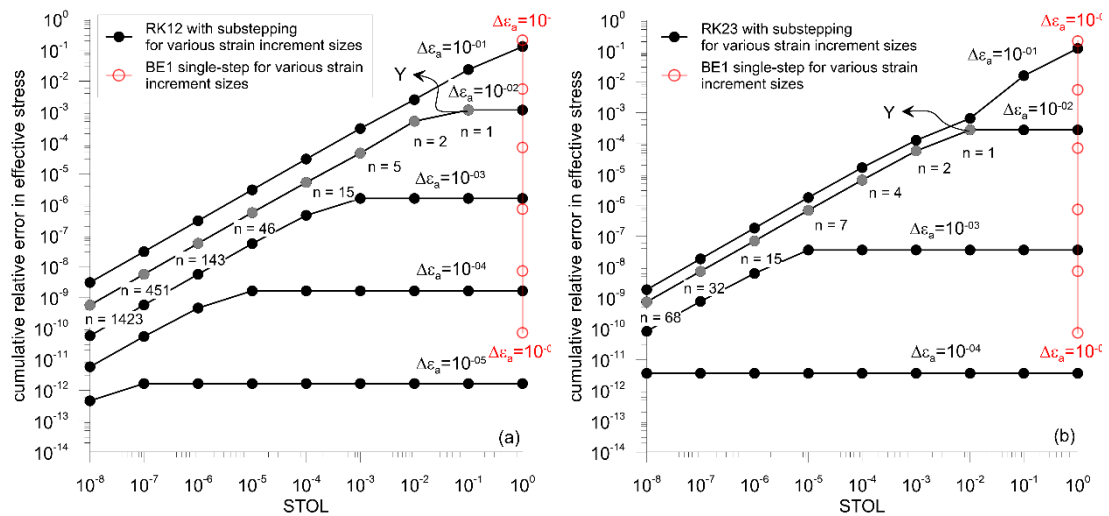
544 $\Delta\epsilon_a = 0.01$, has been indicated by point Y). Similarly to Figure 8, the error values for
 545 the BE1 result in a vertical segment at $STOL = 1$.

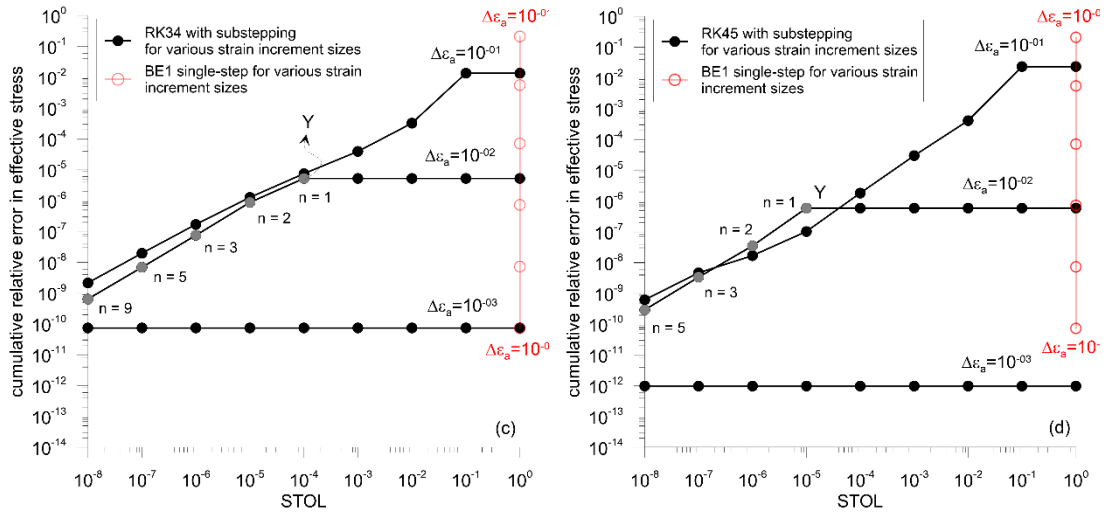
546 Comparing the four plots in Figure 8, it becomes apparent that there is a substantial
 547 computational gain with the order of the substepping scheme, especially in terms of
 548 efficiency. For example, to integrate an axial increment size of 0.01 with $STOL = 10^{-08}$
 549 only 5 substeps are required in the RK45 to reach an accuracy between 10^{-09} - 10^{-10}
 550 (Figure 8d), 9 in the RK34 (Figure 8c), 68 substeps in the RK23 (Figure 8b) and 1,423
 551 in the RK12 (Figure 8a) (note that the number of substeps n under discussion has been
 552 also included in Figure 9 for completeness). Furthermore, substepping is not even
 553 necessary in RK45 for values of $STOL$ greater than 10^{-05} , in RK34 greater than 10^{-04} , in
 554 RK23 greater than 10^{-02} and in RK12 greater than 10^{-01} . These outcomes seem to
 555 suggest that the extra work required in the implementation of a higher order scheme
 556 might be worth the effort, especially for the RK23 as it only requires one more stage
 557 than RK12 (see Tables 1 and 2). To investigate this aspect further, it is necessary to
 558 assess the overall computational cost involved in integrating a given increment of strain,
 559 including not only the number of substeps (as discussed in Figures 8 and 9) but also the
 560 number of evaluations of the constitutive relations (and accounting for the number of
 561 failed substeps). For the BE1, on the other hand, the overall cost needs to account for
 562 the number of Newton-Raphson iterations used. This analysis is carried out in the next
 563 section.





564 Figure 8. Cumulative relative error behaviour against number of substeps for an elasto-
 565 plastic axial strain increment at constant radial strain (Test B): (a) 2nd order Runge-
 566 Kutta with substepping (RK12); (b) 3rd order Runge-Kutta with substepping (RK23);
 567 (c) 4th order Runge-Kutta with substepping (RK34); (d) 5th order Runge-Kutta with
 568 substepping RK45. BE1, 1st order single-step backward Euler.





569 Figure 9. Cumulative relative error behaviour against $STOL$ for an elasto-plastic axial
 570 strain increment at constant radial strain (Test B): (a) 2nd order Runge-Kutta with
 571 substepping (RK12); (b) 3rd order Runge-Kutta with substepping (RK23); (c) 4th order
 572 Runge-Kutta with substepping (RK34); (d) 5th order Runge-Kutta with substepping
 573 (RK45). BE1, 1st order single-step backward Euler.

574 5.4. Computational cost

575 This section aims at providing some further evidence on whether the extra work
 576 required in implementing higher order schemes is worth the effort. For the discussion,
 577 it is useful to compute the computational cost for solving Tests A and B with the BE1,
 578 RK12, RK23, RK34 and RK45.

579 Due to their simplicity, a very small CPU time is associated with the solution of Tests
 580 A and B. Hence, a common approach is to compute the computational cost
 581 proportionally to the number of evaluations of the constitutive relations that each
 582 substepping integration scheme employs in solving the problem (Sloan et al., 2001).
 583 Two evaluations of the constitutive relations per substep are considered for the RK12,
 584 three for the RK23, five for the RK34 and six for the RK45 (see the number of stages
 585 of each scheme in Tables 1 to 4). Rejected substeps (as well as any iteration required in
 586 the drift correction subroutine) also need to be accounted for. The number of
 587 evaluations of the constitutive relations for the BE1 corresponds to the number of NR
 588 iterations used to converge to the solution using a tolerance of 10^{-12} .

589 Figure 10 shows the computational cost as a function of the input increment size for the
590 two numerical tests considered. Plots on the left correspond to results for Test A and
591 plots on the right for Test B. To illustrate the influence of the substepping tolerance in
592 the explicit schemes, different values of $STOL$ (i.e. $STOL= 10^{-02}$, 10^{-04} , 10^{-06} and 10^{-08})
593 have been considered for the RK12, RK23, RK34 and RK45. In contrast, the single-
594 step BE1 involves only one calculation.

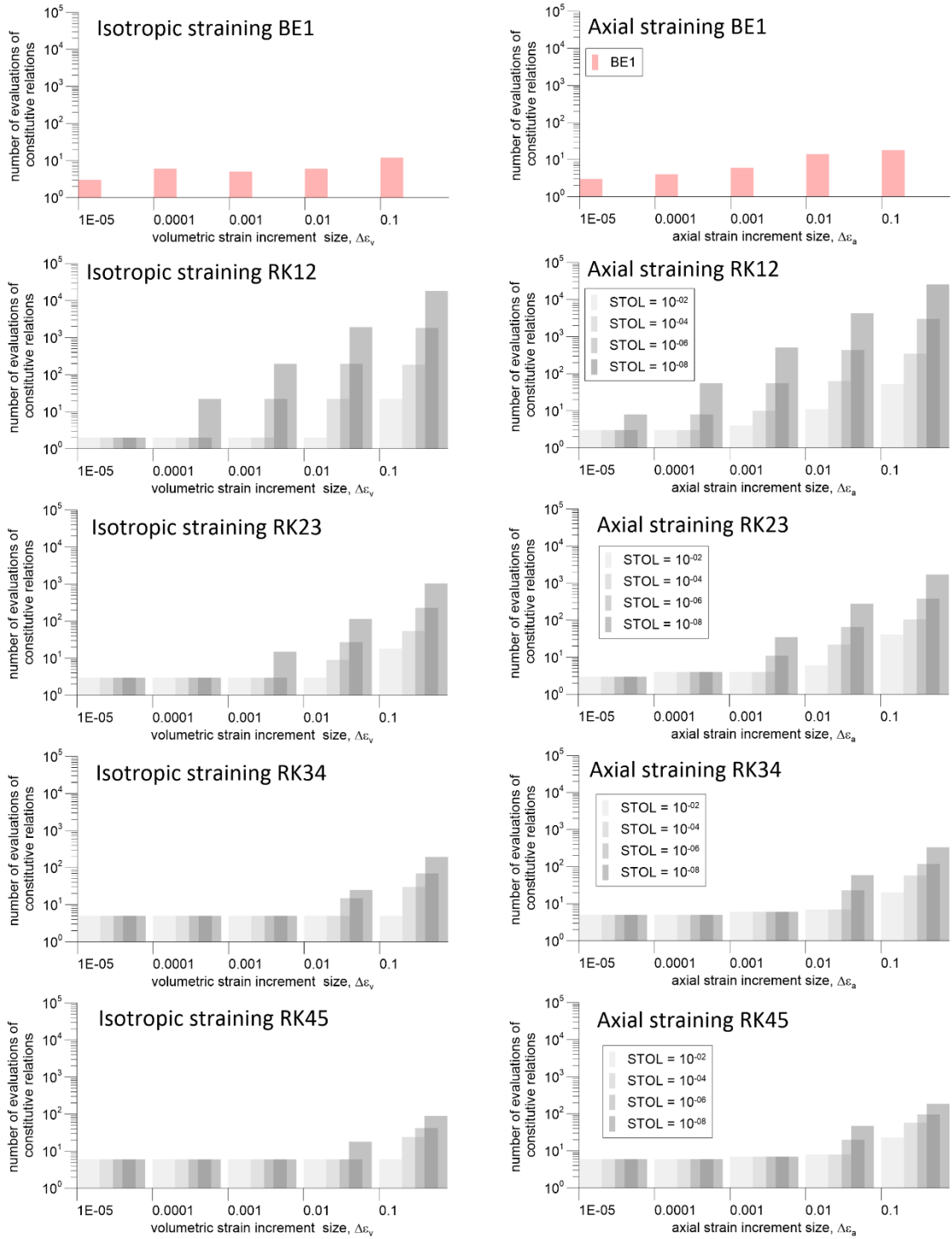
595 The first part of the discussion compares the implicit BE1 against the explicit
596 substepping schemes whereas the second part focusses on explicit substepping
597 strategies alone. In order to make a fair comparison between implicit and explicit
598 integration schemes, it is useful to consider the situation when no substepping is active
599 so that the number of evaluations of the constitutive relations corresponds to the number
600 of stages of the explicit RK substepping method. Against this background, the total
601 computational cost for the BE1 involves between 3 and 12 NR iterations for Test A and
602 between 4 and 18 NR iterations for Test B, depending on the increment size (see Figure
603 10). These values are generally higher than the stages required in the lower order RK12
604 and RK23 schemes when no substepping is active (i.e. 2 and 3 respectively), even
605 though the level of accuracy achieved by these explicit substepping schemes is an order
606 of magnitude higher. In contrast, a similar number of evaluations is involved in the
607 higher order RK34 and RK45 schemes (when no substepping is active) requiring 5 and
608 6 stages, respectively (but, as discussed earlier, a much better accuracy is achieved by
609 these). In summary, unlike differences in accuracy, differences in cost between schemes
610 are very small when assuming single-step integration.

611 Once the substepping is active, the computational cost involved in the explicit schemes
612 increases with $STOL$ and this is especially true in the lower order substepping schemes
613 (see Figure 10). Notably, for stringent values of $STOL$ ($STOL < 10^{-06}$) and relatively
614 large increment sizes ($\Delta\varepsilon_v, \Delta\varepsilon_a > 0.01$), the lower order substepping schemes RK12 and
615 RK23 tend to spend more computational resources than those used by the BE1. This
616 result, however, should be taken with caution because the accuracy achieved by the
617 BE1 is significantly poorer, as discussed earlier (see Figures 8 and 9). Furthermore, the
618 flexibility of the substepping schemes to vary the value of $STOL$ is in fact a very useful
619 feature as it allows for some control in the accuracy of the approximations (something
620 not possible in the single-step BE1).

621 Focussing now only on the explicit substepping schemes, RK12 and RK23 require a
622 larger number of evaluations of the constitutive relations (i.e. higher computational
623 cost) to satisfy the value of *STOL* when the sizes of the input increment $\Delta\varepsilon_v$ or $\Delta\varepsilon_a$ are
624 relatively large (i.e. $\Delta\varepsilon_v, \Delta\varepsilon_a > 0.001$), because of the larger number of substeps
625 required. This observation is more obvious when the values of *STOL* become more
626 restrictive. In contrast, RK34 and RK45 tend to be more expensive for the smaller
627 increment sizes (i.e. $\Delta\varepsilon_v, \Delta\varepsilon_a < 0.001$). However, for smaller sizes, the number of
628 evaluations is so small in all cases (i.e. less than 10) that differences between schemes
629 in terms of computational cost are very small.

630 Comparison of the results for RK34 and RK45 shows very similar behaviour suggesting
631 that the computational gain in implementing a RK45 method is not substantial in terms
632 of cost and would only make sense if very accurate solutions are desired (see also Table
633 9). In contrast, a more substantial improvement is seen when comparing results for
634 RK34 and RK23. For example, for an increment size of axial strain $\Delta\varepsilon_a = 0.01$ with
635 $STOL = 10^{-06}$, the RK34 requires 3 evaluations, whereas for the same conditions, the
636 RK23 needs 15. These differences between RK34 and RK23 become slightly more
637 apparent for more demanding values of *STOL*. It is important to highlight, however,
638 that the effort in implementing a RK34 scheme (when compared with that required to
639 implement a RK23 scheme) is considerable, as the former involves 5 stages whereas
640 the latter only three (see Tables 3 and 2, respectively).

641 The most interesting comparison between substepping schemes is perhaps with RK12
642 and RK23, because the effort to implement these methods is very similar (RK23 only
643 requires one more stage than RK12, see Tables 1 and 2) but the computational gain in
644 RK23 is quite substantial. The advantages are not only true in terms of accuracy (as
645 discussed earlier) but also in terms of efficiency (see Figures 8, 9 and 10). For example,
646 to solve the same problem (i.e. Test B with $\Delta\varepsilon_a = 0.01$ and $STOL = 10^{-06}$), the RK12
647 requires 143 evaluations and only 15 are required for the RK23 (achieving both similar
648 level of accuracy, see Figures 9a and 9b respectively). This trend is even more obvious
649 for more stringent values of *STOL*, with the RK12 needing 1,423 evaluations when
650 $STOL = 10^{-08}$ and RK23 only 68. Similar results are observed for the simpler Test A.



651

652 Figure 10. Computational cost for different *STOL* values against input increment sizes:
 653 (left) isotropic straining (Test A); (right) axial straining at constant radial strain (Test
 654 B). BE1, 1st order single-step backward Euler; RK12, 2nd order Runge-Kutta with
 655 substepping; RK23, 3rd order Runge-Kutta with substepping; RK34, 4th order Runge-
 656 Kutta with substepping; RK45, 5th order Runge-Kutta with substepping.

657 6. CONCLUSIONS

658 Four explicit substepping integration schemes of different accuracy (including second,
659 third, fourth and fifth order accurate) and one fully implicit first order accurate
660 integration scheme have been implemented to integrate numerically the IVP defined by
661 the initial state and the incremental relations of the Modified Cam Clay (MCC). Their
662 respective numerical performance has been evaluated in terms of accuracy and
663 efficiency to assess which of the five integration schemes is most appropriate to
664 integrate the model.

665 The implemented integration schemes have been first verified for two numerical tests,
666 including an isotropic straining (Test A) and an axial straining at constant radial strain
667 (Test B). The verification process included the analysis of both: the local relative error
668 incurred in an individual substep and the cumulative relative error incurred over
669 multiple substeps.

670 As expected, the analysis of the error in solving Tests A and B confirms that poorer
671 accuracies are generally achieved by the first order fully implicit backward Euler (BE1)
672 in line with previous research in the area (Pedroso & Farias, 2005; Potts & Ganendra,
673 1994). Such differences in accuracy between BE1 and explicit substepping schemes are
674 more noticeable for more stringent values of *STOL* and larger strain increment sizes, at
675 the expense of a higher computational cost (especially for the lower order accurate
676 schemes RK12 and RK23).

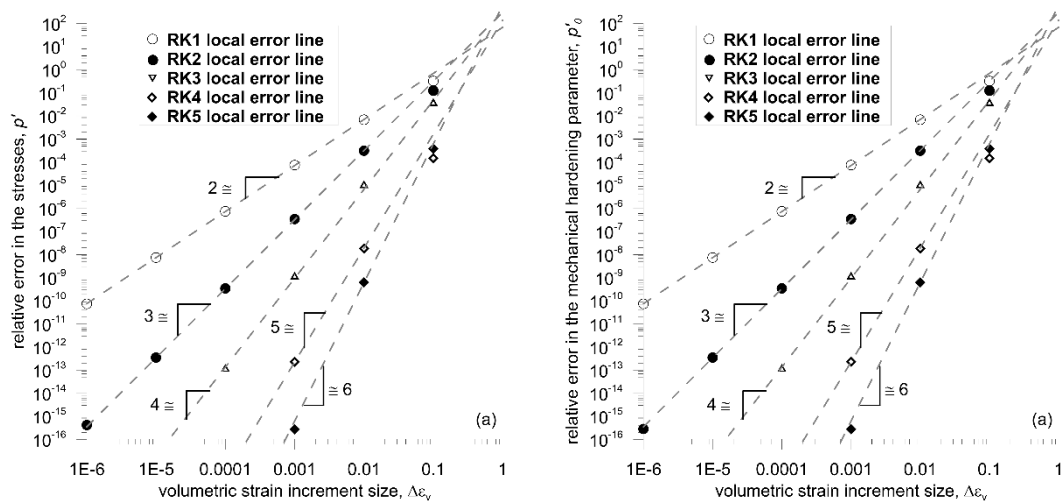
677 The computational performance of the four substepping schemes has been also studied
678 in the context of the performance maps proposed in Lloret-Cabot et al. (2016) to ensure
679 that the accuracy of each substepping scheme is as expected. The analysis of this new
680 form of plotting suggested that the little extra work required in implementing the RK23
681 (when compared to the implementation of the RK12) is worth the effort because the
682 extra stage that the implementation of the RK23 demands is paid off by the substantial
683 decrease in the number of substeps required to achieve a similar (sometimes even
684 better) accuracy. This suggestion is confirmed when comparing the computational cost
685 of these two substepping schemes. Not only a better accuracy is achieved by the RK23
686 for a given value of *STOL* and a given increment of strain, but also a considerably lower

687 number of substeps is typically required, involving reductions in computational cost as
 688 large as 90%.

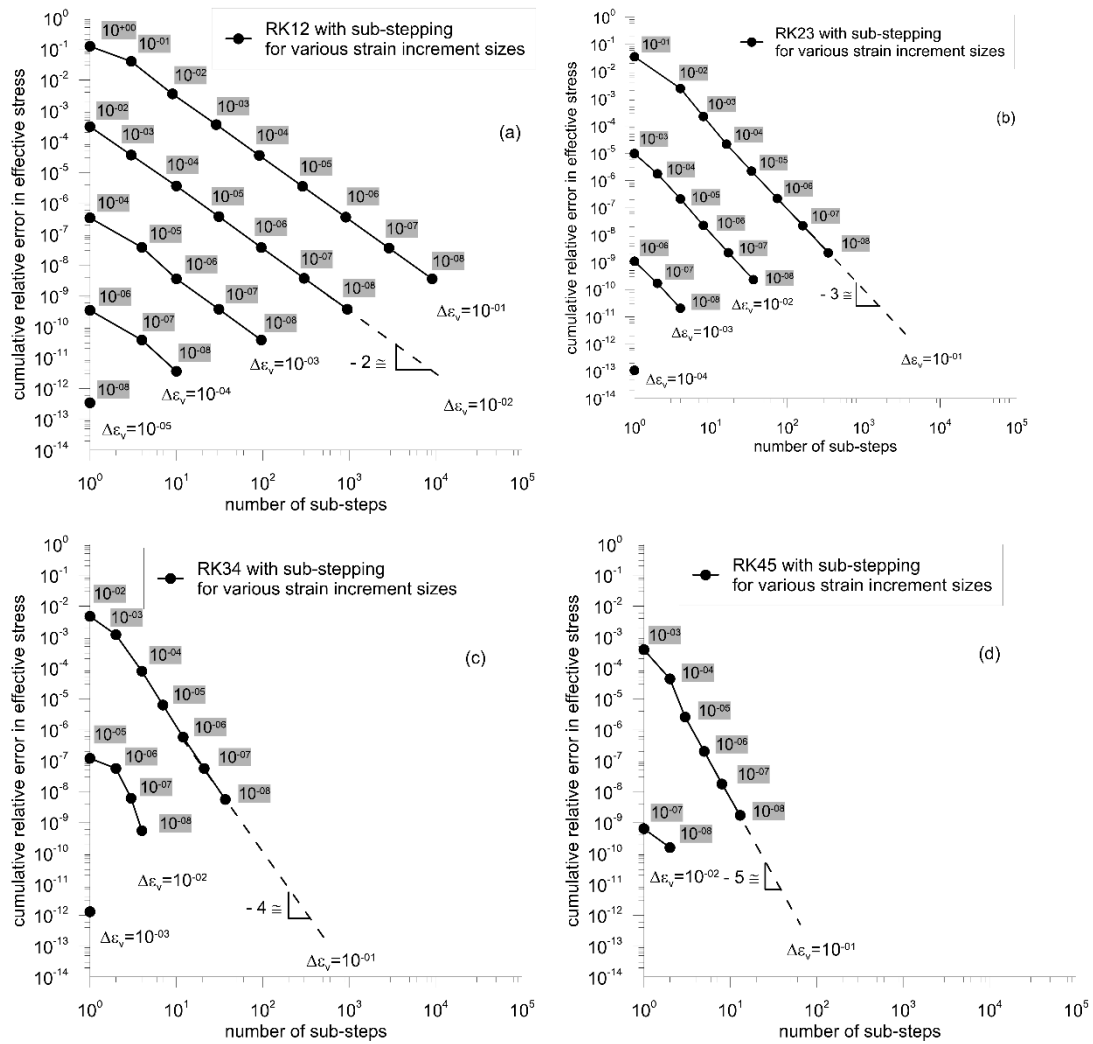
689 Even though the analysis is based on the numerical results obtained from integrating
 690 the MCC most of the conclusions are extrapolatable to the numerical integration of
 691 more advanced constitutive models of the critical state family, including critical state
 692 models for unsaturated soils, as similar patterns of the local and cumulative relative
 693 error are observed (Lloret-Cabot et al. 2021).

694 7. APPENDIX

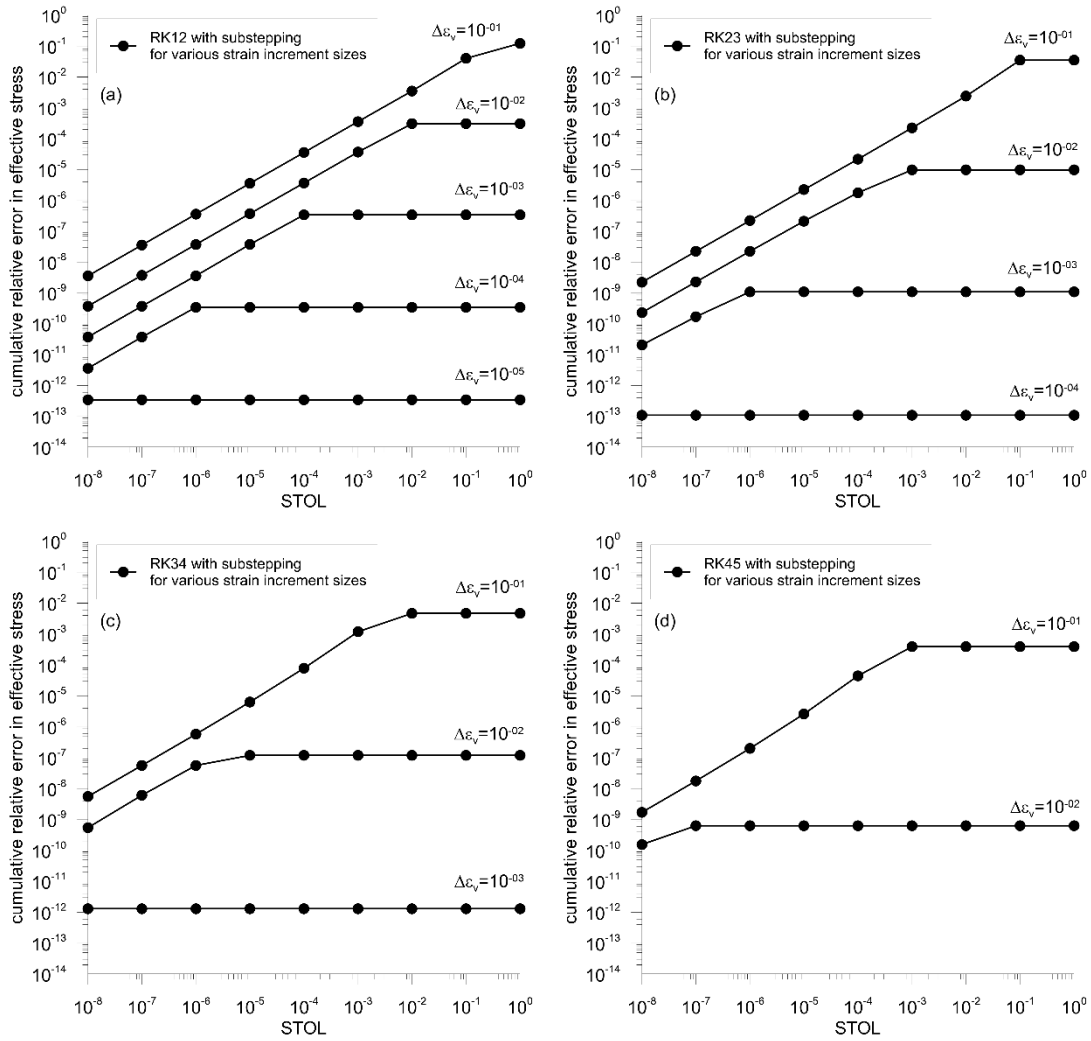
695 For completeness, the behaviour of the error during Test A is included in the Appendix.
 696 (see Figure A1, Figure A2 and Figure A3).



697 Figure A1. Local relative error against volumetric strain increment size for a single
 698 elasto-plastic volumetric strain increment (Test A): (a) effective stress σ' ; (b)
 699 mechanical hardening parameter p_0' . RK1, 1st order single-step Runge-Kutta; RK2, 2nd
 700 order single-step Runge-Kutta; RK3, 3rd order single-step Runge-Kutta; RK4, 4th order
 701 single-step Runge-Kutta; RK5, 5th order single-step Runge-Kutta.



702 Figure A2. Cumulative relative error behaviour against number of substeps for an
 703 elasto-plastic volumetric strain increment (Test A): (a) 2nd order Runge-Kutta with
 704 substepping (RK12); (b) 3rd order Runge-Kutta with substepping (RK23); (c) 4th order
 705 Runge-Kutta with substepping (RK34); (d) 5th order Runge-Kutta with substepping
 706 RK45.



707 Figure A3. Cumulative relative error behaviour against *STOL* for an elasto-plastic
 708 volumetric strain increment (Test A): (a) 2nd order Runge-Kutta with substepping
 709 (RK12); (b) 3rd order Runge-Kutta with substepping (RK23); (c) 4th order Runge-Kutta
 710 with substepping (RK34); (d) 5th order Runge-Kutta with substepping (RK45).

711 Note that Figure A2a, A2d, A3a and A3b are equivalent to those presented in Lloret-
 712 Cabot et al. (2016).

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716 8. REFERENCES

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